New Hampshire High School Survey
Trend Analysis Report

Total
Injury and Violence

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN8: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change 2015-2017
	27.6	23.8				12.6	13.0	11.7	12.9	10.7	9.7	8.2	6.9	Decreased, 1993-2017	No quadratic change	Decreased

QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change 2015-2017
	30.8	31.5				24.7	21.6	25.4	23.2	22.7	17.4	15.8	14.4	Decreased, 1993-2017	Decreased, 1993-2011 Decreased, 2011-2017	Decreased

QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change 2015-2017
											8.4	6.3	5.8	Decreased, 2013-2017	Not available[§]	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Total
Injury and Violence

	Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

| | | | | | | | | | | | 47.7 | 43.7 | 41.7 | Decreased, 2013-2017 | Not available§ | No change |

QN15: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)

| | 3.9 | 2.7 | | | | 2.8 | 5.9 | 4.5 | 4.5 | 4.9 | 5.7 | 5.4 | 5.2 | Increased, 1993-2017 | No quadratic change | No change |

QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)

| | | | | | | 5.4 | 5.2 | 7.2 | 7.0 | 6.1 | 5.7 | 6.3 | 5.8 | No linear change | No quadratic change | No change |

QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

| | | | | | | | | | | | 10.2 | 11.7 | 7.3 | Decreased, 2013-2017 | Not available | Decreased |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Total
Injury and Violence

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

| | | | | | | | | | | | 7.4 | 7.8 | 7.9 | No linear change | Not available§ | No change |

QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)

| | | | | | | | | | 22.1 | 25.3 | 22.8 | 22.1 | 21.4 | No linear change | Not available | No change |

QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)

| | | | | | | | | | | 21.6 | 18.1 | 18.6 | 19.0 | Decreased, 2011-2017 | Not available | No change |

QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)

| | | | | | | 28.0 | 24.9 | 24.6 | 25.1 | 25.2 | 25.4 | 27.2 | 28.0 | No linear change | No change, 2003-2007 Increased, 2007-2017 | No change |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Total
Injury and Violence

							Health Risk Behavior and Percentages							Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey)

| | 26.1 | 26.0 | | | | 17.8 | 14.0 | 13.7 | 12.1 | 14.3 | 14.4 | 15.3 | 16.1 | Decreased, 1993-2017 | Decreased, 1993-2009 Increased, 2009-2017 | No change |

QN28: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)

| | 10.1 | 8.6 | | | | 7.7 | 7.1 | 5.5 | 4.7 | 6.1 | 6.7 | 6.8 | 5.9 | Decreased, 1993-2017 | Decreased, 1993-2007 No change, 2007-2017 | Decreased |

QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)

| | 2.8 | 2.8 | | | | 2.5 | 1.6 | 2.2 | 1.6 | 2.4 | 2.5 | 2.5 | 2.0 | Decreased, 1993-2017 | No quadratic change | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.

New Hampshire High School Survey
Trend Analysis Report

**Total
Tobacco Use**

	Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)

	35.6	36.0				19.1	20.5	19.0	20.8	19.8	13.8	9.3	7.8	Decreased, 1993-2017	Decreased, 1993-2011 Decreased, 2011-2017	Decreased

QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)

	19.6	19.3				9.6	8.6	8.9	9.5	9.7	5.5	3.7	2.2	Decreased, 1993-2017	Decreased, 1993-2011 Decreased, 2011-2017	Decreased

QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)

	14.8	15.4				6.9	6.4	7.0	7.1	7.4	4.5	2.8	1.7	Decreased, 1993-2017	Decreased, 1993-2011 Decreased, 2011-2017	Decreased

QN33: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)

											13.7	14.2	11.8	No linear change	Not available[§]	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

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New Hampshire High School Survey
Trend Analysis Report

Total Tobacco Use

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey)																
												25.0	23.8	No linear change	Not available§	No change
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)																
						13.5	17.7	17.2	16.1	16.4	13.0	11.0	9.5	Decreased, 2003-2017	Increased, 2003-2007 Decreased, 2007-2017	Decreased
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)																
						25.5	28.1	25.8	27.3	26.4	20.5	15.7	12.8	Decreased, 2003-2017	No change, 2003-2011 Decreased, 2011-2017	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Total
Alcohol and Other Drug Use

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)

| | 31.0 | 26.9 | | | | 25.8 | 19.3 | 18.1 | 14.8 | 14.3 | 11.9 | 10.8 | 10.7 | Decreased, 1993-2017 | No change, 1993-2003 Decreased, 2003-2017 | No change |

QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)

| | 49.5 | 53.1 | | | | 47.1 | 44.0 | 44.8 | 39.3 | 38.4 | 32.9 | 29.9 | 29.6 | Decreased, 1993-2017 | No change, 1993-2003 Decreased, 2003-2017 | No change |

QN43: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)

| | | | | | | | | 32.7 | 31.1 | 33.0 | 40.3 | 42.3 | 40.1 | Increased, 2007-2017 | No quadratic change | No change |

QN47: Percentage of students who tried marijuana for the first time before age 13 years

| | 7.0 | 6.2 | | | | 11.1 | 7.1 | 7.9 | 8.4 | 7.7 | 6.6 | 6.1 | 5.3 | Decreased, 1993-2017 | Increased, 1993-2003 Decreased, 2003-2017 | Decreased |

QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)

| | 20.9 | 27.7 | | | | 30.6 | 25.9 | 22.9 | 25.6 | 28.4 | 24.4 | 22.2 | 23.1 | Decreased, 1993-2017 | Increased, 1993-2003 Decreased, 2003-2017 | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey
Trend Analysis Report

Total
Alcohol and Other Drug Use

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN51: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)

						2.3	2.1	3.0	3.0	3.6	2.7	2.4	1.8	Decreased, 2003-2017	No change, 2003-2011 Decreased, 2011-2017	Decreased

QN52: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)

						7.4	5.5	5.6	4.7	4.2	2.9	2.5	1.8	Decreased, 2003-2017	No quadratic change	Decreased

QN53: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)

						10.3	5.5	6.4	6.8	8.7	7.4	4.5	3.0	Decreased, 2003-2017	No quadratic change	Decreased

QN54: Percentage of students who ever used synthetic marijuana (also called "K2," "Spice," "fake weed," "King Kong," "Yucatan Fire," "Skunk," or "Moon Rocks," one or more times during their life)

												9.2	5.6	Decreased, 2015-2017	Not available[§]	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

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New Hampshire High School Survey
Trend Analysis Report

Total
Alcohol and Other Drug Use

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN58: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
	25.7	32.0				28.2	26.9	22.5	22.1	23.1	20.1	16.5	16.3	Decreased, 1993-2017	No change, 1993-2003 Decreased, 2003-2017	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.

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New Hampshire High School Survey
Trend Analysis Report

Total
Sexual Behaviors

														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
Health Risk Behavior and Percentages																
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN59: Percentage of students who ever had sexual intercourse

	1993	1995				2003	2005	2007	2009	2011	2013	2015	2017	Linear	Quadratic	Change
	54.3	46.4				41.5	42.7	44.7	46.3	47.5	42.8	39.4	38.9	Decreased, 1993-2017	No quadratic change	No change

QN60: Percentage of students who had sexual intercourse for the first time before age 13 years

	1993	1995				2003	2005	2007	2009	2011	2013	2015	2017	Linear	Quadratic	Change
	7.7	5.4				3.9	2.8	4.2	4.3	4.5	4.0	2.8	2.4	Decreased, 1993-2017	No quadratic change	No change

QN62: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)

	1993	1995				2003	2005	2007	2009	2011	2013	2015	2017	Linear	Quadratic	Change
	37.2	33.8				31.1	33.0	34.1	36.3	37.1	35.2	31.3	29.8	Decreased, 1993-2017	No quadratic change	No change

QN63: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)

	1993	1995				2003	2005	2007	2009	2011	2013	2015	2017	Linear	Quadratic	Change
	21.9	22.6				21.6	18.6	24.3	21.4	22.7	20.7	18.9	18.7	Decreased, 1993-2017	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.

New Hampshire High School Survey
Trend Analysis Report

**Total
Sexual Behaviors**

							Health Risk Behavior and Percentages							Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN64: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	51.1	51.5				56.4	64.7	64.2	56.8	60.8	55.2	60.2	59.5	Increased, 1993-2017	Increased, 1993-2005 Decreased, 2005-2017	No change

QN65: Percentage of students who used birth control pills before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	24.3	29.6				33.3	28.5	28.1	33.0	32.4	34.4	32.7	30.4	Increased, 1993-2017	No quadratic change	No change

QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											2.4	4.9	9.2	Increased, 2013-2017	Not available[§]	Increased

QNSHPARG: Percentage of students who used a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active))

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											5.4	3.9	3.7	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

**Total
Sexual Behaviors**

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

| | | | | | | | | | | | 42.2 | 41.6 | 43.3 | No linear change | Not available§ | No change |

QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

| | | | | | | | | | | | 15.3 | 17.2 | 17.7 | No linear change | Not available | No change |

QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)

| | 12.5 | 12.0 | | | | 9.0 | 7.4 | 7.0 | 8.6 | 9.9 | 8.6 | 7.8 | 6.6 | Decreased, 1993-2017 | No quadratic change | No change |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Total
Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages															Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

						13.1	13.1	14.2	12.8	14.1	13.8	14.5	14.1	No linear change	No quadratic change	No change

QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

						9.7	11.3	11.5	11.9	12.1	11.2	12.2	12.8	No linear change	No quadratic change	No change

QN76: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

												37.0	37.4	No linear change	Not available[¶]	No change

QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

												13.0	12.5	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Total
Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

| | | | | | | | | | | | | 9.4 | 7.7 | Decreased, 2015-2017 | Not available§ | Decreased |

QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

| | | | | | | | | | | | | 5.2 | 4.3 | Decreased, 2015-2017 | Not available | Decreased |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

**Total
Physical Activity**

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN79: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

| | | | | | | | | | | | 47.0 | 46.9 | 47.2 | No linear change | Not available[§] | No change |

QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

| | | | | | | | | | | | 11.6 | 13.6 | 13.2 | No linear change | Not available | No change |

QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

| | | | | | | | | | | | 22.9 | 22.3 | 23.0 | No linear change | Not available | No change |

QN81: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day)

| | | | | | | | | | | | | 38.9 | 47.8 | Increased, 2015-2017 | Not available | Increased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Total
Other

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN86: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)

												82.7	82.8	No linear change	Not available[§]	No change

QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)

												1.3	0.9	Decreased, 2015-2017	Not available	Decreased

QN88: Percentage of students who got 8 or more hours of sleep (on an average school night)

												28.4	25.5	Decreased, 2015-2017	Not available	Decreased

QN89: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)

						67.7	66.4	71.3	72.1	69.0	73.4	74.5	77.6	Increased, 2003-2017	No quadratic change	Increased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Total Site-Added														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
Health Risk Behavior and Percentages																
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN90: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)

| | | | | | | | | 66.2 | 62.4 | 63.2 | 60.0 | 56.3 | 57.4 | Decreased, 2007-2017 | No quadratic change | No change |

QN91: Percentage of students who rarely or never wear a seat belt when driving (among students who drive a car)

| | | | | | | | | | | 8.3 | 7.7 | 6.3 | No linear change | Not available[§] | Decreased |

QN94: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)

| | | | | | | | | | | 17.9 | 18.5 | 17.1 | No linear change | Not available | No change |

QN95: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)

| | 30.8 | 32.9 | | | | 30.6 | 28.4 | 28.4 | 24.0 | 23.8 | 17.3 | 16.8 | 16.0 | Decreased, 1993-2017 | No change, 1993-2003 Decreased, 2003-2017 | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

**Total
Site-Added**

														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
Health Risk Behavior and Percentages																
1991	**1993**	**1995**	**1997**	**1999**	**2001**	**2003**	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**			

QN96: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)

| | | | | | | | | | 20.4 | 20.8 | 16.5 | 13.4 | 11.5 | Decreased, 2009-2017 | Not available[§] | Decreased |

QN97: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)

| | | | | | | | | | | 11.5 | 7.6 | 6.8 | 5.2 | Decreased, 2011-2017 | Not available | Decreased |

QN98: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)

| | | | | | | | | | | | | 79.6 | 68.6 | Decreased, 2015-2017 | Not available | Decreased |

QN102: Percentage of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey)

| | | | | | | | | | | | | 79.3 | 76.8 | Decreased, 2015-2017 | Not available | Decreased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

**Total
Site-Added**

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN103: Percentage of students who who reported that either of their parents or other adults in their family had been in jail or in prison (during the 12 months before the survey)

												9.3	8.8	No linear change	Not available§	No change

QN104: Percentage of students who have talked with at least one of their parents or guardians about the dangers of tobacco, alcohol, or drug use (during the 12 months before the survey)

									50.6			50.0	51.9	No linear change	Not available	No change

QN105: Percentage of students who have someone in their family (a parent, brother, or sister) who is currently in the military (air Force, Army, Marines, National Guard, Navy, or Reserves)

												15.0	13.8	No linear change	Not available	No change

QN110: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day

								75.1	67.5	66.1	66.8	70.6	66.4	Decreased, 2007-2017	Decreased, 2007-2011 No change, 2011-2017	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

**Total
Site-Added**

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN111: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they have five or more drinks of alcohol once or twice a week (beer, wine, or liquor)

| | | | | | | | | | | | 36.5 | 40.9 | 36.5 | No linear change | Not available[§] | Decreased |

QN112: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they use marijuana once or twice a week

| | | | | | | | | | | | 21.7 | 18.3 | 16.1 | Decreased, 2013-2017 | Not available | Decreased |

QN113: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

| | | | | | | | | | | | 60.9 | 63.0 | 62.8 | 63.2 | No linear change | Not available | No change |

QN114: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke tobacco

| | | | | | | | | | | | 58.2 | 65.6 | 64.8 | Increased, 2013-2017 | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

**Total
Site-Added**

Health Risk Behavior and Percentages														**Linear Change***	**Quadratic Change***	**Change from 2015-2017 †**
1991	**1993**	**1995**	**1997**	**1999**	**2001**	**2003**	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**			

QN115: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)

| | | | | | | | | | | | 53.3 | 57.1 | 56.7 | Increased, 2013-2017 | Not available§ | No change |

QN116: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana

| | | | | | | | | | | | 41.0 | 42.9 | 37.3 | Decreased, 2013-2017 | Not available | Decreased |

QN117: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

| | | | | | | | | | | | 77.7 | 81.4 | 80.5 | Increased, 2013-2017 | Not available | No change |

QN118: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)

| | | | | | | | | | | | 7.3 | 8.1 | 6.3 | No linear change | Not available | Decreased |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Total
Site-Added

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN119: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine or liquor)

| | | | | | | | | | | | 88.7 | 89.3 | 89.1 | No linear change | Not available[§] | No change |

QN120: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana

| | | | | | | | | | | | 82.4 | 83.0 | 78.8 | Decreased, 2013-2017 | Not available | Decreased |

QN121: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

| | | | | | | | | | | | 94.1 | 94.9 | 94.2 | No linear change | Not available | No change |

QN122: Percentage of students who think it would be very easy for them to get some cigarettes if they wanted to

| | | | | | | | 53.6 | 49.5 | 51.0 | 45.5 | 36.3 | 35.0 | Decreased, 2007-2017 | No change, 2007-2011 Decreased, 2011-2017 | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

**Total
Site-Added**

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN123: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
										41.5	37.6	38.9		No linear change	Not available[§]	No change

QN124: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
								41.5	43.8	47.7	47.1	41.6	41.4	No linear change	Increased, 2007-2011 Decreased, 2011-2017	No change

QN125: Percentage of students who think it would be very easy for them to get some prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
										19.2	17.1	14.7	13.5	Decreased, 2011-2017	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Male
Injury and Violence

															Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
Health Risk Behavior and Percentages																	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017				

QN8: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	33.4	29.8				15.9	16.0	15.0	14.0	12.3	11.1	9.4	8.1	Decreased, 1993-2017	No quadratic change	Decreased

QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)

| | 32.2 | 35.1 | | | | 25.3 | 22.1 | 24.7 | 21.7 | 23.8 | 15.3 | 15.6 | 13.6 | Decreased, 1993-2017 | Decreased, 1993-2011 / Decreased, 2011-2017 | Decreased |

QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

| | | | | | | | | | | 8.4 | 7.6 | 6.8 | | No linear change | Not available[§] | No change |

QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

| | | | | | | | | | | 46.2 | 41.3 | 40.3 | | Decreased, 2013-2017 | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN15: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	3.0	3.1				2.2	5.8	4.0	4.2	5.2	5.7	4.5	3.8	Increased, 1993-2017	No quadratic change	No change

QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
						2.8	2.5	6.0	4.8	4.1	3.3	3.0	2.8	No linear change	Increased, 2003-2007 Decreased, 2007-2017	No change

QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											5.0	6.0	3.0	No linear change	Not available[§]	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

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New Hampshire High School Survey
Trend Analysis Report

Male
Injury and Violence

	Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

| | | | | | | | | | | | 5.8 | 6.1 | 6.3 | No linear change | Not available§ | No change |

QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)

| | | | | | | | | | 19.9 | 23.7 | 19.9 | 16.8 | 16.9 | Decreased, 2009-2017 | Not available | No change |

QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)

| | | | | | | | | | | 15.2 | 12.8 | 11.3 | 12.1 | Decreased, 2011-2017 | Not available | No change |

QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)

| | | | | | | 21.6 | 17.6 | 17.4 | 18.4 | 19.4 | 17.8 | 17.9 | 18.6 | No linear change | No quadratic change | No change |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	18.5	21.1				12.9	9.1	10.4	10.2	12.2	11.3	10.7	11.5	Decreased, 1993-2017	Decreased, 1993-2007 No change, 2007-2017	No change

QN28: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	6.0	5.8				3.9	2.8	3.2	4.2	4.8	5.0	4.6	4.0	Decreased, 1993-2017	Decreased, 1993-2005 Increased, 2005-2017	No change

QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	1.8	2.4				0.9	0.5	2.0	1.6	2.0	1.6	1.5	1.3	No linear change	No change, 1993-2003 No change, 2003-2017	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.

New Hampshire High School Survey
Trend Analysis Report

Male
Tobacco Use

								Health Risk Behavior and Percentages							Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017				

QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)

	1993	1995				2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	36.1	32.0				18.2	19.0	20.6	21.6	22.1	14.2	10.2	8.7	Decreased, 1993-2017	No quadratic change	Decreased

QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)

	1993	1995				2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	19.8	18.2				10.0	7.8	10.3	9.2	11.6	6.1	4.4	2.4	Decreased, 1993-2017	No quadratic change	Decreased

QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)

	1993	1995				2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	15.8	15.4				7.1	5.8	8.3	6.8	8.7	5.0	3.4	1.9	Decreased, 1993-2017	No quadratic change	Decreased

QN33: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)

										2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
										17.2	17.3	13.1		No linear change	Not available[§]	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Male
Tobacco Use

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey)

| | | | | | | | | | | | | 26.2 | 26.9 | No linear change | Not available§ | No change |

QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)

| | | | | | | 21.0 | 25.6 | 27.2 | 22.1 | 22.9 | 17.8 | 15.6 | 13.0 | Decreased, 2003-2017 | Increased, 2003-2007 Decreased, 2007-2017 | Decreased |

QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)

| | | | | | | 29.1 | 31.4 | 32.2 | 30.9 | 32.6 | 24.1 | 19.8 | 15.9 | Decreased, 2003-2017 | No change, 2003-2011 Decreased, 2011-2017 | Decreased |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

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New Hampshire High School Survey
Trend Analysis Report

Male
Alcohol and Other Drug Use

														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
Health Risk Behavior and Percentages																
1991	**1993**	**1995**	**1997**	**1999**	**2001**	**2003**	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)																
	36.1	30.0				30.7	20.7	22.4	17.7	14.7	13.0	12.6	12.5	Decreased, 1993-2017	No change, 1993-2003 Decreased, 2003-2017	No change
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)																
	51.8	55.1				47.1	43.4	45.7	39.2	39.0	30.0	28.6	28.5	Decreased, 1993-2017	Decreased, 1993-2007 Decreased, 2007-2017	No change
QN43: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)																
								26.1	28.4	26.1	34.9	37.2	33.8	Increased, 2007-2017	No quadratic change	No change
QN47: Percentage of students who tried marijuana for the first time before age 13 years																
	9.7	8.0				13.9	8.3	9.8	9.4	8.1	7.8	8.0	6.8	Decreased, 1993-2017	Increased, 1993-2003 Decreased, 2003-2017	Decreased
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)																
	23.6	28.1				32.9	28.8	25.7	28.1	30.6	26.0	23.9	24.0	Decreased, 1993-2017	Increased, 1993-2003 Decreased, 2003-2017	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey
Trend Analysis Report

Male
Alcohol and Other Drug Use

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN51: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)

| | | | | | | 2.6 | 2.0 | 4.5 | 3.4 | 5.0 | 3.3 | 3.2 | 2.3 | No linear change | No change, 2003-2011 Decreased, 2011-2017 | Decreased |

QN52: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)

| | | | | | | 8.5 | 6.8 | 6.2 | 4.2 | 5.6 | 3.6 | 3.3 | 2.5 | Decreased, 2003-2017 | No quadratic change | Decreased |

QN53: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)

| | | | | | | 10.6 | 5.1 | 7.0 | 7.1 | 11.2 | 8.8 | 5.4 | 3.8 | Decreased, 2003-2017 | No quadratic change | Decreased |

QN54: Percentage of students who ever used synthetic marijuana (also called "K2," "Spice," "fake weed," "King Kong," "Yucatan Fire," "Skunk," or "Moon Rocks," one or more times during their life)

| | | | | | | | | | | | | 10.5 | 6.0 | Decreased, 2015-2017 | Not available[§] | Decreased |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Male
Alcohol and Other Drug Use

	Health Risk Behavior and Percentages													Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN58: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	28.7	36.8				31.7	28.6	26.8	25.4	27.4	21.6	19.0	17.4	Decreased, 1993-2017	No change, 1993-2003 Decreased, 2003-2017	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.

New Hampshire High School Survey
Trend Analysis Report

Male
Sexual Behaviors

	Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN59: Percentage of students who ever had sexual intercourse

| | 55.8 | 45.7 | | | | 41.7 | 39.7 | 44.7 | 46.1 | 49.4 | 42.2 | 39.8 | 40.0 | Decreased, 1993-2017 | No quadratic change | No change |

QN60: Percentage of students who had sexual intercourse for the first time before age 13 years

| | 10.4 | 6.4 | | | | 5.3 | 3.0 | 5.6 | 6.4 | 6.5 | 4.8 | 3.6 | 2.7 | Decreased, 1993-2017 | No quadratic change | Decreased |

QN62: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)

| | 34.9 | 30.4 | | | | 29.6 | 28.1 | 32.4 | 32.9 | 37.9 | 32.2 | 30.4 | 29.0 | No linear change | No quadratic change | No change |

QN63: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)

| | 27.7 | 25.2 | | | | 22.7 | 19.7 | 28.4 | 23.5 | 25.6 | 23.0 | 21.1 | 20.4 | Decreased, 1993-2017 | No quadratic change | No change |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey
Trend Analysis Report

Male
Sexual Behaviors

						Health Risk Behavior and Percentages								Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN64: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)

	1993	1995				2003	2005	2007	2009	2011	2013	2015	2017	Linear	Quadratic	Change
	57.2	58.8				63.7	70.7	71.5	60.7	64.7	58.6	65.1	63.7	Increased, 1993-2017	Increased, 1993-2005 No change, 2005-2017	No change

QN65: Percentage of students who used birth control pills before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

| | 18.9 | 22.3 | | | | 26.4 | 22.1 | 17.2 | 24.4 | 24.8 | 30.9 | 27.1 | 24.5 | Increased, 1993-2017 | No quadratic change | No change |

QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

| | | | | | | | | | | | 0.5 | 3.1 | 6.5 | Increased, 2013-2017 | Not available[§] | Increased |

QNSHPARG: Percentage of students who used a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active))

| | | | | | | | | | | | 2.5 | 2.4 | 2.1 | No linear change | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Male
Sexual Behaviors

	Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

| | | | | | | | | | | | 33.9 | 32.6 | 33.1 | No linear change | Not available§ | No change |

QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

| | | | | | | | | | | | 14.2 | 13.5 | 13.2 | No linear change | Not available | No change |

QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)

| | 12.4 | 9.9 | | | | 10.9 | 6.5 | 7.3 | 7.4 | 11.5 | 10.7 | 8.0 | 6.1 | Decreased, 1993-2017 | No quadratic change | No change |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Male
Weight Management and Dietary Behaviors

														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
Health Risk Behavior and Percentages																
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
						14.9	14.4	15.6	13.5	13.8	13.5	14.6	13.7	No linear change	No quadratic change	No change

QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

| | | | | | | 12.6 | 14.9 | 15.8 | 16.3 | 14.6 | 14.9 | 16.3 | 15.8 | No linear change | No quadratic change | No change |

QN76: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

| | | | | | | | | | | | | 28.5 | 29.9 | No linear change | Not available[¶] | No change |

QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

| | | | | | | | | | | | | 18.1 | 16.3 | Decreased, 2015-2017 | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Male
Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

| | | | | | | | | | | | | 13.7 | 10.2 | Decreased, 2015-2017 | Not available[§] | Decreased |

QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

| | | | | | | | | | | | | 7.5 | 5.7 | Decreased, 2015-2017 | Not available | Decreased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Male
Physical Activity

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN79: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

| | | | | | | | | | | | 54.1 | 52.9 | 55.1 | No linear change | Not available[§] | No change |

QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

| | | | | | | | | | | | 9.6 | 12.2 | 11.1 | No linear change | Not available | No change |

QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

| | | | | | | | | | | | 30.1 | 29.0 | 30.0 | No linear change | Not available | No change |

QN81: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day)

| | | | | | | | | | | | | 40.5 | 46.0 | Increased, 2015-2017 | Not available | Increased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

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New Hampshire High School Survey
Trend Analysis Report

Male
Other

														Health Risk Behavior and Percentages	Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017				

QN86: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)

												2015	2017			
												81.6	82.5	No linear change	Not available[§]	No change

QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)

												2015	2017			
												1.7	1.1	Decreased, 2015-2017	Not available	Decreased

QN88: Percentage of students who got 8 or more hours of sleep (on an average school night)

												2015	2017			
												31.8	27.7	Decreased, 2015-2017	Not available	Decreased

QN89: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)

2003	2005	2007	2009	2011	2013	2015	2017			
60.9	58.2	63.9	64.2	62.6	66.0	67.7	71.8	Increased, 2003-2017	No quadratic change	Increased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

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New Hampshire High School Survey
Trend Analysis Report

Male
Site-Added

														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
			Health Risk Behavior and Percentages													
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN90: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
							73.9	66.3	66.5	63.0	60.5	61.4		Decreased, 2007-2017	No quadratic change	No change

QN91: Percentage of students who rarely or never wear a seat belt when driving (among students who drive a car)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
										10.1	9.6	7.6		No linear change	Not available[§]	Decreased

QN94: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
										10.1	10.2	9.4		No linear change	Not available	No change

QN95: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	34.5	37.6				33.5	29.4	30.0	23.4	24.5	17.2	17.2	17.1	Decreased, 1993-2017	No change, 1993-2003 Decreased, 2003-2017	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Male
Site-Added

	Health Risk Behavior and Percentages													Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN96: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)

2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
18.9	21.3	15.5	14.0	12.1	Decreased, 2009-2017	Not available[§]	Decreased

QN97: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)

2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
11.8	8.8	7.4	5.7	Decreased, 2011-2017	Not available	Decreased

QN98: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)

2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
78.6	67.0	Decreased, 2015-2017	Not available	Decreased

QN102: Percentage of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey)

2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
78.4	75.5	Decreased, 2015-2017	Not available	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Male
Site-Added

																Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
Health Risk Behavior and Percentages																		
1991	**1993**	**1995**	**1997**	**1999**	**2001**	**2003**	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**					

QN103: Percentage of students who who reported that either of their parents or other adults in their family had been in jail or in prison (during the 12 months before the survey)

												8.7	8.1			No linear change	Not available[§]	No change

QN104: Percentage of students who have talked with at least one of their parents or guardians about the dangers of tobacco, alcohol, or drug use (during the 12 months before the survey)

										50.2	47.0	50.7				No linear change	Not available	Increased

QN105: Percentage of students who have someone in their family (a parent, brother, or sister) who is currently in the military (air Force, Army, Marines, National Guard, Navy, or Reserves)

											16.0	15.3				No linear change	Not available	No change

QN110: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day

							72.8	61.4	59.2	63.4	68.1	62.5			No linear change	Decreased, 2007-2011 Increased, 2011-2017	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Male
Site-Added

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN111: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they have five or more drinks of alcohol once or twice a week (beer, wine, or liquor)

| | | | | | | | | | | | 33.4 | 38.5 | 32.8 | No linear change | Not available[§] | Decreased |

QN112: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they use marijuana once or twice a week

| | | | | | | | | | | | 17.9 | 17.4 | 15.1 | No linear change | Not available | No change |

QN113: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

| | | | | | | | | | | | 55.8 | 59.4 | 59.6 | 58.6 | No linear change | Not available | No change |

QN114: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke tobacco

| | | | | | | | | | | | 54.4 | 61.1 | 60.0 | Increased, 2013-2017 | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Male
Site-Added

Health Risk Behavior and Percentages			Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN115: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)

| | | | | | | | | | | | 47.3 | 50.2 | 51.5 | No linear change | Not available[§] | No change |

QN116: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana

| | | | | | | | | | | | 36.6 | 39.8 | 35.1 | No linear change | Not available | Decreased |

QN117: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

| | | | | | | | | | | | 75.6 | 77.4 | 76.3 | No linear change | Not available | No change |

QN118: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)

| | | | | | | | | | | | 8.8 | 9.8 | 8.7 | No linear change | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Male
Site-Added

	Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN119: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine or liquor)

| | | | | | | | | | | | 86.2 | 86.2 | 86.5 | No linear change | Not available§ | No change |

QN120: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana

| | | | | | | | | | | | 80.0 | 81.1 | 78.7 | No linear change | Not available | Decreased |

QN121: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

| | | | | | | | | | | | 92.6 | 93.4 | 92.9 | No linear change | Not available | No change |

QN122: Percentage of students who think it would be very easy for them to get some cigarettes if they wanted to

| | | | | | | | | 55.7 | 49.3 | 54.5 | 49.7 | 38.7 | 38.0 | Decreased, 2007-2017 | No change, 2007-2011 Decreased, 2011-2017 | No change |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Male
Site-Added

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN123: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change*	Quadratic Change*	Change from 2015-2017 †
										39.5	37.7	39.2		No linear change	Not available§	No change

QN124: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change*	Quadratic Change*	Change from 2015-2017 †
								45.6	46.6	49.6	49.2	43.1	42.7	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	No change

QN125: Percentage of students who think it would be very easy for them to get some prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change*	Quadratic Change*	Change from 2015-2017 †
										21.4	16.0	15.8	14.6	Decreased, 2011-2017	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Injury and Violence

	Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN8: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change*	Quadratic Change*	Change from 2015-2017
	21.6	17.5				9.2	9.9	8.3	11.4	9.0	8.1	6.6	5.3	Decreased, 1993-2017	No quadratic change	Decreased

QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change*	Quadratic Change*	Change from 2015-2017
	29.4	27.9				24.0	21.3	26.1	24.6	21.5	19.6	15.9	15.1	Decreased, 1993-2017	Decreased, 1993-2009 Decreased, 2009-2017	No change

QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change*	Quadratic Change*	Change from 2015-2017
											8.4	4.8	4.5	Decreased, 2013-2017	Not available[§]	No change

QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change*	Quadratic Change*	Change from 2015-2017
											49.4	46.0	43.0	Decreased, 2013-2017	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN15: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	4.8	2.3				3.2	6.2	4.9	4.8	4.6	5.6	6.2	6.4	Increased, 1993-2017	No quadratic change	No change

QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
						8.1	7.7	8.6	9.4	8.4	7.9	9.8	8.8	No linear change	No quadratic change	No change

QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											14.8	17.3	11.4	Decreased, 2013-2017	Not available[§]	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

											9.1	9.5	9.1	No linear change	Not available§	No change

QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)

									24.4	27.4	25.3	27.3	25.7	No linear change	Not available	No change

QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)

										28.5	23.7	26.0	26.2	No linear change	Not available	No change

QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)

							34.2	32.7	32.2	32.1	31.3	32.7	36.9	37.6	No linear change	No change, 2003-2011 Increased, 2011-2017	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			
QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey)																
	34.0	31.0				22.5	18.6	17.2	13.8	16.8	17.4	20.1	20.6	Decreased, 1993-2017	Decreased, 1993-2009 Increased, 2009-2017	No change
QN28: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)																
	14.3	11.4				11.4	10.8	7.9	5.1	7.5	8.6	8.9	7.7	Decreased, 1993-2017	No quadratic change	No change
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)																
	3.8	3.1				4.0	2.5	2.5	1.6	2.9	3.5	3.5	2.5	Decreased, 1993-2017	No quadratic change	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey
Trend Analysis Report

Female
Tobacco Use

	Health Risk Behavior and Percentages													Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)

	35.1	39.9				19.8	22.5	17.2	20.0	17.5	13.2	8.0	6.6	Decreased, 1993-2017	Decreased, 1993-2011 Decreased, 2011-2017	Decreased

QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)

	19.4	20.5				9.1	9.5	7.5	9.6	7.9	4.9	2.8	1.8	Decreased, 1993-2017	Decreased, 1993-2011 Decreased, 2011-2017	Decreased

QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)

	13.8	15.5				6.6	7.1	5.5	7.3	6.2	3.9	2.0	1.4	Decreased, 1993-2017	Decreased, 1993-2011 Decreased, 2011-2017	Decreased

QN33: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)

											8.1	9.1	7.8	No linear change	Not available[§]	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Tobacco Use

	Health Risk Behavior and Percentages													Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey)

																		Linear Change	Quadratic Change	Change from 2015-2017
												23.4	20.4	Decreased, 2015-2017	Not available[§]	Decreased

QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)

						5.2	9.8	6.8	9.7	8.9	7.5	5.8	5.6	No linear change	No change, 2003-2009 Decreased, 2009-2017	No change

QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)

						21.5	25.2	19.0	23.4	19.5	16.1	11.1	9.2	Decreased, 2003-2017	No change, 2003-2009 Decreased, 2009-2017	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Alcohol and Other Drug Use

							Health Risk Behavior and Percentages							Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	**1993**	**1995**	**1997**	**1999**	**2001**	**2003**	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**			

QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)

| | 25.8 | 23.8 | | | | 20.8 | 17.7 | 13.7 | 11.5 | 13.9 | 10.0 | 8.6 | 8.4 | Decreased, 1993-2017 | No change, 1993-2003 Decreased, 2003-2017 | No change |

QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)

| | 47.0 | 51.1 | | | | 46.9 | 44.8 | 43.9 | 39.4 | 37.5 | 35.9 | 31.1 | 30.7 | Decreased, 1993-2017 | No change, 1993-2003 Decreased, 2003-2017 | No change |

QN43: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)

| | | | | | | | | 39.8 | 33.7 | 41.3 | 44.8 | 47.7 | 46.8 | Increased, 2007-2017 | No quadratic change | No change |

QN47: Percentage of students who tried marijuana for the first time before age 13 years

| | 4.2 | 4.4 | | | | 8.1 | 5.8 | 5.9 | 7.3 | 7.3 | 5.1 | 4.0 | 3.6 | No linear change | Increased, 1993-2009 Decreased, 2009-2017 | No change |

QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)

| | 18.2 | 27.1 | | | | 28.2 | 22.8 | 19.8 | 22.9 | 25.8 | 22.6 | 20.0 | 21.9 | No linear change | Increased, 1993-2003 Decreased, 2003-2017 | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.

New Hampshire High School Survey
Trend Analysis Report

Female
Alcohol and Other Drug Use

							Health Risk Behavior and Percentages							Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN51: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)

| | | | | | | 2.1 | 2.1 | 1.3 | 2.3 | 2.1 | 1.8 | 1.3 | 1.0 | Decreased, 2003-2017 | No quadratic change | No change |

QN52: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)

| | | | | | | 6.3 | 4.2 | 4.8 | 5.0 | 2.8 | 1.5 | 1.4 | 0.8 | Decreased, 2003-2017 | No change, 2003-2009 Decreased, 2009-2017 | Decreased |

QN53: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)

| | | | | | | 9.8 | 5.9 | 5.7 | 6.3 | 6.1 | 5.4 | 3.4 | 1.9 | Decreased, 2003-2017 | No quadratic change | Decreased |

QN54: Percentage of students who ever used synthetic marijuana (also called "K2," "Spice," "fake weed," "King Kong," "Yucatan Fire," "Skunk," or "Moon Rocks," one or more times during their life)

| | | | | | | | | | | | | 7.6 | 4.9 | Decreased, 2015-2017 | Not available[§] | Decreased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Alcohol and Other Drug Use

	Health Risk Behavior and Percentages													Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN58: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change*	Quadratic Change*	Change from 2015-2017 †
	22.5	27.1				24.2	24.8	18.0	18.3	18.5	18.5	13.9	14.8	Decreased, 1993-2017	No change, 1993-2003 Decreased, 2003-2017	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey
Trend Analysis Report

Female
Sexual Behaviors

	Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN59: Percentage of students who ever had sexual intercourse

| | 52.7 | 47.1 | | | | 41.4 | 45.4 | 44.6 | 46.2 | 45.7 | 43.4 | 38.7 | 37.5 | Decreased, 1993-2017 | No quadratic change | No change |

QN60: Percentage of students who had sexual intercourse for the first time before age 13 years

| | 5.0 | 4.4 | | | | 2.4 | 2.7 | 2.6 | 1.9 | 2.4 | 3.0 | 1.9 | 1.8 | Decreased, 1993-2017 | No quadratic change | No change |

QN62: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)

| | 39.5 | 37.2 | | | | 32.9 | 37.6 | 35.7 | 39.5 | 36.4 | 38.3 | 32.0 | 30.5 | Decreased, 1993-2017 | No quadratic change | No change |

QN63: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)

| | 16.6 | 20.5 | | | | 20.3 | 18.1 | 20.2 | 19.5 | 18.9 | 18.6 | 16.1 | 16.3 | No linear change | No quadratic change | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.

New Hampshire High School Survey
Trend Analysis Report

Female
Sexual Behaviors

	Health Risk Behavior and Percentages													Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN64: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change 2015-2017
	45.7	45.6				49.7	60.6	57.8	53.7	56.6	53.1	55.9	55.4	Increased, 1993-2017	Increased, 1993-2005 No change, 2005-2017	No change

QN65: Percentage of students who used birth control pills before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

| | 29.1 | 35.6 | | | | 39.9 | 32.6 | 38.1 | 40.8 | 40.8 | 37.0 | 38.2 | 36.5 | Increased, 1993-2017 | No quadratic change | No change |

QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

| | | | | | | | | | | | 4.0 | 6.6 | 11.7 | Increased, 2013-2017 | Not available[§] | Increased |

QNSHPARG: Percentage of students who used a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active))

| | | | | | | | | | | | 8.0 | 5.5 | 5.4 | No linear change | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Sexual Behaviors

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											49.0	50.2	53.6	No linear change	Not available[§]	No change

QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											16.4	21.2	22.1	Increased, 2013-2017	Not available	No change

QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
12.6	13.7					6.8	8.2	6.7	9.5	8.2	6.9	7.4	7.0	Decreased, 1993-2017	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages															Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

						11.1	11.8	12.7	12.1	14.4	14.2	14.4	14.6	Increased, 2003-2017	No quadratic change	No change

QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

						6.5	7.7	7.0	7.2	9.4	7.4	7.9	9.6	No linear change	No quadratic change	Increased

QN76: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

												46.1	45.5	No linear change	Not available[¶]	No change

QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

												7.5	8.2	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

| | | | | | | | | | | | | 4.7 | 4.9 | No linear change | Not available[§] | No change |

QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

| | | | | | | | | | | | | 2.6 | 2.6 | No linear change | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

60

New Hampshire High School Survey
Trend Analysis Report

Female
Physical Activity

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN79: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

| | | | | | | | | | | | 39.7 | 40.7 | 38.7 | No linear change | Not available[§] | No change |

QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

| | | | | | | | | | | | 13.7 | 15.1 | 15.2 | No linear change | Not available | No change |

QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

| | | | | | | | | | | | 15.3 | 15.1 | 15.3 | No linear change | Not available | No change |

QN81: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day)

| | | | | | | | | | | | | 37.0 | 49.4 | Increased, 2015-2017 | Not available | Increased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Other

															Health Risk Behavior and Percentages	Linear Change*	Quadratic Change*	Change from 2015-2017 †

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN86: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)

| | | | | | | | | | | | | 84.1 | 83.1 | No linear change | Not available§ | No change |

QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)

| | | | | | | | | | | | | 0.8 | 0.5 | No linear change | Not available | No change |

QN88: Percentage of students who got 8 or more hours of sleep (on an average school night)

| | | | | | | | | | | | | 24.6 | 23.5 | No linear change | Not available | No change |

QN89: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)

| | | | | | 74.8 | 75.2 | 79.0 | 80.2 | 76.0 | 81.3 | 81.9 | 84.1 | Increased, 2003-2017 | No quadratic change | Increased |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Site-Added

Health Risk Behavior and Percentages															Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN90: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
								55.7	57.0	59.1	55.6	50.8	52.0	Decreased, 2007-2017	No quadratic change	No change

QN91: Percentage of students who rarely or never wear a seat belt when driving (among students who drive a car)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											6.3	5.4	4.3	No linear change	Not available[§]	No change

QN94: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											26.0	27.0	24.9	No linear change	Not available	No change

QN95: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	26.8	28.1				27.9	27.6	26.8	24.6	22.9	17.3	16.1	14.4	Decreased, 1993-2017	No change, 1993-2007 Decreased, 2007-2017	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Site-Added

															Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
Health Risk Behavior and Percentages																	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017				

QN96: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
									21.9	20.3	17.4	12.5	10.5	Decreased, 2009-2017	Not available[§]	Decreased

QN97: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
										11.1	6.2	5.9	4.4	Decreased, 2011-2017	Not available	Decreased

QN98: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
												81.1	70.4	Decreased, 2015-2017	Not available	Decreased

QN102: Percentage of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
												80.4	78.5	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Site-Added

	Health Risk Behavior and Percentages	Linear Change*	Quadratic Change*	Change from 2015-2017 †

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN103: Percentage of students who who reported that either of their parents or other adults in their family had been in jail or in prison (during the 12 months before the survey)

												9.9	9.4	No linear change	Not available§	No change

QN104: Percentage of students who have talked with at least one of their parents or guardians about the dangers of tobacco, alcohol, or drug use (during the 12 months before the survey)

										50.9	53.5	53.5		No linear change	Not available	No change

QN105: Percentage of students who have someone in their family (a parent, brother, or sister) who is currently in the military (air Force, Army, Marines, National Guard, Navy, or Reserves)

												13.7	11.9	Decreased, 2015-2017	Not available	Decreased

QN110: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day

								77.5	73.6	73.1	70.3	73.5	70.7	Decreased, 2007-2017	No quadratic change	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

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New Hampshire High School Survey
Trend Analysis Report

Female
Site-Added

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN111: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they have five or more drinks of alcohol once or twice a week (beer, wine, or liquor)

											39.8	43.7	40.4	No linear change	Not available§	Decreased

QN112: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they use marijuana once or twice a week

											25.6	19.5	17.2	Decreased, 2013-2017	Not available	Decreased

QN113: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

											66.3	66.9	66.4	68.1	No linear change	Not available	No change

| | | | | | | | | | | | 66.3 | 66.9 | 66.4 | No linear change | Not available | No change |

QN114: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke tobacco

											62.4	71.0	70.2	Increased, 2013-2017	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Site-Added

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN115: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)

| | | | | | | | | | | | 59.6 | 64.7 | 62.6 | No linear change | Not available[§] | No change |

QN116: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana

| | | | | | | | | | | | 45.7 | 46.5 | 40.0 | Decreased, 2013-2017 | Not available | Decreased |

QN117: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

| | | | | | | | | | | | 80.2 | 86.0 | 85.3 | Increased, 2013-2017 | Not available | No change |

QN118: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)

| | | | | | | | | | | | 5.8 | 6.1 | 3.4 | Decreased, 2013-2017 | Not available | Decreased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Site-Added

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN119: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine or liquor)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											91.4	92.9	92.0	No linear change	Not available[§]	No change

QN120: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana

											85.2	85.2	79.1	Decreased, 2013-2017	Not available	Decreased

QN121: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

											95.9	96.7	95.7	No linear change	Not available	Decreased

QN122: Percentage of students who think it would be very easy for them to get some cigarettes if they wanted to

							51.3	49.8	46.9	41.3	33.5	31.5	Decreased, 2007-2017	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Female
Site-Added

	Linear Change*	Quadratic Change*	Change from 2015-2017 †
Health Risk Behavior and Percentages			

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN123: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)

| | | | | | | | | | | 42.8 | 37.5 | 38.6 | Decreased, 2013-2017 | Not available§ | No change |

QN124: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to

| | | | | | | | | 37.2 | 40.9 | 45.0 | 45.4 | 39.7 | 39.9 | No linear change | Increased, 2007-2011 Decreased, 2011-2017 | No change |

QN125: Percentage of students who think it would be very easy for them to get some prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

| | | | | | | | | | | 16.8 | 18.2 | 13.3 | 12.1 | Decreased, 2011-2017 | Not available | No change |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

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New Hampshire High School Survey
Trend Analysis Report

White*
Injury and Violence

						Health Risk Behavior and Percentages								Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	**1993**	**1995**	**1997**	**1999**	**2001**	**2003**	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**			
QN8: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)																
	27.1	23.0				12.3	12.3	11.0	12.2	9.8	8.5	7.0	5.9	Decreased, 1993-2017	No quadratic change	Decreased
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)																
	30.6	31.1				24.4	21.0	24.5	22.3	21.2	16.6	15.0	13.4	Decreased, 1993-2017	Decreased, 1993-2011 Decreased, 2011-2017	Decreased
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)																
											7.2	5.4	4.9	Decreased, 2013-2017	Not available[¶]	No change
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)																
											47.6	43.8	41.8	Decreased, 2013-2017	Not available	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Injury and Violence

	Health Risk Behavior and Percentages													Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN15: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change 2015-2017
	3.7	2.4				2.5	5.5	3.7	4.2	4.0	4.6	4.7	4.5	Increased, 1993-2017	No quadratic change	No change

QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change 2015-2017
						5.1	4.9	6.2	6.7	5.4	5.0	5.6	5.3	No linear change	No quadratic change	No change

QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change 2015-2017
											9.5	11.1	6.8	Decreased, 2013-2017	Not available[¶]	Decreased

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Injury and Violence

	Health Risk Behavior and Percentages													Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

| | | | | | | | | | | | 6.8 | 7.1 | 7.1 | No linear change | Not available[¶] | No change |

QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)

| | | | | | | | | | 21.8 | 25.0 | 22.3 | 21.8 | 21.0 | No linear change | Not available | No change |

QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)

| | | | | | | | | | | 21.2 | 17.6 | 18.3 | 18.9 | No linear change | Not available | No change |

QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)

| | | | | | 27.0 | 24.3 | 23.6 | 24.8 | 24.2 | 24.3 | 26.5 | 27.4 | | No linear change | No change, 2003-2007 Increased, 2007-2017 | No change |

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Injury and Violence

							Health Risk Behavior and Percentages							Linear Change†	Quadratic Change†	Change from 2015-2017 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey)

| | 25.5 | 25.6 | | | | 17.0 | 13.8 | 13.2 | 11.5 | 14.2 | 14.1 | 14.7 | 15.5 | Decreased, 1993-2017 | Decreased, 1993-2009 Increased, 2009-2017 | No change |

QN28: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)

| | 9.6 | 8.1 | | | | 6.8 | 6.7 | 4.7 | 4.3 | 5.7 | 6.3 | 6.2 | 5.1 | Decreased, 1993-2017 | Decreased, 1993-2007 Increased, 2007-2017 | Decreased |

QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)

| | 2.6 | 2.5 | | | | 2.2 | 1.4 | 1.5 | 1.4 | 1.8 | 2.4 | 2.1 | 1.6 | No linear change | Decreased, 1993-2005 Increased, 2005-2017 | No change |

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
§Based on t-test analysis, p < 0.05.

New Hampshire High School Survey
Trend Analysis Report

White*
Tobacco Use

	Health Risk Behavior and Percentages													Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)

| | 35.2 | 35.5 | | | | 18.7 | 20.1 | 17.8 | 19.9 | 18.9 | 13.1 | 8.7 | 7.4 | Decreased, 1993-2017 | No quadratic change | Decreased |

QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)

| | 19.2 | 18.8 | | | | 9.5 | 8.3 | 8.0 | 9.2 | 9.1 | 4.8 | 3.2 | 1.7 | Decreased, 1993-2017 | Decreased, 1993-2013 Decreased, 2013-2017 | Decreased |

QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)

| | 14.3 | 15.0 | | | | 6.7 | 6.1 | 6.2 | 6.7 | 6.8 | 4.0 | 2.3 | 1.3 | Decreased, 1993-2017 | Decreased, 1993-2013 Decreased, 2013-2017 | Decreased |

QN33: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)

| | | | | | | | | | | | 10.6 | 9.5 | 6.4 | No linear change | Not available[¶] | No change |

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Tobacco Use

							Health Risk Behavior and Percentages							Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey)

												2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
												24.3	23.6	No linear change	Not available[¶]	No change

QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)

2003	2005	2007	2009	2011	2013	2015	Linear Change	Quadratic Change	Change from 2015-2017
13.0	17.6	16.5	15.0	15.3	12.3	10.4	9.2 → Decreased, 2003-2017	Increased, 2003-2007 Decreased, 2007-2017	No change

QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)

2003	2005	2007	2009	2011	2013	2015	Linear Change	Quadratic Change	Change from 2015-2017
25.1	27.7	24.8	26.2	25.5	19.7	15.1	12.5 → Decreased, 2003-2017	No change, 2003-2011 Decreased, 2011-2017	Decreased

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Alcohol and Other Drug Use

						Health Risk Behavior and Percentages								**Linear Change**[†]	**Quadratic Change**[†]	**Change from 2015-2017** [§]
1991	**1993**	**1995**	**1997**	**1999**	**2001**	**2003**	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**			

QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)

| | 30.0 | 25.7 | | | | 25.2 | 18.3 | 16.8 | 13.3 | 13.0 | 10.7 | 9.5 | 9.5 | Decreased, 1993-2017 | No change, 1993-2003
Decreased, 2003-2017 | No change |

QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)

| | 49.0 | 53.5 | | | | 46.8 | 43.9 | 44.7 | 38.8 | 37.6 | 32.4 | 29.9 | 29.6 | Decreased, 1993-2017 | No change, 1993-2003
Decreased, 2003-2017 | No change |

QN43: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)

| | | | | | | | | 33.1 | 31.6 | 34.0 | 42.7 | 44.1 | 41.5 | Increased, 2007-2017 | No quadratic change | No change |

QN47: Percentage of students who tried marijuana for the first time before age 13 years

| | 6.8 | 5.6 | | | | 10.9 | 6.7 | 7.2 | 7.2 | 6.4 | 5.9 | 5.2 | 4.5 | Decreased, 1993-2017 | Increased, 1993-2003
Decreased, 2003-2017 | No change |

QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)

| | 20.6 | 27.5 | | | | 30.4 | 25.3 | 22.3 | 24.5 | 27.7 | 23.7 | 21.4 | 22.4 | Decreased, 1993-2017 | Increased, 1993-2003
Decreased, 2003-2017 | No change |

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey
Trend Analysis Report

White*
Alcohol and Other Drug Use

						Health Risk Behavior and Percentages								**Linear Change**[†]	**Quadratic Change**[†]	**Change from 2015-2017** [§]
1991	**1993**	**1995**	**1997**	**1999**	**2001**	**2003**	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**			

QN51: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)

| | | | | | | 2.1 | 1.6 | 2.0 | 1.9 | 2.8 | 1.6 | 1.7 | 1.3 | No linear change | No quadratic change | No change |

QN52: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)

| | | | | | | 7.2 | 5.0 | 4.6 | 3.7 | 3.2 | 1.7 | 1.7 | 1.2 | Decreased, 2003-2017 | No quadratic change | Decreased |

QN53: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)

| | | | | | | 9.9 | 5.1 | 5.4 | 5.7 | 7.5 | 6.3 | 3.7 | 2.4 | Decreased, 2003-2017 | No quadratic change | Decreased |

QN54: Percentage of students who ever used synthetic marijuana (also called "K2," "Spice," "fake weed," "King Kong," "Yucatan Fire," "Skunk," or "Moon Rocks," one or more times during their life)

| | | | | | | | | | | | | 8.5 | 5.0 | Decreased, 2015-2017 | Not available[¶] | Decreased |

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Alcohol and Other Drug Use

						Health Risk Behavior and Percentages								Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN58: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	25.2	31.5				27.9	26.5	21.8	20.8	22.4	19.8	16.1	15.7	Decreased, 1993-2017	No change, 1993-2003 Decreased, 2003-2017	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.

New Hampshire High School Survey
Trend Analysis Report

White*
Sexual Behaviors

	Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN59: Percentage of students who ever had sexual intercourse

| | 53.8 | 46.0 | | | | 41.1 | 42.0 | 43.8 | 45.6 | 46.8 | 42.5 | 38.9 | 38.5 | Decreased, 1993-2017 | No quadratic change | No change |

QN60: Percentage of students who had sexual intercourse for the first time before age 13 years

| | 7.0 | 4.5 | | | | 3.5 | 2.4 | 3.4 | 3.5 | 3.3 | 2.9 | 2.0 | 1.8 | Decreased, 1993-2017 | No quadratic change | No change |

QN62: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)

| | 36.6 | 33.6 | | | | 30.8 | 32.6 | 33.5 | 35.7 | 36.7 | 34.7 | 30.8 | 29.9 | Decreased, 1993-2017 | No quadratic change | No change |

QN63: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)

| | 20.6 | 21.9 | | | | 21.9 | 17.6 | 21.9 | 18.7 | 20.6 | 18.4 | 17.0 | 17.0 | Decreased, 1993-2017 | No quadratic change | No change |

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.

New Hampshire High School Survey
Trend Analysis Report

White*
Sexual Behaviors

						Health Risk Behavior and Percentages								Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN64: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	51.8	51.9				56.5	64.6	65.7	57.8	61.5	55.4	61.2	60.0	Increased, 1993-2017	Increased, 1993-2005 Decreased, 2005-2017	No change

QN65: Percentage of students who used birth control pills before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
	25.0	30.5				34.2	29.5	29.1	35.0	34.0	37.4	33.6	32.0	Increased, 1993-2017	No quadratic change	No change

QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											2.1	5.1	9.6	Increased, 2013-2017	Not available[¶]	Increased

QNSHPARG: Percentage of students who used a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active))

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											5.7	4.0	3.9	No linear change	Not available	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Sexual Behaviors

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

| | | | | | | | | | | | 45.3 | 42.8 | 45.5 | No linear change | Not available[¶] | No change |

QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

| | | | | | | | | | | | 16.4 | 17.9 | 18.7 | No linear change | Not available | No change |

QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)

| | 11.2 | 11.1 | | | | 8.6 | 6.9 | 5.6 | 8.0 | 8.7 | 8.5 | 6.9 | 5.3 | Decreased, 1993-2017 | No quadratic change | No change |

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Weight Management and Dietary Behaviors

															Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
Health Risk Behavior and Percentages																	
1991	**1993**	**1995**	**1997**	**1999**	**2001**	**2003**	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**				

QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[¶]

															Linear Change	Quadratic Change	Change
						13.0	13.1	13.8	12.8	14.0	13.6	14.6	14.0		No linear change	No quadratic change	No change

QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[¶]

| | | | | | | 9.6 | 11.3 | 11.5 | 12.2 | 11.5 | 10.6 | 12.1 | 12.4 | | No linear change | No quadratic change | No change |

QN76: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

| | | | | | | | | | | | | 37.4 | 37.8 | | No linear change | Not available** | No change |

QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

| | | | | | | | | | | | | 12.5 | 11.8 | | No linear change | Not available | No change |

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
**Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Weight Management and Dietary Behaviors

														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017[§]
Health Risk Behavior and Percentages																
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

												2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
												8.8	7.1	Decreased, 2015-2017	Not available[¶]	Decreased

QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

												2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
												4.5	3.8	Decreased, 2015-2017	Not available	Decreased

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Physical Activity

														Health Risk Behavior and Percentages	Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017				

QN79: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

											2013	2015	2017		Linear Change	Quadratic Change	Change from 2015-2017
											47.8	47.4	47.7		No linear change	Not available[¶]	No change

QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

											2013	2015	2017		Linear Change	Quadratic Change	Change from 2015-2017
											11.0	12.6	12.5		No linear change	Not available	No change

QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

											2013	2015	2017		Linear Change	Quadratic Change	Change from 2015-2017
											22.6	22.1	22.8		No linear change	Not available	No change

QN81: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day)

											2013	2015	2017		Linear Change	Quadratic Change	Change from 2015-2017
												38.3	47.4		Increased, 2015-2017	Not available	Increased

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Other

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN86: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)

| | | | | | | | | | | | | 84.4 | 84.3 | No linear change | Not available[¶] | No change |

QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)

| | | | | | | | | | | | | 0.9 | 0.5 | Decreased, 2015-2017 | Not available | Decreased |

QN88: Percentage of students who got 8 or more hours of sleep (on an average school night)

| | | | | | | | | | | | | 28.7 | 25.7 | Decreased, 2015-2017 | Not available | Decreased |

QN89: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)

| | | | | | 68.0 | 67.2 | 72.5 | 72.9 | 70.4 | 74.7 | 76.1 | 78.7 | Increased, 2003-2017 | No quadratic change | Increased |

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Site-Added

	Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN90: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)

								65.5	60.8	61.4	57.9	54.8	55.3	Decreased, 2007-2017	No quadratic change	No change

QN91: Percentage of students who rarely or never wear a seat belt when driving (among students who drive a car)

										7.1	6.6	5.3	No linear change	Not available[¶]	Decreased

QN94: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)

										17.6	18.3	16.7	No linear change	Not available	Decreased

QN95: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)

	30.3	32.8				30.5	28.2	28.1	23.1	23.1	16.5	16.3	15.6	Decreased, 1993-2017	No change, 1993-2003 / Decreased, 2003-2017	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN96: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
									19.7	19.9	16.2	12.6	11.0	Decreased, 2009-2017	Not available[¶]	Decreased

QN97: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
										10.9	7.0	5.9	4.7	Decreased, 2011-2017	Not available	Decreased

QN98: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
												81.0	69.7	Decreased, 2015-2017	Not available	Decreased

QN102: Percentage of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
												80.5	78.2	Decreased, 2015-2017	Not available	Decreased

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN103: Percentage of students who who reported that either of their parents or other adults in their family had been in jail or in prison (during the 12 months before the survey)

												8.2	7.6	No linear change	Not available[¶]	No change

QN104: Percentage of students who have talked with at least one of their parents or guardians about the dangers of tobacco, alcohol, or drug use (during the 12 months before the survey)

										51.2	50.8	53.0		No linear change	Not available	No change

QN105: Percentage of students who have someone in their family (a parent, brother, or sister) who is currently in the military (air Force, Army, Marines, National Guard, Navy, or Reserves)

											14.2	13.1		No linear change	Not available	No change

QN110: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day

								76.0	68.6	67.4	68.5	72.5	67.5	Decreased, 2007-2017	Decreased, 2007-2011 No change, 2011-2017	Decreased

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Site-Added

															Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
Health Risk Behavior and Percentages																	
1991	**1993**	**1995**	**1997**	**1999**	**2001**	**2003**	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**				

QN111: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they have five or more drinks of alcohol once or twice a week (beer, wine, or liquor)

2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
36.3	41.3	36.3	No linear change	Not available[¶]	Decreased

QN112: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they use marijuana once or twice a week

2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
21.7	18.1	15.8	Decreased, 2013-2017	Not available	Decreased

QN113: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
62.4	63.8	64.1	No linear change	Not available	No change

QN114: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke tobacco

2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
58.8	66.5	65.0	Increased, 2013-2017	Not available	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN115: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)

| | | | | | | | | | | | 54.2 | 58.0 | 56.8 | No linear change | Not available[¶] | No change |

QN116: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana

| | | | | | | | | | | | 41.5 | 43.2 | 37.1 | Decreased, 2013-2017 | Not available | Decreased |

QN117: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

| | | | | | | | | | | | 79.2 | 82.9 | 81.6 | No linear change | Not available | No change |

QN118: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)

| | | | | | | | | | | | 6.1 | 6.9 | 5.5 | No linear change | Not available | Decreased |

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Site-Added

	Health Risk Behavior and Percentages	Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN119: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine or liquor)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											89.5	90.2	89.8	No linear change	Not available[¶]	No change

QN120: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											83.2	83.7	79.1	Decreased, 2013-2017	Not available	Decreased

QN121: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											95.3	95.9	95.1	No linear change	Not available	No change

QN122: Percentage of students who think it would be very easy for them to get some cigarettes if they wanted to

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
								54.1	48.9	50.7	45.4	35.7	34.8	Decreased, 2007-2017	No quadratic change	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN123: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)

										40.8	37.8	39.2	No linear change	Not available[¶]	No change

QN124: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to

							41.2	43.0	47.5	46.7	41.2	40.7	No linear change	Increased, 2007-2011 Decreased, 2011-2017	No change

QN125: Percentage of students who think it would be very easy for them to get some prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

										18.3	16.2	13.9	12.8	Decreased, 2011-2017	Not available	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

| | | | | | | | | | | | | 10.9 | 12.4 | No linear change | Not available[¶] | No change |

QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

| | | | | | | | | | | | | 46.2 | 35.5 | No linear change | Not available | No change |

QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)

| | | | | | | | | | | | | 7.3 | 7.3 | No linear change | Not available | No change |

QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

| | | | | | | | | | | | | 14.6 | 7.9 | No linear change | Not available | No change |

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

												11.2	15.7	No linear change	Not available[¶]	No change

QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)

												16.0	16.2	No linear change	Not available	No change

QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)

												12.8	13.1	No linear change	Not available	No change

QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)

												25.5	23.6	No linear change	Not available	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Black*
Tobacco Use

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey)

												2015	2017	Linear Change	Quadratic Change	Change 2015-2017
												30.3	22.2	No linear change	Not available[¶]	No change

QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)

												2015	2017	Linear Change	Quadratic Change	Change 2015-2017
												14.7	8.6	Decreased, 2015-2017	Not available	No change

QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)

												2015	2017	Linear Change	Quadratic Change	Change 2015-2017
												16.9	10.7	Decreased, 2015-2017	Not available	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Black*
Alcohol and Other Drug Use

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN51: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)

| | | | | | | | | | | | | 6.8 | 4.0 | No linear change | Not available[¶] | No change |

QN52: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)

| | | | | | | | | | | | | 6.6 | 4.8 | No linear change | Not available | No change |

QN53: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)

| | | | | | | | | | | | | 7.3 | 5.1 | No linear change | Not available | No change |

QN54: Percentage of students who ever used synthetic marijuana (also called "K2," "Spice," "fake weed," "King Kong," "Yucatan Fire," "Skunk," or "Moon Rocks," one or more times during their life)

| | | | | | | | | | | | | 14.4 | 6.9 | Decreased, 2015-2017 | Not available | Decreased |

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Black*
Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[¶]

												2015	2017			
												16.7	15.9	No linear change	Not available**	No change

QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[¶]

												2015	2017			
												9.3	19.5	Increased, 2015-2017	Not available	Increased

QN76: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

												2015	2017			
												39.1	34.3	No linear change	Not available	No change

QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

												2015	2017			
												16.6	19.6	No linear change	Not available	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
[**]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Black*
Weight Management and Dietary Behaviors

	Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

												14.6	15.4	No linear change	Not available[¶]	No change

QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

												11.3	10.4	No linear change	Not available	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Black*
Physical Activity

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN79: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

| | | | | | | | | | | | | 43.2 | 49.1 | No linear change | Not available[¶] | No change |

QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

| | | | | | | | | | | | | 22.5 | 15.7 | No linear change | Not available | No change |

QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

| | | | | | | | | | | | | 23.9 | 31.4 | No linear change | Not available | No change |

QN81: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day)

| | | | | | | | | | | | | 47.2 | 46.9 | No linear change | Not available | No change |

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Black*
Other

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN86: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)

												2015	2017			
												63.1	70.9	No linear change	Not available[¶]	No change

QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)

												5.9	4.8	No linear change	Not available	No change

QN88: Percentage of students who got 8 or more hours of sleep (on an average school night)

												29.2	28.3	No linear change	Not available	No change

QN89: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)

												58.4	68.9	No linear change	Not available	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Black*
Site-Added

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN90: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)

												2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
												80.5	80.1	No linear change	Not available[¶]	No change

QN91: Percentage of students who rarely or never wear a seat belt when driving (among students who drive a car)

												2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
												19.0	12.1	No linear change	Not available	No change

QN94: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)

												2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
												14.7	16.9	No linear change	Not available	No change

QN96: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)

												2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
												16.4	13.2	No linear change	Not available	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Black*
Site-Added

	Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN97: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)

												2015	2017			
												11.7	10.0	No linear change	Not available[¶]	No change

QN98: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)

												2015	2017			
												62.5	53.1	No linear change	Not available	No change

QN102: Percentage of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey)

												2015	2017			
												69.7	66.3	No linear change	Not available	No change

QN103: Percentage of students who who reported that either of their parents or other adults in their family had been in jail or in prison (during the 12 months before the survey)

												2015	2017			
												17.8	14.9	No linear change	Not available	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Black*
Site-Added

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017[§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN104: Percentage of students who have talked with at least one of their parents or guardians about the dangers of tobacco, alcohol, or drug use (during the 12 months before the survey)

												38.6	43.1	No linear change	Not available[¶]	No change

QN105: Percentage of students who have someone in their family (a parent, brother, or sister) who is currently in the military (air Force, Army, Marines, National Guard, Navy, or Reserves)

												15.5	14.8	No linear change	Not available	No change

QN110: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day

												59.0	56.9	No linear change	Not available	No change

QN111: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they have five or more drinks of alcohol once or twice a week (beer, wine, or liquor)

												40.8	41.0	No linear change	Not available	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Black*
Site-Added

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017[§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN112: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they use marijuana once or twice a week

| | | | | | | | | | | | | 19.2 | 14.6 | No linear change | Not available[¶] | No change |

QN113: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

| | | | | | | | | | | | | 54.1 | 51.9 | No linear change | Not available | No change |

QN114: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke tobacco

| | | | | | | | | | | | | 59.8 | 67.2 | No linear change | Not available | No change |

QN115: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)

| | | | | | | | | | | | | 49.9 | 56.8 | No linear change | Not available | No change |

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

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New Hampshire High School Survey
Trend Analysis Report

Black*
Site-Added

Health Risk Behavior and Percentages															Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN116: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana

| | | | | | | | | | | | | | 38.3 | 39.5 | No linear change | Not available[¶] | No change |

QN117: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

| | | | | | | | | | | | | | 68.8 | 78.3 | Increased, 2015-2017 | Not available | No change |

QN118: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)

| | | | | | | | | | | | | | 16.7 | 10.8 | No linear change | Not available | No change |

QN119: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine or liquor)

| | | | | | | | | | | | | | 86.1 | 84.0 | No linear change | Not available | No change |

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Black*
Site-Added

Health Risk Behavior and Percentages															Linear Change[†]	Quadratic Change[†]	Change from 2015-2017[§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN120: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana

| | | | | | | | | | | | | | 78.9 | 79.3 | No linear change | Not available[¶] | No change |

QN121: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

| | | | | | | | | | | | | | 87.6 | 91.0 | No linear change | Not available | No change |

QN122: Percentage of students who think it would be very easy for them to get some cigarettes if they wanted to

| | | | | | | | | | | | | | 39.5 | 38.7 | No linear change | Not available | No change |

QN123: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)

| | | | | | | | | | | | | | 34.7 | 43.7 | No linear change | Not available | No change |

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Black*
Site-Added

Health Risk Behavior and Percentages														Linear Change[†]	Quadratic Change[†]	Change from 2015-2017 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN124: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to

| | | | | | | | | | | | | 45.3 | 47.7 | No linear change | Not available[¶] | No change |

QN125: Percentage of students who think it would be very easy for them to get some prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

| | | | | | | | | | | | | 19.8 | 21.2 | No linear change | Not available | No change |

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

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New Hampshire High School Survey
Trend Analysis Report

Hispanic
Injury and Violence

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN8: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)

											25.6	20.0	19.7	No linear change	Not available§	No change

QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)

											31.8	25.4	24.2	No linear change	Not available	No change

QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

												20.4	17.8	No linear change	Not available	No change

QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

												47.9	46.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Hispanic
Injury and Violence

															Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
Health Risk Behavior and Percentages																	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017				

QN15: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)

														Linear Change	Quadratic Change	Change from 2015-2017
											17.1	12.5	11.1	No linear change	Not available[§]	No change

QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)

														Linear Change	Quadratic Change	Change from 2015-2017
											11.4	18.0	12.1	No linear change	Not available	No change

QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

														Linear Change	Quadratic Change	Change from 2015-2017
												20.5	13.1	No linear change	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

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New Hampshire High School Survey
Trend Analysis Report

Hispanic
Injury and Violence

Health Risk Behavior and Percentages			Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

| | | | | | | | | | | | | 18.1 | 14.4 | No linear change | Not available[§] | No change |

QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)

| | | | | | | | | | | | | 21.6 | 27.1 | 25.3 | No linear change | Not available | No change |

QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)

| | | | | | | | | | | | | 21.4 | 24.3 | 20.3 | No linear change | Not available | No change |

QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)

| | | | | | | | | | | | | 30.5 | 38.9 | 36.2 | No linear change | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Hispanic
Injury and Violence

	Health Risk Behavior and Percentages													Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey)

| | | | | | | | | | | | 15.4 | 24.8 | 22.1 | No linear change | Not available[§] | No change |

QN28: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)

| | | | | | | | | | | | 14.3 | 12.9 | | No linear change | Not available | No change |

QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)

| | | | | | | | | | | | 8.3 | 5.6 | | No linear change | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

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New Hampshire High School Survey
Trend Analysis Report

Hispanic
Tobacco Use

	Health Risk Behavior and Percentages		Linear Change*	Quadratic Change*	Change from 2015-2017 †

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017

QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)

											22.9	15.5	13.3	Decreased, 2013-2017	Not available§	No change

QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)

											14.3	10.1	6.6	Decreased, 2013-2017	Not available	No change

QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)

											11.8	8.9	6.3	No linear change	Not available	No change

QN33: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)

												50.5	39.5	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Hispanic
Tobacco Use

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey)

												2015	2017			
												32.7	32.0	No linear change	Not available§	No change

QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)

											2013	2015	2017			
											24.1	18.0	14.7	Decreased, 2013-2017	Not available	No change

QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)

											2013	2015	2017			
											31.4	23.0	18.2	Decreased, 2013-2017	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Hispanic
Alcohol and Other Drug Use

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)

| | | | | | | | | | | | 27.8 | 23.2 | 23.1 | No linear change | Not available[§] | No change |

QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)

| | | | | | | | | | | | | 35.6 | 38.6 | No linear change | Not available | No change |

QN43: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)

| | | | | | | | | | | | | 27.8 | 30.7 | No linear change | Not available | No change |

QN47: Percentage of students who tried marijuana for the first time before age 13 years

| | | | | | | | | | | | 16.6 | 16.2 | 14.9 | No linear change | Not available | No change |

QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)

| | | | | | | | | | | | 34.3 | 31.5 | 35.3 | No linear change | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Hispanic
Alcohol and Other Drug Use

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN51: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)

											14.7	10.5	6.1	Decreased, 2013-2017	Not available[§]	Decreased

QN52: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)

											15.9	10.6	6.9	Decreased, 2013-2017	Not available	No change

QN53: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)

											23.3	14.0	8.6	Decreased, 2013-2017	Not available	Decreased

QN54: Percentage of students who ever used synthetic marijuana (also called "K2," "Spice," "fake weed," "King Kong," "Yucatan Fire," "Skunk," or "Moon Rocks," one or more times during their life)

												18.0	12.5	No linear change	Not available	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Hispanic
Alcohol and Other Drug Use

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	**1993**	**1995**	**1997**	**1999**	**2001**	**2003**	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**			

QN58: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)

| | | | | | | | | | | | 31.8 | 25.6 | 23.9 | Decreased, 2013-2017 | Not available§ | No change |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Hispanic
Sexual Behaviors

	Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN59: Percentage of students who ever had sexual intercourse

2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
54.4	52.6	51.1	No linear change	Not available§	No change

QN60: Percentage of students who had sexual intercourse for the first time before age 13 years

2013	2015	2017			
	12.5	8.6	No linear change	Not available	No change

QN62: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)

2013	2015	2017			
45.9	42.9	36.6	No linear change	Not available	No change

QN63: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)

2013	2015	2017			
	33.0	31.6	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

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New Hampshire High School Survey
Trend Analysis Report

Hispanic
Sexual Behaviors

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN64: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)

												55.1	50.4	No linear change	Not available§	No change

QN65: Percentage of students who used birth control pills before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

												20.9	17.5	No linear change	Not available	No change

QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

												3.3	6.6	No linear change	Not available	No change

QNSHPARG: Percentage of students who used a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active))

												3.2	3.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Hispanic
Sexual Behaviors

| | | | | | | | | | | | | | | | Health Risk Behavior and Percentages | Linear Change* | Quadratic Change* | Change from 2015-2017 † |

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change*	Quadratic Change*	Change from 2015-2017 †
												27.4	27.9	No linear change	Not available§	No change

QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change*	Quadratic Change*	Change from 2015-2017 †
												13.3	7.9	No linear change	Not available	No change

QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change*	Quadratic Change*	Change from 2015-2017 †
												17.8	17.2	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Hispanic
Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

| | | | | | | | | | | | | 13.9 | 18.3 | No linear change | Not available[¶] | No change |

QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

| | | | | | | | | | | | | 16.3 | 17.6 | No linear change | Not available | No change |

QN76: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

| | | | | | | | | | | | | 32.0 | 35.2 | No linear change | Not available | No change |

QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

| | | | | | | | | | | | | 20.3 | 18.1 | No linear change | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
[¶]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Hispanic
Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

| | | | | | | | | | | | | 16.1 | 12.2 | No linear change | Not available[§] | No change |

QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)

| | | | | | | | | | | | | 10.9 | 9.0 | No linear change | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Hispanic
Physical Activity

	Health Risk Behavior and Percentages		Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN79: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

											41.5	42.9	43.0	No linear change	Not available[§]	No change

QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

											14.0	23.9	18.4	No linear change	Not available	No change

QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

											25.6	21.4	23.4	No linear change	Not available	No change

QN81: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day)

												46.1	49.5	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Hispanic
Other

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN86: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)

| | | | | | | | | | | | | 69.1 | 70.9 | No linear change | Not available§ | No change |

QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)

| | | | | | | | | | | | | 5.4 | 4.5 | No linear change | Not available | No change |

QN88: Percentage of students who got 8 or more hours of sleep (on an average school night)

| | | | | | | | | | | | | 22.8 | 21.4 | No linear change | Not available | No change |

QN89: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)

| | | | | | | | | | | | 58.4 | 57.7 | 65.8 | No linear change | Not available | Increased |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

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New Hampshire High School Survey
Trend Analysis Report

Hispanic
Site-Added

Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2015-2017 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN90: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)

| | | | | | | | | | | | | 74.1 | 80.6 | No linear change | Not available§ | Increased |

QN91: Percentage of students who rarely or never wear a seat belt when driving (among students who drive a car)

| | | | | | | | | | | | | 18.2 | 16.3 | No linear change | Not available | No change |

QN94: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)

| | | | | | | | | | | | 21.1 | 22.3 | 21.5 | No linear change | Not available | No change |

QN95: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)

| | | | | | | | | | | | 32.1 | 23.5 | 23.4 | Decreased, 2013-2017 | Not available | No change |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
†Based on t-test analysis, p < 0.05.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Hispanic
Site-Added

Health Risk Behavior and Percentages															Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN96: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)

| | | | | | | | | | | | 26.1 | 23.5 | 16.9 | Decreased, 2013-2017 | Not available[§] | Decreased |

QN97: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)

| | | | | | | | | | | | 19.3 | 16.9 | 9.0 | Decreased, 2013-2017 | Not available | Decreased |

QN98: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)

| | | | | | | | | | | | | 70.9 | 62.4 | Decreased, 2015-2017 | Not available | Decreased |

QN102: Percentage of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey)

| | | | | | | | | | | | | 69.9 | 65.5 | No linear change | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Hispanic
Site-Added

Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN103: Percentage of students who who reported that either of their parents or other adults in their family had been in jail or in prison (during the 12 months before the survey)

												22.1	22.1	No linear change	Not available[§]	No change

QN104: Percentage of students who have talked with at least one of their parents or guardians about the dangers of tobacco, alcohol, or drug use (during the 12 months before the survey)

											42.3	48.3	47.4	No linear change	Not available	No change

QN105: Percentage of students who have someone in their family (a parent, brother, or sister) who is currently in the military (air Force, Army, Marines, National Guard, Navy, or Reserves)

												24.8	20.0	No linear change	Not available	No change

QN110: Percentage of students who think people greatly risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day

											52.9	54.4	55.9	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

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Health Risk Behavior and Percentages														Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN111: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they have five or more drinks of alcohol once or twice a week (beer, wine, or liquor)

											30.3	34.0	30.6	No linear change	Not available[§]	No change

QN112: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they use marijuana once or twice a week

											14.5	16.9	14.2	No linear change	Not available	No change

QN113: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

											50.1	50.0	54.4	No linear change	Not available	No change

QN114: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke tobacco

											50.2	57.5	59.4	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

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Health Risk Behavior and Percentages			Linear Change*	Quadratic Change*	Change from 2015-2017 †

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN115: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)

| | | | | | | | | | | | 39.6 | 48.0 | 51.6 | Increased, 2013-2017 | Not available§ | No change |

QN116: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana

| | | | | | | | | | | | 29.3 | 34.9 | 30.7 | No linear change | Not available | No change |

QN117: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

| | | | | | | | | | | | 60.4 | 68.8 | 71.2 | Increased, 2013-2017 | Not available | No change |

QN118: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)

| | | | | | | | | | | | 19.9 | 19.4 | 14.3 | No linear change | Not available | No change |

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

Hispanic
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Health Risk Behavior and Percentages			Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN119: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine or liquor)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											76.2	80.3	81.9	No linear change	Not available[§]	No change

QN120: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											71.7	75.0	72.1	No linear change	Not available	No change

QN121: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											80.7	87.1	86.7	No linear change	Not available	No change

QN122: Percentage of students who think it would be very easy for them to get some cigarettes if they wanted to

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	Linear Change	Quadratic Change	Change from 2015-2017
											58.7	44.9	40.4	Decreased, 2013-2017	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

New Hampshire High School Survey
Trend Analysis Report

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Site-Added

Health Risk Behavior and Percentages			Linear Change[*]	Quadratic Change[*]	Change from 2015-2017 [†]

1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017			

QN123: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)

| | | | | | | | | | | | 47.5 | 42.1 | 39.4 | No linear change | Not available[§] | No change |

QN124: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to

| | | | | | | | | | | | 58.9 | 50.4 | 55.0 | No linear change | Not available | No change |

QN125: Percentage of students who think it would be very easy for them to get some prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)

| | | | | | | | | | | | 27.6 | 23.6 | 18.8 | Decreased, 2013-2017 | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.