

# THE FFVP THYMES

## February



A monthly resource to support and inspire your  
USDA Fresh Fruit and Vegetable Program!

### NH Products for Your FFVP Program This Month



- Apples
- Beet Greens
- Beets
- Onions
- Potato
- Pumpkin
- Rutabaga
- Salad Greens
- Spinach
- Swiss Chard
- Turnips
- Winter Squash

### Monthly Spotlight:

### SAU 20 Errol Consolidated School

A partnership between Errol Consolidated and NH Farm to School is helping promote healthy eating while making connections in the community! Check out some of their recent Farm to School success!

Full article [here](#).



- Planted vegetables that were later incorporated into the school menu.
- Utilized a hydroponic unit that provides light and heat to vegetables.
- Raised gardening beds that students planted garlic in.
- Plan to establish a salsa garden and begin composting in 2024!

## Training Topic: How to Define Local Foods for your SAU



Before your SAU selects the local foods it would like to incorporate, a definition of local should be determined.

There is no single definition of the word "local." Whether local is within 50 miles of your school, within the state of NH, or within the northeast region, "local" can differ from SAU to SAU.

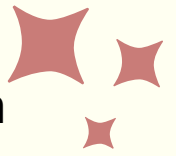
Your definition of local may also change throughout the year depending on the season, the product you would like to purchase, etc.

SAUs are not required to have a definition of local. However, creating a definition based on the values, needs, and wants for your SAU community, you can build a comprehensive program that supports your students and where they live!

*\*\*Reminder: If your SAU has a December FFVP claim, it must be submitted by March 1, 2024.*

## Monthly Spotlight:

### SAU 59 Winnisquam



Elementary students trying Jicama!

