

Products Meeting USDA Nutrition Standards for Milk Substitution for Non-Disabled Students

1. Lactose free cow’s milk. Check availability from your local dairy milk supplier.

2. The specific non-dairy beverages below. Eight (8) oz. of product can be poured into a drinking cup.

ONLY the specific products below meet USDA’s criteria.

Nutrient	USDA Criteria Per Cup	8th Continent <u>Original</u> Soy Milk Per Cup	Pacific Natural <u>Ultra</u> Soy Milk, Plain Per Cup	Pacific Natural <u>Ultra</u> Soy Milk, Vanilla Per Cup
Calcium	276 mg	300 mg	284 mg	284 mg
Protein	8 grams	8 grams	10 grams	10 grams
Vitamin A	500 IU	500 IU	500 IU	500 IU
Vitamin D	100 IU	100 IU	100 IU	100 IU
Magnesium	24 mg	24 mg	52 mg	52 mg
Phosphorus	222 mg	250 mg	254 mg	254 mg
Potassium	349 mg	360 mg	380 mg	380 mg
Riboflavin	.44 mg	.51 mg	.5 mg	.5 mg
Vitamin B12	1.1 mcg	1.2 mcg	1.47 mcg	1.47 mcg
Vendors Carrying Product		Wal-Mart Dillon’s Price Chopper Hy-Vee	Yahoo.com Hy-Vee United Natural Foods pacificfoods.com	Yahoo.com Hy-Vee United Natural Foods pacificfoods.com
Container Size/ Packaging		Half Gallon	32 oz. Carton	32 oz. Carton
Shelf Stable		No	Yes	Yes
Storage Tips		Use within 10 days after opening.	Refrigerate after opening and use within 7-10 days	Refrigerate after opening and use within 7-10 days

Corresponding MIN (UPC Numbers) for the approved products above are:

8th Continent Plain: UPC: 0-53859-07066-3

Pacific Ultra Soy Plain: UPC: 52603-08200

Pacific Ultra Soy Vanilla: UPC: 52603-08225