Foundations of Work and Family

Career Exploration-Students will demonstrate the knowledge and skills needed to pursue appropriate school and career options.

MCE 1: Develop knowledge, skills and attitudes that contribute to success in a variety of environments, including home, school, work and community.

Competencies
MCE 1.1 Compare the similarities and differences between home, school and work and community environments.
MCE 1.2 Describe stereotypes, biases and discriminatory behaviors that may limit opportunities for any person.
MCE 1.3 Demonstrate the skills needed to interact positively and cooperatively with others to enable all persons to be productive and to demonstrate their capabilities.
MCE 1.4 Demonstrate skills that promote a positive ethical behavior.

MCE 2: Develop skills to locate, understand and use career information

Competencies
MCE 2.1 Describe the relationship between work and economic and societal needs.
MCE 2.2 Identify career clusters and opportunities for the development of transferable skills.
MCE 2.3 Identify career paths in the Family and Consumer Sciences field.
MCE 2.4 Use a variety of sources to obtain career information.
MCE 2.5 Identify school courses related to personal, educational and occupational interests.
MCE 2.6 Develop an individual career plan which includes short-range and long-range steps to carry out the plan.
MCE 2.7 Develop an electronic portfolio that incorporates the individual career plan.

MCE 3: Develop strategies to manage individual, family, school, career, and community roles and responsibilities.

Competencies
MCE 3.1 Examine policies, issues and trends in the workplace and community that impact individuals and families.
MCE 3.2 Demonstrate job seeking and job keeping skills.
MCE 3.3 Analyze the impact of social, economic, and technological changes on work and family.
MCE 3.4 Analyze the potential impact of career path decisions on balancing work and family.
MCE 3.5 Determine goals for lifelong learning and leisure opportunities.
MCE 3.6 Identify skills and knowledge needed to develop a life plan for achieving individual, family and career goals.

Application/Assessments through FCCLA

National Programs
  Career Connections
  Dynamic Leadership
  Financial Fitness
  Power of One

STAR Events
  Applied Technology
  Career Investigation
  Entrepreneurship
  Interpersonal Communications
  National Programs in Action
**Program/Classroom Activity Suggestions**

- Conduct a variety of Interest Inventories
- Complete a sample job application and mock interview

**Resources**

- Kuder Career Planning System [www.kuder.com](http://www.kuder.com)
- Career Cruising [www.careercruising.com](http://www.careercruising.com)
- Career Clusters [www.careerclusters.org](http://www.careerclusters.org)
- The Real Game [www.learningconnections.org/ntsc.htm](http://www.learningconnections.org/ntsc.htm)

Careers in Focus-Lee Jackson Goodheart-Wilcox