

# **Adult Roles and Responsibilities**

## **Course Content Standards and Competencies**

### *Communication and Conflict Resolution*

**Communication and Conflict Resolution:** Students will understand the importance of effective communication and conflict resolution skills for the family, workplace, and community.

**ARR-CCR Competency 1:** Students will demonstrate communication skills that contribute to positive relationships.

*Indicators:*

- Identify a variety of communication styles and their effects on relationships.
- Identify barriers to communication in family, work, and community settings.
- Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication.
- Demonstrate effective listening and feedback techniques.

**ARR-CCR Competency 2:** Students will demonstrate effective conflict prevention and management techniques.

*Indicators:*

- Apply learned conflict prevention and management techniques to the roles and functions of communication in family, work, and community settings.
- Identify and practice appropriate strategies that address conflict.
- Identify and practice effective responses to harassment.
- Identify community resources that support conflict prevention and management.

### **Application and Assessment through FCCLA:**

#### **National Programs**

Career Connection  
Families First  
Financial Fitness  
Power of One  
Student Body  
Dynamic Leadership  
Leaders at Work  
Community Service

#### **STAR Events**

Applied Technology  
Chapter Showcase  
Illustrated Talk  
Interpersonal Communication  
Job Interview  
National Programs in Action

**Resources:**

Love U 2: Communication Smarts for All Relationships, Dibble Institute for Marriage Education, ISBN 0-9652427-9-x

Careers in Focus, Goodheart-Wilcox Company, Inc., ISBN 0-56637-360-3, Chapters 5 and 6

Goals for Living, Goodheart-Wilcox Company, Inc., ISBN 1-56637-761-7, Chapter 10

Building Strong, Safe Relationships, Kieschnick, Peggy and Kathleen Kennett, A safe Place Inc., 6 Greenleaf Woods, Suite 101, Portsmouth, NH 03801