# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behavior and Percentages Linear Change* Quadratic Change*						
2009	2011	2013	2015	2017	2019			
N8: Percentag	e of students who r	arely or never wore	a seat belt (when ri	ding in a car driven	by someone else)	)		
12.9	10.7	9.7	8.2	6.9	5.6	Decreased, 2009-2019	No quadratic change	Decreased
		ode with a driver whys before the survey)		g alcohol (in a car	or other vehicle,	Decreased, 2009-2019	No quadratic change	No change
ONIO Paranto	as of students who	duovo o con on other	vahiala whan thav	had baan deinking	alachal (one on			
	ng the 30 days before	drove a car or other re the survey, among						
-	<del>-</del> -	8.4	6.3	5.8	4.7	Decreased, 2013-2019	Not available§	Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behavi	or and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019	<u> </u>		
	ays before the surve	texted or e-mailed w y, among students w						
		47.7	43.7	41.7	44.2	Decreased, 2013-2019	Not available§	No change
QN12: Percenta 30 days before t		carried a weapon (su	ich as a gun, knife,	or club, on at least	1 day during the	Decreased, 2017-2019	Not available	Decreased
		carried a weapon on	school property (s	uch as a gun, knife,	or club, on at			
	age of students who		school property (s	uch as a gun, knife,	or club, on at	Decreased, 2017-2019	Not available	Decrease
east 1 day durin	ng the 30 days before		because they felt u	3.6	2.8	Decreased, 2017-2019	Not available	Decrease

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behav	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	age of students who ub, one or more time				erty (such as a			
<b>5</b> , ,	,			6.7	6.4	No linear change	Not available <sup>§</sup>	No change
						C		2.10 2
	age of students who	were ever physicall	y forced to have sex	cual intercourse (wh	hen they did not			
	age of students who	were ever physicall	y forced to have sex	sual intercourse (where the state of the sta	hen they did not	No linear change	No change, 2009-2013 No change, 2013-2019	Increased
7.0  QN20: Percenta counting such tl		5.7 experienced sexual aching, or being phy	6.3 violence (being for sically forced to ha	5.8	6.7 o sexual things	No linear change		

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behavi	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019	_		
dating or going forced to have s	out with to do sexua sexual intercourse] the	experienced sexual of things [counting support they did not want for went out with some	ng physically nonths before the					
		10.2	44 =					
		10.2	11.7	7.3	7.8	Decreased, 2013-2019	Not available <sup>§</sup>	No change
omeone they wnjured with an	vere dating or going object or weapon] o	experienced physica out with [counting sine or more times during the 12 mon	al dating violence (luch things as being ring the 12 months	being physically hughit, slammed into before the survey,	urt on purpose by something, or	Decreased, 2013-2019	Not available <sup>s</sup>	No chang
someone they w njured with an	vere dating or going object or weapon] o	experienced physica out with [counting some or more times dur	al dating violence (luch things as being ring the 12 months	being physically hughit, slammed into before the survey,	urt on purpose by something, or	Decreased, 2013-2019  No linear change	Not available <sup>s</sup> Not available	No chang
someone they winjured with an who dated or we	vere dating or going object or weapon] o ent out with someon	experienced physica out with [counting some or more times during the 12 mon	al dating violence () uch things as being ing the 12 months ths before the surve 7.8	being physically hughit, slammed into before the survey, ey)  7.9	art on purpose by something, or among students 7.0			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# New Hampshire High School Survey 10-year Trend Analysis Report

**Total Injury and Violence Health Risk Behavior and Percentages** Linear Change\* Quadratic Change\* Change from 2017-2019 † 2009 2011 2013 2015 2017 2019 QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey) 21.6 18.1 18.6 19.0 20.1 No linear change Not available§ No change QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey) 25.1 25.2 25.4 27.2 28.0 33.6 Increased, 2009-2019 No change, 2009-2015 Increased Increased, 2015-2019 QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey) 12.1 14.3 14.4 15.3 16.1 18.4 No quadratic change Increased, 2009-2019 Increased

5.9

7.0

No linear change

No quadratic change

QN28: Percentage of students who attempted suicide (one or more times during the 12 months before the

6.8

6.7

survey)

4.7

6.1

Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\</sup>dagger}$ Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

Fotal Injury and Violen		Health Risk Behav	ior and Percentag	Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019 <sup>†</sup>		
2009	2011	2013	2015	2017	2019			
	age of students who d by a doctor or nurs				or overdose that			
1.6	2.4	2.5	2.5	2.0	2.0	No linear change	No change, 2009-2013 Decreased, 2013-2019	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behav	ior and Percentag	Linear Change*	Quadratic Change*	Change from 2017-2019 <sup>†</sup>		
2009	2011	2013	2015	2017	2019			
QN32: Percenta survey)	age of students who	currently smoked ci	garettes (on at leas	t 1 day during the 3	0 days before the			
20.8	19.8	13.8	9.3	7.8	5.5	Decreased, 2009-2019	No quadratic change	Decreased
30 days before the	•	•		•		D 1 2000 2010		Б
9.5	9.7	5.5	3.7	2.2	1.7	Decreased, 2009-2019	No quadratic change	Decreased
QNDAYCIG: P	Percentage of studen y)	ts who currently sm	oked cigarettes dai	ly (on all 30 days d	uring the 30 days			
		ts who currently sm	oked cigarettes dai	ly (on all 30 days do	uring the 30 days	Decreased, 2009-2019	No quadratic change	Decreased
7.1  QN33: Percenta	y)	4.5 smoked more than 1	2.8 0 cigarettes per da	1.7 y (on the days they	1.4	Decreased, 2009-2019	No quadratic change	Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

obacco Use		Health Risk Behav	Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019 †			
2009	2011	2013	2015	2017	2019			
	pes, vaping pens, e-		onic vapor product ( th pens [such as blu,					
•	, 2,			41.1	49.8	Increased, 2017-2019	Not available <sup>§</sup>	Increased
		currently used an e	lectronic vapor prod	luct (including e-ci	garettes, e-cigars,			
e-pipes, vape pi	pes, vaping pens, e-	hookahs, and hooka	th pens [such as blu, e 30 days before the	NJOY, Vuse, Mar survey)	kTen, Logic,			
e-pipes, vape pi	pes, vaping pens, e-	hookahs, and hooka	th pens [such as blu,	NJOY, Vuse, Mar		Increased, 2015-2019	Not available	Increased
e-pipes, vape pi Vapin Plus, eGo QNFREVP: Pe	pes, vaping pens, e- o, and Halo], on at le	hookahs, and hooka east 1 day during the	th pens [such as blu, e 30 days before the	NJOY, Vuse, Mar survey) 23.8	kTen, Logic, 33.8	Increased, 2015-2019	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behav	ior and Percentag	Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019 †		
2009	2011	2013	2015	2017	2019			
QNDAYEVP: Pethe 30 days befor		ents who currently use	ed electronic vapor	products daily (on	all 30 days during			
			3.0	4.0	9.5	Increased, 2015-2019	Not available§	Increased
	tage of students will 30 days before the	ho currently smoked survey)	cigarettes or used e	electronic vapor pro	ducts (on at least	,		1
			27.6	26.0	34.6	Increased, 2015-2019	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behavi	ior and Percentag	es		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
QN40: Percenta	ge of students who	had their first drink	of alcohol before a	ge 13 years (other t	han a few sips)			
14.8	14.3	11.9	10.8	10.7	10.4	Decreased, 2009-2019	No quadratic change	No change
	ge of students who ys before the survey 38.4	currently drank alco	ohol (at least one dr 29.9	ink of alcohol, on a	t least 1 day 26.8	Decreased, 2009-2019	No quadratic change	Decreased
during the 30 day 39.3 QN44: Percenta	ys before the survey 38.4 ge of students who	y)	29.9	29.6	26.8	,	No quadratic change	Decreased
during the 30 day 39.3 QN44: Percenta	ys before the survey 38.4 ge of students who	(y) 32.9 usually got the alcol	29.9	29.6	26.8	,	No quadratic change  Increased, 2009-2015 Decreased, 2015-2019	Decreased Decreased
39.3  QN44: Percenta 30 days before th 31.1	ge of students who he survey, among st	32.9 usually got the alcoludents who currently	29.9 hol they drank by s y drank alcohol) 42.3	29.6 omeone giving it to 40.1	26.8 them (during the	,	Increased, 2009-2015	

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

more times during the	2019 30 days before the 26.1	No linear change	No quadratic change	Increased
		No linear change	No quadratic change	Increased
23.1	26.1	No linear change	No quadratic change	Increased
5.6	8.6	No linear change	Not available <sup>§</sup>	Increased
ack," "junk," or "Chin	White," one or			
1.8	1.5	Decreased, 2009-2019	No quadratic change	No change
	5.6 ack," "junk," or "China 1.8	ack," "junk," or "China White," one or	5.6 8.6 No linear change  ack," "junk," or "China White," one or  1.8 1.5 Decreased, 2009-2019	5.6 8.6 No linear change Not available ack," "junk," or "China White," one or  1.8 1.5 Decreased, 2009-2019 No quadratic change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# New Hampshire High School Survey 10-year Trend Analysis Report

Total
Alcohol and Other Drug Use

	Health Risk Behavior and Percentages Linear Change* Quadratic Change*							Change from 2017-2019 †
2009	2011	2013	2015	2017	2019			
QN54: Percenta	ige of students who	ever used ecstasy (a	also called "MDMA	," one or more time	es during their			
6.8	8.7	7.4	4.5	3.0	2.4	Decreased, 2009-2019	No change, 2009-2013 Decreased, 2013-2019	Decreased
QN57: Percenta 12 months befor		were offered, sold,	or given an illegal o	drug on school prop	erty (during the			
22.1	23.1	20.1	16.5	16.3	20.3	Decreased, 2009-2019	Decreased, 2009-2015 Increased, 2015-2019	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behav	ior and Percentag	Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019 †		
2009	2011	2013	2015	2017	2019	<del> </del>		
QN58: Percenta	ge of students who	ever had sexual inte	rcourse		•			
46.3	47.5	42.8	39.4	38.9	39.8	Decreased, 2009-2019	No quadratic change	No change
N59: Percenta	ge of students who	had sexual intercou	rse for the first time	e before age 13 year	rs			
4.3	4.5	4.0	2.8	2.4	2.3	Decreased, 2009-2019	No quadratic change	No change
QN60: Percenta	ge of students who	had sexual intercou	rse with four or mo	re persons during th	neir life			
				8.6	7.2	Decreased, 2017-2019	Not available§	Decreased
	ge of students who	were currently sexu the survey)	ally active (had sex	ual intercourse with	h at least one			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behavi	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	age of students who atly sexually active)	drank alcohol or use	ed drugs before last	sexual intercourse	(among students			
21.4	22.7	20.7	18.9	18.7	19.6	Decreased, 2009-2019	No quadratic change	No change
urrently sexual		used a condom during 55.2	60.2	59.5	55.3	No linear change	No quadratic change	Decreased
	age of students who who were currently	used birth control pi	ills before last sexu	al intercourse (to p	revent pregnancy,			
33.0	32.4	34.4	32.7	30.4	33.2	No linear change	No quadratic change	No change
QNIUDIMP: Po		ts who used an IUD		ParaGard) or impla				

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behavi	or and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019	_		
oirth control rin		ents who used a shot (sing) before last sexual in						
		5.4	3.9	3.7	3.5	Decreased, 2013-2019	Not available§	No change
mplant (such as control ring (suc	s Implanon or Nexp ch as NuvaRing) be	ents who used birth coolanon); or a shot (suc	h as Depo-Provera course (to prevent p	), patch (such as O pregnancy, among s	rthoEvra), or birth students who were	Increased 2013-2019	Not available	Increased
mplant (such as	s Implanon or Nexp ch as NuvaRing) be	olanon); or a shot (suc	h as Depo-Provera	), patch (such as O	rthoEvra), or birth	Increased, 2013-2019	Not available	Increased
mplant (such as control ring (such as control ring (such as currently sexual part of the currently sexu	s Implanon or Next ch as NuvaRing) be lly active)  Percentage of stude uch as Mirena or Pa patch (such as Ortl	planon); or a shot (suc fore last sexual interc	h as Depo-Provera course (to prevent p 41.6 condom during last such as Implanon o rol ring (such as No	), patch (such as O oregnancy, among states 43.3  sexual intercourse r Nexplanon); or a avaRing) before las	and birth control shot (such as	Increased, 2013-2019	Not available	Increase

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

Sexual Behaviors		Health Risk Behav	rior and Percentag	Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019 †		
2009	2011	2013	2015	2017	2019			
QNBCNONE: Pe intercourse (amon	ercentage of studer g students who we	nts who did not use ere currently sexual	any method to prev ly active)	ent pregnancy durin	ng last sexual			
8.6	9.9	8.6	7.8	6.6	6.6	Decreased, 2009-2019	No quadratic change	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

	:	Health Risk Behav	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
		ho were overweight c reference data fro			ile for body mass			
12.8	14.1	13.8	14.5	14.0	14.0	No linear change	No quadratic change	No change
		who had obesity (> a the 2000 CDC gro		or body mass index,	based on sex-			
11.9	12.1	11.2	12.2	13.0	12.7	No linear change	No quadratic change	No change
			bottle or glass of s	oda or pop (such as	Coke, Pepsi, or			,
	ge of students who ing diet soda or die	did not drink a can, t pop, during the 7 d			-			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

<sup>&</sup>lt;sup>§</sup>Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

Not enough years of data to calculate.

		Health Risk Behav	vior and Percentag		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019	
2009	2011	2013	2015	2017	2019	<u> </u>		
NSODA1: Pe	ercentage of student	s who drank a can, b	oottle, or glass of so	da or pop one or mo	ore times per day	1		
		s who drank a can, b counting diet soda o				Decreased, 2015-2019	Not available <sup>§</sup>	Decrease
Such as Coke, l	Pepsi, or Sprite, not		or diet pop, during to  13.0  bottle, or glass of so	he 7 days before the  12.5  da or pop two or mo	10.4 pore times per day	Decreased, 2015-2019	Not available <sup>§</sup>	Decrease

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		the hard some of th		<del>_</del>								
ed their heart rate an	nd made them breat	the hard some of th										
47.0	46.0	8: Percentage of students who were physically active at least 60 minutes per day on 5 or more day of physical activity that increased their heart rate and made them breathe hard some of the time dues before the survey)										
	40.9	47.2	47.1	No linear change	Not available§	No change						
				No linear change	Not available	No change						
1	activity that increase e survey) 11.6  ts who were physica	activity that increased their heart rate a e survey)  11.6  13.6  ts who were physically active at least 6	activity that increased their heart rate and made them brea e survey)  11.6  13.6  13.2  ts who were physically active at least 60 minutes per day		activity that increased their heart rate and made them breathe hard some of e survey)  11.6 13.6 13.2 13.1 No linear change  ts who were physically active at least 60 minutes per day on all 7 days (in	activity that increased their heart rate and made them breathe hard some of e survey)  11.6 13.6 13.2 13.1 No linear change Not available  ts who were physically active at least 60 minutes per day on all 7 days (in						

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

## New Hampshire High School Survey 10-year Trend Analysis Report

**Total Physical Activity Health Risk Behavior and Percentages** Linear Change\* Quadratic Change\* Change from 2017-2019 † 2009 2011 2013 2015 2017 2019 QN80: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day) 38.9 47.8 49.2 Increased, 2015-2019 Not available§ No change

14.4

14.7

No linear change

Not available

QN83: Percentage of students who had a concussion from playing a sport or being physically active (one or

more times during the 12 months before the survey)

No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behav	ior and Percentag	es		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019	_		
	age of students who	saw a dentist (for a vey)	check-up, exam, tee	eth cleaning, or oth	er dental work,			
			82.7	82.8	83.6	No linear change	Not available <sup>§</sup>	No change
(NNODNT: Pental work)	ercentage of student	s who never saw a d		up, exam, teeth clea		No linear short	Not available	In ana 3
			1.3	0.9	1.2	No linear change	Not available	Increased
		got 8 or more hours	of sleep (on an ave	erage school night)				
N88: Percent	age of students who	got o of more nours						
N88: Percent	age of students who	got o of more nours	28.4	25.5	23.9	Decreased, 2015-2019	Not available	Decreased
	age of students who	described their grad			:	Decreased, 2015-2019	Not available	Decrease

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

## New Hampshire High School Survey 10-year Trend Analysis Report

**Total** Site-Added **Health Risk Behavior and Percentages** Linear Change\* Quadratic Change\* Change from 2017-2019 † 2009 2011 2013 2015 2017 2019 QNWATER1: Percentage of students who drank a bottle or glass of plain water one or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey) 79.5 83.4 Increased, 2017-2019 Not available§ Increased QNWATER2: Percentage of students who drank a bottle or glass of plain water two or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)

76.3

Increased, 2017-2019

Not available

71.1

QNWATER3: Percentage of students who drank a bottle or glass of plain water three or more times per day

Increased

<sup>(</sup>counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)

53.9 59.4 Increased, 2017-2019 Not available Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# New Hampshire High School Survey 10-year Trend Analysis Report

Total Site-Added

		Health Risk Behavi	ior and Percentag		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019	
2009	2011	2013	2015	2017	2019			
	ge of students who tudents who had rid	rarely or never wore	e a bicycle helmet (	hs before the	,			
62.4	63.2	60.0	56.3	57.4	54.4	Decreased, 2009-2019	No quadratic change	Decreased
	,							
QN91: Percentag car)	ge of students who	rarely or never wear	a seat belt when d	riving (among stude	ents who drive a	Decreased, 2013-2019	Not available <sup>§</sup>	Decreased
QN92: Percentage control them or en ont spend time w	ge of students who emotionally hurt the vith, being humiliate the 12 months befor	·	7.7  ney were dating or a s (such things as be or being threatene	6.3 going out with purpeing told who they did not do	4.8  osely tried to could and could what they	Decreased, 2013-2019	Not available <sup>§</sup>	Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

al Added		Health Risk Behav	ior and Percentag		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019	
2009	2011	2013	2015	2017	2019	_		
hey did not war	nt to do (such things	forced someone the as kissing, touching out with someone du	, or physically forc	ing them to have so	exual intercourse,			
				2.2	1.5	Decreased, 2017-2019	Not available <sup>§</sup>	Decreased
		did something to pu						
		17.9	18.5	17.1	19.8	No linear change	Not available	Increased
	C	ever took prescription	on drugs without a	doctor's prescriptio				
		eine, Adderall, Ritali		more times during	their life)			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>\*</sup>Not enough years of data to calculate.

# New Hampshire High School Survey 10-year Trend Analysis Report

Total Site-Added

e-Added		Health Risk Behav	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019
2009	2011	2013	2015	_				
	age of students who cocet, Vicodin, code							
	11.5	7.6	6.8	5.2	4.3	Decreased, 2011-2019	Not available§	Decreased
	age of students who drugs (during the 12			lic message about a	voiding alcohol	Decreased, 2015-2019	Not available	No change
•	ntage of students who			water (counting ta	p, bottled, and	1 1		
				3.1	2.6	Decreased, 2017-2019	Not available	Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

### New Hampshire High School Survey 10-year Trend Analysis Report

**Total** Site-Added **Health Risk Behavior and Percentages** Linear Change\* Quadratic Change\* Change from 2017-2019 <sup>†</sup> 2009 2011 2013 2015 2017 2019 QN103: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not counting soda or pop, one or more times per day during the 7 days before the survey) 18.6 18.0 No linear change Not available§ No change QN104: Percentage of students who reported that some of their classroom teachers provide short physical activity breaks during regular class time (not counting their physical education teacher) 11.0 11.1 No linear change Not available No change QN105: Percentage of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey) 79.3 76.8 80.7 Increased, 2015-2019 Not available Increased QN108: Percentage of students who did not usually sleep in their parent's or guardian's home (during the 30 days before the survey) 2.5 2.2 No linear change Not available No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

### **New Hampshire High School Survey** 10-year Trend Analysis Report

Site-Added **Health Risk Behavior and Percentages** Linear Change\* Quadratic Change\* Change from 2017-2019 † 2009 2011 2013 2015 2017 2019 QN109: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey) 4.5 4.2 Not available§ No change No linear change QN110: Percentage of students who reported that either of their parents or other adults in their family had been in jail or in prison (during the 12 months before the survey) 9.3 8.8 6.7 Decreased, 2015-2019 Not available Decreased QN113: Percentage of students who think people are at great risk of harming themselves (physically or in other

36.5

16.1

27.3

10.3

Decreased, 2013-2019

Decreased, 2013-2019

Not available

Not available

ways) if they have five or more drinks of alcohol once or twice a week (beer, wine, or liquor) 36.5

21.7

40.9

18.3

QN114: Percentage of students who think people are at great risk of harming themselves (physically or in other

ways) if they use marijuana once or twice a week

**Total** 

Decreased

Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. <sup>†</sup>Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behavi	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019 <sup>†</sup>
2009	2011	2013	2015	_				
ways) if they ta	ntage of students who ake a prescription dru rall, Ritalin, or Xanax	g without a doctor's						
	60.9	63.0	62.8	63.2	56.7	Decreased, 2011-2019	Not available§	Decreased
				03.2	30.7	Beeleasea, 2011 2019	1 tot available	Beereused
	ntage of students who two drinks of an alco		friends feel it woul	d be wrong or very		Increased, 2013-2019	Not available	Increased
to have one or t	two drinks of an alco	holic beverage nearl	friends feel it woul y every day (beer, 57.1	d be wrong or very wine, or liquor) 56.7	wrong for them 65.4			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behavi	ior and Percentag	es		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	iption drug without	no reported that their a doctor's prescriptio						
		77.7	81.4	80.5	83.6	Increased, 2013-2019	Not available <sup>§</sup>	Increased
N119: Percer rinks of alcoho	ntage of students whole of nearly every day	no approve or strongly (beer, wine, or liquor 7.3	y approve of someon) 8.1	one their age having	g one or two 5.0	Decreased, 2013-2019	Not available	Decreased
		no reported that their oholic beverage nearl			wrong for them			
		88.7	89.3	89.1	90.9	Increased, 2013-2019	Not available	Increased
				+				
QN121: Percei o smoke mariji		no reported that their	parents feel it woul	d be wrong or very	wrong for them			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behavi	ior and Percentag	es	Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019 †	
2009	2011	2013	2015	2017	2019			
	ption drug without	o reported that their particular doctor's prescription						
		94.1	94.9	94.2	95.5	No linear change	Not available§	Increased
N123: Percer beer, wine, or l		o think it would be v	ery easy for them t	to get some alcohol	if they wanted to 31.6	Decreased, 2013-2019	Not available	Decrease
N124: Percer	tage of students wh	o think it would be v	ery easy for them t	to get some marijua	nna if they wanted			
43.8	47.7	47.1	41.6	41.4	39.0	Decreased, 2009-2019	No change, 2009-2013 Decreased, 2013-2019	Decrease
		o think it would be ved to (such as OxyCo						
	ipuon n tiley want							

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

Male

		Health Risk Behav	Linear Change*	Quadratic Change*	Change from 2017-2019 †			
2009	2011	2013	2015	2017	2019			
QN8: Percentag	e of students who r	arely or never wore	a seat belt (when ri	ding in a car driven	by someone else)	)		
14.0	12.3	11.1	9.4	8.1	6.5	Decreased, 2009-2019	No quadratic change	Decreased
		ode with a driver whys before the survey)		g alcohol (in a car	or other vehicle,	Decreased, 2009-2019	No quadratia abanga	No change
21.7	23.8	13.3	13.0	13.0	13.3	Decreased, 2009-2019	No quadratic change	No change
	ng the 30 days before	drove a car or other re the survey, among						
		8.4	7.6	6.8	5.5	Decreased, 2013-2019	Not available§	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behavi	Linear Change*	Quadratic Change*	Change from 2017-2019			
2009	2011	2013	2015	2017	2019			
	ys before the surve	texted or e-mailed w y, among students w						
		46.2	41.3	40.3	42.0	Decreased, 2013-2019	Not available§	No chang
NIIO. Dama :			- ala a a a a a a a la circa		1 day daylar de			:
		carried a weapon (st	uch as a gun, knife,	or club, on at least	1 day during the 21.9	No linear change	Not available	No chang
0 days before t	he survey)	carried a weapon on		23.5	21.9	No linear change	Not available	No chang
0 days before t	he survey)  age of students who	carried a weapon on		23.5	21.9	No linear change  Decreased, 2017-2019	Not available  Not available	No chang
QN13: Percenta east 1 day durin	he survey)  age of students who age the 30 days before	carried a weapon on	school property (s	23.5 such as a gun, knife 5.1	21.9 , or club, on at 4.0			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

ury and Violen		Health Risk Behav	Linear Change*	Quadratic Change*	Change from 2017-2019 †			
2009	2011	2013	2015	2017	2019			
		were threatened or i			rty (such as a			
				7.7	7.0	No linear change	Not available§	No change
			forced to have se	xual intercourse (w	nen they did not			
-	age of students who	were ever physically	Torced to have sea		J			
QN19: Percenta want to) 4.8	age of students who 4.1	were ever physically 3.3	3.0	2.8	3.0	Decreased, 2009-2019	No quadratic change	No chang
want to) 4.8  QN20: Percenta counting such t	4.1 age of students who things as kissing, tou		3.0 violence (being for sically forced to ha	2.8	3.0 o sexual things	Decreased, 2009-2019	No quadratic change	No chang

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behavi	Linear Change*	Quadratic Change*	Change from 2017-2019 †					
2009	2011	2013	2015	2017	2019	_				
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)										
		5.0	6.0	3.0	3.2	Decreased, 2013-2019	Not available <sup>§</sup>	No change		
someone they w injured with an	vere dating or going object or weapon] o	experienced physica out with [counting so one or more times dur- ne during the 12 months 5.8	uch things as being ring the 12 months	hit, slammed into s before the survey, a	something, or	No linear change	Not available	No change		
someone they winjured with an who dated or w	vere dating or going object or weapon] o ent out with someor	out with [counting some or more times during the 12 mone	uch things as being ring the 12 months ths before the surve 6.1	hit, slammed into sbefore the survey, abey) 6.3	something, or among students 6.3	No linear change	Not available	No change		

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

### New Hampshire High School Survey 10-year Trend Analysis Report

Male **Injury and Violence Health Risk Behavior and Percentages** Linear Change\* Quadratic Change\* Change from 2017-2019 † 2009 2011 2013 2015 2017 2019 QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey) 15.2 12.8 11.3 12.1 13.4 No linear change Not available§ No change QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey) 18.4 19.4 17.8 17.9 18.6 23.8 No linear change No change, 2009-2015 Increased Increased, 2015-2019 QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey) 10.2 12.2 11.3 10.7 11.5 14.4 No linear change No quadratic change Increased QN28: Percentage of students who attempted suicide (one or more times during the 12 months before the survey) 4.2 4.8 5.0 4.0 5.3 4.6 No linear change No quadratic change Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\</sup>dagger}$ Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

fale njury and Violenc		Health Risk Behav	ior and Percentag	ees		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019	<del>_</del>		
			pt that resulted in a onths before the sur	n injury, poisoning, vey)	or overdose that			
1.6	2.0	1.6	1.5	1.3	1.3	No linear change	No quadratic change	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behav	ior and Percentag	es		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
QN32: Percentag	ge of students who	currently smoked ci	garettes (on at least	t 1 day during the 3	0 days before the	,		
21.6	22.1	14.2	10.2	8.7	6.6	Decreased, 2009-2019	No quadratic change	Decreased
					,			
QNFRCIG: Perc 30 days before th		who currently smok	ed cigarettes freque	ently (on 20 or mor	e days during the			
		who currently smok 6.1	ed cigarettes freque	ently (on 20 or mor 2.4	e days during the 2.2	Decreased, 2009-2019	Decreased, 2009-2013 Decreased, 2013-2019	No change
30 days before th	ne survey) 11.6 ercentage of studen	•	4.4	2.4	2.2	Decreased, 2009-2019		No change
9.2  QNDAYCIG: Po	ne survey) 11.6 ercentage of studen	6.1	4.4	2.4	2.2	Decreased, 2009-2019  Decreased, 2009-2019		No change
9.2  QNDAYCIG: Poefore the survey 6.8  QN33: Percentage	ercentage of studenty)  8.7  ge of students who	6.1	4.4  oked cigarettes dail  3.4	2.4 ly (on all 30 days d 1.9	2.2 uring the 30 days		Decreased, 2013-2019  No change, 2009-2013	

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

Iale Obacco Use		Health Risk Beha	vior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019			
	pes, vaping pens, e-		onic vapor product ( h pens [such as blu			Increased, 2017-2019	Not available <sup>§</sup>	Increased
e-pipes, vape pi	pes, vaping pens, e-	hookahs, and hooka	e 30 days before the	NJOY, Vuse, Mar		1		,
			26.2	26.9	32.7	Increased, 2015-2019	Not available	Increased
	ercentage of students 30 days before the		d electronic vapor pr	roducts frequently (	on 20 or more			
			5.7	8.0	14.7	Increased, 2015-2019	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behav	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
QNDAYEVP: Per the 30 days before		nts who currently us	ed electronic vapor	products daily (on	all 30 days during			
			4.1	5.9	10.4	Increased, 2015-2019	Not available§	Increased
QNTB5: Percenta 1 day during the 30		no currently smoked survey)	cigarettes or used e	electronic vapor pro	ducts (on at least			
			29.0	29.2	33.9	Increased, 2015-2019	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behav	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
QN40: Percenta	ge of students who	had their first drink	of alcohol before a	ge 13 years (other t	han a few sips)			
17.7	14.7	13.0	12.6	12.5	11.7	Decreased, 2009-2019	No quadratic change	No change
	ge of students who ys before the survey 39.0	currently drank alco y) 30.0	hol (at least one dr	ink of alcohol, on a	t least 1 day 24.7	Decreased, 2009-2019	No quadratic change	Decreased
during the 30 da 39.2 QN44: Percenta	ys before the survey 39.0 ge of students who	<i>i</i> )	28.6	28.5	24.7	·	No quadratic change	Decreased
during the 30 da 39.2 QN44: Percenta	ys before the survey 39.0 ge of students who	30.0 usually got the alcol	28.6	28.5	24.7	·	No quadratic change  Increased, 2009-2015 Decreased, 2015-2019	Decreased
39.2 QN44: Percenta 30 days before the 28.4	ge of students who he survey, among st	30.0  usually got the alcoludents who currentl	28.6  nol they drank by so y drank alcohol)  37.2	28.5 omeone giving it to 33.8	24.7 them (during the	·	Increased, 2009-2015	

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

## New Hampshire High School Survey 10-year Trend Analysis Report

Male **Alcohol and Other Drug Use Health Risk Behavior and Percentages** Linear Change\* Quadratic Change\* Change from 2017-2019 † 2009 2011 2013 2015 2017 2019 QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey) 28.1 30.6 26.0 23.9 24.0 26.3 Decreased, 2009-2019 No quadratic change Increased QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life) 10.5 6.0 8.7 Decreased, 2015-2019 Not available§ Increased QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life) 2.3 3.4 5.0 3.3 3.2 2.0 Decreased, 2009-2019 No quadratic change No change QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life) 4.2 5.6 3.6 3.3 2.5 2.4 Decreased, 2009-2019 No quadratic change No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\</sup>dagger}$ Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# New Hampshire High School Survey 10-year Trend Analysis Report

Male Alcohol and Other Drug Use

cohol and Other	<u> </u>	Health Risk Behav	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019 $^{\dagger}$
2009	2011	2013	2015	2017	2019			
QN54: Percenta life)	ge of students who	ever used ecstasy (a	ilso called "MDMA	," one or more time	es during their			
7.1	11.2	8.8	5.4	3.8	3.0	Decreased, 2009-2019	No change, 2009-2013 Decreased, 2013-2019	Decreased
QN57: Percenta 12 months before		were offered, sold,	or given an illegal o	lrug on school prop	erty (during the			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

	]	Health Risk Behav	ior and Percentag	es		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019			
QN58: Percentag	ge of students who	ever had sexual inte	rcourse					
46.1	49.4	42.2	39.8	40.0	39.4	Decreased, 2009-2019	No quadratic change	No change
QN59: Percentag	ge of students who	had sexual intercour	rse for the first time	e before age 13 year	rs			1
6.4	6.5	4.8	3.6	2.7	2.7	Decreased, 2009-2019	No quadratic change	No change
QN60: Percentag	ge of students who	had sexual intercou	rse with four or mo	re persons during the	neir life			
				9.1	7.4	Decreased, 2017-2019	Not available <sup>§</sup>	Decreased
	ge of students who e 3 months before t	were currently sexual	ally active (had sex	tual intercourse wit	h at least one			
32.9	37.9	32.2	30.4	29.0	28.2	Decreased, 2009-2019	No quadratic change	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

Male	
Sexual	<b>Behaviors</b>

		Health Risk Behav	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	ge of students who tly sexually active)	drank alcohol or use	ed drugs before last	sexual intercourse	(among students			
23.5	25.6	23.0	21.1	20.4	21.2	No linear change	No quadratic change	No change
QN63: Percenta currently sexual		used a condom duri	ng last sexual inter	course (among stud	lents who were			
60.7	64.7	58.6	65.1	63.7	59.5	No linear change	No quadratic change	Decreased
	ge of students who who were currently	used birth control pasexually active)	ills before last sexu	al intercourse (to p	revent pregnancy,			
24.4	24.8	30.9	27.1	24.5	27.5	No linear change	No quadratic change	No change
	planon) before last	s who used an IUD sexual intercourse (						
		0.5	3.1	6.5	9.4	Increased, 2013-2019	Not available§	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behavi	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019	_		
birth control rin		nts who used a shot (g) before last sexual						
		2.5	2.4	2.1	3.0	No linear change	Not available§	No change
ONOTHHPL:	Percentage of stude	nts who used hirth co	ontrol pills: an IIJD	(such as Mirena or	ParaGard) or			;
implant (such as	s Implanon or Nexp ch as NuvaRing) be	nts who used birth co lanon); or a shot (suc fore last sexual interco	ch as Depo-Provera	), patch (such as Oi	thoEvra), or birth	No linear change	Not available	Increased
implant (such as control ring (suc currently sexual QNDUALBC: pills; an IUD (so Depo-Provera),	s Implanon or Nexp ch as NuvaRing) be lly active)  Percentage of stude uch as Mirena or Pa patch (such as Orth	lanon); or a shot (suc fore last sexual interc	course (to prevent p 32.6 condom during last such as Implanon o rol ring (such as Nu	), patch (such as Oregnancy, among s 33.1 sexual intercourse r Nexplanon); or a uvaRing) before las	and birth control shot (such as	No linear change	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

ale exual Behaviors	1	Health Risk Behav	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019	<u> </u>		
ONDONONE	Percentage of studer	nts who did not use.	any method to prev	ent pregnancy durir	no last sexual			
intercourse (amo	ong students who we	ere currently sexual	ly active)	ent prognancy duri	ig iust sexuui			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

	]	Health Risk Behavi	or and Percentage	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	entage of students w sex- and age-specifi				ile for body mass			
13.5	13.8	13.5	14.6	13.6	14.0	No linear change	No quadratic change	No change
	rcentage of students reference data from			or body mass index,	based on sex-			
and age specific		440	16.3	16.1	16.1	No linear change	No quadratic change	No change
16.3	14.6	14.9	10.5			C	1 0	Ü
16.3 QN75: Percenta	14.6  age of students who ting diet soda or diet	did not drink a can,	bottle, or glass of s		Coke, Pepsi, or			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>&</sup>lt;sup>§</sup>Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

Not enough years of data to calculate.

		Health Risk Behav	vior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019
2009	2011	2013	2015	2017	2019	<del></del>		
)NSODA1: Pe	ercentage of student	s who drank a can h	nottle or glass of so	da or non one or mo	ore times per day	,		
		s who drank a can, b counting diet soda o				Decreased, 2015-2019	Not available <sup>§</sup>	Decrease
Such as Coke, I	Pepsi, or Sprite, not		18.1 oottle, or glass of so	he 7 days before the  16.3  da or pop two or mo	14.3  ore times per day	Decreased, 2015-2019	Not available <sup>§</sup>	Decrease

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

Mala

2011	2012						
	2013	2015	2017	2019	_		
	54.1	52.9	55.1	53.4	No linear change	Not available§	No change
nd of physical	activity that increase				No linear change	Not available	No change
1	rity that increase vey) ntage of studer and of physical	tity that increased their heart rate and vey)  54.1  Intage of students who did not particularly and of physical activity that increase days before the survey)	tity that increased their heart rate and made them bready by 54.1 52.9  httage of students who did not participate in at least 60 and of physical activity that increased their heart rate a days before the survey)	tity that increased their heart rate and made them breathe hard some of the vey)  54.1 52.9 55.1  Intage of students who did not participate in at least 60 minutes of physical activity that increased their heart rate and made them breat days before the survey)	54.1 52.9 55.1 53.4  Intage of students who did not participate in at least 60 minutes of physical activity on at and of physical activity that increased their heart rate and made them breathe hard some of days before the survey)	tity that increased their heart rate and made them breathe hard some of the time during the vey)  54.1 52.9 55.1 53.4 No linear change  Intage of students who did not participate in at least 60 minutes of physical activity on at and of physical activity that increased their heart rate and made them breathe hard some of days before the survey)	tity that increased their heart rate and made them breathe hard some of the time during the vey)  54.1 52.9 55.1 53.4 No linear change Not available§  Intage of students who did not participate in at least 60 minutes of physical activity on at and of physical activity that increased their heart rate and made them breathe hard some of days before the survey)

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behav	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
NOO Darconto	ga of students who	nlaved video or con	nnutar gamas or usa	nd a computer 2 or a	nora hours par			
ay (counting tin ouTube, Instag	ne spent on things	o played video or con such as Xbox, PlayS other social media, 1	tation, an iPad or o for something that v	ther tablet, a smartp was not school work	ohone, texting, c, on an average	Ingraced 2015 2010	Not available§	Ingrassad
lay (counting tir	ne spent on things	such as Xbox, PlayS	tation, an iPad or o	ther tablet, a smartp	ohone, texting,	Increased, 2015-2019	Not available <sup>§</sup>	Increased
lay (counting ting tou Tube, Instage chool day)  QN83: Percenta	ne spent on things gram, Facebook, or	such as Xbox, PlayS other social media, f	tation, an iPad or o for something that v 40.5	ther tablet, a smartp was not school work 46.0	ohone, texting, c, on an average 50.2	Increased, 2015-2019	Not available <sup>§</sup>	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

	1	Health Risk Behavi	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	age of students who		check-up, exam, te	eth cleaning, or oth	er dental work,			
			81.6	82.5	82.7	No linear change	Not available§	No change
ONNODNT: Plental work)	Percentage of students	s who never saw a d	entist (for a check-	up, exam, teeth clea	aning, or other			
			1.7	1.1	1.5	No linear change	Not available	No chang
N88: Percent	age of students who	got 8 or more hours	of sleep (on an ave	erage school night)		-		
			31.8	27.7	26.1	Decreased, 2015-2019	Not available	No chang
N89: Percent	age of students who	described their grad	es in school as mos	stly A's or B's (during	ng the 12 months			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

ale te-Added								
		Health Risk Behav	ior and Percentag	res		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	Percentage of stude ottled, and unflavor				times per day			
. 2 1		,	C ,	77.3	82.7	Increased, 2017-2019	Not available <sup>§</sup>	Increased
	Percentage of stude oottled, and unflavor				times per day			
				69.8	76.1	Increased, 2017-2019	Not available	Increased
	Percentage of stude ottled, and unflavor				times per day			
				53.1	58.9	Increased, 2017-2019	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# New Hampshire High School Survey 10-year Trend Analysis Report

Male Site-Added

		Health Risk Behavi	or and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019			
	ge of students who tudents who had rid	rarely or never wore dden a bicycle)	a bicycle helmet (	during the 12 mont	hs before the			
66.3	66.5	63.0	60.5	61.4	57.8	Decreased, 2009-2019	No quadratic change	Decreased
car)	se er stadents who	rarely or never wear 10.1	9.6	7.6	5.9	Decreased, 2013-2019	Not available <sup>§</sup>	Decreased
control them or e not spend time w	emotionally hurt the with, being humiliate the 12 months befor	reported someone them one or more times end in front of others, the the survey, among	s (such things as be or being threatene	eing told who they of they of they did not do	could and could what they			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

ale e-Added		Health Risk Behavi	ior and Percentag	ges		Linear Change <sup>*</sup>	Quadratic Change*	Change from
								2017-2019 <sup>†</sup>
2009	2011	2013	2015	2017	2019			
they did not war	nt to do (such thing	forced someone they s as kissing, touching	g, or physically force					
among students	who dated or went	out with someone du	aring the 12 months		2.1	No linear change	Not available	No ahanga
among students	who dated or went	out with someone du	iring the 12 months	2.6	2.1	No linear change	Not available§	No change
QN95: Percenta	age of students who	odid something to pu urpose one or more ti	rposely hurt thems	2.6	ng to die (such as	No linear change	Not available <sup>§</sup> Not available	No change
QN95: Percenta cutting or burning QN96: Percenta	age of students who ng themselves on p	o did something to pu urpose one or more ti	rposely hurt themse times during the 12 10.2 on drugs without a	2.6 elves without wanti months before the s 9.4 doctor's prescriptio	ng to die (such as urvey) 12.6 n (such as			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

## **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behav	vior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019			
	age of students who cocet, Vicodin, code							
	11.8	8.8	7.4	5.7	5.0	Decreased, 2011-2019	Not available§	No change
	age of students who drugs (during the 12			lic message about a	avoiding alcohol	Decreased, 2015-2019	Not available	No change
	tage of students wh			water (counting tap	p, bottled, and			
				4.2	3.1	Decreased, 2017-2019	Not available	

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

## New Hampshire High School Survey 10-year Trend Analysis Report

Male Site-Added **Health Risk Behavior and Percentages** Linear Change\* Quadratic Change\* Change from 2017-2019 <sup>†</sup> 2009 2011 2013 2015 2017 2019 QN103: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not counting soda or pop, one or more times per day during the 7 days before the survey) 21.8 20.9 No linear change Not available§ No change QN104: Percentage of students who reported that some of their classroom teachers provide short physical activity breaks during regular class time (not counting their physical education teacher) 12.2 11.5 No linear change Not available No change QN105: Percentage of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey) 78.4 75.5 79.9 No linear change Not available Increased QN108: Percentage of students who did not usually sleep in their parent's or guardian's home (during the 30 days before the survey) 2.7 2.4 No linear change Not available No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

## **New Hampshire High School Survey** 10-year Trend Analysis Report

Male Site-Added **Health Risk Behavior and Percentages** Linear Change\* Quadratic Change\* Change from 2017-2019 † 2009 2011 2013 2015 2017 2019 QN109: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey) 4.1 4.4 No linear change Not available§ No change QN110: Percentage of students who reported that either of their parents or other adults in their family had been in jail or in prison (during the 12 months before the survey) 8.1 8.7 6.1 Decreased, 2015-2019 Not available Decreased QN113: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they have five or more drinks of alcohol once or twice a week (beer, wine, or liquor) 33.4 38.5 32.8 23.9 Decreased, 2013-2019 Not available Decreased QN114: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they use marijuana once or twice a week 17.9 17.4 15.1 9.8 Decreased, 2013-2019 Not available Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. <sup>†</sup>Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

	1	Health Risk Behavi	or and Percentage	es		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
ways) if they ta	entage of students who ake a prescription drug rall, Ritalin, or Xanax	g without a doctor's						
	55.8	59.4	59.6	58.6	52.3	No linear change	Not available§	Decreased
2) 111 ( P		a mamoustand that their f	riends feel it would	d he wrong or very	wrong for them			
	entage of students who two drinks of an alcol				59.4	Increased, 2013-2019	Not available	Increased
o have one or t	two drinks of an alcol	holic beverage nearly 47.3	y every day (beer, 50.2	wine, or liquor) 51.5	59.4	Increased, 2013-2019	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behavi	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	iption drug without	o reported that their a doctor's prescription						
		75.6	77.4	76.3	80.3	Increased, 2013-2019	Not available <sup>§</sup>	Increased
QN119: Percei drinks of alcoho	ntage of students whol nearly every day	to approve or strongly (beer, wine, or liquor) 8.8	y approve of someon) 9.8	one their age having	g one or two 6.8	Decreased, 2013-2019	Not available	Decreased
	ntage of students wh	o reported that their			wrong for them			
	two drinks of an alco	oholic beverage nearl	y every day (seer,	• '				
		oholic beverage nearl 86.2	86.2	86.5	89.3	Increased, 2013-2019	Not available	Increased
o have one or t	two drinks of an alco	-	86.2	86.5		Increased, 2013-2019	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behavi	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	ption drug without	o reported that their a doctor's prescription						
		92.6	93.4	92.9	94.5	No linear change	Not available <sup>§</sup>	Increased
N123: Percenteer, wine, or l		o think it would be v	ery easy for them t	to get some alcohol	if they wanted to 32.7	Decreased, 2013-2019	Not available	Decrease
)		o think it would be v						
46.6	49.6	49.2	43.1	42.7	40.3	Decreased, 2009-2019	No change, 2009-2013 Decreased, 2013-2019	No chang
		o think it would be ved to (such as OxyCo						
(anax)								

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

## New Hampshire High School Survey 10-year Trend Analysis Report

**Female Injury and Violence Health Risk Behavior and Percentages** Linear Change\* Quadratic Change\* Change from 2017-2019 † 2009 2011 2013 2015 2017 2019 QN8: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else) 11.4 9.0 8.1 6.6 5.3 4.4 Decreased, 2009-2019 No quadratic change No change QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey) 21.5 19.6 15.1 No quadratic change 24.6 15.9 16.3 Decreased, 2009-2019 No change

QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during

the 30 days before the survey)

8.4

4.8

4.5

3.6

Decreased, 2013-2019

Not available No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\</sup>dagger}$ Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

emale jury and Violen	ce							
		Health Risk Behavi	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	ys before the surve	o texted or e-mailed wey, among students wh						
		49.4	46.0	43.0	46.4	No linear change	Not available§	No change
ON12: Percent	uge of students who	o carried a weapon (su	ich as a gun knife	or club on at least	1 day during the			
30 days before t		carried a weapon (so	den as a gun, kinie,	of club, off at least	. I day during the			
				7.6	6.3	Decreased, 2017-2019	Not available	Decreased
	age of students who	o carried a weapon on tre the survey)	school property (s	uch as a gun, knife	, or club, on at			
				1.7	1.4	No linear change	Not available	No change
	6 1 1	o did not go to school	because they felt u	nsafe at school or	on their way to or			
		ng the 30 days before						

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

2011 2013 2015 2017 2019  centage of students who were threatened or injured with a weapon on school property (such as a or club, one or more times during the 12 months before the survey)  5.4 5.5 No linear change Not available§  centage of students who were ever physically forced to have sexual intercourse (when they did not	No chang
or club, one or more times during the 12 months before the survey)  5.4  5.5  No linear change  Not available§	No chang
5.4 5.5 No linear change Not available <sup>§</sup>	No chang
centage of students who were ever physically forced to have sexual intercourse (when they did not	
centage of stadents who were ever physically forced to have sexual intercourse (when they did not	
8.4 7.9 9.8 8.8 10.6 No linear change No quadratic change	Increase
	8.8 10.6 No linear change No quadratic change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behavi	or and Percentag	res		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
dating or going forced to have s	out with to do sexual exual intercourse] the	experienced sexual of all things [counting support they did not want or went out with some	ich things as kissin to, one or more tii	ng, touching, or being mes during the 12 m	ng physically nonths before the			
		14.8	17.3	11.4	12.3	Decreased, 2013-2019	Not available§	No change
						,		210 2333-82
someone they winjured with an	vere dating or going object or weapon] o	experienced physica out with [counting some or more times during the 12 mon	uch things as being ring the 12 months ths before the surve	g hit, slammed into before the survey, ey)	something, or among students	, 		
someone they winjured with an	vere dating or going object or weapon] o	out with [counting some or more times dur	uch things as being ring the 12 months	g hit, slammed into before the survey,	something, or	No linear change	Not available	Decreased
someone they winjured with an who dated or we	vere dating or going object or weapon] o ent out with someon	out with [counting some or more times during the 12 mone	uch things as being ring the 12 months ths before the surve 9.5	thit, slammed into before the survey, ey) 9.1	something, or among students 7.3	No linear change	Not available	

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

male jury and Violen	ace							
	j	Health Risk Behav	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	age of students who book, or other socia				h texting,			
	28.5	23.7	26.0	26.2	26.8	No linear change	Not available§	No change
	age of students who				row so that they			
stopped doing s	ome usual activities,	ever during the 12	months before the	survey)				
32.1	31.3	32.7	36.9	37.6	43.9	Increased, 2009-2019	No change, 2009-2013 Increased, 2013-2019	Increased
QN26: Percentathe survey)	age of students who	seriously considered	l attempting suicid	e (ever during the 1	2 months before			
13.8	16.8	17.4	20.1	20.6	22.5	Increased, 2009-2019	No quadratic change	No change
QN28: Percenta	age of students who	attempted suicide (c	one or more times of	luring the 12 month	as before the			
5.1	7.5	8.6	8.9	7.7	8.4	No linear change	Increased, 2009-2013 No change, 2013-2019	No chang

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

Remale Injury and Violenc		Health Risk Behav	ior and Percentag	res		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019			
		had a suicide attem		n injury, poisoning, vey)	or overdose that			
1.6	2.9	3.5	3.5	2.5	2.5	No linear change	No change, 2009-2013 Decreased, 2013-2019	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

Female

		Health Risk Behav	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
QN32: Percentag survey)	ge of students who	currently smoked ci	garettes (on at least	t 1 day during the 3	0 days before the	,		
20.0	17.5	13.2	8.0	6.6	4.1	Decreased, 2009-2019	No quadratic change	Decreased
QNFRCIG: Perc 30 days before th		who currently smok	ed cigarettes freque	ently (on 20 or more	e days during the			
		who currently smok 4.9	ed cigarettes freque	ently (on 20 or more	e days during the 0.9	Decreased, 2009-2019	No quadratic change	Decreased
0 days before the 9.6  QNDAYCIG: Po	7.9 recentage of studen	•	2.8	1.8	0.9	Decreased, 2009-2019	No quadratic change	Decreased
30 days before th	7.9 recentage of studen	4.9	2.8	1.8	0.9	Decreased, 2009-2019  Decreased, 2009-2019	No quadratic change  No quadratic change	Decreased Decreased
9.6  QNDAYCIG: Poefore the survey 7.3  QN33: Percentage	re survey) 7.9 ercentage of studen 7) 6.2 ge of students who	4.9	2.8  oked cigarettes dail 2.0  10 cigarettes per dai	1.8 ly (on all 30 days de 1.4 y (on the days they	0.9 uring the 30 days 0.8			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behav	vior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	pes, vaping pens, e-		onic vapor product ( ah pens [such as blu					
				37.8	51.9	Increased, 2017-2019	Not available§	Increased
-pipes, vape pi	pes, vaping pens, e-	hookahs, and hooka	electronic vapor proc ah pens [such as blu e 30 days before the 23.4	, NJOY, Vuse, Mar		Increased, 2015-2019	Not available	Increased
-pipes, vape pi /apin Plus, eG	pes, vaping pens, e- o, and Halo], on at le	hookahs, and hooka east 1 day during the	ah pens [such as blu e 30 days before the	, NJOY, Vuse, Mar survey) 20.4	kTen, Logic, 34.7		Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

emale Cobacco Use		Health Risk Behav	ior and Percentag	es		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019			
QNDAYEVP: the 30 days befo	Percentage of stude ore the survey)	nts who currently us	ed electronic vapor	products daily (on	all 30 days during			
			1.6	1.7	8.2	Increased, 2015-2019	Not available <sup>§</sup>	Increased
	ntage of students when a 30 days before the		cigarettes or used e	electronic vapor pro	oducts (on at least	,		,
•	·	•	25.7	22.4	35.1	Increased, 2015-2019	Not available	Increased
(such as a conve	age of students who enience store, super ong students who cur	market, discount sto	re, gas station, or va	ape store, during th	e 30 days before	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

**Female** 

		Health Risk Behavi	ior and Percentag	es		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
QN40: Percenta	ge of students who	had their first drink	of alcohol before a	ge 13 years (other t	han a few sips)			
11.5	13.9	10.0	8.6	8.4	8.8	Decreased, 2009-2019	No quadratic change	No change
	ge of students who ys before the survey 37.5	currently drank alco y) 35.9	shol (at least one dr	ink of alcohol, on a	t least 1 day 29.0	Decreased, 2009-2019	No quadratic change	No change
during the 30 day 39.4 QN44: Percenta	ys before the survey 37.5 ge of students who	y)	31.1	30.7	29.0	,	No quadratic change	No change
during the 30 day 39.4 QN44: Percenta	ys before the survey 37.5 ge of students who	y) 35.9 usually got the alcol	31.1	30.7	29.0	,	No quadratic change  Increased, 2009-2015 Decreased, 2015-2019	No change
39.4 39.4 2004: Percenta 30 days before the 33.7	37.5  ge of students who he survey, among st 41.3	y) 35.9 usually got the alcoludents who currentle	31.1 hol they drank by s y drank alcohol) 47.7	30.7 omeone giving it to 46.8	29.0 them (during the		Increased, 2009-2015	

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

	]	Health Risk Behav	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019	<u> </u>		
QN47: Percenta survey)	ge of students who	currently used marij	juana (one or more	times during the 30	) days before the			
22.9	25.8	22.6	20.0	21.9	25.5	No linear change	No quadratic change	Increased
N48: Percenta	ge of students who	ever used synthetic	marijuana (one or 1	more times during t	heir life)			
)N48: Percenta	ge of students who	ever used synthetic	marijuana (one or 1	more times during t	heir life) 8.2	No linear change	Not available <sup>§</sup>	Increased
N52: Percenta	ge of students who	ever used synthetic	7.6	4.9	8.2	No linear change	Not available <sup>§</sup>	Increase
N52: Percenta	ge of students who		7.6	4.9	8.2	No linear change  Decreased, 2009-2019	Not available <sup>§</sup> No quadratic change	Increase No chang
QN52: Percenta nore times durin 2.3	ge of students who g their life) 2.1	ever used heroin (al 1.8 ever used methampl	7.6 so called "smack," 1.3	4.9 "junk," or "China V	8.2 White," one or 0.7			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

## New Hampshire High School Survey 10-year Trend Analysis Report

**Female Alcohol and Other Drug Use** Linear Change\* **Health Risk Behavior and Percentages** Quadratic Change\* Change from 2017-2019 † 2009 2011 2013 2015 2017 2019 QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life) 6.3 6.1 5.4 3.4 1.9 1.6 Decreased, 2009-2019 No quadratic change No change QN57: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey) 18.3 18.5 18.5 13.9 14.8 19.0 No linear change No quadratic change Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

**Female** 

	Ì	Health Risk Behav	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
QN58: Percenta	ge of students who	ever had sexual inte	rcourse					
46.2	45.7	43.4	38.7	37.5	40.0	Decreased, 2009-2019	No quadratic change	No change
QN59: Percenta	ge of students who	had sexual intercoun	rse for the first time	e before age 13 year	rs .			1
1.9	2.4	3.0	1.9	1.8	1.6	No linear change	No quadratic change	No change
QN60: Percenta	ge of students who	had sexual intercoun	rse with four or mo	re persons during th	neir life	· .		·
				7.9	6.8	Decreased, 2017-2019	Not available§	No change
	ge of students who	were currently sexu	ally active (had sex	ual intercourse with	n at least one			
				30.5	31.1	Decreased, 2009-2019	No quadratic change	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

Female	•
Sexual	Behaviors

	]	Health Risk Behavi	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	age of students who ntly sexually active)	drank alcohol or use	ed drugs before last	sexual intercourse	(among students			
19.5	18.9	18.6	16.1	16.3	17.6	No linear change	No quadratic change	No change
QN63: Percenta currently sexual 53.7	age of students who ly active) 56.6	used a condom during 53.1	ng last sexual interes	course (among stud 55.4	ents who were 51.4	No linear change	No quadratic change	No change
				-1:	rayant pragnancy			
	age of students who who were currently		lls before last sexu	ai intercourse (to pi	revent pregnancy,			
			lls before last sexu 38.2	36.5	38.6	No linear change	No quadratic change	No change
40.8  QNIUDIMP: Po	who were currently 40.8  ercentage of students xplanon) before last	37.0 s who used an IUD (	38.2 (such as Mirena or	36.5  ParaGard) or impla	38.6	No linear change	No quadratic change	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behavi	or and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
oirth control rin		nts who used a shot (g) before last sexual						
		8.0	5.5	5.4	4.1	Decreased, 2013-2019	Not available <sup>§</sup>	No chang
INOTHHPL:	Percentage of studer	nts who used birth co	ntrol pills: an IUD	(such as Mirena or	ParaGard) or			
mplant (such as control ring (suc	ch as NuvaRing) bet	nts who used birth co lanon); or a shot (suc fore last sexual interc 49.0	h as Depo-Provera	), patch (such as Or	thoEvra), or birth	Increased, 2013-2019	Not available	No chang
emplant (such as control ring (such currently sexual curr	s Implanon or Nexpi ch as NuvaRing) berally active)  Percentage of studes ouch as Mirena or Parage of studes of patch (such as Orthon	lanon); or a shot (suc fore last sexual interc	th as Depo-Provera course (to prevent p 50.2 condom during last such as Implanon or rol ring (such as No	1), patch (such as Or pregnancy, among s 53.6 t sexual intercourse or Nexplanon); or a uvaRing) before las	thoEvra), or birth tudents who were 55.6 and birth control shot (such as	Increased, 2013-2019	Not available	No chang

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

male xual Behaviors		Health Risk Behav	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019 <sup>†</sup>
2009	2011	2013	2015	2017	2019			
ONDONONE	Percentage of stude	nts who did not use	any method to prev	ent pregnancy durin	ng last sexual	,		
intercourse (amo	ong students who w	ere currently sexual	ly active)					

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

		Health Risk Behav	ior and Percentag	es		Linear Change*	Quadratic Change*	Change fron 2017-2019
2009	2011	2013	2015	2017	2019			
	entage of students w sex- and age-specifi				ile for body mass			
12.1	14.4	14.2	14.4	14.5	14.1	No linear change	No quadratic change	No change
	rcentage of students reference data from			or body mass index,	based on sex-			
7.2	9.4	7.4	7.9	9.6	9.1	No linear change	No quadratic change	No change
	age of students who ting diet soda or die				Coke, Pepsi, or			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>&</sup>lt;sup>§</sup>Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

Not enough years of data to calculate.

		Health Risk Behav	vior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019	<u> </u>		
					<del> </del>	·		
		s who drank a can, b counting diet soda o				Decreased, 2015-2019	Not available <sup>§</sup>	Decreased
such as Coke, l	Pepsi, or Sprite, not		7.5 oottle, or glass of so	he 7 days before the  8.2  da or pop two or mo	5.9 ore times per day	Decreased, 2015-2019	Not available <sup>§</sup>	Decreased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behavi	or and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019	_		
	l activity that increa	were physically acti sed their heart rate an						
		39.7	40.7	38.7	40.3	No linear change	Not available§	No change
least 1 day (in a		nts who did not partic activity that increase e survey)						
least 1 day (in a	my kind of physical	activity that increase				No linear change	Not available	No change
least 1 day (in a the time during QNPA7DAY: 1	the 7 days before the 7 days before the Percentage of students activity that in	activity that increase e survey)	d their heart rate at 15.1	15.2 50 minutes per day	15.3 on all 7 days (in	No linear change	Not available	No chang

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behav	vior and Percentag	res		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
ONION Damagnets	as of students who	played video or co	mouton comos on us	ad a commutan 2 on	mana hauna nan	<del>:</del>		
lay (counting ti	me spent on things	such as Xbox, Plays	mputer games or use Station, an iPad or o for something that v	ther tablet, a smartp	phone, texting,	Increased, 2015-2019	Not available <sup>§</sup>	No change
ay (counting the counting the c	me spent on things gram, Facebook, or	such as Xbox, Plays other social media, had a concussion fi	Station, an iPad or o for something that v	ther tablet, a smartp was not school work 49.4	phone, texting, k, on an average 47.8	Increased, 2015-2019	Not available <sup>§</sup>	No chang

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

Female

	1	Health Risk Behav	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	age of students who		check-up, exam, tec	eth cleaning, or oth	er dental work,			
			84.1	83.1	84.6	No linear change	Not available <sup>§</sup>	No change
QNNODNT: Plental work)	Percentage of students	s who never saw a d	entist (for a check-	up, exam, teeth clea	aning, or other			
			0.8	0.5	0.8	No linear change	Not available	No chang
N88: Percent	age of students who	got 8 or more hours	of sleep (on an ave	erage school night)				
21,000. 10100110			24.6	23.5	21.7	Decreased, 2015-2019	Not available	No chang
2 1001 2 0200								
	age of students who	described their grad	es in school as mos	stly A's or B's (durin	ng the 12 months			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behav	ior and Percentag	ees		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	Percentage of studen				imes per day			
(counting tap, o	ottica, and amaron	ou sparking water,	during the 7 days of	82.0	84.5	Increased, 2017-2019	Not available <sup>§</sup>	Increased
	Percentage of studer bottled, and unflavor				imes per day			
					imes per day	Increased, 2017-2019	Not available	Increased
counting tap, b  QNWATER3:		ed sparkling water,	during the 7 days be	72.4 water three or more	76.8	Increased, 2017-2019	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# New Hampshire High School Survey 10-year Trend Analysis Report

Female Site-Added

e-Added		Health Risk Behavi	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019			
	ge of students who tudents who had rid	rarely or never wore Iden a bicycle)	a bicycle helmet (	during the 12 mont	hs before the			
57.0				<b>53.0</b>	10.6	Decreased, 2009-2019	No quadratia abanca	No change
57.0 ON91: Percentas	59.1	55.6	50.8	52.0	49.6	Decreased, 2009-2019	No quadratic change	Two change
	,	rarely or never wear 6.3				Decreased, 2013-2019	Not available <sup>§</sup>	Decreased
QN91: Percentage car)  QN92: Percentage control them or enot spend time w	ge of students who ge of students who emotionally hurt the vith, being humiliat he 12 months befor	rarely or never wear	5.4  ey were dating or a s (such things as be or being threatened)	4.3 going out with purping told who they did not do	a.3.3 aosely tried to could and could what they			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

nale e-Added		Health Risk Behav	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019	_		
they did not war	nt to do (such things	forced someone the s as kissing, touching out with someone du	, or physically forc	ing them to have so	exual intercourse,			
				1.6	0.9	Decreased, 2017-2019	Not available <sup>§</sup>	Decreased
		did something to pu urpose one or more ti				-		
		26.0	27.0	24.9	27.3	No linear change	Not available	Increased
OxyContin, Per	cocet, Vicodin, cod	ever took prescription eine, Adderall, Ritali	n, or Xanax, one or	more times during	their life)			
21.9	20.3	17.4	12.5	10.5	8.9	Decreased, 2009-2019	No quadratic change	Decrease

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

Female

		Health Risk Behav	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	age of students who cocet, Vicodin, code							
	11.1	6.2	5.9	4.4	3.4	Decreased, 2011-2019	Not available§	Decreased
	age of students who drugs (during the 12			lic message about a	-			
or other megal			81.1	70.4	72.4	Decreased, 2015-2019	Not available	No change
QN102: Percen	ntage of students who		ttle or glass of plain			Decreased, 2015-2019	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

e-Added		Health Risk Behav	ior and Percentag	res		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019
2009	2011	2013	2015	2017	2019	_		
drinks (for exan sweetened tea o	nple, Gatorade or F or coffee drinks, fla	ho drank a can, bottle PowerAde), energy dri vored milk, Snapple, vys before the survey)	nks (for example, or Sunny Delight, i	Red Bull or Jolt), le	emonade,			
				15.0	14.9	No linear change	Not available§	No change
	•	-			:			
		ho reported that some s time (not counting the			nort physical	No linear change	Not available	No change
activity breaks of QN105: Percen	during regular class	s time (not counting the	neir physical educa	9.7	10.7	No linear change	Not available	No change
QN105: Percen	during regular class	s time (not counting the	neir physical educa	9.7	10.7	No linear change	Not available  Not available	No change
QN105: Percent	ntage of students what age of	s time (not counting the	rse (for a check-up ey) 80.4	9.7  or physical exam v 78.5	10.7 when they were 81.7			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

Female

		Health Risk Behav	ior and Percentag	res		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
		no have ever slept aw doned (during the 30			ause they were			
				4.6	3.7	Decreased, 2017-2019	Not available§	No change
		no reported that either		other adults in thei	ir family had been			
			9.9	9.4	7.3	Decreased, 2015-2019	Not available	Decreased
		no think people are at			ysically or in other			
		39.8	43.7	40.4	31.0	Decreased, 2013-2019	Not available	Decreased
	ntage of students when the marijuana once of	no think people are at r twice a week	t great risk of harmi	ing themselves (phy	ysically or in other			
• •								

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

emale ite-Added								
		Health Risk Behavi	or and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019	<u> </u>		
ways) if they ta		o think people are at ag without a doctor's x)						
	66.3	66.9	66.4	68.1	61.5	No linear change	Not available§	Decreased
		o reported that their sholic beverage nearl			wrong for them 72.0	Increased, 2013-2019	Not available	Increased
QN117: Percer to smoke mariju		o reported that their	friends feel it woul	d be wrong or very	wrong for them			,
		45.7	46.5	40.0	40.2	Decreased, 2013-2019	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

Female

		Health Risk Behavi	or and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	iption drug without	o reported that their a doctor's prescriptio						
		80.2	86.0	85.3	87.6	Increased, 2013-2019	Not available <sup>§</sup>	Increased
		to approve or strongly (beer, wine, or liquor) 5.8		one their age having	g one or two 3.0	Decreased, 2013-2019	Not available	No chang
								:
		o reported that their pholic beverage near			wrong for them			
					93.0	No linear change	Not available	No chang
o have one or t	wo drinks of an alco	oholic beverage nearl	y every day (beer, 92.9	wine or liquor) 92.0	93.0	No linear change	Not available	No chang

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

Female

		Health Risk Behavi	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	ption drug without	o reported that their a doctor's prescription						
		95.9	96.7	95.7	96.8	No linear change	Not available <sup>§</sup>	Increased
N123: Percen		o think it would be v			•			
		42.8	37.5	38.6	30.1	Decreased, 2013-2019	Not available	Decrease
N124: Percen	tage of students wh	o think it would be v	very easy for them t	to get some marijua	na if they wanted			
40.9	45.0	45.4	39.7	39.9	37.2	Decreased, 2009-2019	No change, 2009-2013 Decreased, 2013-2019	Decrease
		o think it would be ved to (such as OxyCo						
(anax)								

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

**1171.24** a **\*** 

20							
	13	2015	2017	2019	_		
s who rarely or n	ever wore a sea	t belt (when riding	in a car driven by so	meone else)			
8	3.5	7.0	5.9	4.8	Decreased, 2009-2019	No quadratic change	Decreased
		d been drinking alco	ohol (in a car or othe	er vehicle,			
.2 1	6.6	15.0	13.4	14.3	Decreased, 2009-2019	No quadratic change	No change
t it	ts who rode with a see 30 days before to .2	ts who rode with a driver who had a 30 days before the survey) .2 16.6	ts who rode with a driver who had been drinking alcore 30 days before the survey)	ts who rode with a driver who had been drinking alcohol (in a car or other a 30 days before the survey)  .2 16.6 15.0 13.4	ts who rode with a driver who had been drinking alcohol (in a car or other vehicle, the 30 days before the survey)  .2 16.6 15.0 13.4 14.3	18 8.5 7.0 5.9 4.8 Decreased, 2009-2019  Its who rode with a driver who had been drinking alcohol (in a car or other vehicle, the 30 days before the survey)  2 16.6 15.0 13.4 14.3 Decreased, 2009-2019	8.5 7.0 5.9 4.8 Decreased, 2009-2019 No quadratic change ts who rode with a driver who had been drinking alcohol (in a car or other vehicle, see 30 days before the survey)  2. 16.6 15.0 13.4 14.3 Decreased, 2009-2019 No quadratic change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

	ence	Health Risk Behav	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
	ays before the surve	texted or e-mailed wey, among students wh						
		47.6	43.8	41.8	44.7	No linear change	Not available¶	No chang
	-				•			
QN12: Percenta 30 days before t		carried a weapon (su	ich as a gun, knife,	or club, on at least	1 day during the			
		o carried a weapon (su	ach as a gun, knife,	or club, on at least	1 day during the 14.5	No linear change	Not available	No chang
30 days before t  QN13: Percenta	the survey)	o carried a weapon on		15.4	14.5	No linear change	Not available	No chang
30 days before t  QN13: Percenta	the survey) age of students who	o carried a weapon on		15.4	14.5	No linear change  Decreased, 2017-2019	Not available  Not available	No chang
QN13: Percenta east 1 day durin	age of students who age of students who age of students who	o carried a weapon on	school property (s	15.4 uch as a gun, knife 3.1	14.5 , or club, on at 2.5			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Health Risk Behav	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
		were threatened or i			rty (such as a			
gui, illino, or on	, 0 01 111010 01111	os curring une 12 mos	inis serore are surv	5.9	5.5	No linear change	Not available¶	No change
	age of students who	were ever physically	y forced to have sex	xual intercourse (wh	nen they did not			
QN19: Percenta want to) 6.7	age of students who	were ever physically	forced to have sex	sual intercourse (wh	nen they did not	No linear change	No change, 2009-2013 No change, 2013-2019	Increased
want to) 6.7  QN20: Percenta [counting such the state of	5.4 age of students who hings as kissing, tou		5.6 violence (being for sically forced to ha	5.3	6.4 o sexual things	No linear change		Increased

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Health Risk Behav	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019	_		
dating or going forced to have s	out with to do sexuexual intercourse] t	experienced sexual al things [counting su hat they did not want or went out with som	ich things as kissin to, one or more tir	g, touching, or beir nes during the 12 n	ng physically nonths before the			
		9.5	11.1	6.8	7.5	Decreased, 2013-2019	Not available <sup>¶</sup>	No chang
QN22: Percenta someone they winjured with an who dated or we	age of students who rere dating or going object or weapon] o ent out with someor	9.5  experienced physical out with [counting some or more times during the 12 mon 6.8  experienced physical out with [counting some or more times during the 12 mon 6.8	al dating violence () uch things as being ring the 12 months ths before the surve	being physically hu hit, slammed into before the survey, ey) 7.1	ort on purpose by something, or among students	Decreased, 2013-2019  No linear change	Not available <sup>¶</sup> Not available	No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

hite* jury and Violen	ce							
		Health Risk Behav	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
		were electronically l l media, ever during			h texting,			
								No ahana
	21.2	17.6	18.3	18.9	20.0	No linear change	Not available¶	No chang
						No linear change	Not available	No chang
	ge of students who	17.6  felt sad or hopeless, ever during the 12 i	(almost every day f	for >=2 weeks in a		No linear change	Not available <sup>1</sup>	No chang
	ge of students who	felt sad or hopeless	(almost every day f	for >=2 weeks in a		No linear change  Increased, 2009-2019	Not available <sup>1</sup> No change, 2009-2015 Increased, 2015-2019	Increased
stopped doing so 24.8	ge of students who me usual activities, 24.2	felt sad or hopeless , ever during the 12 i	(almost every day f months before the s 26.5	for >=2 weeks in a survey)  27.4	row so that they 33.4		No change, 2009-2015	
24.8  QN26: Percenta	ge of students who me usual activities, 24.2	felt sad or hopeless ever during the 12 m 24.3	(almost every day f months before the s 26.5	for >=2 weeks in a survey)  27.4	row so that they 33.4		No change, 2009-2015	Increase
24.8  QN26: Percenta he survey)  11.5	ge of students who me usual activities,  24.2  ge of students who  14.2	felt sad or hopeless ever during the 12 r 24.3 seriously considered	(almost every day to months before the second attempting suicides 14.7	for >=2 weeks in a survey)  27.4  e (ever during the 1)	row so that they 33.4 2 months before 18.2	Increased, 2009-2019	No change, 2009-2015 Increased, 2015-2019	

<sup>\*</sup>Non-Hispanic. \*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Vhite* njury and Violen	ce	Health Risk Beha	vior and Percenta	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §		
2009	2011	2013	2015	2017	2019			
		had a suicide attem se (during the 12 mo			or overdose that			
1.4	1.8	2.4	2.1	1.6	1.6	No linear change	No change, 2009-2013 Decreased, 2013-2019	No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

White*	
Tobacco	Use

		Health Risk Beha	vior and Percenta	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §		
2009	2011	2013	2015	2017 2019				
QN32: Percenta survey)	ge of students who	currently smoked ci	garettes (on at least	t 1 day during the 3	0 days before the			
19.9	18.9	13.1	8.7	7.4	5.0	Decreased, 2009-2019	No quadratic change	Decreased
QNFRCIG: Pero 30 days before the		who currently smok	ed cigarettes freque	ently (on 20 or mor	e days during the			
9.2	9.1	4.8	3.2	1.7	1.3	Decreased, 2009-2019	No quadratic change	Decreased
QNDAYCIG: P		its who currently sm	oked cigarettes dai	ly (on all 30 days d	uring the 30 days			
6.7	6.8	4.0	2.3	1.3	1.0	Decreased, 2009-2019	No quadratic change	No change
		smoked more than larg students who curr			smoked during			
		10.6	9.5	6.4	11.1	No linear change	Not available¶	Increased

<sup>\*</sup>Non-Hispanic. \*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

/hite* obacco Use								
		Health Risk Beha	vior and Percentag	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §		
2009	2011	2013	2015	2017	2019	<u> </u>		
	ipes, vaping pens, e-		onic vapor product ( h pens [such as blu,					
				40.6	50.4	Increased, 2017-2019	Not available <sup>¶</sup>	Increased
ON35: Percent	age of students who	currently used an e	lectronic vapor prod	uct (including e-ci	garettes e-cigars			
e-pipes, vape pi	ipes, vaping pens, e-	hookahs, and hooka	th pens [such as blu, e 30 days before the 24.3	NJOY, Vuse, Mar		Increased, 2015-2019	Not available	Increased
e-pipes, vape pi Vapin Plus, eG QNFREVP: Pe	ipes, vaping pens, e- o, and Halo], on at l	hookahs, and hooka east 1 day during the	th pens [such as blu, e 30 days before the	NJOY, Vuse, Mar survey) 23.6	kTen, Logic, 34.2	Increased, 2015-2019	Not available	Increased

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §		
2009	2011	2013	2015	2017	2019	_		
QNDAYEVP: 1 the 30 days befo		nts who currently us	sed electronic vapor	products daily (on	all 30 days during			
			2.3	3.6	9.3	Increased, 2015-2019	Not available¶	Increased
	ntage of students w	no currently smoked survey)	l cigarettes or used of	electronic vapor pro	ducts (on at least			
			26.7	25.7	34.9	Increased, 2015-2019	Not available	Increased
(such as a conve	enience store, super	usually got their ov market, discount sto rrently used electron	re, gas station, or va	ape store, during the	e 30 days before			
				9.7	10.0	No linear change	Not available	No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White*			
Alcohol and	Other	Drug	Use

		Health Risk Behav	vior and Percenta		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §	
2009	2011	2013	2015	2017	2019			
QN40: Percenta	ge of students who	had their first drink	of alcohol before a	ge 13 years (other t	han a few sips)			
13.3	13.0	10.7	9.5	9.5	9.8	Decreased, 2009-2019	No quadratic change	No change
ON41: Percenta	go of students who		11 / -4 14 1-					:
	ys before the survey 37.6		29.9	ink of alcohol, on a	at least 1 day 27.5	Decreased, 2009-2019	No quadratic change	No chang
during the 30 day 38.8 QN44: Percenta	ys before the survey 37.6 age of students who	7)	29.9 hol they drank by s	29.6	27.5	, 	No quadratic change	No chang
during the 30 day 38.8 QN44: Percenta	ys before the survey 37.6 age of students who	32.4 usually got the alcol	29.9 hol they drank by s	29.6	27.5	, 	No quadratic change  Increased, 2009-2015 Decreased, 2015-2019	No change
38.8  QN44: Percenta 30 days before th 31.6	37.6  age of students who the survey, among st 34.0	32.4 usually got the alcoludents who currentl	29.9 hol they drank by s y drank alcohol) 44.1	29.6 omeone giving it to 41.5	27.5 them (during the	,	Increased, 2009-2015	

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

cohol and Othe	r Drug Use	Health Risk Behav	vior and Percentag	ges	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §	
2009	2011	2013	2015	2017	2019			
QN47: Percenta survey)	ge of students who	currently used marij	juana (one or more	times during the 30	) days before the			
24.5	27.7	23.7	21.4	22.4	25.9	No linear change	No quadratic change	Increased
)N48: Percenta	ge of students who	ever used synthetic	marijuana (one or r	more times during the	heir life)			
			8.5	5.0	7.9	No linear change	Not available¶	Increase
	ge of students who	ever used synthetic	8.5	5.0	7.9	No linear change	Not available <sup>¶</sup>	Increase
N52: Percenta	ge of students who		8.5	5.0	7.9	No linear change  Decreased, 2009-2019	Not available¶  No quadratic change	Increase No chan
NS2: Percenta nore times durin 1.9 NS3: Percenta	ge of students who g their life) 2.8	ever used heroin (al 1.6 ever used methampl	8.5 so called "smack,"	5.0 "junk," or "China V	7.9 White," one or			

<sup>\*</sup>Non-Hispanic. \*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

White\*

		Health Risk Behav	vior and Percenta	ges	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §	
2009	2011	2013	2015	2017	2019			
QN54: Percenta life)	age of students who	ever used ecstasy (a	lso called "MDMA	," one or more time	s during their			
5.7	7.5	6.3	3.7	2.4	1.9	Decreased, 2009-2019	No change, 2009-2013	Decreased
5.7							Decreased, 2013-2019	
		were offered, sold, o	or given an illegal c	lrug on school prope	erty (during the		Decreased, 2013-2019	

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

White\*

		Health Risk Beha	vior and Percenta	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §		
2009	2011	2013	2015	2017	2019			
QN58: Percenta	ge of students who	ever had sexual inte	rcourse					
45.6	46.8	42.5	38.9	38.5	40.2	Decreased, 2009-2019	No quadratic change	No change
QN59: Percenta	ge of students who	had sexual intercou	rse for the first time	e before age 13 year	rs			
3.5	3.3	2.9	2.0	1.8	1.8	Decreased, 2009-2019	No quadratic change	No change
QN60: Percenta	ge of students who	had sexual intercou	rse with four or mo	re persons during th	neir life			
				7.9	6.7	Decreased, 2017-2019	Not available <sup>¶</sup>	Decreased
	ge of students who	were currently sexu	ally active (had sex	ual intercourse with	n at least one			
erson, during th								

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

White*	
Sexual Behaviors	S

		Health Risk Behav	vior and Percenta	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §		
2009	2011	2013	2015	2017	2019	<u> </u>		
	age of students who atly sexually active)	drank alcohol or use	ed drugs before last	sexual intercourse	(among students			
18.7	20.6	18.4	17.0	17.0	18.8	No linear change	No quadratic change	No change
QN63: Percenta		used a condom duri	ng last sexual interd	course (among stud	lents who were			
57.8	61.5	55.4	61.2	60.0	55.8	No linear change	No quadratic change	Decreased
	age of students who who were currently	used birth control pi sexually active)	ills before last sexu	al intercourse (to p	revent pregnancy,			
35.0	34.0	37.4	33.6	32.0	34.1	No linear change	No quadratic change	No change
ONILIDIMD. D.		s who used an IUD ( sexual intercourse (						

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

Vhite* exual Behaviors	s							
		Health Risk Behav		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §		
2009	2011	2013	2015	2017	2019	_		
birth control rin		nts who used a shot (eg) before last sexual						
			4.0	2.0	2 =	No linear change	Not available <sup>¶</sup>	No chang
ONOTHHPL: 1	Percentage of stude	5.7 nts who used birth co	4.0 	3.9 (such as Mirena or	3.5 ParaGard) or	No fillear change	Not available	
implant (such as control ring (suc	s Implanon or Nexp ch as NuvaRing) be	5.7  Ints who used birth collanon); or a shot (such fore last sexual interconstruction)	ontrol pills; an IUD ch as Depo-Provera	(such as Mirena or	ParaGard) or rthoEvra), or birth	No linear change	Not available	TWO CHAIRE
implant (such as	s Implanon or Nexp ch as NuvaRing) be	nts who used birth co lanon); or a shot (suc	ontrol pills; an IUD ch as Depo-Provera	(such as Mirena or	ParaGard) or rthoEvra), or birth	No linear change	Not available	Increased
implant (such as control ring (suc currently sexual QNDUALBC: pills; an IUD (so	s Implanon or Nexp ch as NuvaRing) be Ily active)  Percentage of stude uch as Mirena or Pa	nts who used birth collanon); or a shot (suction for a last sexual intercollant 45.3  ents who used both a caraGard) or implant (see the second for a cara	ontrol pills; an IUD th as Depo-Provera course (to prevent p  42.8  condom during last such as Implanon of	(such as Mirena or a), patch (such as O oregnancy, among such 45.5	ParaGard) or rthoEvra), or birth students who were 49.0 and birth control shot (such as			
implant (such as control ring (such currently sexual QNDUALBC: pills; an IUD (sub-popo-Provera),	s Implanon or Nexp ch as NuvaRing) be lly active)  Percentage of stude uch as Mirena or Pa patch (such as Orth	nts who used birth collanon); or a shot (suctore last sexual intercontact 45.3	ontrol pills; an IUD th as Depo-Provera course (to prevent p  42.8  condom during last such as Implanon or rol ring (such as No	(such as Mirena or a), patch (such as O oregnancy, among such 45.5  t sexual intercourse or Nexplanon); or a uvaRing) before las	ParaGard) or rthoEvra), or birth students who were 49.0 and birth control shot (such as			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

### **New Hampshire High School Survey** 10-year Trend Analysis Report

hite* exual Behaviors		Health Risk Beha	nvior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §	
2009	2011	2013	2015	2017	2019				

QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)

8.0 8.7 8.5 5.3 6.0 No quadratic change No change 6.9 Decreased, 2009-2019

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

		Health Risk Behav	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §			
2009	2011	2013	2015	2017	2019			
		ho were overweight ic reference data from			ile for body mass			
12.8	14.0	13.6	14.6	13.9	14.0	No linear change	No quadratic change	No change
		who had obesity (> n the 2000 CDC grow		or body mass index,	based on sex-			
	11.5	10.6	12.1	12.4	12.5	No linear change	No quadratic change	No change
12.2								
QN75: Percenta		did not drink a can, t pop, during the 7 d			Coke, Pepsi, or			

<sup>\*</sup>Non-Hispanic

 $<sup>^{\</sup>dagger}$ Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

<sup>\*\*</sup>Not enough years of data to calculate.

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
sucii as Coke, Pe	epsi, or sprite, not	counting diet soda	12.5	11.8	10.0	Decreased, 2015-2019	Not available <sup>¶</sup>	Decrease
ONGOD 44 P		s who drank a can, t						

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

hysical Activity	,	Health Risk Behav	vior and Percentag	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019	_		
	l activity that increa	were physically acti sed their heart rate a						
		47.8	47.4	47.7	48.1	No linear change	Not available¶	No chang
least 1 day (in a		nts who did not partiactivity that increase survey)  11.0				No linear change	Not available	No chang
QNPA7DAY: 1	sical activity that in	nts who were physica creased their heart ra	ally active at least 6 te and made them l	0 minutes per day oreathe hard some of	on all 7 days (in of the time during			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
		played video or cor				;		
day (counting tir YouTube, Instag	ne spent on things	played video or cor such as Xbox, PlayS other social media,	Station, an iPad or o	ther tablet, a smartı	phone, texting,	Increased, 2015-2019	Not available¶	No chang
day (counting tir YouTube, Instag school day)  QN83: Percenta	ne spent on things ram, Facebook, or	such as Xbox, PlayS other social media,	Station, an iPad or o for something that v 38.3	ther tablet, a smartp was not school work 47.4	phone, texting, k, on an average 49.2	Increased, 2015-2019	Not available <sup>¶</sup>	No chang

<sup>\*</sup>Non-Hispanic. \*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

/hite* ther								
		Health Risk Behav	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
	age of students who	saw a dentist (for a devey)	check-up, exam, te	eth cleaning, or oth	er dental work,			
			84.4	84.3	85.0	No linear change	Not available¶	No chang
	ercentage of student	s who never saw a d	entist (for a check-	up, exam, teeth clea	aning, or other			
	ercentage of student	ts who never saw a d	entist (for a check-	up, exam, teeth clea	aning, or other	No linear change	Not available	No chang
dental work)			0.9	0.5	0.7	No linear change	Not available	No chang
dental work)		got 8 or more hours	0.9	0.5	0.7	No linear change	Not available	No chang
dental work)			0.9	0.5	0.7	No linear change  Decreased, 2015-2019	Not available  Not available	No chang  Decrease
dental work)  QN88: Percenta	age of students who		0.9 of sleep (on an ave 28.7	0.5 erage school night)	23.9			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

Vhite* ite-Added		Hoolth Diek Daha	wier and Descents	gas.		Lincon Chemes	Quadratia Charcat	Changa from
		Health Risk Dena	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
	Percentage of stude ottled, and unflavor				imes per day			
				80.1	84.0	Increased, 2017-2019	Not available¶	Increased
	Percentage of stude ottled, and unflavor				imes per day			
					imes per day 76.8	Increased, 2017-2019	Not available	Increased
(counting tap, b		ed sparkling water,	during the 7 days be	71.5 water three or more	76.8	Increased, 2017-2019	Not available	Increased

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

White*	
Site-Adde	d

		Health Risk Behav	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
	ge of students who udents who had rid	rarely or never wore den a bicycle)	a bicycle helmet (	during the 12 mont	hs before the	,		
					52.5	D 1 2000 2010	NT 1 2 1	D
60.8  QN91: Percenta	61.4 ge of students who	57.9 rarely or never wear	54.8  a seat belt when d	55.3 riving (among stud	52.5 ents who drive a	Decreased, 2009-2019	No quadratic change	Decreased
					,	Decreased, 2009-2019  Decreased, 2013-2019	No quadratic change  Not available	Decreased
QN91: Percenta car)  QN92: Percenta control them or enot spend time wanted, during the care of the control them or the control the	ge of students who ge of students who emotionally hurt the rith, being humiliate	rarely or never wear	6.6  ey were dating or a s (such things as be or being threatene	riving (among stud 5.3 going out with purpeing told who they dif they did not do	ents who drive a  4.0  cosely tried to could and could what they			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

Vhite* ite-Added								
		Health Risk Behav	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
they did not war	nt to do (such things	forced someone they s as kissing, touching out with someone du	, or physically force	ing them to have so	exual intercourse,			
				1.6	1.2	No linear change	Not available¶	No change
		did something to pur urpose one or more ti						
						No linear change	Not available	Increased
cutting or burning or	ng themselves on pu	irpose one or more ti	18.3 on drugs without a	16.7 doctor's prescriptio	19.8 n (such as	No linear change	Not available	Increased

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

## **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
		currently took a pre eine, Adderall, Ritali						
before the surve	ey) 10.9	7.0	5.9	4.7	3.8	Decreased, 2011-2019	Not available¶	Decrease
before the surve	10.9 age of students who	7.0 recall hearing, readi	ng, or seeing a pub		3.8	Decreased, 2011-2019  Decreased, 2015-2019	Not available <sup>¶</sup> Not available	Decreased No chang

2.6

2.1

Decreased, 2017-2019

Not available

Decreased

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

/hite* te-Added		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019	_		201, 201
drinks (for exan sweetened tea o	nple, Gatorade or P r coffee drinks, fla	ho drank a can, bottle lowerAde), energy dr wored milk, Snapple, ways before the survey)	inks (for example, l or Sunny Delight, r	Red Bull or Jolt), le	emonade,			
				18.2	17.7	No linear change	Not available¶	No chang
033404 75						- Two finear change	Two available	Two chang
		no reported that some s time (not counting the		teachers provide sl		No linear change	Not available	
activity breaks of QN105: Percen	luring regular class		heir physical educa	teachers provide sl tion teacher) 10.5	nort physical			No chang
activity breaks of QN105: Percen	luring regular class	s time (not counting the	heir physical educa	teachers provide sl tion teacher) 10.5	nort physical			
QN105: Percen	tage of students wheel during the 12 m	s time (not counting the	urse (for a check-up ey) 80.5	teachers provide sl tion teacher)  10.5  or physical exam v 78.2	10.9 when they were 81.8	No linear change	Not available	No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

Vhite* ite-Added								
		Health Risk Behav	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
		no have ever slept aw doned (during the 30			ause they were			
				3.9	3.6	No linear change	Not available¶	No change
		no reported that either		other adults in thei	r family had been			
				other adults in thei	r family had been	Decreased, 2015-2019	Not available	Decreased
in jail or in pris  ON113: Percer	son (during the 12 m		(ey) 8.2 great risk of harmi	7.6	6.0	· · · · · · · · · · · · · · · · · · ·	Not available	Decreased
in jail or in pris  ON113: Percer	son (during the 12 m	nonths before the surv	(ey) 8.2 great risk of harmi	7.6	6.0	· · · · · · · · · · · · · · · · · · ·	Not available  Not available	Decreased
QN113: Percer ways) if they ha	ntage of students whave five or more dri	no think people are at nks of alcohol once of 36.3	8.2 great risk of harmi or twice a week (bed 41.3	7.6 ing themselves (phyer, wine, or liquor) 36.3	6.0 vsically or in other 27.0	Decreased, 2013-2019		

<sup>\*</sup>Non-Hispanic. \*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

Vhite* ite-Added		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019	<u> </u>		
ways) if they ta	ntage of students whake a prescription drual, Ritalin, or Xana	ig without a doctor's						
	62.4	63.8	64.1	64.0	57.8	Decreased, 2011-2019	Not available¶	Decreased
	ntage of students wh two drinks of an alco				wrong for them	Increased, 2013-2019	Not available	Increased
		22	20.0	30.0	0017	11101041504, 2010 2019	1 tot available	mereasea
QN117: Percei to smoke mariji	ntage of students who						Tiot uvaluate	mercuseu

<sup>\*</sup>Non-Hispanic. \*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

/hite* te-Added								
		Health Risk Behav	ior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
	iption drug without	ho reported that their to a doctor's prescription						
		79.2	82.9	81.6	84.5	Increased, 2013-2019	Not available¶	Increased
ON110: Paraer	atago of students w	ho approve or strongly	, annrova of some	ona thair aga haying	r one or two			
		ho approve or strongly (beer, wine, or liquor		one their age having	g one or two			
				one their age having	g one or two 4.2	Decreased, 2013-2019	Not available	Decrease
drinks of alcoho	ol nearly every day	(beer, wine, or liquor)	6.9 parents feel it woul	5.5 d be wrong or very	4.2	Decreased, 2013-2019	Not available	Decrease
drinks of alcoho	ol nearly every day	(beer, wine, or liquor) 6.1 ho reported that their p	6.9 parents feel it woul	5.5 d be wrong or very	4.2	Decreased, 2013-2019  Increased, 2013-2019	Not available  Not available	
QN120: Percer to have one or t	ntage of students w wo drinks of an alc	6.1  ho reported that their peoholic beverage nearl	6.9 parents feel it woul y every day (beer, 90.2	5.5  d be wrong or very wine or liquor)  89.8	4.2 wrong for them 91.7			Decrease

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

hite* te-Added								
		Health Risk Behav	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
	ption drug without	no reported that their a doctor's prescription						
		95.3	95.9	95.1	96.4	No linear change	Not available¶	Increase
		o think it would be v	ery easy for them t	o get some alcohol	if they wanted to			
		to think it would be v	ery easy for them t	o get some alcohol	if they wanted to 31.6	Decreased, 2013-2019	Not available	Decrease
Obeer, wine, or li QN124: Percen	iquor)		37.8	39.2	31.6	Decreased, 2013-2019	Not available	Decrease
(beer, wine, or li	iquor)	40.8	37.8	39.2	31.6	Decreased, 2013-2019  Decreased, 2009-2019	Not available  No change, 2009-2013 Decreased, 2013-2019	Decrease No chang
QN124: Percento 43.0  QN125: Percent	tage of students wh  47.5  tage of students wh	40.8 to think it would be v	37.8 ery easy for them t 41.2 ery easy for them t	39.2  o get some marijua  40.7  o get some prescrip	31.6 na if they wanted 39.1 otion drug without		No change, 2009-2013	

<sup>\*</sup>Non-Hispanic. \*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

lack* njury and Viole	ence							
		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
QN8: Percenta	ge of students who	rarely or never wore	a seat belt (when ri	ding in a car driven	by someone else)			
			15.8	11.1	13.8	No linear change	Not available¶	No chang
		1 11 11 1	1 11 11 11	1h-1 (in				:
	ge of students who a nes during the 30 da	rode with a driver which which will be survey the survey		g alconol (in a car o	or other vehicle,			
				23.1	16.6	No linear change	Not available	No chang
one or more tim  QN10: Percenta	age of students who		19.7 vehicle when they	23.1	16.6 alcohol (one or	No linear change	Not available	No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
	ays before the surve	o texted or e-mailed vey, among students w						
			46.2	35.5	43.5	No linear change	Not available¶	No change
	<del>.</del>		•		<del> </del>			+
QN12: Percent 30 days before		o carried a weapon (s	such as a gun, knife,	or club, on at least	1 day during the			
				11.8	14.2	No linear change	Not available	No change
	age of students who	o carried a weapon or	n school property (s	uch as a gun, knife,	, or club, on at			
			n school property (s	uch as a gun, knife,	or club, on at	No linear change	Not available	No chang
east 1 day duri	ng the 30 days before age of students who		l because they felt u	5.1	5.7	No linear change	Not available	No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
	age of students who				erty (such as a			
guii, kiiiic, oi ci	ido, one of more um	es during the 12 me	muis before the surv	11.6	13.5	No linear change	Not available <sup>¶</sup>	No change
				11.0	13.3	140 illicar change	140t available	No change
QN19: Percent	age of students who	were ever physical	y forced to have see			110 inical change	Tvot available	140 Change
QN19: Percent want to)	age of students who	were ever physical	•	xual intercourse (w	hen they did not			
	age of students who	were ever physical	y forced to have see			No linear change	Not available	No chang
want to)  QN20: Percent [counting such to	rage of students who rage of students who things as kissing, to e or more times during	experienced sexual	7.3 violence (being for visically forced to ha	7.3	hen they did not 7.9 o sexual things			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019	_		
dating or going forced to have s	out with to do sexua sexual intercourse] the	experienced sexual al things [counting s hat they did not wan or went out with son	uch things as kissin t to, one or more tir	g, touching, or beir nes during the 12 n	ng physically nonths before the			
			14.6	7.9	10.0	No linear change	Not available¶	No chang
								· ·
someone they v injured with an	vere dating or going object or weapon] o	experienced physics out with [counting some or more times du the during the 12 mon	uch things as being ring the 12 months	hit, slammed into before the survey,	something, or	No linear change	Not available	No chang
someone they v injured with an who dated or w	vere dating or going object or weapon] o ent out with someon	out with [counting some or more times du	uch things as being ring the 12 months this before the surve	thit, slammed into before the survey, ey)	something, or among students	No linear change	Not available	No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

ijury and Viole	nce	Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
		were electronically al media, ever during			h texting,			
			12.8	13.1	16.8	No linear change	Not available¶	No change
		o felt sad or hopeless	(almost every day t	For >=2 weeks in a			Tot available	
		o felt sad or hopeless s, ever during the 12	(almost every day t	For >=2 weeks in a		No linear change	Not available	
stopped doing s	ome usual activities		(almost every day to months before the second 25.5	For >=2 weeks in a survey)  23.6	row so that they 31.7			No chang
stopped doing s  QN26: Percenta	ome usual activities	s, ever during the 12	(almost every day to months before the second 25.5	For >=2 weeks in a survey)  23.6	row so that they 31.7			
Stopped doing s  QN26: Percenta  the survey)	ome usual activities	s, ever during the 12	(almost every day to months before the second attempting suicides 12.2	For >=2 weeks in a survey)  23.6  e (ever during the 1  20.6	row so that they 31.7 2 months before 17.8	No linear change	Not available	No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

llack* njury and Violei	ace	Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
		had a suicide attemse (during the 12 mo		n injury, poisoning, vey)	or overdose that			
			3.3	2.8	4.4	No linear change	Not available¶	No change

<sup>\*</sup>Non-Hispanic. \*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

lack* obacco Use								
		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
QN32: Percent survey)	age of students who	currently smoked c	igarettes (on at least	1 day during the 3	0 days before the			
			10.8	8.2	6.5	No linear change	Not available¶	No change
QNFRCIG: Per 30 days before t		who currently smol	xed cigarettes freque	ently (on 20 or mor	e days during the			
			4.6	3.7	2.9	No linear change	Not available	No chang
QNDAYCIG: loefore the surve		nts who currently sm	noked cigarettes dail	ly (on all 30 days d	uring the 30 days			
			4.1	3.7	2.8	No linear change	Not available	No chang
	ipes, vaping pens, e-	ever used an electro- hookahs, and hooka						
				42.0	44.0	No linear change	Not available	No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
e-pipes, vape p	ipes, vaping pens, e	o currently used an el -hookahs, and hooka least 1 day during the	h pens [such as blu	, NJOY, Vuse, Mar				
			30.3	22.2	24.8	No linear change	Not available¶	No change
	ercentage of students 30 days before the	ts who currently used survey)	l electronic vapor pr	roducts frequently (	on 20 or more 8.1	No linear change	Not available	No chang
days during the	30 days before the		7.9	6.1	8.1	No linear change	Not available	No chang
days during the	230 days before the	survey)	7.9	6.1	8.1	No linear change  No linear change	Not available  Not available	No chang
QNDAYEVP: the 30 days bef	Percentage of stude ore the survey)	ents who currently us	7.9 sed electronic vapor 6.8	6.1 products daily (on 5.0	8.1 all 30 days during 6.5			

<sup>\*</sup>Non-Hispanic. \*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Health Risk Beha	nvior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
QN40: Percent	age of students who	had their first drink	of alcohol before a	ge 13 years (other t	han a few sips)			
			20.1	13.5	13.2	No linear change	Not available¶	No chang
	age of students who		ohol (at least one dr	ink of alcohol, on a	t least 1 day			,
Ü			29.3	27.6	16.4	Decreased, 2015-2019	Not available	Decrease
QN46: Percent	age of students who	tried marijuana for	the first time before	e age 13 years				
			10.8	8.6	7.3	No linear change	Not available	No chang
N47: Percent	age of students who	currently used mari	ijuana (one or more	times during the 30	days before the			
survey)								

<sup>\*</sup>Non-Hispanic. \*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

	er Drug Use	Health Risk Beha	vior and Percentag	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019	_		
QN48: Percent	age of students who	ever used synthetic	marijuana (one or n	nore times during t	heir life)			
			14.4	6.9	13.9	No linear change	Not available¶	Increased
ON52: Percent	age of students who	ever used heroin (a	lso called "smack " '	"iunk " or "China V	White " one or			
		o ever used heroin (a	lso called "smack," 6.8	"junk," or "China V	White," one or	No linear change	Not available	No chang
more times duri	ing their life)	ever used methamp	6.8	4.0	4.8	No linear change	Not available	No chang
more times duri	ing their life) age of students who	ever used methamp	6.8	4.0	4.8	No linear change	Not available  Not available	No chang
more times duri  QN53: Percent  "ice," or "meth,	ing their life) age of students who one or more times	ever used methamp	6.8 Ohetamines (also call 6.6	4.0 led "speed," "crysta 4.8	4.8 l meth," "crank," 4.6			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

lack* lcohol and Oth	er Drug Use	Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019	<u> </u>		
QN57: Percent		o were offered, sold,	or given an illegal o	lrug on school prop	erty (during the			
			17.2	16.4	17.8	No linear change	Not available¶	No change

<sup>\*</sup>Non-Hispanic. \*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Black*	
Sexual	<b>Behaviors</b>

		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
QN58: Percent	age of students who	ever had sexual inte	ercourse	•				
			39.1	38.2	33.0	No linear change	Not available¶	No change
ON50 Parcent	one of students who	1 1 1 1 1	6 4 6					
Q1133. I GICEIII	age of students who	had sexual intercou	rse for the first time	e before age 13 year	S			
21139. Telcelli	age of students who	o had sexual intercou	7.1	e before age 13 year 6.1	5.4	No linear change	Not available	No change
		o had sexual intercou	7.1	6.1	5.4	No linear change	Not available	No change
			7.1	6.1	5.4	No linear change	Not available  Not available	No change
QN60: Percenta	age of students who	o had sexual intercou	7.1	6.1 re persons during the 15.0	5.4 neir life 9.5			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Health Risk Beha	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §			
2009	2011	2013	2015	2017	2019			
	entage of students v				ile for body mass			
index, based on	i sex- and age-specif	ic reference data no	16.7	15.9	17.5	No linear change	Not available	No change
			10.7	13.9	17.5	No illical change	Not available	No change
								_
	ercentage of students c reference data fror			or body mass index.	based on sex-			
				or body mass index	based on sex-	No linear change	Not available	No change
and age-specific	c reference data from	n the 2000 CDC gro	wth charts)¶ 9.3	19.5	15.9	No linear change	Not available	No change
and age-specific		n the 2000 CDC gro	9.3 bottle, or glass of s	19.5 goda or pop (such as	15.9	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic

 $<sup>^{\</sup>dagger}$ Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

<sup>\*\*</sup>Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §		
2009	2011	2013	2015	2017	2019	<del></del>		
		s who drank a can, b						
		s who drank a can, b counting diet soda o				No linear change	Not available¶	No chang
(such as Coke, l	Pepsi, or Sprite, not		16.6  or diet pop, during the second	he 7 days before the  19.6  da or pop two or mo	15.0  ore times per day	No linear change	Not available¶	No chang

<sup>\*</sup>Non-Hispanic. \*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

hysical Activity		Health Risk Beha	vior and Percentas	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019	_		
	tage of students who al activity that increa ne survey)							
			43.2	49.1	43.9	No linear change	Not available¶	No chang
least 1 day (in a	Percentage of studen any kind of physical the 7 days before th	activity that increas				No linear change	Not available	No chang
least 1 day (in a the time during QNPA7DAY:	any kind of physical the 7 days before the Percentage of students activity that in	activity that increas e survey)	22.5  ally active at least 6	15.7  0 minutes per day	21.2 on all 7 days (in	No linear change	Not available	No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

		Health Risk Beha	vior and Percenta	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §		
2009	2011	2013	2015	2017	2019			
		played video or cor				ı		
day (counting ti	me spent on things	played video or cor such as Xbox, PlayS other social media,	Station, an iPad or o	ther tablet, a smartp	phone, texting,	No linear change	Not available <sup>¶</sup>	No chang
day (counting ti YouTube, Instag school day)  QN83: Percenta	me spent on things gram, Facebook, or	such as Xbox, PlayS other social media,	Station, an iPad or o for something that v 47.2	ther tablet, a smartp was not school worl 46.9	phone, texting, k, on an average 43.6	No linear change	Not available <sup>¶</sup>	No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

ther		Health Risk Beha	vior and Percentas	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019	_		
	age of students who	saw a dentist (for a rvey)	check-up, exam, tee	eth cleaning, or oth	er dental work,			
			63.1	70.9	69.7	No linear change	Not available¶	No chang
ONNODNT: P	ercentage of student	ts who never saw a c	lentist (for a check-	up, exam, teeth cle	aning, or other			
	ercentage of student	ts who never saw a c	lentist (for a check-	up, exam, teeth clea	aning, or other	No linear change	Not available	No chang
dental work)		ts who never saw a co	5.9	4.8		No linear change	Not available	No chang
dental work)			5.9	4.8		No linear change  No linear change	Not available  Not available	
dental work)  QN88: Percent	age of students who		5.9 s of sleep (on an ave	4.8 grage school night) 28.3	23.8			No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

ite-Added		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
	Percentage of stude pottled, and unflavor				imes per day			
				72.7	71.5	No linear change	Not available¶	No change
		:						
	Percentage of stude oottled, and unflavor				times per day			
					times per day	No linear change	Not available	No change
(counting tap, b		ed sparkling water,	during the 7 days be	efore the survey) 66.1 water three or more	66.9	No linear change	Not available	No change

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

havior and Percenta					
im , ivi unu i vi cenu	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2015	2017	2019			
ore a bicycle helmet (	during the 12 mont	hs before the			
80.5	80.1	77.8	No linear change	Not available¶	No change
ear a seat belt when d	riving (among stud	ents who drive a			
19.0	12.1	9.9	No linear change	Not available	No change
e they were dating or mes (such things as bers, or being threatene ng students who date	eing told who they d if they did not do d or went out with s	could and could what they someone during	No linear shares	Not available	No char
	ng students who dated		ng students who dated or went out with someone during  23.0 19.6		

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

Black* lite-Added								
		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
they did not wa	nt to do (such things	forced someone the s as kissing, touching out with someone du	g, or physically forc	ing them to have se	exual intercourse,			
				9.3	3.1	No linear change	Not available¶	No change
		did something to purpose one or more t						
						No linear change	Not available	No chang
cutting or burni  QN96: Percent	ng themselves on pu		14.7  on drugs without a	16.9 doctor's prescriptio	19.1 n (such as	No linear change	Not available	No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

lack* ite-Added		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019			
	cocet, Vicodin, code	currently took a pre eine, Adderall, Rital						
before the surve	ey)		11.7	10.0	4.2	Decreased, 2015-2019	Not available¶	No change
						2010 2010	1 tot available	No change
		recall hearing, read months before the		lic message about a			T vot u vanadote	No change
				lic message about a		No linear change	Not available	No chang
or other illegal of the other	drugs (during the 12		62.5 tle or glass of plain	53.1	voiding alcohol 55.7	·		

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

lack* ite-Added		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019	_		
drinks (for exam sweetened tea o	nple, Gatorade or F r coffee drinks, fla	no drank a can, bottle PowerAde), energy dri vored milk, Snapple, sys before the survey)	inks (for example, lor Sunny Delight, r	Red Bull or Jolt), le	monade,			
				21.7	19.8	No linear change	Not available <sup>¶</sup>	No change
		no reported that some s time (not counting th			nort physical	No linear change	Not available	No chang
	•	no sour o dooton on mu	rse (for a check-un	or physical exam w	hen they were	-		•
	tage of students wired during the 12 m			or physical exam v	viich they were			
		onths before the surv		66.3	73.6	No linear change	Not available	No chang
not sick or injur	red during the 12 m		ey) 69.7	66.3	73.6	No linear change	Not available	No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

lack* ite-Added								
		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019	_		
		no have ever slept awadoned (during the 30			ause they were			
				9.1	5.9	No linear change	Not available¶	No chang
		no reported that eithe nonths before the sur-		other adults in their	r family had been			
		no reported that eithe nonths before the sur		other adults in their	r family had been	Decreased, 2015-2019	Not available	No chang
in jail or in priso	on (during the 12 m		vey) 17.8 t great risk of harmi	14.9	10.5	Decreased, 2015-2019	Not available	No chang
in jail or in priso	on (during the 12 m	nonths before the sur	vey) 17.8 t great risk of harmi	14.9	10.5	Decreased, 2015-2019	Not available  Not available	
QN113: Percer ways) if they ha	ntage of students whave five or more dri	no think people are a nks of alcohol once on think people are a	t great risk of harmi or twice a week (bed	ng themselves (phyer, wine, or liquor) 41.0	10.5 vsically or in other 31.5	Decreased, 2015-2019  No linear change		No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

ack* te-Added								
	Health Risk Behavior and Percentages					Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019	_		
ways) if they ta	entage of students whake a prescription dru	ug without a doctor's						
· ·	<i>'</i>	<i>'</i>						
			54.1	51.9	49.0	No linear change	Not available¶	No change
	entage of students wh two drinks of an alco		friends feel it woul	d be wrong or very		No linear change	Not available <sup>¶</sup>	No chang
			friends feel it woul	d be wrong or very		No linear change  Increased, 2015-2019	Not available <sup>¶</sup> Not available	No chang
o have one or	two drinks of an alco	oholic beverage near	friends feel it would fly every day (beer, 49.9	d be wrong or very wine, or liquor) 56.8	wrong for them 61.2			

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

lack* ite-Added								
		Health Risk Beha	vior and Percenta	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019	<u> </u>		
	ption drug without	ho reported that their a doctor's prescription						
			68.8	78.3	79.2	Increased, 2015-2019	Not available <sup>¶</sup>	No chang
03/110 B								
		ho approve or strongl (beer, wine, or liquo		one their age having	g one or two 12.3	No linear change	Not available	No chang
drinks of alcoho	ol nearly every day		16.7 parents feel it woul	10.8 d be wrong or very	12.3	No linear change	Not available	No chang
drinks of alcoho	ol nearly every day	(beer, wine, or liquo	16.7 parents feel it woul	10.8 d be wrong or very	12.3	No linear change	Not available  Not available	
drinks of alcoho	ntage of students who drinks of an alc	(beer, wine, or liquo	parents feel it would every day (beer, 86.1	d be wrong or very wine or liquor) 84.0	12.3 wrong for them 86.1			No chang No chang

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

lack* ite-Added								
		Health Risk Beha	vior and Percentag	ges		Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2017-2019 §
2009	2011	2013	2015	2017	2019	_		
	iption drug without	no reported that their a doctor's prescription						
	•		87.6	91.0	87.8	No linear change	Not available¶	No change
QN123: Percer (beer, wine, or )		no think it would be v	very easy for them to 34.7	o get some alcohol 43.7	if they wanted to 31.2	No linear change	Not available	Decrease
								Decrease
-	ntage of students wl	no think it would be v	very easy for them to	o get some marijua	na if they wanted			Decrease
QN124: Percer to	ntage of students wl	no think it would be	very easy for them to	o get some marijua	na if they wanted 37.7	No linear change	Not available	No chang
QN125: Percer	ntage of students wh	no think it would be venue think it would be venue to (such as OxyCo	45.3	47.7	37.7	No linear change		

<sup>\*</sup>Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\$}</sup>$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behav	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
N8: Percentag	e of students who	carely or never wore	a seat belt (when ri	ding in a car driven	by someone else)			
		25.6	20.0	19.7	14.4	Decreased, 2013-2019	Not available <sup>§</sup>	Decreased
` .		rode with a driver wh		g alcohol (in a car	or other vehicle,	, ,		+
		31.8	25.4	24.2	21.2	Decreased, 2013-2019	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behav	ior and Percentag	es		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	ays before the surve	texted or e-mailed v y, among students w						
			47.9	46.3	45.3	No linear change	Not available§	No change
QN12: Percent 0 days before t		carried a weapon (s	uch as a gun, knife.	or club, on at least	1 day during the	Decreased, 2017-2019	Not available	Decrease
	age of students who	carried a weapon or re the survey)	n school property (s	such as a gun, knife	, or club, on at			
				8.1	6.7	No linear change	Not available	No chang
		o did not go to school ag the 30 days before		unsafe at school or o	on their way to or			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

spanic ury and Violen		Health Risk Behavi	ior and Percentag	es		Linear Change*	Quadratic Change <sup>*</sup>	Change fron 2017-2019
2009	2011	2013	2015	2017	2019			
		were threatened or ites during the 12 mor			erty (such as a			
				13.3	12.7	No linear change	Not available <sup>§</sup>	No change
QN19: Percenta	age of students who	were ever physically	y forced to have sex	xual intercourse (w	hen they did not			
		11.4	18.0	12.1	12.5	No linear change	Not available	No change
[counting such t	hings as kissing, to	experienced sexual uching, or being physing the 12 months bef	sically forced to ha	ced by anyone to dove sexual intercour	o sexual things se] that they did			
				15.0	16.2	No linear change	Not available	No chang

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behavi	or and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019			
dating or going forced to have s	out with to do sexu sexual intercourse] t	experienced sexual al things [counting su hat they did not want or went out with som	ich things as kissin to, one or more tir	g, touching, or beir nes during the 12 n	ng physically nonths before the			
			20.5	13.1	14.4	Decreased, 2015-2019	Not available§	No change
someone they winjured with an	vere dating or going object or weapon] o	o experienced physica out with [counting s one or more times during the 12 mon	uch things as being ring the 12 months	hit, slammed into before the survey,	something, or			
someone they vinjured with an	vere dating or going object or weapon] o	out with [counting sone or more times du	uch things as being ring the 12 months	hit, slammed into before the survey,	something, or	No linear change	Not available	No change
someone they v injured with an who dated or w	were dating or going object or weapon] of ent out with someon	out with [counting sone or more times du	uch things as being ring the 12 months ths before the surve 18.1	s hit, slammed into before the survey, ey)	something, or among students  14.3	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

### New Hampshire High School Survey 10-year Trend Analysis Report

Hispanic **Injury and Violence Health Risk Behavior and Percentages** Linear Change\* Quadratic Change\* Change from 2017-2019 † 2009 2011 2013 2015 2017 2019 QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey) 21.4 24.3 20.3 22.0 No linear change Not available§ No change QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey) 30.5 38.9 36.2 40.9 Increased, 2013-2019 Not available No change QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey) 15.4 24.8 22.1 24.6 Increased, 2013-2019 Not available No change QN28: Percentage of students who attempted suicide (one or more times during the 12 months before the survey) 14.3 12.9 14.9 No linear change Not available No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

ispanic njury and Violen		Health Risk Beha	vior and Percentag	ges		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019			
		had a suicide attemse (during the 12 mo		n injury, poisoning, vey)	or overdose that			
			8.3	5.6	6.4	No linear change	Not available§	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behavi	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
QN32: Percent survey)	tage of students who	currently smoked ci	garettes (on at least	t 1 day during the 3	0 days before the			
		22.9	15.5	13.3	10.9	Decreased, 2013-2019	Not available <sup>§</sup>	No change
QNFRCIG: Pe 30 days before		s who currently smok	ed cigarettes freque	ently (on 20 or mor	e days during the			,
		14.3	10.1	6.6	6.1	Decreased, 2013-2019	Not available	No change
		nts who currently sm	oked cigarettes dail	ly (on all 30 days d	uring the 30 days			,
pefore the surve			8.9	6.3	5.2	Decreased, 2013-2019	Not available	No change
before the surve		11.8	8.9	0.5	3.2	2010 2010	Trov avamacio	1 to change
QN33: Percent		o smoked more than 1 ng students who curr	0 cigarettes per da	y (on the days they			1,000,000	Tto change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

ispanic obacco Use		Health Risk Beha	vior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	pes, vaping pens, e-		onic vapor product ( th pens [such as blu,					
1	, ,,			56.5	57.8	No linear change	Not available§	No change
e-pipes, vape pi	pes, vaping pens, e-	hookahs, and hooka	lectronic vapor prod th pens [such as blu, e 30 days before the	NJOY, Vuse, Mar survey)			Not available	Ingressed
			32.7	32.0	40.6	Increased, 2015-2019	Not available	Increased
	rcentage of students 30 days before the		l electronic vapor pr	oducts frequently (	on 20 or more			,
			10.9	9.9	17.7	Increased, 2015-2019	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

## New Hampshire High School Survey 10-year Trend Analysis Report

		Health Risk Behav	vior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	0 1	: : : : : : : : : : : : : : : : : : : :	-		<del></del>	•		
•	C	nts who currently us	sed electronic vapor	products daily (on	all 30 days during			
QNDAYEVP: 1 he 30 days befo	C	nts who currently us	sed electronic vapor 9.4	products daily (on 7.9	all 30 days during 14.4	Increased, 2015-2019	Not available <sup>§</sup>	Increase
•	C	nts who currently us	•		, ,		Not available <sup>§</sup>	Increase
he 30 days befo	ore the survey)	ho currently smoked	9.4	7.9	14.4		Not available <sup>§</sup>	Increase

17.6

14.3

No linear change

Not available

No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

Hisnanic

		Health Risk Behave	ior and Percentago	es		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019
2009	2011	2013	2015	2017	2019	_		
QN40: Percenta	age of students who	had their first drink	of alcohol before a	ge 13 years (other t	han a few sips)			
		27.8	23.2	23.1	19.0	No linear change	Not available§	No change
QN41: Percenta	age of students who	currently drank alco	shol (at least one dri	nk of alcohol, on a	t least 1 day	-		
	age of students who	currently drank alco	shol (at least one dri	nk of alcohol, on a	t least 1 day	No linear change	Not available	Decreased
during the 30 da	age of students who	currently drank alco	35.6 hol they drank by so	38.6	30.8		Not available	Decreased
DN44: Percenta	age of students who	o currently drank alco y)	35.6 hol they drank by so	38.6	30.8		Not available  Not available	Decreased No change
uring the 30 da  N44: Percenta  0 days before t	ays before the surve age of students who the survey, among s	o currently drank alco y)	35.6 hol they drank by so y drank alcohol) 27.8	38.6 omeone giving it to 30.7	30.8 them (during the	No linear change		

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# New Hampshire High School Survey 10-year Trend Analysis Report

Hispanic **Alcohol and Other Drug Use Health Risk Behavior and Percentages** Linear Change\* Quadratic Change\* Change from 2017-2019 † 2009 2011 2013 2015 2017 2019 QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey) 34.3 31.5 35.3 33.2 No linear change Not available§ No change QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life) 18.0 12.5 14.5 No linear change Not available No change QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life) 6.1 14.7 10.5 6.6 Decreased, 2013-2019 Not available No change QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life) 15.9 10.6 6.9 7.6 Decreased, 2013-2019 Not available No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\</sup>dagger}$ Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

## **New Hampshire High School Survey** 10-year Trend Analysis Report

Hisnanic

cohol and Othe		Health Risk Behavi	or and Percentag	es		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019			
ONE 4 D								
-	tage of students who	ever used ecstasy (al	lso called "MDMA	," one or more time	es during their			
life)	tage of students who	ever used ecstasy (al	lso called "MDMA	8.6	9.7	Decreased, 2013-2019	Not available <sup>§</sup>	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behavi	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
QN58: Percent	tage of students who	ever had sexual inte	rcourse					
		54.4	52.6	51.1	47.6	No linear change	Not available§	No change
QN59: Percent	tage of students who	had sexual intercour	rse for the first time	e before age 13 year	rs			
			12.5	8.6	6.8	Decreased, 2015-2019	Not available	No change
QN60: Percent	tage of students who	had sexual intercour	rse with four or mo	re persons during th	neir life			
QN60: Percent	tage of students who	had sexual intercour	rse with four or mo	re persons during th	neir life	No linear change	Not available	No change
QN61: Percent		were currently sexua		18.1	14.3	No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behav	ior and Percentage	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	age of students who	o drank alcohol or use	ed drugs before last	sexual intercourse	(among students			
			33.0	31.6	29.0	No linear change	Not available§	No change
N63: Percent urrently sexua		used a condom duri	ng last sexual interc	course (among stud	ents who were			:
			55.1	50.4	47.3	No linear change	Not available	No change
	age of students who	o used birth control p				No linear change	Not available	No change
						No linear change	Not available  Not available	No change
mong students  NIUDIMP: F	who were currently  Percentage of student explanon) before las		ills before last sexual 20.9 (such as Mirena or	al intercourse (to particular)  17.5  ParaGard) or impla	revent pregnancy, 25.9 unt (such as			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

		Health Risk Behav	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
birth control rin		nts who used a shot (g) before last sexual						
			3.2	3.8	3.2	No linear change	Not available§	No change
ONOTHIDI.	Damaanta aa af atu da	nto rubo usad binth as	ntrol millor on HID	(auch as Mirana ar	Dono Cond) on			-
mplant (such a	s Implanon or Nexp ch as NuvaRing) be	nts who used birth co lanon); or a shot (su fore last sexual inter	ch as Depo-Provera	), patch (such as O	rthoEvra), or birth	Increased, 2015-2019	Not available	Increased
emplant (such a control ring (such a control ring (such a control ring) (such a control	s Implanon or Nexp ch as NuvaRing) be lly active)  Percentage of stude uch as Mirena or Pa patch (such as Orth	lanon); or a shot (suc	ch as Depo-Provera course (to prevent p 27.4 condom during last such as Implanon o rol ring (such as No	27.9  t sexual intercourse or Nexplanon); or a uvaRing) before last	rthoEvra), or birth students who were 40.1 and birth control shot (such as	Increased, 2015-2019	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

lispanic exual Behaviors		Health Risk Behav	vior and Percentag	ges		Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019 <sup>†</sup>
2009	2011	2013	2015	2017	2019	<del></del>		
QNBCNONE: F intercourse (amo	Percentage of stude ng students who w	ents who did not use were currently sexual	any method to prev ly active)	ent pregnancy duri	ng last sexual			
			17.8	17.2	14.0	No linear change	Not available§	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

2013  udents who were overweige-specific reference data			2019			
			tile for body mass			
e specific forefores data						
	13.9	17.0	15.5	No linear change	Not available¶	No change
		or body mass index	, based on sex-			
lata from the 2000 CDC g	growth charts) <sup>8</sup> 16.3	19.3	17.0	No linear change	Not available	No change
	data from the 2000 CDC §	data from the 2000 CDC growth charts)§ 16.3	data from the 2000 CDC growth charts) <sup>8</sup> 16.3 19.3	-	data from the 2000 CDC growth charts) <sup>\$</sup> 16.3  19.3  17.0  No linear change	data from the 2000 CDC growth charts) <sup>§</sup> 16.3 19.3 17.0 No linear change Not available

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>&</sup>lt;sup>§</sup>Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

Not enough years of data to calculate.

		Health Risk Behav	vior and Percentag	res		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-201
2009	2011	2013	2015	2017	2019			
NSODA1. Po	rcentage of student	who drank a can b	nottle or alass of so	de or non one or me	ora timas par day			
		s who drank a can, t counting diet soda c				Decreased, 2015-2019	Not available <sup>§</sup>	No chanş
such as Coke, I	Pepsi, or Sprite, not		20.3 cottle, or glass of so	he 7 days before the  18.1  da or pop two or mo	14.2 ore times per day	Decreased, 2015-2019	Not available <sup>§</sup>	No chang

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

Hisnanic

			or and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019	_		
	tivity that increa	were physically activated their heart rate an						
		41.5	42.9	43.0	38.9	No linear change	Not available§	No change
	kind of physical	nts who did not partic activity that increase ne survey) 14.0				No linear change	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

Hispanic Physical Activity		Health Risk Behav	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019	<u> </u>		
day (counting tin YouTube, Instag	me spent on things	o played video or con such as Xbox, PlayS other social media,	tation, an iPad or o	ther tablet, a smartp	ohone, texting,			
school day)								
school day)			46.1	49.5	53.2	Increased, 2015-2019	Not available <sup>§</sup>	No change
QN83: Percenta	age of students who	had a concussion fi		1		Increased, 2015-2019	Not available <sup>§</sup>	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

Hisnanic

		Health Risk Behav	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change fron 2017-2019
2009	2011	2013	2015	2017	2019			
	age of students who	o saw a dentist (for a rvey)	check-up, exam, tec	eth cleaning, or oth	er dental work,			
			69.1	70.9	71.9	No linear change	Not available§	No change
NNODNT: Pental work)	Percentage of studen	ts who never saw a d	entist (for a check-	up, exam, teeth clea	aning, or other			
			5.4	4.5	5.4	No linear change	Not available	No change
N88: Percent	age of students who	got 8 or more hours	of sleep (on an ave	erage school night)				:
			22.8	21.4	22.5	No linear change	Not available	No change
			es in school as mos	stlv A's or B's (duri	ng the 12 months			
N89: Percent	age of students who	described their grad	es in school as mos					

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

ispanic te-Added								
		Health Risk Behav	vior and Percentag	ges		Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019			
		nts who drank a bot ed sparkling water,			times per day			
				72.7	79.8	Increased, 2017-2019	Not available <sup>§</sup>	Increased
		nts who drank a bot			times per day			
				66.0	73.8	Increased, 2017-2019	Not available	Increased
		nts who drank a bot			e times per day			
		- <del>-</del>	-	54.6	60.7	Increased, 2017-2019	Not available	Increased

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# New Hampshire High School Survey 10-year Trend Analysis Report

Hispanic Site-Added

		Health Risk Behav	ior and Percentag	es		Linear Change*	Quadratic Change*	Change from 2017-2019 †
2009	2011	2013	2015	2017	2019			
	tage of students who	o rarely or never wordden a bicycle)	e a bicycle helmet (	during the 12 mont	hs before the			
			74.1	80.6	72.7	No linear change	Not available§	Decreased
QN91: Percent car)	tage of students who	o rarely or never wea	r a seat belt when d	riving (among stud	ents who drive a	No linear change	Not available	No change
control them or	emotionally hurt the with, being humilia	o reported someone to em one or more time ted in front of others re the survey, amons	es (such things as be	eing told who they did not do	could and could what they			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

### **New Hampshire High School Survey** 10-year Trend Analysis Report

Hispanic Site-Added **Health Risk Behavior and Percentages** Linear Change\* Quadratic Change\* Change from 2017-2019 † 2009 2011 2013 2015 2017 2019 QN94: Percentage of students who forced someone they were dating or going out with to do sexual things that they did not want to do (such things as kissing, touching, or physically forcing them to have sexual intercourse, among students who dated or went out with someone during the 12 months before the survey) 5.6 5.7 No linear change Not available§ No change QN95: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey) 21.1 22.3 21.5 22.1 No linear change Not available No change QN96: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)

16.9

19.2

Decreased, 2013-2019

Not available

26.1

23.5

No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.  $^{\dagger}$ Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behav	ior and Percentag	es		Linear Change <sup>*</sup>	Quadratic Change*	Change from 2017-2019
2009	2011	2013	2015	2017	2019			
	rcocet, Vicodin, cod	currently took a pre eine, Adderall, Rital						
		19.3	16.9	9.0	11.0	Decreased, 2013-2019	Not available§	No change
		recall hearing, read months before the		lic message about a	voiding alcohol			
			70.9	62.4	62.7	Decreased, 2015-2019	Not available	No change
	ntage of students wh	o did not drink a bot		water (counting tag	p, bottled, and			
	rkling water, during	the 7 days before the	survey)					

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

### New Hampshire High School Survey 10-year Trend Analysis Report

Hispanic Site-Added **Health Risk Behavior and Percentages** Linear Change\* Quadratic Change\* Change from 2017-2019 † 2009 2011 2013 2015 2017 2019 QN103: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not counting soda or pop, one or more times per day during the 7 days before the survey) 23.6 23.3 No linear change Not available§ No change QN104: Percentage of students who reported that some of their classroom teachers provide short physical activity breaks during regular class time (not counting their physical education teacher) 12.8 13.9 No linear change Not available No change QN105: Percentage of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey) 69.9 65.5 73.6 No linear change Not available Increased QN108: Percentage of students who did not usually sleep in their parent's or guardian's home (during the 30 days before the survey) 8.6 6.2 No linear change Not available No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

### New Hampshire High School Survey 10-year Trend Analysis Report

Hispanic Site-Added **Health Risk Behavior and Percentages** Linear Change\* Quadratic Change\* Change from 2017-2019 † 2009 2011 2013 2015 2017 2019 QN109: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey) 11.1 10.8 Not available§ No change No linear change QN110: Percentage of students who reported that either of their parents or other adults in their family had been in jail or in prison (during the 12 months before the survey) 22.1 14.9 22.1 Decreased, 2015-2019 Not available Decreased QN113: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they have five or more drinks of alcohol once or twice a week (beer, wine, or liquor) 30.3 34.0 30.6 24.5 Decreased No linear change Not available QN114: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they use marijuana once or twice a week 14.2 11.8 14.5 16.9 No linear change Not available No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $<sup>^{\</sup>dagger}$ Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

Hisnanic

		Health Risk Behavi	Linear Change*	Quadratic Change <sup>*</sup>	Change from 2017-2019			
2009	2011	2013	2015	2017	2019			
ways) if they ta		o think people are at ag without a doctor's						
		50.1	50.0	54.4	47.6	No linear change	Not available§	Decreased
QN116: Percer		o reported that their f			wrong for them	. ,		
	two drinks of an alco	39.6	48.0	51.6	57.8	Increased, 2013-2019	Not available	No change
o have one or	ntage of students wh		48.0	51.6		Increased, 2013-2019	Not available	No change

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behavi	Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change from 2017-2019			
2009	2011	2013	2015	2017	2019			
	iption drug without	no reported that their a doctor's prescription						
		60.4	68.8	71.2	75.6	Increased, 2013-2019	Not available§	No change
N119: Percer	ntage of students wh	no approve or strongly	y approve of some	one their age having	one or two			
		(beer, wine, or liquor		14.3	10.4	Decreased, 2013-2019	Not available	No chang
PN120: Percer	ol nearly every day	(beer, wine, or liquor	19.4 parents feel it woul	14.3	10.4	Decreased, 2013-2019	Not available	No change
PN120: Percer	ol nearly every day	(beer, wine, or liquor 19.9 no reported that their	19.4 parents feel it woul	14.3	10.4	Decreased, 2013-2019  No linear change	Not available  Not available	No change
Irinks of alcoho QN120: Percer o have one or t	ntage of students what wo drinks of an alco	19.9 no reported that their pholic beverage nearly	parents feel it wouly every day (beer, 80.3	14.3  Id be wrong or very wine or liquor)  81.9	10.4 wrong for them 82.7			

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

# **New Hampshire High School Survey** 10-year Trend Analysis Report

		Health Risk Behavi	Linear Change <sup>*</sup>	Quadratic Change <sup>*</sup>	Change fron 2017-2019			
2009	2011	2013	2015	2017	2019			
	ption drug without	no reported that their a doctor's prescription						
		80.7	87.1	86.7	88.2	Increased, 2013-2019	Not available§	No change
N123: Percenteer, wine, or l		no think it would be v	ery easy for them t	to get some alcohol	if they wanted to			
		47.5	42.1	39.4	36.5	Decreased, 2013-2019	Not available	No change
N124: Percen	ntage of students wh	o think it would be v	ery easy for them t	to get some marijua	ana if they wanted			
		58.9	50.4	55.0	48.5	Decreased, 2013-2019	Not available	Decreased
		to think it would be ved to (such as OxyCo						
anax)								

<sup>\*</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. \*Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.