Family and Consumer Sciences Education
The New Hampshire Model

**Middle School—Grades 6–8**
Foundations of Work and Family:
- Career Exploration
- Interpersonal Relationships
- Human Growth and Development
- Personal Financial Literacy
- Foods and Nutrition

**High School—Grades 9–12**
FCS Adult Roles and Responsibilities (ARR) Survey course available to all students
Topics
- Interpersonal Relationships including communication and conflict resolution
  - Adult roles including parenting
  - Personal Financial Literacy

**Further Study in Secondary Family and Consumer Sciences**
- Family Issues
- Marriage and Parenting
- Child Development
- Consumer and Resource Management
- Issues of Aging
- Foods and Nutrition

**Career and Technical Education**
*Foundations of Work and Family and Adult Roles and Responsibilities* provide the foundation for workplace skills for all careers as well as how to balance personal, family and work lives.

ARR provides introduction to related FCS careers
- Family Studies
- Early Childhood Education
- Marriage and Family Counseling
- Consumer Credit Counseling
- Culinary Arts
- Lodging Management

**Strong Families = Strong Workers**