

Physical Education (Ed 612.21) Self-Assessment Worksheet

Ed 612.21 Physical Education

Directions: This matrix worksheet should be completed by the program. It should contain information that serves as an index or guide for the reviewers as they review all evidence provided. Evidence referenced on this worksheet should be clearly marked according to the standards. The same piece of evidence may meet more than one standard. Please reference specific parts of evidence whenever possible, particularly for large pieces of evidence.

Ed 612.21 PHYSICAL EDUCATION The teacher preparation program for physical education in grades K-12 shall provide the teaching candidate with skills, competencies and knowledge through a combination of academic experiences and demonstrated competency in the following areas:	DESCRIPTION OF HOW THE PROGRAM ADDRESSES THE STANDARD. INDICATE THE RELATIONSHIP TO ED 610.02 PROFESSIONAL EDUCATION STANDARDS (IF ANY).	DESCRIPTION OF THE ASSESSMENT SYSTEM USED TO PROVIDE EVIDENCE AND DATA AND TO INFORM CONTINUOUS IMPROVEMENT.
(a) In the area of scientific and theoretical knowledge:		
(1) Describe and apply physiological and biomechanical concepts related to: a. Skillful movement; b. Physical activity; and c. Fitness;		
(2) Describe and apply motor development theory and principles related to: a. Skillful movement; b. Physical activity; and c. Fitness;		
(3) Describe and apply motor learning theory and principles related to: a. Skillful movement; b. Physical activity; and c. Fitness;		
(4) Analyze and correct critical elements of motor skill performance;		

(5) Identify historical, philosophical, and social perspectives of physical education issues; and		
(6) Identify specific federal and state legislation relative to the rights of students;		
(b) In the area of skill-based and fitness-based competence:		
(1) Demonstrate or cause to be demonstrated competence in motor skill performance for a variety of physical activities and movement patterns including: a. Fundamental movement; b. Sports-related; c. Dance-related; and d. Health-related fitness; and		
(2) Demonstrate or cause to be demonstrated performance concepts related to skillful movement in a variety of authentic physical activity environments; and		
(b) In the area of pedagogical content knowledge:		
(1) Design and implement lesson and unit plans linked to program and instructional goals that support the needs of all students;		
(2) Develop and implement developmentally appropriate, measurable, performance-based goals and objectives aligned with local, state, and/or national standards;		
(3) Plan and implement progressive and sequential content that is aligned to instructional goals and objectives and addresses the diverse needs of all students;		

(4) Demonstrate knowledge of current technology by planning and implementing learning experiences that require students to appropriately use technology to meet lesson objectives;		
(5) Implement effective demonstrations, explanations, and instructional cues and prompts to link physical activity concepts to appropriate learning experiences;		
(6) Utilize managerial rules, routines, and transitions to create and maintain a safe and effective learning environment;		
(7) Implement strategies to help students demonstrate responsible personal and social behaviors in a productive learning environment; and		
(8) Demonstrate effective verbal and nonverbal communication that conveys respect and sensitivity.		

Source. #2055, eff 6-16-82; ss by #2714, eff 5-16-84, EXPIRED 5-16-90

New. #4851, eff 6-25-90; EXPIRED 6-25-96

New. #6366, eff 10-30-96; ss by #7924, eff 7-24-03; amd by #8667, eff 7-1-06; (See Revision Note at part heading for Ed 612) (renumbered from Ed 612.14)

New. #10951 Adopt, Amend, Readopt w/Amend Ed 506.04 (f) intro. & (4), 506.08 (f) intro. & (4), 507.16, & 612.21 Physical Education and Principal (eff 10-20-15)