

Family and Consumer Sciences Course Descriptions

The following chart provides a basic outline of the FCS courses available in New Hampshire and how they may be used to meet the school approval requirements and the increased focus on Career Education. With the exception of the middle school program, these are generic descriptions and titles to provide a platform for developing a well thought out FCS program in your school.

School Approval Standards	Recommendations	Career Cluster/Pathway	Course Description
Middle School Grades 6-8 Ed. Rules 306.26(b)(2)(c) & 306.38(a)	Recommended: ¼ to ½ unit per year (A total of 120-180 hours over 3 years to meet the competency standards for this program)	Foundational for Work and Family	<u>Foundations of Work and Family</u> A series of units that serve as a foundation for career exploration and providing the skills needed for a student's personal development as a family member, community member and worker. Topics: <i>career exploration, foods and nutrition, consumer and resource management, interpersonal relationships, and human growth and development.</i>
High School Grades 9-12 Ed. Rules 306.27(e)(7) & 306.38(b)	A minimum of 3 units or its equivalent must be offered The following lists what graduation requirement might be met with the identified course		All of following courses may be used to meet the Open Elective options for high school graduation; in addition, some of the courses may be used to meet the listed graduation requirements in other areas.
	½ unit for Career Education (Workplace skills foundation)	Foundational for Work and Family and All Career Clusters	<u>Adult Roles and Responsibilities</u> 1 semester A comprehensive course that is designed to help students examine adult roles, how they will function in those roles and the skills needed. This course provides foundation skills for all students and supports further work in FCS Topics and Career and Technical Education Programs: <i>interpersonal relationships, communication and conflict resolution, personal financial literacy, adult mentoring and parenting.</i>
	½ unit Social Studies Elective (Psychology)	Education and Training: <i>Teaching and Training</i> Health Sciences: <i>Diagnostic and Therapeutic Services</i> Human Services: <i>Family and Community Services</i>	<u>Child Development</u> 1 semester Career Pathways: Preschool Educator; Elementary Educator; Social Work; Pediatrician; Prenatal and Pediatric Nursing A course designed to study human growth and development from conception through age 8. Students will study the physical, social, emotional and intellectual development of young children. Prominent theories of child psychology will also be studied.
	½ unit Social Studies Elective (Sociology)	Education and Training: <i>Teaching and Training</i> Human Services: <i>Family and Community Services</i>	<u>Parenting and Family Living</u> 1 semester Career Pathways: Parenting Education; Social Work A course designed to help students study family structure and dynamics. In addition, the students will have the opportunity to develop strong interpersonal skills, make healthy life choices and strengthen families. Topics include family function and structure, marital roles and parenting responsibility and rewards.

		<p>Education and Training: <i>Teaching and Training</i></p> <p>Health Sciences: <i>Health Information</i></p> <p>Human Services: <i>Family and Community Services</i></p>	<p><u>Human Growth and Development</u> 1 semester</p> <p>Career Pathways: Health Educator; Social Work; Geriatric Educator</p> <p>A course that focuses on human growth and development (age 6 and older.) Students will study the principles of development and their interactions, conditions that influence growth and development and strategies that promote healthy and productive lives. Special problems of adolescence and aging may be explored.</p>
	The nutrition component of the Health requirement	<p>Health Sciences: <i>Therapeutic and Diagnostic Services; Support Services</i></p> <p>Hospitality and Tourism: <i>Restaurant, Food and Beverage Services</i></p> <p>Human Services: <i>Family and Community Services</i></p>	<p><u>Foods and Nutrition I</u> 1 semester or 1 year</p> <p>Career Pathways: Nutrition and Dietetics; Food Services; Restaurant Management</p> <p>A course that focuses on nutrition and wellness practices, safety and sanitation, consumer information, food preparation, etiquette and social skills.</p>
		<p>Health Sciences: <i>Therapeutic and Diagnostic Services; Support Services</i></p> <p>Hospitality and Tourism: <i>Restaurant, Food and Beverage Services</i></p> <p>Human Services: <i>Family and Community Services</i></p>	<p><u>Foods and Nutrition II</u> 1 semester or 1 year</p> <p>Career Pathways: Culinary Arts; Nutrition and Dietetics; Food and Beverage Service;</p> <p>A course that focuses on more advanced nutritional studies and food preparation skills. Topics: regional and world cuisine, special diet needs, and more advanced techniques</p>
	1 unit Physical Science credit if the teacher is HQT in Physical Science	<p>Agriculture Food and Natural Resources: <i>Food Products and Processing Systems</i></p> <p>Health Sciences: <i>Therapeutic Services</i></p>	<p><u>Food Science</u> 1 year</p> <p>Career Pathways: Food Researchers; Food Biotechnology; Dietetics</p> <p>A course that focuses on the basics of chemistry, microbiology and physics as applied to nutritional needs and food production.</p>
	½ unit of Career Education; or ½ unit Social Studies Elective; or ½ unit of Economics if teacher is HQT in Economics	<p>Finance: <i>Financial and Investment Planning; Banking and Related Services</i></p> <p>Human Services: <i>Consumer Services</i></p>	<p><u>Personal and Family Finance</u> 1 semester</p> <p>Career Pathways: Consumer Credit Counselor; Consumer Researchers; Financial Advisors</p> <p>A course that focuses on financial responsibility, money management including saving and investing, decision making, and resource utilization.</p>
	½ unit Fine Arts or ½ unit Social Studies/ History related elective	<p>Architecture and Construction: <i>Design and Pre-Construction</i></p> <p>Arts, Audio Visual Technology and Communication: <i>Visual and Performing Arts</i></p>	<p><u>Housing and Interior Design</u> 1 semester</p> <p>Career Pathways: Interior Designer; Architect; Stage Designer; Historical Preservationist</p> <p>A course that focuses on the development of housing and interiors from a cultural, historical and design perspectives. This course supports studies in</p>

			art, architecture and interior design
	½ unit Fine Arts	Arts, Audio Visual Technology and Communication: <i>Visual Arts</i>	<u>Textile Science and Design</u> 1 semester Career Pathways: Fashion Designer; Costume Designer; Textile Design and Development A course that focuses on the chemical analysis of natural and synthetic fibers, historical and cultural review of clothing, and fabric and costume design.
	½ unit in Career Education	Hospitality and Tourism: <i>Restaurant, Food and Beverage Service; Lodging Management; Travel and Tourism</i>	<u>Introduction to the Hospitality Industry</u> 1 semester Career Pathways: Culinary Arts, Lodging Management, Travel and Tourism A course that introduces the basics of all aspects of the hospitality industry, including career exploration, sanitation and safety, customer service, workplace skills and New Hampshire history and geography.