Child Growth and Development
Course Content Standards and Competencies
½ -1 credit

**Content Standard**—Students will demonstrate the knowledge, skills, and strategies necessary for strengthening the development and well being of children in a variety of settings.

**CGD Competency 1: Students will analyze the principles of child growth and development.**
*Indicators:*
- Examine the major milestones of physical, emotional, social, and intellectual development occurring from conception to early adolescence.
- Examine the interrelationships among physical, emotional, social, and intellectual aspects of child growth and development.

**CGD Competency 2: Students will examine the conditions that influence child growth and development.**
*Indicators:*
- Investigate the impact of heredity and environment on child growth and development.
- Determine the impact of social, economic, and technological forces on individual growth and development.
- Examine the effects of gender, ethnicity, and culture on individual development.
- Examine the effects of life events on children’s physical and emotional development.

**CGD Competency 3: Students will examine child development theories and their implications for working with children.**
*Indicators:*
- Identify and describe the major theoretical perspectives of child development.
- Determine a variety of assessment methods to observe and interpret children’s growth and development.
- Consider cultural and environmental influences when assessing children’s development.
- Analyze the abilities and needs of children and their effects on child growth and development.
- Put into effect strategies that promote children’s growth and development.
CGD Competency 4: Students will analyze strategies that promote child growth and development

*Indicators:*
- Compare and contrast the role of nature and nurturance on child growth and development.
- Examine the role of communication on child growth and development.
- Examine the role of support systems in meeting child growth and development needs. Examine the role of family dynamics in meeting the needs of the individual child.

CGD Competency 5: Students will demonstrate techniques for positive collaborative relationships with children.

*Indicators:*
- Establish developmentally appropriate guidelines for behavior.
- Demonstrate problem-solving skills with children.
- Demonstrate interpersonal skills that promote positive and productive relationships with children.
- Implement strategies for constructive and supportive interactions between children and families.
- Analyze children’s developmental progress and summarize developmental issues and concerns.
- Demonstrate professional practices and standards related to working with children

CGD Competency 6: Investigate career paths that benefit from an understanding of child growth and development

*Indicators:*
- Determine the roles and functions of individuals engaged in childhood related careers (examples: early childhood and elementary education, pediatric medicine)
- Explore opportunities for employment and entrepreneurial endeavors.
- Examine education and training requirements and opportunities for career paths in childhood related careers
- Examine the need of childhood education and services careers on local, state, national and global economics.
- Apply professional ethical standards as accepted by the recognized professional organizations.
- Investigate federal, state, and local standards, policies, regulations, and laws that affect children, family program and services.

Application and Assessment through FCCLA

National Programs
Career Connections
Families First
Power of One: A Better You and Family Ties

**STAR Events**
Applied Technology
Career Investigation
Focus on Children
Illustrated Talk
Interpersonal Communications
Storytelling