

## Health Education (Ed 612.16) Self-Assessment Worksheet

### Ed 612.16 Health Education

**Directions:** This matrix worksheet should be completed by the program. It should contain information that serves as an index or guide for the reviewers as they review all evidence provided. Evidence referenced on this worksheet should be clearly marked according to the standards. The same piece of evidence may meet more than one standard. Please reference specific parts of evidence whenever possible, particularly for large pieces of evidence.

<b>ED 612.16 HEALTH EDUCATION</b> The teacher preparation program for health education kindergarten through grade 12 shall provide the teaching candidate with the following skills, competencies and knowledge through a combination of academic and supervised practical experiences in the following areas:	<b>DESCRIPTION OF HOW THE PROGRAM ADDRESSES THE STANDARD. INDICATE THE RELATIONSHIP TO ED 610.02 PROFESSIONAL EDUCATION STANDARDS (IF ANY).</b>	<b>DESCRIPTION OF THE ASSESSMENT SYSTEM USED TO PROVIDE EVIDENCE AND DATA AND TO INFORM CONTINUOUS IMPROVEMENT.</b>
(a) In the area of health-related content knowledge of human biology, social science, and psychology, knowledge of:		
(1) Alcohol, tobacco, and other substance use, abuse, and prevention;		
(2) Injury prevention, safety, and first aid;		
(3) Nutrition;		
(4) What constitutes a physically active lifestyle;		
(5) Family life and comprehensive sexuality education, including instruction relative to abstinence and sexually transmitted infections in accordance with RSA 189:10;		
(6) Mental and emotional health, including suicide prevention;		
(7) Personal and consumer health, including prevention and control of disease; and		
(8) Community and environmental health;		
(b) In the area of pedagogy, competency in:		

(1) Teaching sensitive issues, and		
(2) Applying content knowledge to provide developmentally appropriate learning experiences, and assessment of students' ability to:		
a. Access valid health information and health promoting products and services;		
b. Practice health enhancing behaviors and reducing health risks;		
c. Analyze the influence of culture, media, technology, and other social factors on health;		
d. Use interpersonal communication skills to enhance health;		
e. Use goal-setting and decision-making skills to enhance health; and		
f. Advocate for personal, family, and community health;		
(c) Knowledge of theories of human development, learning, and cognition as they apply to health behavior and health behavior change;		
(d) Competency in planning, implementing, and evaluating a standards-based health education program consistent with RSA 193-C:3, III;		
(e) Competency in collaborating with school and community resources and in integrating health concepts and skills across content areas to create a coordinated school health program; and		
(f) Knowledge of cultural, ethical, and legal rights and responsibilities involving a school health education program, including the ability to reference New Hampshire statutes pertaining to school health education.		

Source. #2055, eff 6-16-82; ss by #2714, eff 5-16-84, EXPIRED 5-16-90

New. #4851, eff 6-25-90; EXPIRED 6-25-96

New. #6366, eff 10-30-96, EXPIRED: 10-30-04

New. #8229, eff 12-17-04; ss by #8667, eff 7-1-06; (See Revision Note at part heading for Ed 612) (renumbered from Ed 612.09)