Foundations of Work and Family

Clothing Management-Students will demonstrate the knowledge and skills needed for effective clothing management.

OMCM 1: Determine and carry out a procedure required to extend the wear ability and usability of a clothing or accessory item.

Competencies
OMCM 1.1 Identify common hand sewing equipment and supplies.  
OMCM 1.2 Demonstrate safe use and storage of sewing equipment.  
OMCM 1.3 Demonstrate simple, basic hand sewing techniques needed for creating or repairing a textile product by using appropriate tools, equipment and supplies.  
OMCM 1.4 Use creative ideas and materials to personalize an individual project.

OMCM 2: Develop criteria to be considered when selecting clothing and/or accessory items, investigate sources for the purchase and suggest alternative ways of obtaining items.

Competencies
OMCM 2.1 Identify characteristics of fiber performance, quality construction, durability and style.  
OMCM 2.2 Use available textile legislation, standards, and labeling to make wise consumer decisions.  
OMCM 2.3 Identify means and sources of acquiring clothing and accessories.  
OMCM 2.4 Assess alternatives to purchasing clothes by using personal and family resources.

OMCM 3: Demonstrate skills needed to produce, alter, or repair clothing, accessories and/or other textile products.

Competencies
OMCM 3.1 Identify common equipment and supplies used in machine sewing.  
OMCM 3.2 Demonstrate safe use and storage of equipment used in machine sewing.  
OMCM 3.3 Identify procedures required to extend the wear ability and usability of a clothing or accessory item.  
OMCM 3.4 Demonstrate basic machine sewing techniques needed for creating or repairing a textile product by using appropriate tools, equipment and supplies.  
OMCM 3.5 Use creative ideas and materials to personalize an individual and/or group project.
OMCM 4: Determine individual needs, wants and values and select appropriate clothing for relevant situations without exceeding financial and other resources.

**Competencies**
- OMCM 4.1 Inventory personal wardrobe, noting condition and current appropriateness.
- OMCM 4.2 Identify and prioritize personal wardrobe needs, wants, and values related to clothing.
- OMCM 4.3 Identify appropriate clothing for individual’s roles and activities.
- OMCM 4.4 Select wardrobe items based on personal finances and other resources.

OMCM 5: Determine and carry out a procedure required to extend the wear ability and usability of a clothing item or accessory item.

**Competencies**
- OMCM 5.1 Identify daily, weekly, and seasonal care of clothing accessories.
- OMCM 5.2 Use care label information to select appropriate procedure for care of clothing and accessories.
- OMCM 5.3 Compare costs of laundering and dry cleaning clothing.

OMCM 6: Identify career paths in the textiles and apparel fields

**Competencies**
- OMCM 6.1 Investigate a career in Clothing or Textiles and identify the pathways used to reach that career.

**Applications/Assessments through FCCLA**

- National Programs
  - Career Connections
  - Financial Fitness: Consumer Clout
  - Power of One: Working on Working; A Better You

- STAR Events
  - Applied Technology
  - Career Investigation
  - Entrepreneurship
  - National Programs in Action
Program/Classroom Activity Suggestions

Bring a piece of clothing that is in need of repair (sew on button, repair hem, etc.)

Resources

(Chapter 19) Skills for Living, 2001; Goodheart-Wilcox Company, Inc.