

# **Human Growth and Development**

## **Course Standards and Competencies**

**1/4 - 1/2 credit**

**Content Standard-**Students will demonstrate the knowledge and skills needed to have an overall perspective on human growth and development.

**HGD Competency1: Analyze the principles of human growth and development across the lifespan.**

*Indicators:*

- Examine the major milestones in physical, emotional, social and intellectual development occurring in each period throughout the life span.
- Examine the interrelationships among physical, emotional, social and intellectual aspects of human growth and development.

**HGD Competency 2: Analyze conditions that influence human growth and development across the lifespan.**

- Discuss the dynamic interaction among biological, psychological, and social factors and their contribution to development.
- Determine the impact of social, economic, and technological forces on individual growth and development.
- Explain the effects of culture, ethnicity, and socioeconomic status on various aspects of development.
- Examine the effects of life events on an individual's physical and emotional development.

**HGD Competency3: Examine development theories and their implications**

- Describe the ecological systems in which a developing person is embedded.
- Identify and describe the major theoretical perspectives on human development: psychosocial, cognitive, contextual, learning, and biological.
- Compare and contrast the basic concepts of specific theorists such as Erikson, Piaget and Bowlby
- Compare and contrast the paradigms and conceptual assumptions from which developmental theories arise.
- Determine a variety of assessment methods to observe and interpret the growth and development of individuals throughout the lifespan.

**HGD Competency 4: Analyze strategies that promote growth and development across the life span.**

- Compare and contrast the roles of nature and nurturance on human growth and development.
- Examine the role of communication on human growth and development.
- Identify the necessary support systems to meet human growth and development needs.
- Examine the role of family dynamics in meeting the needs of the individual through out the lifespan.

**Application and Assessment through FCCLA**

**National Programs**

Career Connection

Families First

Power of One: A Better You and Family Ties

**STAR Events**

Applied Technology

Career Investigation

Focus on Children

Interpersonal Communication