

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
School Health Coordination													
Percentage of schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs in the following areas:													
Physical activity					39.6	45.0	44.3	54.7	53.1		Increased, 2008-2016	Not available	No change
Nutrition					40.8	44.2	45.9	55.7	53.5		Increased, 2008-2016	Not available	No change
Tobacco-use prevention					38.8	42.4	37.5	50.3	46.1		Increased, 2008-2016	Not available	Decreased
Asthma					18.4	26.3	29.6	39.6	37.0		Increased, 2008-2016	Not available	No change
Injury and violence prevention						36.6	37.0	47.4	47.6		Increased, 2010-2016	Not available	No change
HIV, STD, and teen pregnancy prevention								40.3	40.1		No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools with a School Improvement Plan that includes health-related objectives on the following topics:													
Health education							25.1	21.0	26.1	13.3	Decreased, 2010-2016	Not available	Decreased
Physical education									25.0	13.9	Decreased, 2014-2016	Not available	Decreased
Physical activity									23.0	13.4	Decreased, 2014-2016	Not available	Decreased
School meal programs									25.0	13.9	Decreased, 2014-2016	Not available	Decreased
Foods and beverages available at school outside the school meal programs									25.0	11.7	Decreased, 2014-2016	Not available	Decreased
Health services						25.0	19.2	24.0	13.9	Decreased, 2010-2016	Not available	Decreased	
Percentage of schools that reviewed health and safety data as part of school's improvement planning process*							76.1	90.2	86.7	Increased, 2012-2016	Not available	Decreased	

* Among schools that engaged in an improvement planning process during the past year.

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016				
Percentage of schools that currently have someone who oversees or coordinates school health and safety programs and activities					87.3	83.5	88.1	95.9	94.4		Increased, 2008-2016	Not available	No change	
Percentage of schools that have one or more than one group (e.g., a school health council, committee, or team) that offers guidance on the development of policies or coordinates activities on health topics					64.7	67.6	71.3	75.2	76.0	82.4		Increased, 2006-2016	No quadratic change	Increased
Percentage of schools that have a school health council, committee, or team that did the following activities during the past year:*														
Identified student health needs based on a review of relevant data							68.3	71.5	78.2		Increased, 2012-2016	Not available	Increased	
Recommended new or revised health and safety policies and activities to school administrators or the school improvement team							70.2	85.7	82.8		Increased, 2012-2016	Not available	No change	

* Among those schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools that have a school health council, committee, or team that did the following activities during the past year:*													
Sought funding or leveraged resources to support health and safety priorities for students and staff							50.8	62.9	63.3		Increased, 2012-2016	Not available	No change
Communicated the importance of health and safety policies and activities to district administrators, school administrators, parent-teacher groups, or community members							84.0	88.6	92.0		Increased, 2012-2016	Not available	Increased
Reviewed health-related curricula or instructional materials							68.5	76.4	85.4		Increased, 2012-2016	Not available	Increased
Assessed the availability of physical activity opportunities for students								78.3	81.9		Increased, 2014-2016	Not available	Increased

* Among those schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
School Connectedness													
Percentage of schools that have any clubs that give students opportunities to learn about people different from them, such as students with disabilities, homeless youth, or people from different cultures									60.1	62.6	No linear change	Not available	No change
Percentage of schools that offer each of the following activities for students to learn about people different from them, such as students with disabilities, homeless youth, or people from different cultures:													
Lessons in class									91.3	90.1	No linear change	Not available	No change
Special events sponsored by the school or community organizations (e.g., multicultural week, family night)									61.7	66.4	Increased, 2014-2016	Not available	Increased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Sexual Orientation													
Percentage of schools that have a student-led club that aims to create a safe, welcoming, and accepting school environment for all youth, regardless of sexual orientation or gender identity						30.7	36.7	39.7	41.5	39.4	Increased, 2008-2016	Not available	No change
Percentage of schools that engage in the following LGBTQ youth-related practices:													
Identify “safe spaces” (e.g., a counselor’s office, designated classroom, or student organization) where LGBTQ youth can receive support from administrators, teachers, or other school staff						63.2	61.9	69.3	83.3		Increased, 2010-2016	Not available	Increased
Prohibit harassment based on a student’s perceived or actual sexual orientation or gender identity						89.8	94.3	94.3	94.7		Increased, 2010-2016	Not available	No change
Encourage staff to attend professional development on safe and supportive school environments for all students, regardless of sexual orientation or gender identity						66.2	75.9	79.0	80.4		Increased, 2010-2016	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools that engage in the following LGBTQ youth-related practices:													
Facilitate access to providers not on school property who have experience in providing health services, including HIV/STD testing and counseling, to LGBTQ youth							59.5	59.9	66.1	64.6	Increased, 2010-2016	Not available	No change
Facilitate access to providers not on school property who have experience in providing social and psychological services to LGBTQ youth							60.2	61.2	69.2	69.5	Increased, 2010-2016	Not available	No change
LGBTQ. Percentage of schools that implement HIV, other STD, and pregnancy prevention strategies that meet the needs of lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth							12.6	15.5	26.6	29.1	Increased, 2010-2016	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Bullying and Sexual Harassment													
Percentage of schools in which staff received professional development on preventing, identifying, and responding to student bullying and sexual harassment, including electronic aggression									90.1	87.3	Decreased, 2014-2016	Not available	Decreased
Percentage of schools that have a designated staff member to whom students can confidentially report student bullying and sexual harassment, including electronic aggression									99.0	97.3	Decreased, 2014-2016	Not available	Decreased
Percentage of schools that use electronic, paper, or oral communication to publicize and disseminate policies, rules, or regulations on bullying and sexual harassment, including electronic aggression									96.4	98.4	Increased, 2014-2016	Not available	Increased
SSE PM 4. Percentage of schools that prevent bullying and sexual harassment, including electronic aggression, among all students									59.9	54.3	Decreased, 2014-2016	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Required Physical Education													
Percentage of schools that taught required physical education in the following grades:*													
6th grade				98.2	100.0	99.1	98.0	100.0	98.2	96.2	Decreased, 2004-2016	†	Decreased
7th grade				99.2	99.1	97.5	100.0	100.0	98.4	95.7	Decreased, 2004-2016	†	Decreased
8th grade				98.5	99.1	99.2	100.0	100.0	100.0	94.8	Decreased, 2004-2016	†	Decreased
9th grade				89.2	97.0	94.7	97.4	96.9	94.7	98.5	Increased, 2004-2016	Increased, 2004-2008 No change, 2008-2016	Increased
10th grade				57.5	73.4	73.0	78.5	74.5	67.1	68.4	No linear change	Increased, 2004-2010 Decreased, 2010-2016	No change
11th grade				37.4	48.4	53.2	43.4	60.0	43.2	51.6	Increased, 2004-2016	Increased, 2004-2008 No change, 2008-2016	Increased
12th grade				27.0	43.4	46.3	37.8	51.9	34.3	42.1	Increased, 2004-2016	Increased, 2004-2008 No change, 2008-2016	Increased

* The results published here for 2012 and prior years may not match previously published numbers because the manner in which these variables were calculated changed for 2014.

¹Based on trend analyses using a logistic regression model, $p < 0.05$.

²Based on t-test analysis, $p < 0.05$.

† Analysis cannot be conducted when prevalence estimates of 0% or 100% are present.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Physical Education and Physical Activity													
Percentage of schools in which physical education teachers or specialists received professional development on physical education or physical activity during the past year									97.0	97.8	No linear change	Not available	No change
Percentage of schools in which those who teach physical education are provided with the following materials:													
Goals, objectives, and expected outcomes for physical education					95.6	96.8	96.0	95.4	98.3		Increased, 2008-2016	Not available	Increased
A chart describing the annual scope and sequence of instruction for physical education					80.2	79.8	82.8	82.5	83.3		Increased, 2008-2016	Not available	No change
Plans for how to assess student performance in physical education					78.7	84.6	87.5	86.1	90.8		Increased, 2008-2016	Not available	Increased
A written physical education curriculum					90.2	91.2	94.4	93.3	89.8		No linear change	Not available	Decreased
Resources for fitness testing								94.4	96.7		Increased, 2014-2016	Not available	Increased
Physical activity monitoring devices, such as pedometers or heart rate monitors, for physical education								83.9	76.9		Decreased, 2014-2016	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which students participate in physical activity breaks in classrooms during the school day outside of physical education							50.7	54.4	66.8		Increased, 2012-2016	Not available	Increased
Percentage of schools that offer opportunities for all students to participate in intramural sports programs or physical activity clubs					80.6	80.0	74.4	76.8	80.3		No linear change	Not available	Increased
Percentage of schools that offer interscholastic sports to students							95.3	94.8	94.1		No linear change	Not available	No change
Percentage of schools that offer opportunities for students to participate in physical activity before the school day through organized physical activities or access to facilities or equipment for physical activity								43.5	48.0		Increased, 2014-2016	Not available	Increased
Percentage of schools that have a joint use agreement for shared use of school or community physical activity facilities							64.1	70.7	66.9		No linear change	Not available	Decreased
CSPAP (2.6.03). Percentage of schools that have established, implemented, or evaluated CSPAP								10.2	13.9		Increased, 2014-2016	Not available	Increased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Tobacco-Use Prevention Policies													
Percentage of schools that have adopted a policy prohibiting tobacco use			98.9	98.6	99.5	99.4	98.8	100.0	99.5	99.5	Increased, 2002-2016	†	No change
Percentage of schools that prohibit tobacco use by students, staff, and visitors in school buildings, at school functions, in school vehicles, on school grounds, and at off-site school events, applicable 24 hours a day and seven days a week			40.0	43.6	49.6	54.2	61.2	57.6	70.6	71.8	Increased, 2002-2016	No quadratic change	No change
Percentage of schools that post signs marking a tobacco-free school zone, that is, a specified distance from school grounds where tobacco use is not allowed					83.0	84.2	88.1	91.9	92.1	90.1	Increased, 2006-2016	Increased, 2006-2012 No change, 2012-2016	No change
Percentage of schools that provide tobacco cessation services for the following:													
Faculty and staff						15.9	16.6	13.2	20.2	20.9	Increased, 2008-2016	Not available	No change
Students						26.1	19.2	18.8	25.8	24.7	No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

† Analysis cannot be conducted when prevalence estimates of 0% or 100% are present.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools that have arrangements with any organizations or health care professionals not on school property to provide tobacco cessation services for the following:													
Faculty and staff					34.4	44.2	41.4	41.1	37.9		No linear change	Not available	No change
Students					34.0	33.9	34.2	34.0	27.1		Decreased, 2008-2016	Not available	Decreased
Percentage of schools that provide tobacco cessation services for faculty, staff, and students at school or through arrangements with providers not on school property (formerly TOBACCO SLIM 5)					26.3	28.5	25.9	29.8	23.8		No linear change	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Nutrition-Related Policies and Practices													
Percentage of schools that always or almost always offer fruits or non-fried vegetables at school celebrations when foods or beverages are offered						41.5	44.2	47.2	54.6	58.8	Increased, 2008-2016	Not available	Increased
The percentage of schools that offer fruits or non-fried vegetables in vending machines or school stores, and always or almost always during celebrations when foods and beverages are offered						24.5	20.9	23.3	25.1	27.3	Increased, 2008-2016	Not available	No change
Percentage of schools in which students can purchase snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar			94.2	91.4	90.5	81.8	82.7	83.0	74.1	66.9	Decreased, 2002-2016	No quadratic change	Decreased
Percentage of schools in which students can purchase the following snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar:													
Chocolate candy			46.8	31.5	22.2	8.6	6.8	8.4	6.8	2.8	Decreased, 2002-2016	Decreased, 2002-2010 Decreased, 2010-2016	Decreased
Other kinds of candy			49.7	36.3	24.5	9.6	11.2	10.0	9.3	5.6	Decreased, 2002-2016	Decreased, 2002-2008 Decreased, 2008-2016	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which students can purchase the following snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar:													
Salty snacks that are not low in fat (e.g., regular potato chips)			71.0	62.8	44.6	23.6	26.5	27.6	18.0	17.2	Decreased, 2002-2016	Decreased, 2002-2008 Decreased, 2008-2016	No change
Low sodium or “no added salt” pretzels, crackers, or chips									56.7	54.7	No linear change	Not available	No change
Cookies, crackers, cakes, pastries, or other baked goods that are not low in fat						37.7	32.4	28.1	20.2	17.1	Decreased, 2008-2016	Not available	Decreased
Ice cream or frozen yogurt that is not low in fat						33.0	30.7	25.3	21.2	18.2	Decreased, 2008-2016	Not available	Decreased
2% or whole milk (plain or flavored)					60.2	53.8	49.1	37.2	27.4	30.9	Decreased, 2006-2016	No quadratic change	Increased
Nonfat or 1% (low-fat) milk (plain)									50.2	52.7	No linear change	Not available	No change
Water ices or frozen slushes that do not contain juice						16.7	13.5	4.5	9.7	10.9	Decreased, 2008-2016	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which students can purchase the following snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar:													
Soda pop or fruit drinks that are not 100% juice					43.4	28.5	19.2	16.2	8.4	9.3	Decreased, 2006-2016	Decreased, 2006-2010 Decreased, 2010-2016	No change
Sports drinks (e.g., Gatorade)					73.1	56.0	42.9	44.2	31.6	26.9	Decreased, 2006-2016	Decreased, 2006-2010 Decreased, 2010-2016	Decreased
Energy drinks (e.g., Red Bull, Monster)									3.7	1.1	Decreased, 2014-2016	Not available	Decreased
Bottled water									72.6	64.8	Decreased, 2014-2016	Not available	Decreased
100% fruit or vegetable juice									57.5	54.8	No linear change	Not available	No change
Foods or beverages containing caffeine						23.9	22.4	18.2	11.6	18.8	Decreased, 2008-2016	Not available	Increased
Fruits (not fruit juice)						48.7	50.2	47.0	44.5	47.7	No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which students can purchase the following snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar:													
Non-fried vegetables (not vegetable juice)					38.0	33.5	35.8	32.2	39.5	No linear change	Not available	Increased	
Percentage of schools that have done any of the following during the current school year:													
Priced nutritious foods and beverages at a lower cost while increasing the price of less nutritious foods and beverages					11.3	10.2	12.9	14.0	11.5	No linear change	Not available	Decreased	
Collected suggestions from students, families, and school staff on nutritious food preferences and strategies to promote healthy eating					67.3	66.3	67.9	62.6	70.6	No linear change	Not available	Increased	
Provided information to students or families on the nutrition and caloric content of foods available					55.8	55.7	64.2	65.3	74.4	Increased, 2008-2016	Not available	Increased	

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools that have done any of the following during the current school year:													
Conducted taste tests to determine food preferences for nutritious items					36.4	35.2	36.5	44.9	58.1		Increased, 2008-2016	Not available	Increased
Provided opportunities for students to visit the cafeteria to learn about food safety, food preparation, or other nutrition-related topics					25.2	17.4	29.7	29.2	31.0		Increased, 2008-2016	Not available	No change
Served locally or regionally grown foods in the cafeteria or classrooms							67.0	70.0	70.7		No linear change	Not available	No change
Planted a school food or vegetable garden							27.4	38.0	43.7		Increased, 2012-2016	Not available	Increased
Placed fruits and vegetables near the cafeteria cashier, where they are easy to access							78.5	89.5	85.8		Increased, 2012-2016	Not available	Decreased
Used attractive displays for fruits and vegetables in the cafeteria							64.0	79.8	86.4		Increased, 2012-2016	Not available	Increased
Offered a self-serve salad bar to students							44.1	36.2	48.7		Increased, 2012-2016	Not available	Increased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools that have done any of the following during the current school year:													
Labeled healthful foods with appealing names (e.g., crunchy carrots)							40.6	47.6	51.2		Increased, 2012-2016	Not available	Increased
Encouraged students to drink plain water							90.6	91.2			No linear change	Not available	No change
Prohibited school staff from giving students food or food coupons as a reward for good behavior or good academic performance							40.7	50.7			Increased, 2014-2016	Not available	Increased
Prohibited less nutritious foods and beverages (e.g., candy, baked goods) from being sold for fundraising purposes							52.5	54.1			No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016				
Percentage of schools that prohibit advertisements for candy, fast food restaurants, or soft drinks in the following locations:														
In school buildings					73.5	77.0	74.7	82.3	80.3		Increased, 2008-2016	Not available	No change	
On school grounds including on the outside of the school building, on playing fields, or other areas of the campus					63.2	66.8	66.5	78.1	77.6		Increased, 2008-2016	Not available	No change	
On school buses or other vehicles used to transport students					76.1	80.8	77.3	85.4	83.0		Increased, 2008-2016	Not available	No change	
In school publications (e.g., newsletters, newspapers, web sites, or other school publications)					71.9	77.4	77.7	85.4	81.4		Increased, 2008-2016	Not available	Decreased	
In curricula or other educational materials (including assignment books, school supplies, book covers, and electronic media)								84.9	81.8		Decreased, 2014-2016	Not available	Decreased	

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools that permit students to have a drinking water bottle with them in either all locations or certain locations during the school day							98.9	99.0	100.0		Increased, 2012-2016	Not available	Increased
Percentage of schools that offer a free source of drinking water in the following locations:*													
Cafeteria during breakfast								91.4	88.1		Decreased, 2014-2016	Not available	Decreased
Cafeteria during lunch								91.1	89.2		No linear change	Not available	No change
Gymnasium or other indoor physical activity facilities								94.8	96.2		No linear change	Not available	No change
Outdoor physical activity facilities and sports fields								60.2	61.8		No linear change	Not available	No change
Hallways throughout the school								99.5	98.9		No linear change	Not available	No change

* Among schools with that location.

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
SSNE 1 (2.3.04). Percentage of schools that do not sell less healthy foods and beverages (soda pop or fruit drinks, sports drinks, baked goods, salty snacks, candy)						31.2	35.5	39.7	53.1	59.2	Increased, 2008-2016	Not available	Increased
SSNE 2 (2.3.06). Percentage of schools that prohibit all forms of advertising and promotion for candy, fast food restaurants, and soft drinks									71.4	72.4	No linear change	Not available	No change
SSNE 3 (2.3.07). Percentage of schools that price nutritional foods and beverages at a lower cost while increasing the price of less nutritious foods and beverages						11.3	10.2	12.9	14.0	11.5	No linear change	Not available	Decreased
SSNE 4 (2.3.08). Percentage of schools that provide information to students or families on the nutrition, caloric, and sodium content of foods available						55.8	55.7	64.2	65.3	74.4	Increased, 2008-2016	Not available	Increased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
SSNE 5 (2.3.09). Percentage of schools that place fruits and vegetables near the cafeteria cashier, where they are easy to access								78.5	89.5	85.8	Increased, 2012-2016	Not available	Decreased
SSNE 6 (2.3.10). Percentage of schools that allow students to have access to drinking water								57.4	56.5		No linear change	Not available	No change
SSNE 7 (2.3.11). Percentage of schools that offer fruits or non-fried vegetables when foods or beverages are offered at school celebrations						41.5	44.2	47.2	54.6	58.8	Increased, 2008-2016	Not available	Increased
SSNE 8 (2.3.12). Percentage of schools that allow students to purchase fruits and vegetables from vending machines or at the school store, canteen, or snack bar						37.6	32.7	33.4	31.7	39.0	No linear change	Not available	Increased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Health Services													
Percentage of schools that have a full-time registered nurse who provides health services to students					91.7	94.4	91.7	93.2	92.0		No linear change	Not available	No change
Percentage of schools that provide the following services to students:													
HIV testing							3.3	0.0	0.0		Decreased, 2012-2016	Not available	¶
HIV treatment								1.0	1.1		No linear change	Not available	No change
STD testing								0.0	0.0		§	Not available	¶
STD treatment								1.6	0.0		Decreased, 2014-2016	Not available	Decreased
Pregnancy testing							1.2	1.0	0.0		Decreased, 2012-2016	Not available	Decreased
Provision of condoms							1.7	1.6	0.0		Decreased, 2012-2016	Not available	Decreased
Provision of condom-compatible lubricants (i.e., water-or silicone-based)								0.0	0.0		§	Not available	¶

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

§ Analysis cannot be conducted when response rates are 100% for a census or prevalence estimates are all 0% or 100%.

¶ Analysis cannot be conducted when response rates are 100% for a census or 2014 and 2016 prevalence estimates are both 0% or 100%.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools that provide the following services to students:													
Provision of contraceptives other than condoms (e.g., birth control pill, birth control shot, intrauterine device [IUD])								2.4	0.0	0.0	Decreased, 2012-2016	Not available	¶
Prenatal care								2.9	5.1	0.0	Decreased, 2012-2016	Not available	Decreased
Human papillomavirus (HPV) vaccine administration								1.2	1.0	0.5	No linear change	Not available	No change
Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services:													
HIV testing								53.4	53.8	39.1	Decreased, 2012-2016	Not available	Decreased
HIV treatment									53.8	44.3	Decreased, 2014-2016	Not available	Decreased
STD testing									54.3	39.7	Decreased, 2014-2016	Not available	Decreased
STD treatment									54.3	38.9	Decreased, 2014-2016	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

¶ Analysis cannot be conducted when response rates are 100% for a census or 2014 and 2016 prevalence estimates are both 0% or 100%.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services:													
Pregnancy testing							55.1	55.1	41.9		Decreased, 2012-2016	Not available	Decreased
Provision of condoms							43.1	48.1	32.9		Decreased, 2012-2016	Not available	Decreased
Provision of condom-compatible lubricants (i.e., water-or silicone-based)								44.9	32.5		Decreased, 2014-2016	Not available	Decreased
Provision of contraceptives other than condoms (e.g., birth control pill, birth control shot, intrauterine device [IUD])							45.5	48.9	35.3		Decreased, 2012-2016	Not available	Decreased
Prenatal care							50.7	52.8	39.4		Decreased, 2012-2016	Not available	Decreased
Human papillomavirus (HPV) vaccine administration							49.4	50.7	44.8		Decreased, 2012-2016	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools that have a protocol that ensures students with a chronic condition that may require daily or emergency management (e.g., asthma, diabetes, food allergies) are enrolled in private, state, or federally funded insurance programs if eligible									77.8	80.9	Increased, 2014-2016	Not available	Increased
Percentage of schools that routinely use school records to identify and track students with a current diagnosis of the following chronic conditions:													
Asthma									99.0	98.4	No linear change	Not available	No change
Food allergies									99.0	98.4	No linear change	Not available	No change
Diabetes									99.0	98.9	No linear change	Not available	No change
Epilepsy or seizure disorder									97.9	97.9	No linear change	Not available	No change
Obesity									55.8	55.3	No linear change	Not available	No change
Hypertension/high blood pressure									75.8	80.4	Increased, 2014-2016	Not available	Increased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools that provide referrals to any organizations or health care professionals not on school property for students diagnosed with or suspected to have the following chronic conditions:													
Asthma									72.1	72.2	No linear change	Not available	No change
Food allergies									71.1	70.0	No linear change	Not available	No change
Diabetes									72.1	71.6	No linear change	Not available	No change
Epilepsy or seizure disorder									70.6	71.1	No linear change	Not available	No change
Obesity									60.3	59.1	No linear change	Not available	No change
Hypertension/high blood pressure									65.9	69.6	Increased, 2014-2016	Not available	Increased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
SHS PM 2. Percentage of schools that provide students with on-site services or referrals to healthcare providers for 7 key sexual health services									43.0	29.9	Decreased, 2014-2016	Not available	Decreased
SWCC_1 (4.5.02). Percentage of schools that identify and track students with chronic conditions that may require daily or emergency management (e.g., asthma, food allergies)									99.0	98.9	No linear change	Not available	No change
SWCC_2 (4.5.05). Percentage of schools that have protocols that ensure students with a chronic condition that may require daily or emergency management are enrolled into private, state, or federally funded insurance programs if eligible									77.8	80.9	Increased, 2014-2016	Not available	Increased
SWCC_3 (4.5.08). Percentage of schools that provide referrals to community-based medical care providers for students identified with chronic conditions or at risk for activity, diet, and weight-related chronic conditions									72.1	73.1	No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Family and Community Involvement													
Percentage of schools that have done any of the following activities during the current school year:													
Provided parents and families with information about how to communicate with their child about sex									37.4	35.4	No linear change	Not available	No change
Provided parents with information about how to monitor their child (e.g., setting parental expectations, keeping track of their child, responding when their child breaks the rules)									57.0	56.6	No linear change	Not available	No change
Involved parents as school volunteers in the delivery of health education activities and services									31.2	24.0	Decreased, 2014-2016	Not available	Decreased
Linked parents and families to health services and programs in the community									80.9	81.5	No linear change	Not available	No change
Percentage of schools that use electronic, paper, or oral communication to inform parents about school health services and programs									87.7	91.8	Increased, 2014-2016	Not available	Increased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools that participate in a program in which family or community members serve as role models to students or mentor students, such as the Big Brothers Big Sisters program									51.1	41.2	Decreased, 2014-2016	Not available	Decreased
Percentage of schools that provide service-learning opportunities for students									68.4	64.5	Decreased, 2014-2016	Not available	Decreased
Percentage of schools that provide peer tutoring opportunities for students									79.3	72.9	Decreased, 2014-2016	Not available	Decreased
Percentage of schools in which students' families helped develop or implement policies and programs related to school health during the past two years									53.1	44.0	Decreased, 2014-2016	Not available	Decreased
SSE PM 5. Percentage of schools that implement school connectedness strategies									86.8	79.4	Decreased, 2014-2016	Not available	Decreased
SSE PM 6. Percentage of schools that implement parent engagement strategies for all students									62.8	62.5	No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE

2016 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Required Health Education													
Percentage of schools in which students take only one required health education course	46.8	48.2	41.2	36.7	39.0	39.7	30.9	31.9	36.7	38.8	Decreased, 1998-2016	Decreased, 1998-2012 Increased, 2012-2016	No change
Percentage of schools in which students take two or more required health education courses	36.0	37.3	39.3	42.2	42.0	49.3	63.1	59.7	58.0	53.2	Increased, 1998-2016	Increased, 1998-2012 Decreased, 2012-2016	Decreased
Percentage of schools that taught a required health education course in the following grades:*													
6th grade	54.7	59.3	54.8	51.5	50.6	56.3	68.4	72.6	77.3	73.0	Increased, 1998-2016	Decreased, 1998-2006 Increased, 2006-2016	No change
7th grade	62.4	68.0	61.8	63.8	61.1	70.1	82.1	74.5	80.5	73.0	Increased, 1998-2016	No quadratic change	Decreased
8th grade	61.3	63.0	58.5	60.1	64.3	66.4	80.1	73.1	77.8	78.9	Increased, 1998-2016	No change, 1998-2002 Increased, 2002-2016	No change
9th grade	47.6	53.7	43.9	39.2	44.9	54.9	67.2	57.2	67.6	58.3	Increased, 1998-2016	Decreased, 1998-2004 Increased, 2004-2016	Decreased

* The 2008, 2010, 2012, 2014, and 2016 results published here may differ slightly from the 2008, 2010, 2012, 2014, and 2016 results published in site reports. This is because the site reports excluded data from schools that do not contain the grade in the question. Because grade information is not available in a consistent format for all years, data from these schools are included in the trend analysis.

¹Based on trend analyses using a logistic regression model, $p < 0.05$.

²Based on t-test analysis, $p < 0.05$.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools that taught a required health education course in the following grades:*													
10th grade	45.1	39.5	35.7	34.0	40.1	50.1	58.0	42.3	51.3	46.3	Increased, 1998-2016	No quadratic change	No change
11th grade	16.6	15.2	12.0	11.8	11.8	17.2	22.6	20.1	30.9	23.0	Increased, 1998-2016	Decreased, 1998-2004 Increased, 2004-2016	Decreased
12th grade	13.3	9.2	8.5	8.7	11.7	12.4	16.3	11.2	25.1	18.7	Increased, 1998-2016	Decreased, 1998-2002 Increased, 2002-2016	Decreased
Among schools that required a health education course, percentage that required students who fail the course to repeat it				54.7	52.2	55.0	51.6	49.8	50.4	51.4	No linear change	No quadratic change	No change
Percentage of schools in which those who teach health education are provided with the following materials:													
Goals, objectives, and expected outcomes for health education						83.8	77.0	86.4	87.7	83.6	Increased, 2008-2016	Not available	Decreased
A chart describing the annual scope and sequence of instruction for health education						56.4	59.6	61.7	71.3	67.8	Increased, 2008-2016	Not available	No change

* The 2008, 2010, 2012, 2014, and 2016 results published here may differ slightly from the 2008, 2010, 2012, 2014, and 2016 results published in site reports. This is because the site reports excluded data from schools that do not contain the grade in the question. Because grade information is not available in a consistent format for all years, data from these schools are included in the trend analysis.

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which those who teach health education are provided with the following materials:													
Plans for how to assess student performance in health education					66.9	63.6	68.3	75.0	69.5	Increased, 2008-2016	Not available	Decreased	
A written health education curriculum					78.9	69.2	76.0	83.1	80.2	Increased, 2008-2016	Not available	No change	
Percentage of schools in which the health education curriculum addresses the following skills:													
Comprehending concepts related to health promotion and disease prevention to enhance health					93.1	91.6	96.4	97.6	97.5	Increased, 2008-2016	Not available	No change	
Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors					93.1	94.9	96.1	96.9	95.9	Increased, 2008-2016	Not available	No change	
Accessing valid information and products and services to enhance health					80.3	86.3	89.4	95.9	93.6	Increased, 2008-2016	Not available	Decreased	
Using interpersonal communication skills to enhance health and avoid or reduce health risks					90.6	93.7	96.6	96.4	96.4	Increased, 2008-2016	Not available	No change	

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which the health education curriculum addresses the following skills:													
Using decision-making skills to enhance health					94.7	95.0	97.2	97.1	97.0	Increased, 2008-2016	Not available	No change	
Using goal-setting skills to enhance health					90.5	90.5	94.6	95.9	96.4	Increased, 2008-2016	Not available	No change	
Practicing health-enhancing behaviors to avoid or reduce risks					93.6	93.9	96.1	96.5	96.4	Increased, 2008-2016	Not available	No change	
Advocating for personal, family, and community health					85.7	85.1	94.2	94.0	97.0	Increased, 2008-2016	Not available	Increased	
Percentage of schools in which those who teach sexual health education are provided with the following materials:													
Goals, objectives, and expected outcomes for sexual health education								82.8	85.3	No linear change	Not available	No change	
A written health education curriculum that includes objectives and content addressing sexual health education								80.6	76.5	Decreased, 2014-2016	Not available	Decreased	

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016				
Percentage of schools in which those who teach sexual health education are provided with the following materials:														
A chart describing the annual scope and sequence of instruction for sexual health education									68.1	63.0	Decreased, 2014-2016	Not available	Decreased	
Strategies that are age-appropriate, relevant, and actively engage students in learning									85.9	80.1	Decreased, 2014-2016	Not available	Decreased	
Methods to assess student knowledge and skills related to sexual health education									77.1	79.6	No linear change	Not available	No change	
Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender and questioning youth								31.4	36.9	45.5	49.6	Increased, 2010-2016	Not available	No change
Percentage of schools in which health education instruction is required in any of grades 6 through 12								89.6	90.1	94.8	92.3	Increased, 2010-2016	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016				
Percentage of schools in which teachers tried to increase student knowledge on the following topics in a required course in any of grades 6 through 12 during the current school year:														
Alcohol- or other drug-use prevention					94.6	97.2	94.8	97.0	97.8		Increased, 2008-2016	Not available	No change	
Asthma					37.6	48.5	44.6	55.1	58.9		Increased, 2008-2016	Not available	No change	
Emotional and mental health					91.6	93.8	93.1	95.4	96.0		Increased, 2008-2016	Not available	No change	
Epilepsy or seizure disorder								40.6	39.3		No linear change	Not available	No change	
Food allergies								79.2	77.9		No linear change	Not available	No change	
Foodborne illness prevention					80.0	74.4	78.9	85.9	76.8		No linear change	Not available	Decreased	
Human immunodeficiency virus (HIV) prevention					89.3	91.1	93.3	91.1	90.0		No linear change	Not available	No change	
Human sexuality					85.2	91.2	93.5	89.6	90.5		Increased, 2008-2016	Not available	No change	

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016				
Percentage of schools in which teachers tried to increase student knowledge on the following topics in a required course in any of grades 6 through 12 during the current school year:														
Infectious disease prevention (e.g., influenza [flu] prevention)							89.9	90.0	90.4		No linear change	Not available	No change	
Injury prevention and safety						85.5	87.3	87.9	90.9	91.5	Increased, 2008-2016	Not available	No change	
Nutrition and dietary behavior						98.3	98.1	98.8	98.8	98.9	No linear change	Not available	No change	
Physical activity and fitness						99.4	99.4	98.8	98.8	100.0	No linear change	Not available	Increased	
Pregnancy prevention						80.7	84.1	85.2	86.0	85.3	Increased, 2008-2016	Not available	No change	
Sexually transmitted disease (STD) prevention						87.0	88.4	90.3	90.1	88.2	No linear change	Not available	No change	
Suicide prevention						71.0	74.1	75.6	81.7	85.1	Increased, 2008-2016	Not available	No change	
Tobacco-use prevention						95.0	96.6	96.4	97.5	100.0	Increased, 2008-2016	Not available	Increased	

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers tried to increase student knowledge on the following topics in a required course in any of grades 6 through 12 during the current school year:													
Violence prevention (e.g., bullying, fighting, dating violence prevention)					86.9	88.9	96.6	95.9	96.7		Increased, 2008-2016	Not available	No change
Percentage of schools in which teachers taught the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year:													
Identifying tobacco products and the harmful substances they contain					89.9	92.0	94.0	92.4	97.8		Increased, 2008-2016	Not available	Increased
Identifying short- and long-term health consequences of tobacco use					93.3	92.6	95.2	95.2	94.7		Increased, 2008-2016	Not available	No change
Identifying social, economic, and cosmetic consequences of tobacco use					83.0	88.0	90.6	91.7	90.3		Increased, 2008-2016	Not available	No change
Understanding the addictive nature of nicotine					91.0	90.9	94.5	93.0	94.3		Increased, 2008-2016	Not available	No change
Effects of tobacco use on athletic performance					82.1	85.8	87.0	88.2	86.0		Increased, 2008-2016	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers taught the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year:													
Effects of second-hand smoke and benefits of a smoke-free environment					90.0	91.9	94.0	93.4	90.8		No linear change	Not available	Decreased
Understanding the social influences on tobacco use, including media, family, peers, and culture					88.8	88.6	91.5	89.7	90.3		No linear change	Not available	No change
Identifying reasons why students do and do not use tobacco					89.4	87.1	93.5	92.7	91.5		Increased, 2008-2016	Not available	No change
Making accurate assessments of how many peers use tobacco					64.1	70.1	76.3	76.7	65.6		Increased, 2008-2016	Not available	Decreased
Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness)					83.7	84.8	91.1	92.6	90.4		Increased, 2008-2016	Not available	No change
Using goal-setting and decision-making skills related to not using tobacco					75.5	83.1	85.9	87.8	83.1		Increased, 2008-2016	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016				
Percentage of schools in which teachers taught the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year:														
Finding valid information and services related to tobacco-use prevention and cessation					68.2	68.3	79.4	82.6	77.2		Increased, 2008-2016	Not available	Decreased	
Supporting others who abstain from or want to quit using tobacco					70.6	76.0	78.9	81.4	76.8		Increased, 2008-2016	Not available	Decreased	
Identifying harmful effects of tobacco use on fetal development					78.4	79.0	83.1	83.6	81.2		Increased, 2008-2016	Not available	No change	
Relationship between using tobacco and alcohol or other drugs								90.4	89.3		No linear change	Not available	No change	
How addiction to tobacco use can be treated								86.6	80.8		Decreased, 2014-2016	Not available	Decreased	
Understanding school policies and community laws related to the sale and use of tobacco products								84.6	81.1		Decreased, 2014-2016	Not available	Decreased	
Benefits of tobacco cessation programs								74.5	66.1		Decreased, 2014-2016	Not available	Decreased	

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year:													
How HIV and other STDs are transmitted					83.9	77.7	82.4	84.8	82.2	No linear change	Not available	No change	
Health consequences of HIV, other STDs, and pregnancy					78.6	76.6	77.6	83.6	81.6	Increased, 2008-2016	Not available	No change	
The benefits of being sexually abstinent					81.4	78.7	78.2	84.7	83.7	Increased, 2008-2016	Not available	No change	
How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy					62.6	61.2	62.1	77.6	77.2	Increased, 2008-2016	Not available	No change	
The influences of family, peers, media, technology and other factors on sexual risk behaviors								80.9	84.2	No linear change	Not available	No change	
Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy					67.2	71.2	72.4	79.0	78.5	Increased, 2008-2016	Not available	No change	

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year:													
Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy					66.6	70.2	67.8	80.0	77.6		Increased, 2008-2016	Not available	No change
Influencing and supporting others to avoid or reduce sexual risk behaviors								76.2	80.4		No linear change	Not available	No change
Efficacy of condoms, that is, how well condoms work and do not work						52.1	53.4	60.7	59.2		Increased, 2010-2016	Not available	No change
The importance of using condoms consistently and correctly						44.1	52.3	59.1	54.9		Increased, 2010-2016	Not available	No change
How to obtain condoms						34.0	39.0	42.2	44.0		Increased, 2010-2016	Not available	No change
How to correctly use a condom						18.9	22.4	31.4	29.7		Increased, 2010-2016	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year:													
The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy							42.9	54.7	55.3		Increased, 2012-2016	Not available	No change
How to create and sustain healthy and respectful relationships							83.2	86.2	86.2		No linear change	Not available	No change
The importance of limiting the number of sexual partners								73.1	69.5		No linear change	Not available	No change
Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health								78.3	77.2		No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year:													
How HIV and other STDs are transmitted						97.3	100.0	100.0	98.5	No linear change	Not available	Decreased	
Health consequences of HIV, other STDs, and pregnancy						97.3	98.4	100.0	98.5	No linear change	Not available	Decreased	
The benefits of being sexually abstinent					98.4	97.3	98.6	100.0	98.5	No linear change	Not available	Decreased	
How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy					97.0	93.1	98.5	98.3	98.5	Increased, 2008-2016	Not available	No change	
The influences of family, peers, media, technology and other factors on sexual risk behaviors								98.3	95.5	No linear change	Not available	Decreased	
Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy					95.4	90.5	98.4	100.0	95.4	Increased, 2008-2016	Not available	Decreased	

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year:													
Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy					94.0	87.4	95.3	96.5	97.0		Increased, 2008-2016	Not available	No change
Influencing and supporting others to avoid or reduce sexual risk behaviors								94.8	94.0		No linear change	Not available	No change
Efficacy of condoms, that is, how well condoms work and do not work					96.9	94.5	100.0	98.3	97.0		No linear change	Not available	No change
The importance of using condoms consistently and correctly					96.9	94.5	100.0	98.2	96.9		No linear change	Not available	No change
How to obtain condoms					87.7	88.9	90.8	96.4	88.0		No linear change	Not available	Decreased
How to correctly use a condom						84.5	86.0	88.9	83.1		No linear change	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year:													
The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy								96.9	100.0	98.5	No linear change	Not available	Decreased
How to create and sustain healthy and respectful relationships								98.5	96.5	95.4	Decreased, 2012-2016	Not available	No change
The importance of limiting the number of sexual partners									100.0	98.5	Decreased, 2014-2016	Not available	Decreased
Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health									98.3	95.5	No linear change	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year:													
Comprehend concepts important to prevent HIV, other STDs, and pregnancy									76.8	76.2	No linear change	Not available	No change
Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors									73.9	67.9	Decreased, 2014-2016	Not available	Decreased
Access valid information, products, and services to prevent HIV, other STDs, and pregnancy									67.9	64.8	No linear change	Not available	No change
Use interpersonal communication skills to avoid or reduce sexual risk behaviors									73.5	79.4	Increased, 2014-2016	Not available	Increased
Use decision-making skills to prevent HIV, other STDs, and pregnancy									76.3	76.3	No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year:													
Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them									75.9	75.3	No linear change	Not available	No change
Influence and support others to avoid or reduce sexual risk behaviors									70.7	72.1	No linear change	Not available	No change
Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year:													
Comprehend concepts important to prevent HIV, other STDs, and pregnancy									100.0	97.0	Decreased, 2014-2016	Not available	Decreased
Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors									96.4	92.4	Decreased, 2014-2016	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year:													
Access valid information, products, and services to prevent HIV, other STDs, and pregnancy									98.2	97.0	No linear change	Not available	No change
Use interpersonal communication skills to avoid or reduce sexual risk behaviors									96.4	95.4	No linear change	Not available	No change
Use decision-making skills to prevent HIV, other STDs, and pregnancy									98.2	97.0	No linear change	Not available	No change
Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them									86.3	88.0	No linear change	Not available	No change
Influence and support others to avoid or reduce sexual risk behaviors									91.0	90.9	No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers taught the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year:													
Benefits of healthy eating					96.0	96.9	97.1	98.2	96.6	No linear change	Not available	Decreased	
Benefits of drinking plenty of water								98.2	96.6	Decreased, 2014-2016	Not available	Decreased	
Benefits of eating breakfast every day								97.1	95.0	Decreased, 2014-2016	Not available	Decreased	
Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate, MyPyramid)								96.6	94.9	No linear change	Not available	No change	
Using food labels					90.5	90.2	92.4	96.6	95.5	Increased, 2008-2016	Not available	No change	
Differentiating between nutritious and non-nutritious beverages								95.9	94.3	No linear change	Not available	No change	
Balancing food intake and physical activity					94.9	96.4	95.8	97.1	95.5	No linear change	Not available	No change	
Eating more fruits, vegetables, and whole grain products					95.5	95.2	96.5	97.0	96.6	Increased, 2008-2016	Not available	No change	

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers taught the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year:													
Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)					93.4	92.4	94.2	95.9	96.0		Increased, 2008-2016	Not available	No change
Choosing foods, snacks, and beverages that are low in added sugars									97.0	95.4	No linear change	Not available	No change
Choosing foods and snacks that are low in sodium									94.6	92.6	No linear change	Not available	No change
Eating a variety of foods that are high in calcium									90.7	90.9	No linear change	Not available	No change
Eating a variety of foods that are high in iron									86.5	86.0	No linear change	Not available	No change
Food safety					77.0	83.0	80.5	88.9	82.5		Increased, 2008-2016	Not available	Decreased
Preparing healthy meals and snacks					85.9	85.9	88.6	93.6	86.3		Increased, 2008-2016	Not available	Decreased
Risks of unhealthy weight control practices					88.9	89.3	89.6	92.4	93.1		Increased, 2008-2016	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers taught the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year:													
Accepting body size differences					88.9	87.9	89.7	93.4	93.7		Increased, 2008-2016	Not available	No change
Signs, symptoms, and treatment for eating disorders					84.0	79.9	84.5	87.9	85.8		Increased, 2008-2016	Not available	No change
Relationship between diet and chronic diseases								87.6	89.7		No linear change	Not available	No change
Assessing body mass index (BMI)								78.6	74.3		Decreased, 2014-2016	Not available	Decreased
Percentage of schools that taught all 20 nutrition and dietary behavior topics during the current school year								66.0	57.7		Decreased, 2014-2016	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers taught the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year:													
Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease									95.3	98.2	Increased, 2014-2016	Not available	Increased
Mental and social benefits of physical activity									97.5	97.8	No linear change	Not available	No change
Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)					94.5	95.0	91.0	96.4	94.9		No linear change	Not available	No change
Phases of a workout (i.e., warm-up, workout, cool down)					89.0	89.9	87.3	91.8	89.5		No linear change	Not available	No change
Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity									92.9	88.4	Decreased, 2014-2016	Not available	Decreased
Decreasing sedentary activities (e.g., television viewing)					88.4	93.2	91.9	97.5	98.3		Increased, 2008-2016	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which teachers taught the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year:													
Preventing injury during physical activity					84.6	90.6	90.8	92.2	94.2		Increased, 2008-2016	Not available	No change
Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)					77.0	79.9	82.2	90.5	85.2		Increased, 2008-2016	Not available	Decreased
Dangers of using performance-enhancing drugs (e.g., steroids)					81.8	84.1	87.9	87.7	87.4		Increased, 2008-2016	Not available	No change
Increasing daily physical activity								97.1	100.0		Increased, 2014-2016	Not available	Increased
Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)								96.9	99.4		Increased, 2014-2016	Not available	Increased
Using safety equipment for specific physical activities								87.6	93.0		Increased, 2014-2016	Not available	Increased
Benefits of drinking water before, during, and after physical activity								98.8	98.8		No linear change	Not available	No change
Percentage of schools that taught all 13 physical activity topics during the current school year								74.8	68.8		Decreased, 2014-2016	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE

2016 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
ESHE_PM_2a: Percentage of schools that teach 11 key HIV, STD, and pregnancy prevention topics in a required course during grades 6, 7, or 8 and during grades 9, 10, 11, or 12									61.0	57.5	No linear change	Not available	No change
ESHE_PM_2b: Percentage of schools that assess the ability of students to do 7 skills in a required course taught during grades 6, 7, or 8 and during grades 9, 10, 11, or 12									66.5	64.0	No linear change	Not available	No change
ESHE_PM_2c: Percentage of schools in which those who teach sexual health education are provided with key materials for teaching sexual health education									63.6	56.4	Decreased, 2014-2016	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Collaboration													
Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year:													
Physical education staff	53.9	62.0	68.0	74.2	73.6	83.6	81.4	84.9	86.3		Increased, 2000-2016	Increased, 2000-2010 Increased, 2010-2016	No change
Health services staff (e.g., nurses)	79.0	77.1	80.7	76.0	76.1	73.6	81.0	83.4	76.5		No linear change	No quadratic change	Decreased
Mental health or social services staff (e.g., psychologists, counselors, social workers)	63.8	63.8	72.1	73.8	67.1	69.0	76.7	72.7	78.9		Increased, 2000-2016	No quadratic change	Increased
Nutrition or food service staff	23.6	21.1	30.0	49.4	43.9	44.4	50.9	56.8	48.9		Increased, 2000-2016	Increased, 2000-2006 Increased, 2006-2016	Decreased
School health council, committee, or team						54.9	60.3	69.1	62.9		Increased, 2010-2016	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year:													
HIV prevention, STD prevention, or teen pregnancy prevention					25.4	17.8	24.8	25.4	27.1	Increased, 2008-2016	Not available	No change	
Tobacco-use prevention					34.8	24.3	31.5	35.5	36.4	Increased, 2008-2016	Not available	No change	
Physical activity					50.7	40.6	46.9	53.1	45.9	No linear change	Not available	Decreased	
Nutrition and healthy eating					45.8	44.6	51.8	58.5	52.1	Increased, 2008-2016	Not available	Decreased	
Asthma					13.5	13.6	17.3	25.7	21.1	Increased, 2008-2016	Not available	Decreased	
Food allergies								42.9	36.3	Decreased, 2014-2016	Not available	Decreased	

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year:													
Diabetes									31.0	23.3	Decreased, 2014-2016	Not available	Decreased
Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)									71.1	66.7	Decreased, 2014-2016	Not available	Decreased
Percentage of schools in which teachers have given students homework assignments or health education activities to do at home with their parents during the current school year									72.2	64.8	Decreased, 2014-2016	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Professional Development													
Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey:													
Alcohol- or other drug-use prevention	56.2	60.9	56.0	68.1	63.6	58.7	52.0	69.3	63.9		Increased, 2000-2016	No quadratic change	Decreased
Asthma				17.4	14.1	20.9	20.3	30.4	22.3		Increased, 2006-2016	No quadratic change	Decreased
Emotional and mental health	48.5	49.2	50.2	62.3	52.2	59.9	61.7	66.8	74.6		Increased, 2000-2016	Increased, 2000-2012 Increased, 2012-2016	Increased
Epilepsy or seizure disorder								26.3	26.2		No linear change	Not available	No change
Food allergies								38.4	34.6		No linear change	Not available	No change
Foodborne illness prevention				21.1	22.3	18.4	21.4	33.6	26.7		Increased, 2006-2016	No quadratic change	Decreased
HIV prevention	44.7	54.6	42.7	63.9	55.6	46.0	48.6	49.9	39.0		Decreased, 2000-2016	Increased, 2000-2006 Decreased, 2006-2016	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey:													
Human sexuality	47.8	45.8	43.4	65.6	59.0	46.2	60.8	56.8	45.2		Increased, 2000-2016	Increased, 2000-2006 Decreased, 2006-2016	Decreased
Infectious disease prevention (e.g., flu prevention)							41.0	52.7	45.4		Increased, 2012-2016	Not available	Decreased
Injury prevention and safety	38.3	40.0	32.9	43.9	44.9	47.6	42.1	64.6	59.5		Increased, 2000-2016	Decreased, 2000-2004 Increased, 2004-2016	Decreased
Nutrition and dietary behavior	41.2	48.2	46.4	72.8	61.8	59.0	59.5	71.1	65.0		Increased, 2000-2016	Increased, 2000-2006 No change, 2006-2016	Decreased
Physical activity and fitness	49.5	52.1	48.4	64.6	64.5	64.9	61.5	71.0	69.0		Increased, 2000-2016	No quadratic change	No change
Pregnancy prevention	30.8	32.0	34.3	55.7	45.5	36.8	43.2	41.8	31.6		Increased, 2000-2016	Increased, 2000-2006 Decreased, 2006-2016	Decreased
STD prevention	45.9	40.1	39.3	64.8	51.2	43.1	49.8	47.8	34.5		No linear change	Increased, 2000-2006 Decreased, 2006-2016	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey:													
Suicide prevention	31.3	29.1	25.0	25.8	29.8	43.0	40.3	56.2	54.7		Increased, 2000-2016	Decreased, 2000-2004 Increased, 2004-2016	No change
Tobacco-use prevention	38.6	40.7	35.0	45.0	36.1	38.7	35.6	47.8	31.7		No linear change	No quadratic change	Decreased
Violence prevention (e.g., bullying, fighting, dating violence prevention)	54.5	57.5	64.4	49.8	49.7	60.1	77.6	72.6	66.1		Increased, 2000-2016	Increased, 2000-2012 Decreased, 2012-2016	Decreased
Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey:													
Teaching students with physical, medical, or cognitive disabilities	53.4	52.8	54.4	64.9	47.6	53.0	49.4	55.2	64.9		Increased, 2000-2016	Decreased, 2000-2012 Increased, 2012-2016	Increased
Teaching students of various cultural backgrounds	18.2	14.4	17.0	20.6	12.5	15.5	12.4	26.0	22.8		Increased, 2000-2016	Decreased, 2000-2012 Increased, 2012-2016	No change
Teaching students with limited English proficiency	6.1	11.0	8.5	8.8	6.6	9.3	5.0	14.6	12.9		Increased, 2000-2016	No change, 2000-2012 Increased, 2012-2016	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey:													
Teaching students of different sexual orientations or gender identities							20.2	24.6	28.8	28.2	Increased, 2010-2016	Not available	No change
Using interactive teaching methods (e.g., role plays, cooperative group activities)	67.4	58.3	55.2	68.0	56.5	53.7	67.6	68.8	70.7		Increased, 2000-2016	Decreased, 2000-2010 Increased, 2010-2016	No change
Encouraging family or community involvement	32.2	30.9	36.5	43.1	25.1	32.9	38.4	46.7	42.6		Increased, 2000-2016	No change, 2000-2008 Increased, 2008-2016	No change
Teaching skills for behavior change	60.1	52.5	60.4	61.1	47.9	48.4	53.8	61.7	53.6		No linear change	Decreased, 2000-2010 Increased, 2010-2016	Decreased
Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)					63.4	53.2	58.5	64.0	67.8	65.6	Increased, 2006-2016	Decreased, 2006-2010 Increased, 2010-2016	No change
Assessing or evaluating students in health education					60.7	55.2	47.0	52.6	57.4	55.4	No linear change	Decreased, 2006-2010 Increased, 2010-2016	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics:													
Alcohol- or other drug-use prevention	81.1	70.5	66.3	76.4	75.2	76.1	80.7	78.8	77.4		Increased, 2000-2016	Decreased, 2000-2004 Increased, 2004-2016	No change
Asthma					56.6	46.0	48.6	45.7	52.1	41.3	Decreased, 2006-2016	No quadratic change	Decreased
Emotional and mental health	82.1	73.9	71.7	78.5	78.1	79.2	80.7	81.6	85.2		Increased, 2000-2016	Decreased, 2000-2004 Increased, 2004-2016	Increased
Epilepsy or seizure disorder								49.6	40.2		Decreased, 2014-2016	Not available	Decreased
Food allergies								60.4	49.7		Decreased, 2014-2016	Not available	Decreased
Foodborne illness prevention					53.7	47.8	50.2	45.7	52.9	42.9	Decreased, 2006-2016	No quadratic change	Decreased
HIV prevention	75.5	62.6	58.8	62.1	62.7	64.7	64.1	68.6	58.6		Decreased, 2000-2016	Decreased, 2000-2004 No change, 2004-2016	Decreased
Human sexuality	77.6	69.6	59.5	66.0	69.2	75.1	76.5	72.5	80.8		Increased, 2000-2016	Decreased, 2000-2004 Increased, 2004-2016	Increased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics:													
Infectious disease prevention (e.g., flu prevention)							54.7	65.0	62.8		Increased, 2012-2016	Not available	No change
Injury prevention and safety	61.2	52.1	40.2	67.3	61.3	65.5	57.5	63.4	64.0		Increased, 2000-2016	No quadratic change	No change
Nutrition and dietary behavior	75.4	69.8	75.5	78.0	74.8	78.4	74.6	77.7	76.3		Increased, 2000-2016	No quadratic change	No change
Physical activity and fitness	64.1	63.3	56.4	68.6	59.1	68.4	67.0	72.4	67.7		Increased, 2000-2016	No quadratic change	Decreased
Pregnancy prevention	66.2	56.3	52.9	58.8	55.7	65.6	64.0	63.0	63.8		Increased, 2000-2016	Decreased, 2000-2004 Increased, 2004-2016	No change
STD prevention	76.9	65.7	63.3	68.3	66.0	71.5	67.2	66.8	66.7		Decreased, 2000-2016	Decreased, 2000-2004 No change, 2004-2016	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics:													
Suicide prevention		83.7	70.4	69.7	73.9	70.4	80.6	75.0	76.7	78.0	No linear change	Decreased, 2000-2004 Increased, 2004-2016	No change
Tobacco-use prevention		71.7	59.0	59.3	64.8	60.6	64.0	59.6	66.2	67.2	No linear change	Decreased, 2000-2004 Increased, 2004-2016	No change
Violence prevention (e.g., bullying, fighting, dating violence prevention)		85.4	77.8	73.8	76.7	72.0	76.9	78.6	79.2	75.7	Decreased, 2000-2016	Decreased, 2000-2004 Increased, 2004-2016	No change
Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics:													
Teaching students with physical, medical, or cognitive disabilities		71.4	63.4	58.8	64.9	62.9	60.8	68.0	74.0	74.9	Increased, 2000-2016	Decreased, 2000-2004 Increased, 2004-2016	No change
Teaching students of various cultural backgrounds		58.1	51.0	45.9	53.4	45.1	45.8	45.7	61.9	57.2	No linear change	Decreased, 2000-2010 Increased, 2010-2016	Decreased
Teaching students with limited English proficiency		43.2	43.2	29.8	47.4	41.8	41.7	38.7	46.1	52.7	Increased, 2000-2016	No change, 2000-2012 Increased, 2012-2016	Increased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics:													
Teaching students of different sexual orientations or gender identities							64.6	72.0	70.6	74.1	Increased, 2010-2016	Not available	No change
Using interactive teaching methods (e.g., role plays, cooperative group activities)	79.6	73.4	62.2	67.1	69.0	69.7	73.7	69.0	77.5	No linear change	Decreased, 2000-2004 Increased, 2004-2016	Increased	
Encouraging family or community involvement	77.0	71.5	67.6	68.2	73.5	72.4	75.6	77.5	74.2	Increased, 2000-2016	Decreased, 2000-2004 Increased, 2004-2016	No change	
Teaching skills for behavior change	88.7	82.7	79.5	79.6	75.7	77.0	85.0	77.5	80.3	Decreased, 2000-2016	Decreased, 2000-2004 No change, 2004-2016	No change	
Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)					70.7	64.5	62.2	68.9	65.9	68.9	No linear change	Decreased, 2006-2010 Increased, 2010-2016	No change
Assessing or evaluating students in health education					77.1	69.2	73.4	75.5	77.8	78.1	Increased, 2006-2016	No change, 2006-2010 Increased, 2010-2016	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

NEW HAMPSHIRE
2016 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Professional Preparation													
Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:													
Health education or health and physical education combined (a or b)	38.3	41.6	44.4	38.4	41.4	48.2	54.9	62.6	63.2	64.6	Increased, 1998-2016	No change, 1998-2004 Increased, 2004-2016	No change
Physical education, kinesiology, exercise science or exercise physiology (c or e)					20.4	15.0	17.0	8.9	10.9	9.0	Decreased, 2006-2016	No quadratic change	No change
Home economics or family and consumer science, biology or other science, or nutrition (f, g, or k)					11.9	15.1	10.0	11.0	8.5	8.1	Decreased, 2006-2016	No quadratic change	No change
Nursing or counseling (h or i)	7.4	18.4	23.2	17.2	18.2	14.8	10.7	12.0	9.8	8.6	Decreased, 1998-2016	Increased, 1998-2002 Decreased, 2002-2016	No change
Public health or other (j or l)		0.0	4.3	8.9	3.4	3.5	2.3	2.5	2.9	4.1	No linear change	†	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

† Analysis cannot be conducted when prevalence estimates of 0% or 100% are present.

NEW HAMPSHIRE

2016 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence										Linear Change ¹	Quadratic Change ¹	2014-2016 Change ²
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016			
Percentage of schools in which the lead health education teacher was certified, licensed, or endorsed by the state to teach health education in middle school or high school					54.2	63.3	64.1	70.9	74.8	72.0	Increased, 2006-2016	Increased, 2006-2012 No change, 2012-2016	No change
Percentage of schools in which the lead health education teacher had the following number of years of experience in teaching health education courses or topics:													
1 year	12.0	11.1	6.9	7.8	3.7	6.6	1.7	5.1	2.8	5.7	Decreased, 1998-2016	Decreased, 1998-2010 Increased, 2010-2016	Increased
2 to 5 years	25.4	26.3	34.5	29.1	25.6	20.1	21.9	21.7	22.9	22.6	Decreased, 1998-2016	No quadratic change	No change
6 to 9 years	22.1	17.6	12.2	18.5	23.8	21.3	16.4	17.8	12.7	11.3	Decreased, 1998-2016	No change, 1998-2008 Decreased, 2008-2016	No change
10 to 14 years	18.6	22.3	23.4	15.9	16.2	19.0	25.6	19.7	17.3	13.7	Decreased, 1998-2016	No change, 1998-2010 Decreased, 2010-2016	Decreased
15 years or more	22.0	22.7	23.1	28.8	30.7	33.1	34.5	35.7	44.3	46.7	Increased, 1998-2016	No quadratic change	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.