

Wednesday's Wisdom

March 7, 2012

Civil Rights are rights that protect an individual's freedom from unwarranted infringement. These rights ensure that employees and participants of the child nutrition programs have the ability to be included in its activities without discrimination or repression. The Obama administration, including Secretary Vilsak, has made civil rights a priority for all USDA programs. Therefore, we have put together a mini - tutorial on this topic. If you have any questions regarding the information below please contact us at 271-3646.

Thank you for all your work feeding New Hampshire's children and students. Sincerely, the BNPS staff

Civil Rights and Child Nutrition Programs

Most of you are familiar with the civil rights statement which can be found on the *And Justice For All* poster that is required to be posted in every facility offering a USDA child nutrition program. In addition to the poster, all menus, websites and any other public materials containing information about USDA child nutrition programs must carry this statement. Below is the most current statement that should be used on materials referencing Child Nutrition Programs:

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, DC 20250-9410 or call 866/632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800/877-8339; or 800/845-6136 (Spanish). USDA is an equal opportunity provider and employer.

Special note: If the material is too small to permit the full non-discrimination statement, the material will at a minimum include the statement, in print size no smaller than the text that "This institution is an equal opportunity provider."

The *And Justice For All* poster must be posted in a public place which is highly visible to students and families. For example, some schools and child care programs place the poster on a corkboard located at the front door of the facility. The *And Justice For All* Poster can be obtained from the Bureau of Nutrition. You may also download a printable Special Nutrition Programs "C" version by going to: www.fns.usda.gov/cr/justice-translations/475C.pdf The poster does not have to be printed in color.

Thank you to Judy Gosselin of our Bureau who created a civil rights self-assessment checklist for everyone to be used as an awareness tool. It is an attachment to this e-mail.

Additional Program Information:

Wednesday's Wisdom Tip of the Day

Did you know.....When you create menus, paint them with color! Adding descriptive words such as tossed salad with dark greens and juicy red tomatoes gives the reader a mental visual and may sway them to purchase the meal.

Important: Don't forget to go to the Bureau's website for weekly updates on memos and other information. <http://education.nh.gov/program/nutrition/index.htm>

School Lunch

Save the date! The Bureau has scheduled the August Workshop Training for school foodservice on August 8, 2012. This year, the conference will be held at the Merrimack Valley High School, Penacook, NH. (Many thanks to Charlie Dean, FSD, for making this happen.) The focus of this year's training will be *"Getting Back to the Basics with the New Federal Regulations"*.

CACFP

Let's Move! Child Care Challenge (Weight of NH Challenge)

New Hampshire is currently in first place in the Weight of the Nation, Let's Move! Child Care Challenge!

The NH Department of Education, Bureau of Nutrition Programs and Services, thanks you for your commitment to the health of families and children within our State. The Weight of the Nation Challenge concludes the end of March- there is still time for you to sign up!

Follow this link to register:

<http://healthykidshealthyfuture.org/content/hkhf/home/startearly/howtosignup.html>

This link will provide you with the opportunity to access resources and strategies to enhance your program's wellness environment.