

FCS CURRICULUM RESOURCES

Career Education

American Careers

www.carcom.com

Armed Services Vocational Aptitude Battery (ASVAB)

www.todaysmilitary.com/explore_asvab.shtml

Career Interest Game

www.career.missouri.edu

Career Clusters

www.careerclusters.org

NH Career Exploration Curriculum

Career Key

<http://www.careerkey.org>

Keirsey Temperament Sorter

www.keirsey.com/egi-bin/keirsey/newkts.egi

Kuder Career Planning System

www.nhheaf.kuder.com

If you are interested in using this in your classroom please contact the FCS consultant for the access codes

Mapping Your Future

www.mapping-your-future.org

National Career Development Guidelines

National Alliance for Partnerships in Equity (NAPE)

www.napequity.org

New Hampshire Career Posters

www.nh.gov/nhes/elmi/nhcrn/posters.htm

Wage Information

www.wageweb.com

Foods, Nutrition and Wellness

Space Food and Nutrition Educator Guide Looks at the history of preparing and packaging foods that taste good, provide necessary nutrients, and travel well in space. The guide includes math and science activities in which students (K-8) classify space food, ripen fruits and vegetables using a chemical inhibitive, measure food packaging, determine the percentage of water reduction by dehydrating fresh food items, and plan a nutritionally balanced 5-day menu for astronauts. (National Aeronautics and Space Administration)

http://free.ed.gov/resource.cfm?resource_id=1977

"The Chemistry of Health" tells how chemistry and biochemistry are increasing our understanding of human health. Learn how biochemical relays keep our organ systems operating, how food is broken down and used to build tissues and organs, and how tiny biological probes and instruments can track single molecules. Topics in the 60-page booklet include folic acid, sugars and fats, DNA, making medicines, harnessing biology's magic, and more. (NIH)

<http://publications.nigms.nih.gov/chemhealth/>

Consumer and Resource Management

Life Smarts

Middle School Consumer Education Activity

www.lifesmarts.org

High School Competition

www.nhjumpstart.org

C U 4 Reality

New Hampshire Credit Union League

Family Economics and Financial Education

www.FEFE.arizona.edu

Financial Terms Made Simple

TIAA CREF Contact your local agent or call 1-800-842-2776

Citigroup Financial Education Curriculum

<http://financialeducation.citigroup.com>

How to Raise a Money Smart Child: A Parent's Guide

www.jumpstartcoalition.org

The ABC's of Credit Card Finance: Essential Facts for Students

www.csce.com

Financial Champions 4-H Cooperative Extension

lynn.garland@unh.edu

NH Consumer's Sourcebook

<http://doj.nh.gov/consumer/sourcebook>

"**Money Math: Lessons for Life**" is a teacher's guide for helping middle school math students learn how to manage their money, stay out of debt, and save for retirement. Lesson plans, reproducible activity pages, and teaching tips are included in the 86-page guide, which draws on real-life examples from personal finance. (TREASUARY)

<http://www.publicdebt.treas.gov/mar/marmoneymath.htm>

Interpersonal Relationships

Relationship Education

The Dibble Institute www.buildingrelationships.org

The Art of Loving Well-a literature based relationship curriculum

Love U 2 curriculum series

Student Leadership

Family, Careers and Community Leaders of America (FCCLA)

State- www.nhfccla.org

National- www.fcclainc.org