New Hampshire High School Survey 10-year Trend Analysis Report

Total Injury and Violence

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
QN8: Percent driven by som		who rarely or ne	ver wore a seat t	pelt (when riding	in a car			
11.7	12.9	10.7	9.7	8.2	6.9	Decreased, 2007-2017	No quadratic change	Decreased
		who rode with a			cohol (in a car			
or other vehic	23.2	times during the 22.7	30 days before the 17.4	15.8	14.4	Decreased, 2007-2017	No quadratic change	Decreased
25.4 QN10: Percer alcohol (one o	23.2 ntage of students or more times du	ě	17.4 r or other vehicle before the surve	15.8 e when they had y, among studen	been drinking	Decreased, 2007-2017	No quadratic change	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
(on at least 1	entage of students day during the 30 cle during the 30	0 days before the	survey, among					
			47.7	43.7	41.7	Decreased, 2013-2017	Not available§	No change
QN15: Perce	entage of students	s who did not go	to school becau	se they felt unsa	fe at school or			
on their way	to or from school	l (on at least 1 da	y during the 30	days before the	survey)			
on their way 4.5	to or from school 4.5	l (on at least 1 da 4.9	ay during the 30 5.7	days before the 5.4	survey) 5.2	No linear change	No quadratic change	No change
on their way 4.5 QN19: Perce	to or from school	l (on at least 1 da 4.9	sy during the 30 5.7	days before the 5.4	survey) 5.2	No linear change	No quadratic change	No change
on their way 4.5 QN19: Perce	to or from school 4.5 entage of students	l (on at least 1 da 4.9	sy during the 30 5.7	days before the 5.4	survey) 5.2	No linear change Decreased, 2007-2017	No quadratic change No quadratic change	No change
on their way 4.5 QN19: Perce (when they di 7.2 QN21: Perce someone they kissing, touch want to, one of	4.5 entage of students id not want to)	s who were ever 6.1 s who experience going out with to ysically forced to ring the 12 month.	physically force 5.7 ed sexual dating of do sexual thing of have sexual inthis before the sur	days before the 5.4 d to have sexual 6.3 violence (being s [counting such ercourse] that thrvey, among study	intercourse 5.8 forced by things as any did not			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

and Violence								
	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017			
hurt on purpor being hit, slan during the 12	se by someone the somed into somet months before the	hey were dating hing, or injured	ed physical dating or going out with with an object or g students who dey)	i [counting such weapon] one or	things as more times			
			7.4	7.8	7.9	No linear change	Not available§	No change
QN23: Percei		s who were bullion	ed on school pro	perty (ever durin	ng the 12			
	22.1	25.3	22.8	22.1	21.4	No linear change	Not available	No change
QN24: Percethrough textin	ig, İnstagram, Fa	s who were elect acebook, or other	ronically bullied social media, ev	(counting being ver during the 12	bullied months			
		21.6	18.1	18.6	19.0	Decreased, 2011-2017	Not available	No change
QN25: Percerow so that the survey)	ntage of students ey stopped doing	s who felt sad or g some usual acti	hopeless (almos ivities, ever durin	t every day for >	=2 weeks in a s before the			
24.6	25.1	25.2	25.4	27.2	28.0	Increased, 2007-2017	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Total Injury and Violence

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
	ntage of students fore the survey)	who seriously o	considered attem	pting suicide (ev	er during the			
13.7	12.1	14.3	14.4	15.3	16.1	Increased, 2007-2017	No quadratic change	No change
QN28: Percer months before		who attempted	suicide (one or r	more times durin	g the 12			
5.5	4.7	6.1	6.7	6.8	5.9	No linear change	No quadratic change	Decreased
	overdose that ha			resulted in an injurese (during the 12				
2.2	1.6	2.4	2.5	2.5	2.0	No linear change	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

New Hampshire High School Survey 10-year Trend Analysis Report

Total Tobacco Use

	Healtl	h Risk Behavio	r and Percentag	ees		Linear Change [*]	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
QN32: Percer 30 days before		who currently s	moked cigarettes	s (on at least 1 d	ay during the			
19.0	20.8	19.8	13.8	9.3	7.8	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased
		dents who currer before the survey	ntly smoked ciga	rettes frequently	(on 20 or			
8.9	9.5	9.7	5.5	3.7	2.2	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased
	Percentage of s lays before the s		rently smoked ci	garettes daily (o	n all 30 days			
7.0	7.1	7.4	4.5	2.8	1.7	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased
			ore than 10 cigar vey, among stude					
			13.7	14.2	11.8	No linear change	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Total	
Tobacco	Use

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017			
e-cigarettes, e	ntage of students e-cigars, e-pipes, fuse, MarkTen, L e the survey)	vape pipes, vapi	ng pens, e-hooka	ahs, and hookah	pens [such as			
Ž	•			25.0	23.8	No linear change	Not available§	No change
	ntage of students east 1 day during			igars, cigarillos,	or little			
17.2	16.1	16.4	13.0	11.0	9.5	Decreased, 2007-2017	No quadratic change	Decreased
	centage of studer days before the s		smoked cigaret	tes or cigars (on	at least 1 day			
25.8	27.3	26.4	20.5	15.7	12.8	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Total Alcohol and Other Drug Use

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change [*]	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
QN41: Percei than a few sip		who had their f	irst drink of alco	hol before age 1	3 years (other			
18.1	14.8	14.3	11.9	10.8	10.7	Decreased, 2007-2017	No quadratic change	No change
	ntage of students during the 30 day		lrank alcohol (at	least one drink	of alcohol, on			
44.8	39.3	38.4	32.9	29.9	29.6	Decreased, 2007-2017	No quadratic change	No change
			t the alcohol the					
32.7	31.1	33.0	40.3	42.3	40.1	Increased, 2007-2017	No quadratic change	No change
QN47: Percei	ntage of students	who tried marij	uana for the first	time before age	e 13 years			
7.9	8.4	7.7	6.6	6.1	5.3	Decreased, 2007-2017	No quadratic change	Decreased
QN48: Percei		who currently u	used marijuana (one or more time	es during the			
22.9	25.6	28.4	24.4	22.2	23.1	No linear change	Increased, 2007-2011	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

New Hampshire High School Survey 10-year Trend Analysis Report

Total Alcohol and Other Drug Use

	Healt	h Risk Behavio	r and Percentag	res		Linear Change*	Quadratic Change [*]	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
	ntage of students r more times du		heroin (also calle	ed "smack," "jun	ık," or "China			
3.0	3.0	3.6	2.7	2.4	1.8	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased
			methamphetamir during their life)		'speed,"			
5.6	4.7	4.2	2.9	2.5	1.8	Decreased, 2007-2017	No quadratic change	Decreased
QN53: Percentimes during t		who ever used	ecstasy (also call	ed "MDMA," o	ne or more			
6.4	6.8	8.7	7.4	4.5	3.0	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased
QN54: Percer "fake weed," ' during their li	'King Kong," "Y	who ever used a vucatan Fire," "S	synthetic marijua kunk," or "Moor	nna (also called 'n Rocks," one or	"K2," "Spice," more times			
				9.2	5.6	Decreased, 2015-2017	Not available§	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

ol and Other Dru	U	h Risk Behavio	or and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017	_		
QN58: Percei	ntage of students	s who were offers s before the sur	red, sold, or give vey)	n an illegal drug	g on school			
22.5	22.1	23.1	20.1	16.5	16.3	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

New Hampshire High School Survey 10-year Trend Analysis Report

Total Sexual Behaviors

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017	-		
QN59: Perce	ntage of students	s who ever had se	exual intercourse	2				
44.7	46.3	47.5	42.8	39.4	38.9	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	No change
QN60: Percer	ntage of students	s who had sexual	intercourse for	the first time bef	Fore age 13			
4.2	4.3	4.5	4.0	2.8	2.4	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	No change
	ntage of students one person, durin				intercourse			
34.1	36.3	37.1	35.2	31.3	29.8	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	No change
	ntage of students mong students w				ual			
		22.7	20.7	18.9	18.7	Decreased, 2007-2017	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

New Hampshire High School Survey 10-year Trend Analysis Report

Total Sexual Behaviors

	Healt	h Risk Behavio	r and Percentag	es		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
	ntage of students were currently so		dom during last	sexual intercour	se (among			
64.2	56.8	60.8	55.2	60.2	59.5	No linear change	Decreased, 2007-2013 No change, 2013-2017	No change
			control pills befo		tercourse (to			
28.1	33.0	32.4	34.4	32.7	30.4	No linear change	No change, 2007-2013 No change, 2013-2017	No change
	as Implanon or	Nexplanon) before	l an IUD (such a re last sexual int sexually active	ercourse (to pre				
	8							
			2.4	4.9	9.2	Increased, 2013-2017	Not available [§]	Increased
ONSHPARG as OrthoEvra	: Percentage of s	ring (such as N	d a shot (such as avaRing) before currently sexuall	Depo-Provera) last sexual inter	, patch (such	Increased, 2013-2017	Not available ^s	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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	Healt	h Risk Behavio	r and Percenta	ges		Linear Change*	Quadratic Change [*]	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
OTTO THIS D								
patch (such as	or implant (such s OrthoEvra), or o prevent pregna	as Implanon or birth control ring	g (such as Nuval lents who were c	a shot (such as I Ring) before las	Depo-Provera), t sexual y active)			
patch (such as	or implant (such s OrthoEvra), or	as Implanon or birth control ring	Nexplanon); or a g (such as Nuval	a shot (such as I Ring) before las	Depo-Provera), t sexual	No linear change	Not available [§]	No change
QNDUALBC intercourse ar Implanon or N birth control i	or implant (such s OrthoEvra), or	as Implanon or birth control ring ncy, among students who us ills; an IUD (such as Do vaRing) before la	Nexplanon); or a g (such as Nuval lents who were control of the such as Mirena or lepo-Provera), pa ast sexual interco	a shot (such as I Ring) before last currently sexuall 41.6 m during last sex ParaGard) or imutch (such as Ort	Depo-Provera), t sexual y active) 43.3 xual plant (such as hoEvra), or	No linear change	Not available [§]	No change

6.6

QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)

8.6

7.8

9.9

7.0

8.6

No change, 2007-2011 No change, 2011-2017

No change

No linear change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

Management a	nnd Dietary Bel Healt	naviors h Risk Behavio	r and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
	body mass index			5th percentile bu reference data f				
14.2	12.8	14.1	13.8	14.5	14.1	No linear change	No quadratic change	No change
				percentile for be 2000 CDC growt 12.2		No linear change	No quadratic change	No change
				or glass of soda uring the 7 days				
				37.0	37.4	No linear change	Not available [¶]	No change
more times pe				r glass of soda o ng diet soda or di				
				13.0	12.5	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

	Healt	h Risk Behavio	r and Percenta	Linear Change*	Quadratic Change*	Change from 2015-2017 [†]		
2007	2009	2011	2013	2015	2017			
-				-				
nore times p	Percentage of ster day (such as C fore the survey)	udents who dran Coke, Pepsi, or S	k a can, bottle, o prite, not countin	or glass of soda on design of design	or pop two or iet pop, during			
more times p	er day (such as C	udents who dran Coke, Pepsi, or S	k a can, bottle, c prite, not countii	ng diet soda or d	iet pop, during	Daniel 2015 2017	N-4 'l-11-8	D
ore times pose 7 days be 2NSODA3: nore times p	er day (such as C fore the survey) Percentage of st	coke, Pepsi, or S	prite, not counting	or glass of soda or ng diet soda or d 9.4 or glass of soda or ng diet soda or d	7.7 r pop three or	Decreased, 2015-2017	Not available [§]	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Total	
Physical	Activity

	Healt	h Risk Behavio	r and Percentag	es		Linear Change*	Quadratic Change*	Change from 2015-2017 †	
2007	2009	2011	2013	2015	2017				
or more days	(in any kind of p	hysical activity	ically active at le that increased the s before the surv	eir heart rate and	per day on 5 d made them				
			47.0	46.9	47.2	No linear change	Not available§	No change	
QNPA7DAY on all 7 days	: Percentage of some of position in any kind of p	students who we	11.6 ere physically actitat increased the	13.6 ive at least 60 m ir heart rate and	13.2	No linear change	Not available	No change	
breathe nard	some of the time	during the / day	ys before the surv 22.9	22.3	23.0	No linear change	Not available	No change	
QN81: Perce	er day (counting	time spent on th	leo or computer g	x, PlayStation,	computer 3 or an iPad or ocial media,				

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Total Other

	Healt	h Risk Behavioi	and Percentag	ges		Linear Change*	Quadratic Change [*]	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017	-		
		s who saw a dent 12 months before		ıp, exam, teeth c	eleaning, or			
				82.7	82.8	No linear change	Not available§	No change
	Percentage of st ther dental work	udents who neve	r saw a dentist (for a check-up, e	exam, teeth			
				1.3	0.9	Decreased, 2015-2017	Not available	Decreased
QN88: Percenight)	ntage of students	s who got 8 or mo	ore hours of slee	p (on an average	e school			
				28.4	25.5	Decreased, 2015-2017	Not available	Decreased
	ntage of students 2 months before t	who described the survey)	heir grades in so	chool as mostly A	A's or B's			
71.3	72.1	69.0	73.4	74.5	77.6	Increased, 2007-2017	No change, 2007-2011 Increased, 2011-2017	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017	-		
			ever wore a bicy had ridden a bi		ng the 12			
66.2	62.4	63.2	60.0	56.3	57.4	Decreased, 2007-2017	No quadratic change	No change
QN91: Percei students who		who rarely or n	ever wear a seat	belt when drivin	ng (among 6.3	No linear change	Not available [§]	Decreased
wanting to die		or burning then	ning to purposely nselves on purpo					
			17.9	18.5	17.1	No linear change	Not available	No change
ON95: Percei			or more drinks of days before the		ow (within a			
	is on at least 1 u	a, aaring ine so	•					

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percentag	es		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017	-		
prescription (s		tin, Percocet, Vi	prescription drug codin, codeine, A					
	20.4	20.8	16.5	13.4	11.5	Decreased, 2009-2017	Not available§	Decreased
QN97: Percer	ntage of students	s who currently t	ook a prescriptio	n drug without a	a doctor's			
prescription (s		tin, Percocet, Vi	ook a prescriptio codin, codeine, A ne survey) 7.6			Decreased, 2011-2017	Not available	Decreased
prescription (sone or more ti	such as OxyCont imes during the 3	tin, Percocet, Vio 30 days before th 11.5	codin, codeine, A ne survey)	6.8 seeing a public n	5.2 nessage about	Decreased, 2011-2017	Not available	Decreased
prescription (some or more ti	such as OxyCont imes during the 3	tin, Percocet, Vio 30 days before th 11.5	codin, codeine, Ane survey) 7.6 ring, reading, or s	6.8 seeing a public n	5.2 nessage about	Decreased, 2011-2017 Decreased, 2015-2017	Not available Not available	Decreased Decreased
prescription (sone or more ti QN98: Percer avoiding alcol QN102: Percer	ntage of students the of or other illegentage of students entage of students that or other illegentage of students	tin, Percocet, Vio 30 days before th 11.5 s who recall hear al drugs (during tts who saw a doo	codin, codeine, Ane survey) 7.6 ring, reading, or s	6.8 seeing a public nefore the survey 79.6 a check-up or p	nessage about 68.6			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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	Healt	h Risk Behavio	r and Percentag	ees		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
QN103: Perc in their family	entage of studen had been in jail	ts who who repo or in prison (du	rted that either oring the 12 mont	f their parents o	r other adults			
				9.3	8.8	No linear change	Not available§	No change
		ts who have talk f tobacco, alcoho				No linear change	Not available	No change
		ts who have som military (air Ford						
				15.0	13.8	No linear change	Not available	No change
		ts who think peo f they smoke one						
75.1	67.5	66.1	66.8	70.6	66.4	Decreased, 2007-2017	Decreased, 2007-2011 No change, 2011-2017	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percentag	es		Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017	-		
(physically or	centage of student r in other ways) it vine, or liquor)							
			36.5	40.9	36.5	No linear change	Not available§	Decreased
	centage of student r in other ways) if				nemselves 16.1	Decreased, 2013-2017	Not available	Decreased
(physically or	centage of student r in other ways) it Contin, Percocet,	f they take a pres	scription drug wi	thout a doctor's				
(physically or	r in other ways) if	f they take a pres	scription drug wi	thout a doctor's		No linear change	Not available	No change
(physically or (such as Oxy) QN114: Perc	r in other ways) if	f they take a pres Vicodin, codein 60.9	scription drug wi le, Adderall, Rita 63.0	thout a doctor's lin, or Xanax) 62.8	prescription 63.2	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	th Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017	_		
QN115: Perc very wrong fo (beer, wine, o	or them to have o	nts who reported one or two drinks	that their friends s of an alcoholic	feel it would be beverage nearly	wrong or every day			
			53.3	57.1	56.7	Increased, 2013-2017	Not available§	No change
	entage of studer or them to smoke		that their friends	feel it would be	wrong or			
			41.0	42.9	37.3	Decreased, 2013-2017	Not available	Decreased
very wrong fo	or them to take a	prescription dru	that their friends g without a doct rall, Ritalin, or X	or's prescription				
			77.7	81.4	80.5	Increased, 2013-2017	Not available	No change
			or strongly appro		heir age			
			7.3	8.1	6.3	No linear change	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

eu	Healt	h Risk Behavio	r and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017	-		
	entage of studen or them to have o							
			88.7	89.3	89.1	No linear change	Not available§	No change
	entage of studen or them to smoke		that their parents	feel it would be	e wrong or			
			82.4	83.0	78.8	Decreased, 2013-2017	Not available	Decreased
very wrong fo	entage of studen or them to take a ercocet, Vicodin	prescription drug	g without a docto	or's prescription				
			94.1	94.9	94.2	No linear change	Not available	No change
QN122: Perc	entage of studen ney wanted to	ts who think it w	ould be very eas	sy for them to ge	et some			
53.6	49.5	51.0	45.5	36.3	35.0	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percentag	es		Linear Change*	Quadratic Change [*]	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017	-		
	entage of studen y wanted to (beer			sy for them to ge	t some			
			41.5	37.6	38.9	No linear change	Not available§	No change
	entage of studen hey wanted to	ts who think it w	ould be very eas	y for them to ge	t some			
41.5	43.8	47.7	47.1	41.6	41.4	No linear change	Increased, 2007-2011 Decreased, 2011-2017	No change
QN125: Perc	43.8 Tentage of studentrug without a do odin, codeine, Ad	ts who think it w	rould be very eas	sy for them to ge	t some	No linear change		No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Male **Injury and Violence**

	Healt	h Risk Behavio	r and Percentag	es		Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017			
QN8: Percen driven by som		who rarely or ne	ver wore a seat b	elt (when riding	g in a car			
15.0	14.0	12.3	11.1	9.4	8.1	Decreased, 2007-2017	No quadratic change	Decreased
		who rode with a times during the			cohol (in a car			
24.7	21.7	23.8	15.3	15.6	13.6	Decreased, 2007-2017	No quadratic change	Decreased
QN10: Perce alcohol (one of	21.7 ntage of students	_	15.3 r or other vehicle before the surve	15.6 when they had y, among studen	been drinking	Decreased, 2007-2017	No quadratic change	Decreased
24.7 QN10: Perce alcohol (one of	21.7 ntage of students	23.8 s who drove a carring the 30 days	15.3 r or other vehicle before the surve	15.6 when they had y, among studen	been drinking	Decreased, 2007-2017 No linear change	No quadratic change Not available [§]	Decreased No change
QN10: Perce alcohol (one odriven a car o	21.7 ntage of students or more times dury other vehicle during the 30 d	23.8 s who drove a carring the 30 days	r or other vehicle before the surve s before the surve 8.4 -mailed while dr	when they had y, among studency) 7.6	been drinking hts who had 6.8			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Male **Injury and Violence Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2015-2017 [†] 2007 2009 2011 2013 2015 2017 QN15: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey) 4.0 4.2 5.2 5.7 4.5 3.8 No linear change No quadratic change No change QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to) 6.0 4.8 4.1 3.3 3.0 2.8 Decreased, 2007-2017 No quadratic change No change QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey) 5.0 6.0 3.0 No linear change Not available§ Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

nd Violence	Healt	th Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
								2015-2017
2007	2009	2011	2013	2015	2017			
hurt on purpo being hit, slar during the 12	se by someone to mmed into some months before to	hey were dating thing, or injured	ed physical datin or going out with with an object of g students who d vey)	n [counting such weapon] one or	things as more times			
			5.8	6.1	6.3	No linear change	Not available§	No change
QN23: Perce		s who were bulli	ed on school pro	perty (ever durir	ng the 12			
	19.9	23.7	19.9	16.8	16.9	Decreased, 2009-2017	Not available	No change
QN24: Perce through texting before the sur	ng, Instagram, Fa	s who were elect	cronically bullied r social media, e	(counting being ver during the 12	bullied months			
		15.2	12.8	11.3	12.1	Decreased, 2011-2017	Not available	No change
QN25: Perce row so that th survey)	ntage of student ey stopped doing	s who felt sad or g some usual act	hopeless (almos ivities, ever duri	t every day for >	=2 weeks in a s before the			
17.4	18.4	19.4	17.8	17.9	18.6	No linear change	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Male Injury and Violence

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change [*]	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
	ntage of students fore the survey)	who seriously o	considered attem	pting suicide (ev	er during the			
10.4	10.2	12.2	11.3	10.7	11.5	No linear change	No quadratic change	No change
QN28: Perce	ntage of students e the survey)	who attempted	suicide (one or r	more times durin	g the 12			
3.2	4.2	4.8	5.0	4.6	4.0	No linear change	Increased, 2007-2011 No change, 2011-2017	No change
	ntage of students overdose that ha							
poisoning, or before the sur	vey)							

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

New Hampshire High School Survey 10-year Trend Analysis Report

Male **Tobacco Use**

	Healt	h Risk Behavioi	and Percentag	es		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
QN32: Perce 30 days befor	ntage of students e the survey)	who currently s	moked cigarette	s (on at least 1 d	ay during the			
20.6	21.6	22.1	14.2	10.2	8.7	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased
	Percentage of stud ring the 30 days l			rettes frequently	(on 20 or			
10.2	9.2	11.6	6.1	4.4	2.4	D 1 2007 2017	37 1 2007 2011	
10.3	9.2	11.6	0.1	4.4	2.4	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased
QNDAYCIG	Percentage of s days before the s	tudents who curr				Decreased, 2007-2017		Decreased
QNDAYCIG	Percentage of s	tudents who curr				Decreased, 2007-2017 Decreased, 2007-2017		Decreased
QNDAYCIG during the 30 8.3 QN33: Perce	Percentage of s days before the s	tudents who currences who smoked me	rently smoked ci	garettes daily (o	on all 30 days 1.9 In the days		Decreased, 2011-2017 No change, 2007-2011	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Tobacco Use **Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2015-2017 [†] 2007 2009 2011 2013 2015 2017 QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey) 26.2 26.9 No linear change Not available§ No change

cigars, on at least 1 day during the 30 days before the survey) 27.2 22.1 22.9 17.8 15.6 13.0 Decreased, 2007-2017 No quadratic change Decreased QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey) No change, 2007-2011 Decreased, 2011-2017 32.2 30.9 32.6 24.1 19.8 15.9 Decreased, 2007-2017 Decreased

QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little

Male

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Male Alcohol and Other Drug Use

	Healt	h Risk Behavio	r and Percentag	es		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
QN41: Perce than a few sip		who had their f	irst drink of alco	hol before age 1	3 years (other			
22.4	17.7	14.7	13.0	12.6	12.5	Decreased, 2007-2017	Decreased, 2007-2013 No change, 2013-2017	No change
	ntage of students during the 30 day		lrank alcohol (at vey)	least one drink	of alcohol, on			
45.7	39.2	39.0	30.0	28.6	28.5	Decreased, 2007-2017	No quadratic change	No change
			t the alcohol they among students					
	28.4	26.1	34.9	37.2	33.8	Increased, 2007-2017	No quadratic change	No change
26.1								
	ntage of students	who tried marij	uana for the first	time before age	e 13 years			
	ntage of students	who tried marij 8.1	uana for the first	time before age	e 13 years 6.8	Decreased, 2007-2017	No quadratic change	Decreased
QN47: Perce 9.8	9.4	8.1		8.0	6.8	Decreased, 2007-2017	No quadratic change	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

New Hampshire High School Survey 10-year Trend Analysis Report

Male **Alcohol and Other Drug Use**

	Healt	h Risk Behavior	and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
	ntage of students r more times dur	who ever used h	neroin (also calle	ed "smack," "jun	k," or "China			
4.5	3.4	5.0	3.3	3.2	2.3	Decreased, 2007-2017	No quadratic change	Decreased
		who ever used re or more times of			speed,"			
6.2	4.2	5.6	3.6	3.3	2.5	Decreased, 2007-2017	No quadratic change	Decreased
QN53: Perce		who ever used e	ecstasy (also call	led "MDMA," or	ne or more			
7.0	7.1	11.2	8.8	5.4	3.8	Decreased, 2007-2017	Increased, 2007-2011 Decreased, 2011-2017	Decreased
QN54: Perce "fake weed," during their li	"King Kong," "Y	who ever used s ucatan Fire," "Sl	ynthetic marijua kunk," or "Moor	ana (also called " n Rocks," one or	K2," "Spice," more times			
				10.5	6.0	Decreased, 2015-2017	Not available§	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

and Other Dru	O	h Risk Behavio	r and Percentaș	Linear Change*	Quadratic Change*	Change from 2015-2017 †		
2007	2009	2011	2013	2015	2017	-		
QN58: Percer property (duri	ntage of students	s who were offer as before the surv	ed, sold, or give	n an illegal drug	g on school			
26.8	25.4	27.4	21.6	19.0	17.4	Decreased, 2007-2017	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

New Hampshire High School Survey 10-year Trend Analysis Report

Male Sexual Behaviors

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017	-		
QN59: Perce	ntage of students	who ever had so	exual intercourse	.				
44.7	46.1	49.4	42.2	39.8	40.0	Decreased, 2007-2017	No quadratic change	No change
QN60: Perce	ntage of students	who had sexual	intercourse for t	the first time bef	Fore age 13			
5.6	6.4	6.5	4.8	3.6	2.7	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased
			ntly sexually act efore the survey		intercourse			
32.4	32.9	37.9	32.2	30.4	29.0	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	No change
ON62: Paras			hol or used drug ly sexually active		ual			
	mong students w	no were current.						

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

New Hampshire High School Survey 10-year Trend Analysis Report

Male **Sexual Behaviors**

	Healt	h Risk Behavior	and Percentag	es		Linear Change*	Quadratic Change [*]	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
QN64: Perce students who	ntage of students were currently so	s who used a cone exually active)	dom during last	sexual intercour	se (among			
71.5	60.7	64.7	58.6	65.1	63.7	No linear change	No change, 2007-2011 No change, 2011-2017	No change
		s who used birth dents who were			tercourse (to			
17.2	24.4	24.8	30.9	27.1	24.5	Increased, 2007-2017	Increased, 2007-2013 Decreased, 2013-2017	No change
			ILID (l	Mirona or Para	Gard) or			
implant (such		tudents who used Nexplanon) befor no were currently	re last sexual int	ercourse (to pre-				
implant (such	as Implanon or	Nexplanon) before	re last sexual int	ercourse (to pre-		Increased, 2013-2017	Not available [§]	Increased
implant (such pregnancy, ar QNSHPARG as OrthoEvra	as Implanon or nong students when the students w	Nexplanon) before	re last sexual into sexually active 0.5 d a shot (such as ivaRing) before	3.1 Depo-Provera), last sexual inter-	6.5 patch (such	Increased, 2013-2017	Not available ⁸	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
or ParaGard) patch (such a	.: Percentage of or implant (such as OrthoEvra), or to prevent pregna	as Implanon or birth control rin	Nexplanon); or a g (such as Nuval	shot (such as D Ring) before last	epo-Provera), sexual			
			33.9	32.6	33.1	No linear change	Not available§	No change
ONDITALD	C: Percentage of	students who us	ed both a condor	n during last sex	ual blant (such as			
intercourse a Implanon or birth control	nd birth control p Nexplanon); or a ring (such as Nu- nts who were cur	shot (such as Do vaRing) before l	epo-Provera), pa ast sexual interco ctive)	tch (such as Orth ourse (to prevent	oEvra), or pregnancy,			
intercourse a Implanon or birth control	Nexplanon); or a ring (such as Nu	shot (such as Do vaRing) before l	epo-Provera), pa ast sexual interco	tch (such as Orth	юEvra), or	No linear change	Not available	No change
intercourse a Implanon or birth control among stude	Nexplanon); or a ring (such as Nu	shot (such as DovaRing) before larently sexually a	epo-Provera), pa ast sexual interco ctive) 14.2	tch (such as Orthourse (to prevent 13.5 thod to prevent p	noEvra), or pregnancy, 13.2 pregnancy	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Management a	nd Dietary Beh	naviors						
	Healt	th Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
	oody mass index	ents who were o						
15.6	13.5	13.8	13.5	14.6	13.7	No linear change	No quadratic change	No change
QNOBESE: Findex, based of 15.8	Percentage of stu n sex- and age-s 16.3	udents who had o specific referenc 14.6	obesity (>= 95th e data from the 2 14.9	percentile for be 2000 CDC growt 16.3	ody mass th charts) [§] 15.8	No linear change	No quadratic change	No change
		s who did not dri counting diet soo						
				28.5	29.9	No linear change	Not available¶	No change
as Coke, Pepsi survey)	Percentage of str r day (such as C		la or diet pop, du	28.5	29.9 r pop one or	No linear change	Not available¶	
•	•			18.1	16.3	Decreased, 2015-2017	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Noverweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions. Not enough years of data to calculate.

	Healt	h Risk Behavio	or and Percenta	Linear Change*	Quadratic Change*	Change from 2015-2017 †		
2007	2009	2011	2013	2015	2017			
more times pe	Percentage of str er day (such as C fore the survey)	udents who dran Coke, Pepsi, or S	k a can, bottle, o prite, not countin	or glass of soda on di	or pop two or iet pop, during			
more times pe	er day (such as C	udents who dran Coke, Pepsi, or S	k a can, bottle, o prite, not countin	or glass of soda or dig diet soda or dig	or pop two or iet pop, during	Decreased, 2015-2017	Not available [§]	Decreased
more times pethe 7 days bef QNSODA3: more times pe	er day (such as Core the survey) Percentage of str	Coke, Pepsi, or S	lk a can, bottle, o prite, not counting lk a can, bottle, o prite, not counting	13.7 or glass of soda o	10.2 or pop three or	Decreased, 2015-2017	Not available [§]	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Male **Physical Activity Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2015-2017 2007 2009 2011 2013 2015 2017 QN79: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 54.1 52.9 55.1 No linear change Not available§ No change QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 9.6 12.2 No linear change Not available No change 11.1 ONPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 30.1 29.0 30.0 No linear change Not available No change

46.0

Increased, 2015-2017

Not available

Increased

40.5

QN81: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media,

for something that was not school work, on an average school day)

 $^{^*}$ Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Male Other

	Healt	h Risk Behavioi	and Percentag	ees		Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017	-		
	ntage of students ork, during the 1			ıp, exam, teeth c	leaning, or			
				81.6	82.5	No linear change	Not available§	No change
	Percentage of st ther dental work		er saw a dentist (for a check-up, e	exam, teeth			
				1.7	1.1	Decreased, 2015-2017	Not available	Decreased
QN88: Perce	ntage of students	who got 8 or mo	ore hours of slee	p (on an average	eschool			
				31.8	27.7	Decreased, 2015-2017	Not available	Decreased
	ntage of students 2 months before t		heir grades in so	chool as mostly A	A's or B's			
63.9	64.2	62.6	66.0	67.7	71.8	Increased, 2007-2017	No change, 2007-2011 Increased, 2011-2017	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017	-		
			ever wore a bicy had ridden a bi		ng the 12			
73.9	66.3	66.5	63.0	60.5	61.4	Decreased, 2007-2017	No quadratic change	No change
QN91: Percei		who rarely or n	ever wear a seat	belt when drivir	ng (among	No linear change	Not available [§]	Decreased
wanting to die		or burning ther	ning to purposely nselves on purpo			No linear change	Not available	No change
			or more drinks of days before the		w (within a			
F								

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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	Healt	h Risk Behavioi	and Percentag	es		Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017			
prescription (s	ntage of students such as OxyCont mes during their	in, Percocet, Vic						
	18.9	21.3	15.5	14.0	12.1	Decreased, 2009-2017	Not available§	Decreased
prescription (s	ntage of students such as OxyCont mes during the 3	in, Percocet, Vic	odin, codeine, A	n drug without a	doctor's or Xanax,			
prescription (s	ntage of students such as OxyCont mes during the 3	in, Percocet, Vic	odin, codeine, A	n drug without a dderall, Ritalin, 7.4	a doctor's or Xanax,	Decreased, 2011-2017	Not available	Decreased
prescription (some or more ti	such as OxyCont mes during the 3 ntage of students	in, Percocet, Vic 30 days before th 11.8 who recall hear	e survey) 8.8 ing, reading, or s	7.4 geeing a public n	5.7 nessage about	Decreased, 2011-2017	Not available	Decreased
prescription (some or more ti	such as OxyCont mes during the 3	in, Percocet, Vic 30 days before th 11.8 who recall hear	e survey) 8.8 ing, reading, or s	7.4 geeing a public n	5.7 nessage about	Decreased, 2011-2017 Decreased, 2015-2017	Not available Not available	Decreased Decreased
prescription (some or more time) QN98: Percentavoiding alcolory QN102: Percentavoid:	such as OxyCont mes during the 3 ntage of students	in, Percocet, Vic 30 days before th 11.8 who recall hear al drugs (during	e survey) 8.8 ing, reading, or sthe 12 months better or nurse (for	7.4 eeing a public nefore the survey 78.6 a check-up or p	or Xanax, 5.7 nessage about) 67.0	<u> </u>		

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

ed	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
		ts who who repo or in prison (du				No linear change		
				8.7	8.1	No linear change	Not available§	No change
		ts who have talk f tobacco, alcoho				No linear change	Not available	Increased
		ts who have som military (air Ford						
				16.0	15.3	No linear change	Not available	No change
		ts who think peo f they smoke one						
72.8	61.4	59.2	63.4	68.1	62.5	No linear change	Decreased, 2007-2011 Increased, 2011-2017	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percentag	res		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
(physically or			ople are at great r or more drinks o					
			33.4	38.5	32.8	No linear change	Not available§	Decreased
			ople are at great r nana once or twice 17.9		hemselves	No linear change	Not available	No change
(physically or	in other ways) i	f they take a pre	ople are at great rescription drug with the control of the control	thout a doctor's				
		55.8	59.4	59.6	58.6	No linear change	Not available	No change
	entage of studen or them to smoke		that their friends	feel it would be	wrong or			
			54.4	61.1	60.0	Increased, 2013-2017	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Heal	th Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
QN115: Perc very wrong fo (beer, wine, o	or them to have o	nts who reported one or two drinks	that their friends s of an alcoholic	feel it would be beverage nearly	wrong or every day			
			47.3	50.2	51.5	No linear change	Not available [§]	No change
	entage of studer or them to smoke		that their friends	feel it would be	wrong or			
			36.6	39.8	35.1	No linear change	Not available	Decreased
very wrong fo	or them to take a	prescription dru	that their friends g without a doctorall, Ritalin, or X	or's prescription				
			75.6	77.4	76.3	No linear change	Not available	No change
			or strongly appro		heir age			
			8.8	9.8	8.7	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

ea	Healt	h Risk Behavio	r and Percentag	es		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017	-		
QN119: Perce very wrong fo (beer, wine or	r them to have o	ts who reported ne or two drinks	that their parents of an alcoholic	feel it would be beverage nearly	e wrong or every day			
			86.2	86.2	86.5	No linear change	Not available§	No change
	entage of studen r them to smoke		that their parents	feel it would be	e wrong or			
			80.0	81.1	78.7	No linear change	Not available	Decreased
ery wrong fo	r them to take a	prescription drug	that their parents g without a docto all, Ritalin, or X	or's prescription				
			92.6	93.4	92.9	No linear change	Not available	No change
	entage of studen bey wanted to	ts who think it w	ould be very eas	y for them to ge	et some			
55.7	49.3	54.5	49.7	38.7	38.0	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavioi	and Percentag	jes		Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017	-		
	entage of studen y wanted to (been			sy for them to get	t some			
			39.5	37.7	39.2	No linear change	Not available§	No change
	entage of studen hey wanted to	ts who think it w	ould be very eas	sy for them to get	t some			
45.6	46.6	49.6	49.2	43.1	42.7	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	No change
45.6 QN125: Percprescription d	46.6	ts who think it w	ould be very eas	43.1 sy for them to get to (such as Oxy	t some	Decreased, 2007-2017		No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05. §Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Female Injury and Violence

	Healt	h Risk Behavio	r and Percentag	es		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
QN8: Percent driven by som	tage of students neone else)	who rarely or ne	ver wore a seat b	elt (when riding	g in a car			
8.3	11.4	9.0	8.1	6.6	5.3	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased
	tage of students				cohol (in a car			
26.1	24.6	21.5	19.6	15.9	15.1	Decreased, 2007-2017	No quadratic change	No change
alcohol (one o	ntage of students or more times du r other vehicle d	ring the 30 days	before the surve	y, among studen				
alcohol (one o	or more times du	ring the 30 days	before the surve	y, among studen		Decreased, 2013-2017	Not available ^s	No change
alcohol (one of driven a car of QN11: Percer (on at least 1 of the percent of the	or more times du	ring the 30 days uring the 30 days s who texted or e 0 days before the	before the surve s before the surve 8.4 -mailed while dr survey, among	y, among studeney) 4.8 iving a car or ot	4.5	Decreased, 2013-2017	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

	Healt	h Risk Behavio	r and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
				se they felt unsa days before the				
4.9	4.8	4.6	5.6	6.2	6.4	No linear change	No quadratic change	No change
	ntage of student d not want to)	s who were ever	physically force	ed to have sexual	intercourse			
8.6	9.4	8.4	7.9	9.8	8.8	No linear change	No quadratic change	No change
someone they kissing, touch want to, one of	were dating or ging, or being phor more times du	going out with to ysically forced to	o do sexual thing to have sexual in ths before the su	violence (being gs [counting such tercourse] that the rvey, among stu-	n things as ney did not			
			monuic cordic t	iic sui vey,				

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

and Violence								
	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
hurt on purpo being hit, slan during the 12	entage of students ose by someone the mmed into somet 2 months before the ing the 12 month	hey were dating thing, or injured he survey, amon	or going out with with an object of g students who d	n [counting such r weapon] one or	things as more times			
	Ü		9.1	9.5	9.1	No linear change	Not available§	No change
QN23: Perce	entage of students re the survey)	s who were bulli	ed on school pro	perty (ever durin	ng the 12			
	24.4	27.4	25.3	27.3	25.7	No linear change	Not available	No change
	entage of students ng, Instagram, Fa rvey)							
		28.5	23.7	26.0	26.2	No linear change	Not available	No change
QN25: Perce row so that th survey)	entage of students ney stopped doing	s who felt sad or g some usual act	hopeless (almos ivities, ever duri	t every day for > ng the 12 month	=2 weeks in a s before the			
32.2	32.1	31.3	32.7	36.9	37.6	Increased, 2007-2017	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Female Injury and Violence Linear Change* **Health Risk Behavior and Percentages Quadratic Change*** Change from 2015-2017 [†] 2007 2009 2011 2013 2015 2017 QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey) 17.2 13.8 16.8 17.4 20.1 20.6 Increased, 2007-2017 No quadratic change No change QN28: Percentage of students who attempted suicide (one or more times during the 12

7.7

2.5

No linear change

No linear change

No quadratic change

No quadratic change

No change

Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

months before the survey)

5.1

1.6

7.5

2.9

QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months

8.6

3.5

8.9

3.5

7.9

before the survey)
2.5

New Hampshire High School Survey 10-year Trend Analysis Report

Female Tobacco Use

	Healtl	ı Risk Behavioı	and Percentag	ges		Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017			
QN32: Percei 30 days before	ntage of students e the survey)	who currently s	moked cigarette	s (on at least 1 d	ay during the			
17.2	20.0	17.5	13.2	8.0	6.6	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased
	Percentage of studing the 30 days b			rettes frequently	(on 20 or			
7.5	9.6	7.9	4.9	2.8	1.8	D 1 2007 2017	N 1 2007 2011	ъ .
1.5	7.0	1.9	4.9	2.0	1.0	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased
QNDAYCIG:	Percentage of s days before the s	tudents who cur				Decreased, 2007-2017		Decreased
QNDAYCIG:	Percentage of s	tudents who cur				Decreased, 2007-2017 Decreased, 2007-2017		Decreased
QNDAYCIG: during the 30 5.5 QN33: Percei	Percentage of s days before the s	tudents who currurvey) 6.2 who smoked me	rently smoked co	garettes daily (o	on all 30 days 1.4 In the days		Decreased, 2011-2017 No change, 2007-2011	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Female Tobacc

	Health	n Risk Behavion	r and Percentag	es		Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017			
e-cigarettes, e	ntage of students -cigars, e-pipes, v use, MarkTen, L e the survey)	vape pipes, vapi	ng pens, e-hooka	hs, and hookah	pens [such as			
j	•			23.4	20.4	Decreased, 2015-2017	Not available§	Decreased
	ntage of students east 1 day during			gars, cigarillos,	or little			
				gars, cigarillos, 5.8	or little 5.6	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	No change
6.8 QNTB2: Pero	east 1 day during	the 30 days before 8.9	7.5	5.8	5.6	Decreased, 2007-2017		No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Female Alcohol and Other Drug Use

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
QN41: Percenthan a few sip	ntage of students	s who had their f	irst drink of alco	shol before age 1	3 years (other			
13.7	11.5	13.9	10.0	8.6	8.4	Decreased, 2007-2017	No quadratic change	No change
	ntage of students during the 30 day			least one drink	of alcohol, on			
43.9	39.4	37.5	35.9	31.1	30.7	Decreased, 2007-2017	No quadratic change	No change
QN43: Percento them (during	ntage of students	s who usually go	t the alcohol the	y drank by some who currently d	cone giving it rank alcohol)			
QN43: Percento them (during 39.8	ntage of students ag the 30 days be 33.7	s who usually go efore the survey,	t the alcohol the among students 44.8	y drank by some who currently d 47.7	cone giving it rank alcohol) 46.8	Increased, 2007-2017	No quadratic change	No change
to them (durin	g the 30 days be	efore the survey, 41.3	among students 44.8	who currently d	rank alcohol) 46.8	Increased, 2007-2017	No quadratic change	No change
to them (durin	ag the 30 days be	efore the survey, 41.3	among students 44.8	who currently d	rank alcohol) 46.8	Increased, 2007-2017 Decreased, 2007-2017	No quadratic change No change, 2007-2011 Decreased, 2011-2017	No change No change
39.8 QN47: Percer	ag the 30 days be 33.7 ntage of students 7.3 ntage of students	41.3 s who tried marij 7.3	among students 44.8 uana for the first 5.1	who currently d 47.7 t time before age 4.0	rank alcohol) 46.8 e 13 years 3.6	, 	No change, 2007-2011	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

New Hampshire High School Survey 10-year Trend Analysis Report

Female Alcohol and Other Drug Use

who ever used hing their life) 2.1 who ever used reference or more times of	1.8	1.3	1.0	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	No change
ing their life) 2.1 who ever used r	1.8	1.3	1.0	Decreased, 2007-2017		No change
who ever used r	nethamphetamir			Decreased, 2007-2017		No change
		nes (also called	"amaad "			
	iuring their life)		speed,			
2.8	1.5	1.4	0.8	Decreased, 2007-2017	No quadratic change	Decreased
who ever used e	ecstasy (also call	led "MDMA," o	one or more			
6.1	5.4	3.4	1.9	Decreased, 2007-2017	No change, 2007-2013 Decreased, 2013-2017	Decreased
	who ever used 6.1	who ever used ecstasy (also call 6.1 5.4 who ever used synthetic marijua	who ever used ecstasy (also called "MDMA," of 6.1 5.4 3.4 who ever used synthetic marijuana (also called	who ever used ecstasy (also called "MDMA," one or more	who ever used ecstasy (also called "MDMA," one or more 6.1 5.4 3.4 1.9 Decreased, 2007-2017 who ever used synthetic marijuana (also called "K2," "Spice,"	who ever used ecstasy (also called "MDMA," one or more 6.1 5.4 3.4 1.9 Decreased, 2007-2017 No change, 2007-2013 Decreased, 2013-2017 who ever used synthetic marijuana (also called "K2," "Spice,"

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

emale lcohol a	and Other Dru	_	ı Risk Behavio	r and Percentaş	ges		Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]
	2007	2009	2011	2013	2015	2017	-		
		tage of students			n an illegal drug	on school			
	18.0	18.3	18.5	18.5	13.9	14.8	Decreased, 2007-2017	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

New Hampshire High School Survey 10-year Trend Analysis Report

Female Sexual Behaviors

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017	-		
QN59: Perce	ntage of students	who ever had s	exual intercourse	2				
44.6	46.2	45.7	43.4	38.7	37.5	Decreased, 2007-2017	No quadratic change	No change
QN60: Perce	ntage of students	who had sexual	l intercourse for	the first time bef	Fore age 13			
2.6	1.9	2.4	3.0	1.9	1.8	No linear change	No quadratic change	No change
	entage of students one person, during				intercourse			
with at icast (20.2	22.0	20.5	Daggaged 2007 2017	No change, 2007-2013	NI1
35.7	39.5	36.4	38.3	32.0	30.5	Decreased, 2007-2017	Decreased, 2013-2017	No change
35.7 QN63: Perce	39.5 entage of students emong students w	who drank alco	hol or used drug	s before last sex		Decreased, 2007-2017		No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

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Female Sexual Behaviors

	Healt	h Risk Behavior	and Percentag	es		Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017			
	ntage of students were currently se		dom during last	sexual intercour	rse (among			
57.8	53.7	56.6	53.1	55.9	55.4	No linear change	No quadratic change	No change
prevent pregn	ntage of students	dents who were o	currently sexuall	y active)				
38.1	40.8	40.8	37.0	38.2	36.5	No linear change	No quadratic change	No change
implant (such	Percentage of st as Implanon or l nong students wh	Nexplanon) before	re last sexual int	ercourse (to pre				
implant (such	as Implanon or l	Nexplanon) before	re last sexual int	ercourse (to pre		Increased, 2013-2017	Not available [§]	Increased
implant (such pregnancy, an QNSHPARG: as OrthoEvra)	as Implanon or l	Nexplanon) befon were currently students who user ring (such as Nu	te last sexual into sexually active 4.0 d a shot (such as ivaRing) before	ercourse (to pre) 6.6 Depo-Provera) last sexual inter	11.7	Increased, 2013-2017	Not available [§]	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

Sehaviors	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
or ParaGard) patch (such as	: Percentage of or implant (such s OrthoEvra), or or prevent pregna	as Implanon or birth control rin	Nexplanon); or a general section (Section 1) (Section 2) (Section	a shot (such as D Ring) before last	epo-Provera), sexual			
			49.0	50.2	53.6	No linear change	Not available§	No change
intercourse ar Implanon or I birth control i	: Percentage of ad birth control p Nexplanon); or a ring (such as Nu- tts who were cur	ills; an IUD (suc shot (such as Do vaRing) before la	ch as Mirena or I epo-Provera), pa ast sexual interco	ParaGard) or imp tch (such as Orth	plant (such as noEvra), or			
			16.4	21.2	22.1	Increased, 2013-2017	Not available	No change
QNBCNONE during last so	: Percentage of xual intercourse	students who die	l not use any me	thod to prevent j	pregnancy			
6.7	9.5	(among students 8.2	6.9	7.4	7.0	No linear change	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

	_	naviors h Risk Behavio	r and Percenta	ges		Linear Change*	Quadratic Change [*]	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
	ercentage of stude body mass indecharts)§							
12.7	12.1	14.4	14.2	14.4	14.6	No linear change	No quadratic change	No change
ONOBESE:	Percentage of str	udents who had	obesity (>= 95th	percentile for bo	ody mass			
	Percentage of str on sex- and age- 7.2					No linear change	No quadratic change	Increased
7.0 QN76: Perce	on sex- and age-	specific reference 9.4 s who did not dr	e data from the 2 7.4 ink a can, bottle,	or glass of soda	or pop (such			
7.0 QN76: Perce as Coke, Peps survey)	on sex- and age- 7.2 entage of students si, or Sprite, not	specific reference 9.4 s who did not drecounting diet soo	e data from the 2 7.4 ink a can, bottle, da or diet pop, du	or glass of soda ring the 7 days 1	or pop (such before the	No linear change No linear change	No quadratic change Not available¶	Increased No change
QN76: Perce as Coke, Peps survey)	on sex- and age- 7.2 entage of students	s who did not dr counting diet soo	ink a can, bottle, da or diet pop, du	or glass of soda ring the 7 days l	or pop (such before the 45.5			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Noverweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions. Not enough years of data to calculate.

	Healt	h Risk Behavio	or and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
more times pe			nk a can, bottle, o prite, not counting					
more times pe	er day (such as C					No linear change	Not available [§]	No change
QNSODA3:	er day (such as Cofore the survey) Percentage of stu	oke, Pepsi, or S		4.7 r glass of soda o	4.9	No linear change	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Physical Activity Health Risk Behavior and Percentages Linear Change* **Quadratic Change*** Change from 2015-2017 2007 2009 2011 2013 2015 2017 QN79: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 39.7 40.7 38.7 No linear change Not available§ No change QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 13.7 15.1 15.2 No linear change Not available No change ONPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them

15.3

49.4

No linear change

Increased, 2015-2017

Not available

Not available

No change

Increased

QN81: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media,

15.3

15.1

37.0

breathe hard some of the time during the 7 days before the survey)

for something that was not school work, on an average school day)

Female

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

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Female Other

	Healtl	n Risk Behavion	and Percentag	es		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017	•		
	entage of students work, during the 1			ıp, exam, teeth c	eleaning, or			
				84.1	83.1	No linear change	Not available§	No change
	Percentage of stu other dental work)		er saw a dentist (for a check-up, ϵ	exam, teeth	No linear abance	Not available	No change
				0.8	0.5	No linear change	Not available	No change
	entage of students	who got 8 or me	ore hours of slee	p (on an average	e school			
QN88: Perce	entage of students	who got 8 or me	ore hours of slee	p (on an average 24.6	e school 23.5	No linear change	Not available	No change
night) QN89: Perce	entage of students entage of students 2 months before the	who described		24.6	23.5	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

eu	Healtl	h Risk Behavio	r and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017	-		
QN90: Percer	ntage of students the survey, amo	who rarely or nong students who	ever wore a bicy had ridden a bi	cle helmet (duri	ng the 12			
55.7	57.0	59.1	55.6	50.8	52.0	Decreased, 2007-2017	No quadratic change	No change
QN91: Percer students who	ntage of students drive a car)	who rarely or n				N. F.	N	N. 1
			6.3	5.4	4.3	No linear change	Not available [§]	No change
wanting to die	ntage of students (such as cutting before the surve	or burning then						
			26.0	27.0	24.9	No linear change	Not available	No change
	ntage of students				ow (within a			
26.8	24.6	22.9	17.3	16.1	14.4	Decreased, 2007-2017	No quadratic change	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percentag	es	Linear Change*	Quadratic Change*	Change from 2015-2017 [†]	
2007	2009	2011	2013	2015	2017	-		
prescription (s	entage of students such as OxyCont imes during their	tin, Percocet, Vic						
	21.9	20.3	17.4	12.5	10.5	Decreased, 2009-2017	Not available§	Decreased
QN97: Perce	such as OxyCont	tin. Percocet. Vid	ook a prescriptio	n arug witnout a .dderall. Ritalin.	or Xanax.			
prescription (s	such as OxyCont imes during the 3	tin, Percocet, Vio	codin, codeine, A	drug without and derall, Ritalin,	or Xanax,	Decreased, 2011-2017	Not available	Decreased
prescription (some or more to	such as OxyCont	tin, Percocet, Vio 30 days before th 11.1 s who recall hear	codin, codeine, A ne survey) 6.2 ing, reading, or s	5.9 eeing a public n	4.4 anessage about	Decreased, 2011-2017	Not available	Decreased
prescription (some or more to	such as OxyCont imes during the 3	tin, Percocet, Vio 30 days before th 11.1 s who recall hear	codin, codeine, A ne survey) 6.2 ing, reading, or s	5.9 eeing a public n	4.4 anessage about	Decreased, 2011-2017 Decreased, 2015-2017	Not available Not available	Decreased Decreased
prescription (some or more time) QN98: Perce avoiding alcolo QN102: Perce	such as OxyCont imes during the 3	tin, Percocet, Vio 30 days before th 11.1 s who recall hear gal drugs (during	codin, codeine, A ne survey) 6.2 ring, reading, or s the 12 months be ctor or nurse (for	eeing a public nefore the survey 81.1	or Xanax, 4.4 nessage about) 70.4			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
		nts who who repo l or in prison (du						
				9.9	9.4	No linear change	Not available§	No change
		its who have talk f tobacco, alcoho						
the survey)			50.9	53.5	53.5	No linear change	Not available	No change
QN105: Percesister) who is		nts who have son military (air For	eone in their fan	nily (a parent, br	rother, or	No linear change	Not available	No change
QN105: Percesister) who is			eone in their fan	nily (a parent, br	rother, or	No linear change Decreased, 2015-2017	Not available Not available	No change Decreased
sister) who is Reserves)	currently in the		neone in their fan ce, Army, Marine ple greatly risk l	nily (a parent, bres, National Gua	rother, or ard, Navy, or 11.9			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Health R	Risk Behavio	r and Percentag	es	Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]	
2007	2009	2011	2013	2015	2017	-		
(physically or	entage of students w in other ways) if th rine, or liquor)							
			39.8	43.7	40.4	No linear change	Not available§	Decreased
	entage of students w in other ways) if th				hemselves			
			25.6	19.5	17.2	Decreased, 2013-2017	Not available	Decreased
physically or	entage of students w in other ways) if th Contin, Percocet, Vi	ey take a pre	scription drug wi	thout a doctor's	hemselves prescription			
		66.3	66.9	66.4	68.1	No linear change	Not available	No change
	entage of students w		that their friends	feel it would be	wrong or			
			62.4	71.0	70.2	Increased, 2013-2017	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percentag	es		Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017	-		
	r them to have o		that their friends s of an alcoholic					
			59.6	64.7	62.6	No linear change	Not available§	No change
	entage of studen r them to smoke		that their friends	feel it would be	wrong or			
			45.7	46.5	40.0	Decreased, 2013-2017	Not available	Decreased
very wrong fo	r them to take a	prescription dru	that their friends g without a doctorall, Ritalin, or X	or's prescription				
			80.2	86.0	85.3	Increased, 2013-2017	Not available	No change
QN118: Perco	entage of studen two drinks of al	ts who approve cohol nearly eve	or strongly appro	ove of someone t ne, or liquor)	heir age			
			5.8	6.1	3.4	Decreased, 2013-2017	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017	-		
	or them to have o		that their parents s of an alcoholic					
			91.4	92.9	92.0	No linear change	Not available§	No change
	entage of studen or them to smoke		that their parents	feel it would be	e wrong or			
			85.2	85.2	79.1	Decreased, 2013-2017	Not available	Decreased
very wrong fo	or them to take a	prescription dru	that their parents g without a doctorall, Ritalin, or X	or's prescription				
			95.9	96.7	95.7	No linear change	Not available	Decreased
	entage of studen	ts who think it w	ould be very eas	sy for them to ge	et some			
•								

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	th Risk Behavior	r and Percentag	ges	Linear Change*	Quadratic Change*	Change from 2015-2017 †	
2007	2009	2011	2013	2015	2017	-		
		nts who think it w r, wine, or liquor		sy for them to ge	et some			
			42.8	37.5	38.6	Decreased, 2013-2017	Not available [§]	No change
	entage of studen ney wanted to 40.9	its who think it w				Decreased, 2013-2017 No linear change	Not available [§] Increased, 2007-2011	No change No change
marijuana if th	ney wanted to		ould be very eas	sy for them to ge	et some	,		
37.2 QN125: Perceprescription de	40.9 entage of studen		vould be very eas	sy for them to ge	et some 39.9 et some	,	Increased, 2007-2011	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

White*	k	
Injury	and	Violence

	Healt	h Risk Behavio	r and Percentag	es		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
QN8: Percen driven by som		who rarely or ne	ver wore a seat b	elt (when riding	g in a car			
11.0	12.2	9.8	8.5	7.0	5.9	Decreased, 2007-2017	No quadratic change	Decreased
24.5 QN10: Perce alcohol (one of	22.3 ntage of students or more times du	s who drove a caring the 30 days	driver who had be 30 days before the 16.6 r or other vehicle before the survey	15.0 when they had y, among studen	13.4 been drinking	Decreased, 2007-2017	No quadratic change	Decreased
driven a car o	r other venicie d	uring the 50 day	s before the surve 7.2	5.4	4.9	Decreased, 2013-2017	Not available¶	No change
(on at least 1		days before the	-mailed while dr e survey, among s survey) 47.6			Decreased, 2013-2017	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

			r and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
	ntage of students o or from school							
3.7	4.2	4.0	4.6	4.7	4.5	No linear change	No quadratic change	No change
	ntage of students d not want to)	s who were ever	physically force	ed to have sexual	l intercourse			
6.2	6.7	5.4	5.0	5.6	5.3	No linear change	No quadratic change	No change
someone they kissing, touch	ntage of students were dating or g ing, or being ph or more times du	going out with to ysically forced to	do sexual thing have sexual int hs before the su	s [counting such tercourse] that the rvey, among stu	n things as ney did not			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

	Healt	h Risk Behavio	r and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
hurt on purpo being hit, sla during the 12	entage of students ose by someone the mmed into somet months before the ing the 12 month	hey were dating thing, or injured he survey, amon	or going out wit with an object o g students who o	h [counting such r weapon] one o	things as r more times			
	6		6.8	7.1	7.1	No linear change	Not available¶	No change
QN23: Perce	entage of students re the survey)	s who were bulli	ed on school pro	pperty (ever duri	ng the 12			
		s who were bulli	ed on school pro	operty (ever duri	ng the 12 21.0	No linear change	Not available	No change
Months before QN24: Perce	e the survey) 21.8 entage of students	25.0 s who were elect	22.3	21.8	21.0	No linear change	Not available	No change
QN24: Perce	e the survey) 21.8 entage of students	25.0 s who were elect	22.3	21.8	21.0	No linear change	Not available Not available	No change
QN24: Perce through texti before the su	e the survey) 21.8 entage of students	25.0 s who were elect acebook, or other 21.2 s who felt sad or	22.3 ronically bullied social media, e 17.6 hopeless (almost	21.8 I (counting being ver during the 12 18.3	21.0 g bullied 2 months 18.9 >=2 weeks in a			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

White* Injury

d Violence	Healt	h Risk Behavior	r and Percentag	res		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
	ntage of students Fore the survey)	who seriously c	onsidered attemp	pting suicide (ev	er during the			
13.2	11.5	14.2	14.1	14.7	15.5	Increased, 2007-2017	No quadratic change	No change
QN28: Percei	ntage of students the survey)	who attempted	suicide (one or n	nore times durin	g the 12			
4.7	4.3	5.7	6.3	6.2	5.1	Increased, 2007-2017	No quadratic change	Decreased
	ntage of students overdose that had vey)							
1.5	1.4	1.8	2.4	2.1	1.6	No linear change	No quadratic change	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

New Hampshire High School Survey 10-year Trend Analysis Report

White* **Tobacco Use**

	Health	n Risk Behavion	r and Percentag	es		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
QN32: Perce	ntage of students e the survey)	who currently s	moked cigarettes	s (on at least 1 d	ay during the			
17.8	19.9	18.9	13.1	8.7	7.4	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased
	Percentage of studing the 30 days b			rettes frequently	(on 20 or			
8.0	9.2	9.1	4.8	3.2	1.7	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased
	Percentage of sidays before the s		rently smoked ci	garettes daily (o	n all 30 days			
6.2	6.7	6.8	4.0	2.3	1.3	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased
	ntage of students luring the 30 day							
			10.6	9.5	6.4	No linear change	Not available¶	

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

White*	
Tobacco	Use

Use	Healt	h Risk Behavioi	and Percentag	res		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
e-cigarettes, e-	-cigars, e-pipes, use, MarkTen, L	who currently u vape pipes, vapi ogic, Vapin Plus	ng pens, e-hooka	hs, and hookah	pens [such as			
·	-			24.3	23.6	No linear change	Not available [¶]	No change
		who currently s the 30 days before		gars, cigarillos,	or little			
16.5	15.0	15.3	12.3	10.4	9.2	Decreased, 2007-2017	No quadratic change	No change
	centage of studer days before the s	nts who currently survey)	smoked cigaret	tes or cigars (on	at least 1 day			
24.8	26.2	25.5	19.7	15.1	12.5	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	Decreased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

White* **Alcohol and Other Drug Use**

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
QN41: Percenthan a few sip		who had their f	irst drink of alco	ohol before age 1	3 years (other			
16.8	13.3	13.0	10.7	9.5	9.5	Decreased, 2007-2017	No quadratic change	No change
	ntage of students during the 30 day		drank alcohol (at	least one drink	of alcohol, on			
44.7	38.8	37.6	32.4	29.9	29.6	Decreased, 2007-2017	No quadratic change	No change
			t the alcohol the among students					
33.1	31.6	34.0	42.7	44.1	41.5	Increased, 2007-2017	No quadratic change	No change
QN47: Percer	ntage of students	who tried marij	juana for the firs	t time before age	e 13 years			
7.2	7.2	6.4	5.9	5.2	4.5	Decreased, 2007-2017	No quadratic change	No change
QN48: Percei		who currently u	used marijuana (one or more time	es during the			
	24.5	27.7	23.7	21.4	22.4	No linear change	Increased, 2007-2011	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

White*			
Alcohol and	Other	Drug	Use

	Healt	h Risk Behavioi	and Percentag	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
	ntage of students r more times dur	who ever used h	neroin (also calle	ed "smack," "jun	ık," or "China			
2.0	1.9	2.8	1.6	1.7	1.3	No linear change	No quadratic change	No change
		who ever used to e or more times	during their life)		эрсси,			
4.6 QN53: Percei	3.7	3.2	1.7	1.7	1.2	Decreased, 2007-2017	No quadratic change	Decreased
4.6	3.7	3.2	1.7	1.7		Decreased, 2007-2017 Decreased, 2007-2017	No quadratic change No change, 2007-2011 Decreased, 2011-2017	Decreased Decreased
4.6 QN53: Perceitimes during t 5.4 QN54: Percei	3.7 ntage of students heir life) 5.7 ntage of students "King Kong," "Y	3.2 s who ever used e	1.7 ecstasy (also call 6.3 synthetic marijua	1.7 led "MDMA," or 3.7 ana (also called '	ne or more 2.4 "K2," "Spice,"	<u> </u>	No change, 2007-2011	

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

Vhite* Alcohol a	and Other Dru	0	h Risk Behavio	r and Percentas	ges		Linear Change†	Quadratic Change [†]	Change from 2015-2017 §
•	2007	2009	2011	2013	2015	2017	_		
		tage of students		red, sold, or give vey)	n an illegal drug	on school			
	21.8	20.8	22.4	19.8	16.1	15.7	Decreased, 2007-2017	No quadratic change	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

New Hampshire High School Survey 10-year Trend Analysis Report

White* Sexual Behavio

ehaviors	Healt	h Risk Behavio	r and Percentag	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017	-		
QN59: Perce	ntage of students	who ever had s	exual intercourse	e				
43.8	45.6	46.8	42.5	38.9	38.5	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	No change
QN60: Perce	ntage of students	who had sexual	intercourse for	the first time bef	Fore age 13			
3.4	3.5	3.3	2.9	2.0	1.8	Decreased, 2007-2017	No quadratic change	No change
	ntage of students				intercourse			
33.5	35.7	36.7	34.7	30.8	29.9	Decreased, 2007-2017	No change, 2007-2011 Decreased, 2011-2017	No change
	ntage of students mong students w				ual			
21.9	18.7	20.6	18.4	17.0	17.0	Decreased, 2007-2017	No quadratic change	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

New Hampshire High School Survey 10-year Trend Analysis Report

White* **Sexual Behaviors**

	Healtl	h Risk Behavior	and Percentag	es		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
	ntage of students were currently se		dom during last	sexual intercour	se (among			
65.7	57.8	61.5	55.4	61.2	60.0	No linear change	Decreased, 2007-2013 No change, 2013-2017	No change
	ntage of students ancy, among stud				tercourse (to			
29.1	35.0	34.0	37.4	33.6	32.0	No linear change	No change, 2007-2013	No change
49.1	33.0	30	5,	22.0		Tio mieur emange	Decreased, 2013-2017	Tio change
QNIUDIMP: implant (such	Percentage of st as Implanon or I	udents who used Nexplanon) befo	an IUD (such as	s Mirena or Para ercourse (to pre	Gard) or	To mout viange		
QNIUDIMP: implant (such	Percentage of st as Implanon or N	udents who used Nexplanon) befo	an IUD (such as	s Mirena or Para ercourse (to pre	Gard) or	Increased, 2013-2017		Increased
QNIUDIMP: implant (such pregnancy, an QNSHPARG: as OrthoEvra)	Percentage of st as Implanon or N	udents who used Nexplanon) befo no were currently tudents who use ring (such as No	an IUD (such as re last sexual into sexually active) 2.1 d a shot (such as avaRing) before	s Mirena or Para ercourse (to pre) 5.1 Depo-Provera). last sexual inter	Gard) or vent 9.6		Decreased, 2013-2017	

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
or ParaGard) patch (such a	: Percentage of or implant (such as OrthoEvra), or to prevent pregna	as Implanon or birth control rin	Nexplanon); or a g (such as Nuval	shot (such as D Ring) before last	epo-Provera), sexual			
			45.3	42.8	45.5	No linear change	Not available [¶]	No change
intercourse a Implanon or birth control	C: Percentage of nd birth control p Nexplanon); or a ring (such as Nun nts who were cur	ills; an IUD (suc shot (such as Do aRing) before la	ch as Mirena or I epo-Provera), pa ast sexual interco	ParaGard) or imp	olant (such as noEvra), or			
intercourse a Implanon or birth control	nd birth control p Nexplanon); or a ring (such as Nu	ills; an IUD (suc shot (such as Do aRing) before la	ch as Mirena or I epo-Provera), pa ast sexual interco	ParaGard) or imp	olant (such as noEvra), or	No linear change	Not available	No change
intercourse a Implanon or birth control among stude	nd birth control p Nexplanon); or a ring (such as Nu	ills; an IUD (suc shot (such as Do zaRing) before la rently sexually a	ch as Mirena or I epo-Provera), pa ast sexual interco ctive) 16.4	ParaGard) or impact (such as Orthourse (to prevent 17.9 thought to prevent paragraph thought to prevent paragraph thought to prevent paragraph thought prevent paragraph that prevent paragraph the paragraph that prevent paragraph the paragraph that paragraph the paragraph the paragraph that paragraph the paragraph the paragraph that paragraph the paragraph that paragraph the paragraph that paragraph the paragraph that paragraph the paragraph the paragraph that paragraph the paragraph that paragraph the paragraph that paragraph the paragraph that paragraph the paragraph	olant (such as noEvra), or pregnancy, 18.7 pregnancy	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶] 11.5 12.2 11.5 10.6 12.1 12.4 No linear change No quadratic change QN76: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey) 37.4 37.8 No linear change Not available** QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or		Healt	h Risk Behavio	r and Percentag	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [†] 13.8 12.8 14.0 13.6 14.6 14.0 No linear change No quadratic change QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [†] 11.5 12.2 11.5 10.6 12.1 12.4 No linear change No quadratic change QN76: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey) 37.4 37.8 No linear change Not available** QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or	2007	2009	2011	2013	2015	2017			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) ⁴ 11.5 12.2 11.5 10.6 12.1 12.4 No linear change No quadratic change QN76: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey) 37.4 37.8 No linear change Not available** QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or	percentile for b	ody mass index							
QN76: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey) 37.4 37.8 No linear change Not available** QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or	_		14.0	13.6	14.6	14.0	No linear change	No quadratic change	No change
as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey) 37.4 37.8 No linear change Not available** QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or	1 1 1				*				
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or		_	-		_		No linear change	No quadratic change	No change
more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	11.5 QN76: Percen as Coke, Pepsi	12.2	11.5 s who did not dri	10.6 nk a can, bottle,	or glass of soda aring the 7 days	or pop (such			No change No change

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

**Not enough years of data to calculate.

	Healt	h Risk Behavio	or and Percenta	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §		
2007	2009	2011	2013	2015	2017			
more times pe			k a can, bottle, o prite, not counting					
more times pe	er day (such as C					Decreased, 2015-2017	Not available [¶]	Decreased
more times pethe 7 days bef QNSODA3: more times pe	er day (such as C fore the survey) Percentage of st	Coke, Pepsi, or S		ng diet soda or d 8.8 or glass of soda o	7.1 pop three or	Decreased, 2015-2017	Not available [¶]	Decreased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Heal	th Risk Behavio	r and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
or more days	entage of student (in any kind of page 1)	hysical activity	that increased th	eir heart rate and				
			47.8	47.4	47.7	No linear change	Not available¶	No change
physical activ	Y: Percentage of vity on at least 1 e them breathe h	day (in any kind	of physical activ	vity that increase	ed their heart survey)			
			11.0	12.6	12.5	No linear change	Not available	No change
on all 7 days	7: Percentage of (in any kind of p some of the time	hysical activity	that increased th	eir heart rate and	ninutes per day I made them			
on all 7 days	(in any kind of p	hysical activity	that increased th	eir heart rate and	ninutes per day I made them 22.8	No linear change	Not available	No change

47.4

38.3

Increased, 2015-2017

Not available

Increased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

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White* Other

	Healt	h Risk Behavio	and Percentag	es		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017	-		
		s who saw a dent 12 months before		ıp, exam, teeth c	cleaning, or			
				84.4	84.3	No linear change	Not available [¶]	No change
	Percentage of st ther dental work	tudents who neve	er saw a dentist (for a check-up, o	exam, teeth			
				0.9	0.5	Decreased, 2015-2017	Not available	Decreased
QN88: Perce	ntage of students	s who got 8 or me	ore hours of slee	p (on an average	e school			
				28.7	25.7	Decreased, 2015-2017	Not available	Decreased
	ntage of students 2 months before t	s who described t the survey)	their grades in sc	hool as mostly	A's or B's			
72.5	72.9	70.4	74.7	76.1	78.7	Increased, 2007-2017	No change, 2007-2011 Increased, 2011-2017	Increased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

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	Healt	h Risk Behavio	r and Percentag	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017	-		
			ever wore a bicy had ridden a bio		ng the 12			
65.5	60.8	61.4	57.9	54.8	55.3	Decreased, 2007-2017	No quadratic change	No change
		s who rarely or n	ever wear a seat	belt when driving	ng (among			
tiudents who	drive a car)		7.1	6.6	5.3	No linear change	Not available [¶]	Decreased
QN94: Perce wanting to die	ntage of students	g or burning then	7.1 ning to purposely aselves on purpo	hurt themselves	s without	No linear change	Not available¶	Decreased
QN94: Perce wanting to die	ntage of students	g or burning then	ning to purposely	hurt themselves	s without	No linear change	Not available¶	Decreased
wanting to die the 12 months QN95: Perce	ntage of students e (such as cutting s before the surve ntage of students	g or burning then ey) s who drank five	ning to purposely	hurt themselves se one or more t 18.3	s without imes during 16.7			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percentag	es	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §	
2007	2009	2011	2013	2015	2017			
prescription (s	entage of students such as OxyCont imes during their	in, Percocet, Vic						
	19.7	19.9	16.2	12.6	11.0	Decreased, 2009-2017	Not available [¶]	Decreased
QN97: Perce	entage of students	who currently t	ook a prescriptio	n drug without a	ı doctor's			
prescription (s	entage of students such as OxyCont imes during the 3	in, Percocet, Vio	codin, codeine, A			Decreased, 2011-2017	Not available	Decreased
prescription (some or more to	such as OxyCont	in, Percocet, Vio 80 days before th 10.9	eodin, codeine, A ne survey) 7.0 ing, reading, or s	5.9 eeing a public n	or Xanax, 4.7 nessage about	Decreased, 2011-2017	Not available	Decreased
prescription (some or more to	such as OxyCont imes during the 3	in, Percocet, Vio 80 days before th 10.9	eodin, codeine, A ne survey) 7.0 ing, reading, or s	5.9 eeing a public n	or Xanax, 4.7 nessage about	Decreased, 2011-2017 Decreased, 2015-2017	Not available Not available	Decreased Decreased
prescription (some or more to one or	such as OxyCont imes during the 3	in, Percocet, Vio 80 days before the 10.9 s who recall hear al drugs (during	redin, codeine, Andrewe survey) 7.0 ing, reading, or sthe 12 months become for nurse (for	eeing a public nefore the survey 81.0	or Xanax, 4.7 nessage about 69.7	, 		

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

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ed	Healt	h Risk Behavio	and Percentag	ees	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §	
2007	2009	2011	2013	2015	2017			
	entage of student had been in jail							
				8.2	7.6	No linear change	Not available [¶]	No change
	entage of student ut the dangers of					No linear change	Not available	No change
	entage of student currently in the i							
				14.2	13.1	No linear change	Not available	No change
	entage of student in other ways) it							
76.0	68.6	67.4	68.5	72.5	67.5	Decreased, 2007-2017	Decreased, 2007-2011 No change, 2011-2017	Decreased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percentag	es		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
(physically or			ople are at great r or more drinks o					
			36.3	41.3	36.3	No linear change	Not available¶	Decreased
			ople are at great r	e a week				
			21.7	18.1	15.8	Decreased, 2013-2017	Not available	Decreased
(physically or	in other ways) i	f they take a pre	ople are at great r scription drug wine, Adderall, Rita	thout a doctor's				
		62.4	63.8	64.1	64.0	No linear change	Not available	No change
	entage of studen or them to smoke		that their friends	feel it would be	wrong or			
			58.8	66.5	65.0	Increased, 2013-2017	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	th Risk Behavio	r and Percentag	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017	-		
QN115: Perc very wrong fo (beer, wine, o	r them to have o	ats who reported one or two drinks	that their friends s of an alcoholic	feel it would be beverage nearly	wrong or every day			
			54.2	58.0	56.8	No linear change	Not available¶	No change
	entage of studer or them to smoke	its who reported e marijuana	that their friends	feel it would be	wrong or			
			41.5	43.2	37.1	Decreased, 2013-2017	Not available	Decreased
very wrong fo	r them to take a	nts who reported prescription dru n, codeine, Adder	g without a docto	or's prescription				
			79.2	82.9	81.6	No linear change	Not available	No change
		nts who approve of			heir age			
			6.1	6.9	5.5	No linear change	Not available	Decreased

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017	_		
	or them to have o	ats who reported to						
			89.5	90.2	89.8	No linear change	Not available¶	No change
	entage of studen or them to smoke	ts who reported to marijuana	that their parents	feel it would be	wrong or			
			83.2	83.7	79.1	Decreased, 2013-2017	Not available	Decreased
very wrong fo	or them to take a	ts who reported prescription drug	g without a docto	or's prescription				
			95.3	95.9	95.1	No linear change	Not available	No change
	entage of studen	ts who think it w	ould be very eas	sy for them to ge	t some			
eigarenes ii u								

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavior	r and Percentag	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017	-		
	entage of student y wanted to (beer			sy for them to ge	et some			
			40.8	37.8	39.2	No linear change	Not available [¶]	No change
	entage of student hey wanted to 43.0	es who think it w	ould be very eas	by for them to ge	et some 40.7	No linear change	Increased, 2007-2011 Decreased, 2011-2017	No change
		s who think it w	ould be very eas	y for them to ge	et some		,	
	rentage of student rug without a do odin, codeine, Ac	ctor's prescriptio	on if they wanted					

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

Black*		
Injury	and	Violence

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
QN8: Percen driven by son		who rarely or ne	ver wore a seat b	pelt (when riding	in a car			
				15.8	11.1	No linear change	Not available¶	No change
			driver who had a 30 days before the	been drinking ald he survey) 19.7	cohol (in a car 23.1	No linear change	Not available	No change
alcohol (one	or more times du	ring the 30 days		e when they had y, among studen ey)				
				10.9	12.4	No linear change	Not available	No change
on at least 1	ntage of students day during the 30 le during the 30	0 days before the	survey, among	riving a car or other	her vehicle d driven a car			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

k and Violence	Healt	h Risk Behavio	r and Percenta	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]		
2007	2009	2011	2013	2015	2017			
				se they felt unsa days before the				
				9.6	8.3	No linear change	Not available [¶]	No change
QN19: Perce		s who were ever	physically force	d to have sexual	intercourse			
				7.3	7.3	No linear change	Not available	No change
someone they kissing, touch want to, one o	were dating or ging, or being phor more times du	going out with to ysically forced to ring the 12 mon	do sexual thing have sexual int	violence (being s [counting such tercourse] that the rvey, among stu- he survey)	things as ney did not	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

and Violence	Heal	th Risk Behavio	r and Percenta	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §		
2007	2009	2011	2013	2015	2017			
hurt on purpo being hit, slan during the 12	ose by someone to mmed into some months before t	s who experience they were dating thing, or injured the survey, amon	or going out wit with an object of g students who	h [counting such r weapon] one o	things as r more times			
				11.2	15.7	No linear change	Not available¶	No change
QN23: Perce		s who were bulli	ed on school pro	operty (ever duri	ng the 12			
				16.0	16.2	No linear change	Not available	No change
	ng, Instagram, F	s who were electracebook, or othe						
				12.8	13.1	No linear change	Not available	No change
		s who felt sad or g some usual act						
3 /				25.5	23.6	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percenta	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §		
2007	2009	2011	2013	2015	2017			
	ntage of students	s who seriously	considered atten	npting suicide (e	ver during the			
	entage of students fore the survey)	s who seriously o	considered atterr	npting suicide (e	ver during the 20.6	No linear change	Not available¶	Increased
12 months be	fore the survey)			12.2	20.6	No linear change	Not available¶	Increased

2.8

No linear change

Not available

No change

3.3

QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months

before the survey)

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

Black*	
Tobacco	Use

	Healt	h Risk Behavio	r and Percentag	ges	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §	
2007	2009	2011	2013	2015	2017			
QN32: Perce 30 days befor		s who currently s	moked cigarette	s (on at least 1 d	ay during the			
				10.8	8.2	No linear change	Not available [¶]	No change
more days du	ring the 30 days	before the surve	y)	4.6	3.7	No linear change	Not available	No change
	Percentage of days before the		rently smoked c	igarettes daily (o	on all 30 days			
				4.1	3.7	No linear change	Not available	No change
e-cigarettes, e	-cigars, e-pipes, use, MarkTen, I	vape pipes, vapi	ng pens, e-hook	c vapor product ahs, and hookah], on at least 1 da	pens [such as			
30 days befor	e the survey)							

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Black*	
Tobacco	Hea

	Healtl	h Risk Behavio	r and Percentag	ges	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §	
2007	2009	2011	2013	2015	2017	-		
ON38: Perce	ntage of students	who currently	smoked cigars (c	igars cigarillos				
				igais, cigarinos,	or mue			
	east 1 day during			igais, cigarinos,				
s, on at le		the 30 days bet	fore the survey)	14.7	8.6	Decreased, 2015-2017	Not available [¶]	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Black*
Alcohol and Other Drug Use

	Healt	n Risk Behavior	and Percentag	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §		
2007	2009	2011	2013	2015	2017			
QN41: Percenthan a few sips		who had their fi	rst drink of alco	hol before age 1	3 years (other			
				20.1	13.5	No linear change	Not available [¶]	No change
		who currently d		least one drink	of alcohol, on			
				29.3	27.6	No linear change	Not available	No change
QN47: Percen	tage of students	who tried mariju	ana for the first	time before age	e 13 years			
				10.8	8.6	No linear change	Not available	No change
QN48: Percer 30 days before		who currently u	sed marijuana (d	one or more time	es during the			
				32.1	27.1	No linear change	Not available	No change
	tage of students more times dur	who ever used h	eroin (also calle	ed "smack," "jun	nk," or "China			
				6.8	4.0	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

Black*		
Alcohol and	d Other Di	rug Use

	Healt	h Risk Behavio	r and Percentag	ges	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §	
2007	2009	2011	2013	2015	2017			
		s who ever used the or more times		nes (also called "	'speed,"			
				6.6	4.8	No linear change	Not available¶	No change
QN53: Perce		s who ever used	ecstasy (also cal	led "MDMA," or	ne or more			
				7.3	5.1	No linear change	Not available	No change
	"King Kong," "			ana (also called ' n Rocks," one or				
				14.4	6.9	Decreased, 2015-2017	Not available	Decreased
		s who were offer as before the surv		n an illegal drug	on school			
roperty (dur								

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

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Black* Sexual Behaviors

Denaviors	Healt	h Risk Behavio	r and Percentages		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §	
2007	2009	2011	2013	2015	2017			
QN59: Perce	ntage of students	s who ever had s	exual intercourse					
				39.1	38.2	No linear change	Not available [¶]	No change
QN60: Perce	ntage of students	s who had sexua	l intercourse for the	e first time bet	fore age 13			
				7.1	6.1	No linear change	Not available	No change
			ently sexually activosefore the survey)	e (had sexual	intercourse			
				29.2	28.1	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

	Healt	h Risk Behavio	r and Percenta	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §		
2007	2009	2011	2013	2015	2017			
	body mass inde			5th percentile bu reference data f				
				16.7	15.9	No linear change	Not available**	No change
				percentile for bo 2000 CDC growt	th charts)¶			
				9.3	19.5	Increased, 2015-2017	Not available	Increased
				or glass of soda uring the 7 days		-		
as Coke, Peps survey)				39.1	34.3	No linear change	Not available	No change
QNSODA1: more times po				39.1 or glass of soda or ng diet soda or di	r pop one or	No linear change	Not available	No change

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05.

Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

**Not enough years of data to calculate.

	Healt	h Risk Behavio	or and Percenta	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §		
2007	2009	2011	2013	2015	2017			
more times pe			k a can, bottle, o					
more times pe	er day (such as C					No linear change	Not available¶	No change
more times per the 7 days bef QNSODA3: more times per	er day (such as Core the survey) Percentage of str	Coke, Pepsi, or S		14.6 glass of soda or d	15.4 or pop three or	No linear change	Not available [¶]	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

Black*	
Physical	Activity

	Healt	th Risk Behavio	r and Percenta	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §		
2007	2009	2011	2013	2015	2017			
or more days	entage of students (in any kind of p some of the time	physical activity	that increased th	east 60 minutes peir heart rate and	per day on 5 I made them			
				43.2	49.1	No linear change	Not available¶	No change
	: Percentage of							
				vity that increase days before the 22.5	d their heart	No linear change	Not available	No change
QNPA7DAY	: Percentage of	students who we	ere physically act	vity that increase days before the 22.5	d their heart survey) 15.7 inutes per day	No linear change	Not available	No change
QNPA7DAY	: Percentage of (in any kind of p	students who we	ere physically act	vity that increase days before the 22.5	d their heart survey) 15.7 inutes per day	No linear change No linear change	Not available Not available	No change No change
QNPA7DAY on all 7 days oreathe hard s QN81: Perce nore hours po other tablet, a	: Percentage of (in any kind of p some of the time entage of students er day (counting	students who we hysical activity during the 7 day s who played victime spent on the ting, YouTube,	ere physically act that increased they before the sur-	vity that increase days before the 22.5 ive at least 60 meir heart rate and vey) 23.9 games or used a ox, PlayStation, a book, or other so	inutes per day made them 31.4 computer 3 or an iPad or			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Black* Other

	Healt	h Risk Behavio	r and Percenta	ges	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §	
2007	2009	2011	2013	2015	2017			
	entage of students work, during the			up, exam, teeth c	eleaning, or			
				63.1	70.9	No linear change	Not available [¶]	No change
	Percentage of stother dental work		er saw a dentist ((for a check-up, e	exam, teeth			
				5.9	4.8	No linear change	Not available	No change
QN88: Perce	entage of students	s who got 8 or m	ore hours of slee	ep (on an average	e school			
				29.2	28.3	No linear change	Not available	No change
	entage of students 2 months before		their grades in se	chool as mostly A	A's or B's			
(

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Black* Site-Added

	Healt	h Risk Behavio	r and Percenta	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §		
2007	2009	2011	2013	2015	2017			
		s who rarely or n		ycle helmet (duri	ng the 12			
				80.5	80.1	No linear change	Not available¶	No change
N91: Perce tudents who		s who rarely or n	ever wear a seaf	belt when drivin	ng (among	No linear change	Not available	No change
						C		140 change
vanting to die	ntage of students e (such as cutting before the surv	g or burning ther	hing to purposel	y hurt themselves ose one or more t	s without imes during			No change
vanting to die	(such as cutting	g or burning ther	hing to purposel nselves on purpo	y hurt themselves ose one or more t	s without imes during 16.9	No linear change	Not available	No change
vanting to die he 12 months QN95: Perce	e (such as cutting before the survi	g or burning ther ey)	or more drinks	14.7 of alcohol in a ro	imes during 16.9		Not available	

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Black* Site-Added

	Healt	h Risk Behavio	r and Percentag	ges	Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §	
2007	2009	2011	2013	2015	2017			
prescription (tin, Percocet, Vi		gs without a doct Adderall, Ritalin,				
				16.4	13.2	No linear change	Not available [¶]	No change
				on drug without a				
prescription (such as OxyCon		codin, codeine, A			No linear change	Not available	No change
prescription (sone or more to	such as OxyCon imes during the i	tin, Percocet, Vio	codin, codeine, And survey)	Adderall, Ritalin,	nessage about	No linear change	Not available	No change
prescription (some or more to	such as OxyCon imes during the i	tin, Percocet, Vio	codin, codeine, And survey)	Adderall, Ritalin, 11.7 seeing a public n	nessage about	No linear change No linear change	Not available Not available	No change No change
prescription (some or more to the prescription) (so	ntage of students hol or other illeg	tin, Percocet, Vio	ring, reading, or the 12 months become survey	Adderall, Ritalin, 11.7 seeing a public nefore the survey 62.5 r a check-up or p	nessage about) 53.1			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Black* Site-Added

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
		ts who who repol or in prison (du						
				17.8	14.9	No linear change	Not available¶	No change
		ts who have talk						
		its who have talk f tobacco, alcoho				No linear change	Not available	No change
guardians abouthe survey) QN105: Perc	out the dangers o		ol, or drug use (d	38.6 nily (a parent, br	43.1 rother, or	No linear change	Not available	No change
guardians abouthe survey) QN105: Percsister) who is	out the dangers o	f tobacco, alcoho	ol, or drug use (d	38.6 nily (a parent, br	43.1 rother, or	No linear change No linear change	Not available Not available	No change No change
QN105: Perc sister) who is Reserves)	entage of studen currently in the	f tobacco, alcoho	ol, or drug use (d neone in their far nee, Army, Marin ople greatly risk l	38.6 nily (a parent, bres, National Gua	rother, or ard, Navy, or 14.8			

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
physically or	entage of studen in other ways) i	ts who think peof f they have five	ople are at great or more drinks of	risk of harming to	hemselves r twice a			
				40.8	41.0	No linear change	Not available [¶]	No change
			ople are at great a	risk of harming to	hemselves			
				19.2	14.6	No linear change	Not available	No change
physically or	in other ways) i	f they take a pre		risk of harming t ithout a doctor's alin, or Xanax)				
				54.1	51.9	No linear change	Not available	No change
	entage of studen		that their friends	feel it would be	wrong or			
ery wrong it								

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Heal	th Risk Behavio	r and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017	-		
	or them to have	nts who reported one or two drinks						
				49.9	56.8	No linear change	Not available [¶]	No change
•	entage of studer or them to smok	nts who reported e marijuana	that their friends	s feel it would be	e wrong or			
				38.3	39.5	No linear change	Not available	No change
very wrong fo	or them to take a	nts who reported prescription dru n, codeine, Adde	g without a doct	or's prescription	e wrong or (such as			
				68.8	78.3	Increased, 2015-2017	Not available	No change
		nts who approve clochol nearly eve			their age			
				16.7	10.8	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

ded	Healt	h Risk Behavio	r and Percentag	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 [§]
2007	2009	2011	2013	2015	2017			
	or them to have o	ts who reported one or two drinks						
				86.1	84.0	No linear change	Not available¶	No change
	entage of studen	ts who reported marijuana	that their parents	s feel it would be	e wrong or			
				78.9	79.3	No linear change	Not available	No change
very wrong fo	or them to take a	ts who reported prescription dru , codeine, Adder	g without a docto	or's prescription				
				87.6	91.0	No linear change	Not available	No change
QN122: Perc cigarettes if th		ts who think it w	ould be very eas	sy for them to ge	et some			
				39.5	38.7	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percenta	ges		Linear Change [†]	Quadratic Change [†]	Change from 2015-2017 §
2007	2009	2011	2013	2015	2017			
		ts who think it w		sy for them to ge	et some			
				34.7	43.7	No linear change	Not available [¶]	No change
QN124: Perce marijuana if th		ts who think it w	vould be very ea	sy for them to ge	et some			
				45.3	47.7	No linear change	Not available	No change
prescription di	rug without a do		on if they wanted	sy for them to ged to (such as Oxy				
				19.8	21.2	No linear change	Not available	No change

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. §Based on t-test analysis, p < 0.05. ¶Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Hispanic Injury and Violence

	Healt	h Risk Behavio	r and Percentag	es		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
QN8: Percen driven by som		who rarely or ne	ever wore a seat b	elt (when riding	g in a car			
			25.6	20.0	19.7	No linear change	Not available§	No change
			driver who had be 30 days before the		conor (iii a car			
QN10: Perce	ntage of students	s who drove a ca	31.8	25.4 e when they had		No linear change	Not available	No change
QN10: Perce alcohol (one o	ntage of students	s who drove a caring the 30 days	31.8	25.4 e when they had y, among studen	been drinking	No linear change	Not available	No change
QN10: Perce alcohol (one o	ntage of students	s who drove a caring the 30 days	31.8 ar or other vehicle before the surve	25.4 e when they had y, among studen	been drinking	No linear change	Not available Not available	No change
QN10: Perce alcohol (one of driven a car of QN11: Perce (on at least 1 of	ntage of students or more times du r other vehicle d	s who drove a caring the 30 days uring the 30 day	31.8 If or other vehicle before the surve is before the surve e-mailed while dre survey, among	25.4 when they had y, among studency) 20.4 iving a car or ot	been drinking ats who had 17.8 ther vehicle			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

nd Violence	Healt	h Risk Behavio	r and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
				se they felt unsa				
on their way t	o or from schoo	l (on at least 1 da	ay during the 30 17.1	days before the 12.5	survey) 11.1	No linear change	Not available§	No change
			17.1	12.5	11.1	140 linear change	Not available	140 change
	ntage of students d not want to)	s who were ever	physically force	d to have sexual	intercourse			
•			11.4	18.0	12.1	No linear change	Not available	No change
someone they kissing, touch want to, one of	were dating or ging, or being phor more times du	going out with to ysically forced to ring the 12 mon	do sexual thing have sexual int	violence (being s [counting such tercourse] that the rvey, among stuches urvey)	things as ey did not			
		8		20.5	13.1	No linear change	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

and Violence	Healt	h Risk Behavior a	nd Percenta	ges		Linear Change*	Quadratic Change [*]	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
hurt on purpo being hit, slan during the 12	nmed into somet months before the	s who experienced property were dating or ghing, or injured with survey, among states before the survey)	going out wit h an object o audents who c	h [counting such r weapon] one o	n things as or more times			
				18.1	14.4	No linear change	Not available§	No change
QN23: Perce		s who were bullied	on school pro	pperty (ever duri	ng the 12			
			21.6	27.1	25.3	No linear change	Not available	No change
QN24: Perce through texting before the sur	ng, Instagram, Fa	s who were electron cebook, or other so	ically bullied cial media, e	(counting being ver during the 12	g bullied 2 months			
			21.4	24.3	20.3	No linear change	Not available	No change
QN25: Perce row so that th survey)	entage of students ney stopped doing	s who felt sad or hop g some usual activit	peless (almos ies, ever duri	st every day for a	>=2 weeks in a ans before the			
501 (0)			30.5		36.2	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Hispanic Injury and Violence

009 201	1 2013	2015				
		2015	2017			
	iously considered attem	pting suicide (ev	er during the			
	15.4	24.8	22.1	No linear change	Not available§	No change
	empted suicide (one or i	more times durin	g the 12			
		14.3	12.9	No linear change	Not available	No change
0	of students who atte	of students who attempted suicide (one or narvey)	of students who attempted suicide (one or more times during tryey) 14.3 of students who had a suicide attempt that resulted in an inj	15.4 24.8 22.1 of students who attempted suicide (one or more times during the 12 urvey)	15.4 24.8 22.1 No linear change of students who attempted suicide (one or more times during the 12 arvey) 14.3 12.9 No linear change of students who had a suicide attempt that resulted in an injury,	15.4 24.8 22.1 No linear change Not available soft students who attempted suicide (one or more times during the 12 trivey) 14.3 12.9 No linear change Not available of students who had a suicide attempt that resulted in an injury,

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Hispanic Tobacco Use

	Healt	h Risk Behavioi	and Percentag	ges		Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017	•		
QN32: Percer 30 days before		who currently s	moked cigarettes	s (on at least 1 d	ay during the			
			22.9	15.5	13.3	Decreased, 2013-2017	Not available§	No change
		dents who currer before the survey		rettes frequently	(on 20 or			
			14.3	10.1	6.6	Decreased, 2013-2017	Not available	No change
	Percentage of s days before the	tudents who curr survey)	rently smoked ci	garettes daily (o	n all 30 days			
			11.8	8.9	6.3	No linear change	Not available	No change
		who smoked moves before the surv						
				50.5	39.5	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Hispanic Tobacco Use

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change [*]	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
e-cigarettes, e	-cigars, e-pipes,	vape pipes, vap	used an electronic	c vapor product ahs, and hookah], on at least 1 da	pens [such as			
		ogic, vapili Fiu	is, ego, aliu naio	j, on at least 1 de	ay during the			
		ogic, vapin riu	is, ego, and naio	32.7	32.0	No linear change	Not available§	No change
30 days before QN38: Percei	e the survey)	s who currently s	smoked cigars (ci	32.7	32.0	No linear change	Not available [§]	No change
30 days before QN38: Percei	e the survey)	s who currently s	smoked cigars (ci	32.7	32.0	No linear change Decreased, 2013-2017	Not available [§] Not available	No change
30 days before QN38: Percer cigars, on at le	e the survey) ntage of students east 1 day during	s who currently so the 30 days before	smoked cigars (ci	32.7 igars, cigarillos,	32.0 or little			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Hispanic **Alcohol and Other Drug Use**

	Healt	h Risk Behavio	r and Percentag	es		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
QN41: Percenthan a few sip		s who had their f	irst drink of alco	hol before age 1	3 years (other			
			27.8	23.2	23.1	No linear change	Not available§	No change
				35.6	38.6	No linear change	Not available	No change
			ot the alcohol they	drank by some	cone giving it	Tro mour change		
				drank by some	cone giving it	No linear change	Not available	No change
to them (durin	ng the 30 days be	efore the survey,		drank by some who currently d 27.8	one giving it rank alcohol) 30.7			
to them (durin	ng the 30 days be	efore the survey,	among students	drank by some who currently d 27.8	one giving it rank alcohol) 30.7			
to them (during the control of the c	ntage of students	efore the survey,	among students	drank by some who currently d 27.8 time before age 16.2	sone giving it rank alcohol) 30.7 e 13 years 14.9	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Hispanic **Alcohol and Other Drug Use**

	Healt	h Risk Behavio	r and Percentag	es		Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017			
	ntage of students r more times du	s who ever used ling their life)	neroin (also calle	d "smack," "jun	k," or "China			
			14.7	10.5	6.1	Decreased, 2013-2017	Not available§	Decreased
		s who ever used the or more times		es (also called "	speed,"	Decreased, 2013-2017	Not available	No change
			10.7	10.0	0.7	200100000, 2010 2017	11000.000	
ON53: Parca	ntage of students	who ever used	acetaev (also call	ed "MDMA " or	ne or more			
		s who ever used	ecstasy (also call	ed "MDMA," oi	ne or more			
QN53: Perceimes during t		s who ever used o	ecstasy (also call	ed "MDMA," or	ne or more	Decreased, 2013-2017	Not available	Decreased
imes during t QN54: Percei	heir life) ntage of students 'King Kong," "Y	s who ever used of the state of	23.3	14.0	8.6 'K2," "Spice,"	Decreased, 2013-2017	Not available	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Hispanio Alcohol	c and Other Dru	0	h Risk Behavio	r and Percenta	ges	Linear Change [*]	Quadratic Change*	Change from 2015-2017 †	
	2007	2009	2011	2013	2015	2017	_		
_		ntage of students			en an illegal drug 25.6	on school 23.9	Decreased, 2013-2017	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Hispanic Sexual Behaviors

	Healt	h Risk Behavio	r and Percentag	ges	Linear Change [*]	Quadratic Change*	Change from 2015-2017 [†]	
2007	2009	2011	2013	2015	2017			
QN59: Perce	ntage of student	s who ever had s	exual intercourse	•				
			54.4	52.6	51.1	No linear change	Not available§	No change
QN60: Perce years	ntage of student	s who had sexua	l intercourse for	the first time bef	fore age 13			
				12.5	8.6	No linear change	Not available	No change
			ently sexually act		intercourse			
			45.9	42.9	36.6	No linear change	Not available	No change
			ohol or used drug		ual			
intercourse (a								

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

Hispanic Sexual Behaviors

	Healt	th Risk Behavio	r and Percenta	ges		Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017			
	ntage of student were currently s		ndom during last	sexual intercour	se (among			
				55.1	50.4	No linear change	Not available§	No change
		s who used birth idents who were		Fore last sexual in ly active)	tercourse (to			
				20.9	17.5	No linear change	Not available	No change
implant (such	as Implanon or		ore last sexual in	as Mirena or Para tercourse (to preve)				
				3.3	6.6	No linear change	Not available	No change
as OrthoEvra)	, or birth contro		uvaRing) before	s Depo-Provera), last sexual interestly active))				
				3.2	3.8	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percenta	Linear Change*	Quadratic Change*	Change from 2015-2017 †		
2007	2009	2011	2013	2015	2017			
ONOTHUDI	Percentage of	tudente who use	ed hirth control r	sille: an HID (en	ich as Mirena			
or ParaGard) patch (such as	Percentage of sor implant (such sor OrthoEvra), or or prevent pregna	as Implanon or birth control ring	Nexplanon); or a g (such as Nuval	a shot (such as I Ring) before last	Depo-Provera), t sexual y active)			
or ParaGard) patch (such as	or implant (such s OrthoEvra), or	as Implanon or birth control ring	Nexplanon); or a g (such as Nuval	a shot (such as I Ring) before last	Depo-Provera), t sexual	No linear change	Not available ^s	No change

7.9

17.2

No linear change

No linear change

Not available

Not available

No change

No change

13.3

17.8

QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. † Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	nd Dietary Bel Healt	th Risk Behavio	r and Percenta	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
	body mass inde			5th percentile bu reference data f				
Ü	,			13.9	18.3	No linear change	Not available [¶]	No change
				percentile for bo				
				16.3	17.6	No linear change	Not available	No change
				or glass of soda uring the 7 days				
				32.0	35.2	No linear change	Not available	No change
more times pe				or glass of soda ong diet soda or di				
are rangs ber	ore the burvey)			20.3	18.1	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Note weight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

Not enough years of data to calculate.

New Hampshire High School Survey 10-year Trend Analysis Report

	Healt	h Risk Behavio	r and Percenta	Linear Change*	Quadratic Change*	Change from 2015-2017 [†]		
2007	2009	2011	2013	2015	2017			
OMGOD 12								
more times pe		udents who dran Coke, Pepsi, or Sp						
more times pe	er day (such as C					No linear change	Not available [§]	No change
more times per the 7 days before the 7 days before QNSODA3:	er day (such as Core the survey) Percentage of str		prite, not counting	16.1 or glass of soda or	12.2 or pop three or	No linear change	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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Hispanic Physical Activity

	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
or more days	(in any kind of p	hysical activity	sically active at le that increased the ys before the surv	eir heart rate and	per day on 5 d made them	No linear change		
			41.5	42.9	43.0	No linear change	Not available§	No change
physical activ	ity on at least 1	students who did day (in any kind	d not participate i of physical activ	n at least 60 mil	nutes of ed their heart			
physical activerate and made	e them breathe ha	day (in any kind and some of the students who we	of physical activitime during the 7 14.0 are physically act	ity that increase days before the 23.9	ed their heart survey) 18.4 ninutes per day	No linear change	Not available	No change
physical activerate and made and made QNPA7DAY on all 7 days	them breathe has them breathe has them breathe has them breathe has the them breathe has the them breather the breather them breather the breather them brea	day (in any kind ard some of the s students who we hysical activity	of physical activitime during the 7	ity that increase days before the 23.9 ive at least 60 mer heart rate and	ed their heart survey) 18.4 ninutes per day	No linear change	Not available	No change
physical active rate and made QNPA7DAY on all 7 days	them breathe has them breathe has them breathe has them breathe has the them breathe has the them breather the breather them breather the breather them brea	day (in any kind ard some of the s students who we hysical activity	of physical activitime during the 7 14.0 ere physically act that increased the	ity that increase days before the 23.9 ive at least 60 mer heart rate and	ed their heart survey) 18.4 ninutes per day	No linear change No linear change	Not available Not available	No change No change
QNPA7DAY on all 7 days breathe hard QN81: Perce more hours p other tablet, a	e them breathe has the them breathe has the them breathe has the them breather them between the them breather the breather them breather the breather them bre	students who we hysical activity during the 7 days who played victime spent on the ting, YouTube,	of physical activitime during the 7 14.0 ere physically act that increased theys before the surv	ive at least 60 meir heart rate and yey) 21.4 games or used a lox, PlayStation, sook, or other so	18.4 ninutes per day 1 made them 23.4 computer 3 or an iPad or			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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Hispanic Other

	Health	Risk Behavio	r and Percentag	es		Linear Change*	Quadratic Change [*]	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017			
	entage of students work, during the 12			p, exam, teeth c	cleaning, or			
				69.1	70.9	No linear change	Not available [§]	No change
	Percentage of studenther dental work)	dents who neve	er saw a dentist (f	For a check-up, of	exam, teeth			
				5.4	4.5	No linear change	Not available	No change
QN88: Perce	entage of students v	who got 8 or m	ore hours of sleep	o (on an average	e school			
				22.8	21.4	No linear change	Not available	No change
	entage of students v 2 months before th		their grades in sc	hool as mostly	A's or B's			
			58.4	57.7	65.8	No linear change	Not available	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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	Healt	h Risk Behavio	r and Percentag	ges		Linear Change [*]	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017	-		
	ntage of students the survey, amo			vcle helmet (duri cycle)	ng the 12			
				74.1	80.6	No linear change	Not available§	Increased
QN91: Perce students who		who rarely or n	ever wear a seat	belt when drivin	ng (among 16.3	No linear change	Not available	No change
wanting to die		or burning then		y hurt themselve ose one or more t				
			21.1	22.3	21.5	No linear change	Not available	No change
ONOS D				of alcohol in a ro	ow (within a			
	rs on at least 1 d	ay during the 30	days before the	survey)				

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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	Healt	h Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 [†]
2007	2009	2011	2013	2015	2017			
prescription (s		in, Percocet, Vic	prescription drug codin, codeine, A					
			26.1	23.5	16.9	Decreased, 2013-2017	Not available§	Decreased
prescription (s	uch as OxyCont		ook a prescription codin, codeine, Ante survey)					
			19.3	16.9	9.0	Decreased, 2013-2017	Not available	Decreased
			ing, reading, or s the 12 months b					
				70.9	62.4	Decreased, 2015-2017	Not available	Decreased
DN102 D			ctor or nurse (for		hysical exam			
	e not sick or inj	ured during the	12 months before	e tne survey)				

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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	Healt	h Risk Behavio	r and Percentag	es	Linear Change [*]	Quadratic Change [*]	Change from 2015-2017 †	
2007	2009	2011	2013	2015	2017			
	entage of studen had been in jail							
				22.1	22.1	No linear change	Not available§	No change
	entage of studen out the dangers o							
			42.3	48.3	47.4	No linear change	Not available	No change
	entage of studen currently in the							
Reserves)								
				24.8	20.0	No linear change	Not available	No change
Reserves) QN110: Perc	entage of studen			narming themsel	ves	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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	Healt	n Risk Behavio	r and Percentag	ges		Linear Change*	Quadratic Change*	Change from 2015-2017 †
2007	2009	2011	2013	2015	2017			
(physically or	entage of student in other ways) it rine, or liquor)	s who think peo	ople are at great r or more drinks o	isk of harming the	hemselves r twice a			
			30.3	34.0	30.6	No linear change	Not available§	No change
QN112: Perc physically or	entage of student in other ways) if	s who think peo	ople are at great r	isk of harming the a week	hemselves			
			14.5	16.9	14.2	No linear change	Not available	No change
physically or	in other ways) if	they take a pre	ople are at great r scription drug wine, Adderall, Rita	ithout a doctor's				
			50.1	50.0	54.4	No linear change	Not available	No change
	entage of student or them to smoke		that their friends	feel it would be	wrong or			
			50.2	57.5	59.4	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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	Heal	th Risk Behavio	r and Percentag	Linear Change*	Quadratic Change*	Change from 2015-2017 †		
2007	2009	2011	2013	2015	2017	-		
QN115: Perc very wrong fo (beer, wine, o	or them to have	nts who reported one or two drinks	that their friends s of an alcoholic	feel it would be beverage nearly	wrong or every day			
			39.6	48.0	51.6	Increased, 2013-2017	Not available§	No change
	entage of studer or them to smoke		that their friends	feel it would be	wrong or			
			29.3	34.9	30.7	No linear change	Not available	No change
very wrong fo	or them to take a	prescription dru	that their friends g without a doctorall, Ritalin, or X	or's prescription				
			60.4	68.8	71.2	Increased, 2013-2017	Not available	No change
			or strongly appro		heir age			
			19.9	19.4	14.3	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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	Healt	h Risk Behavio	r and Percentag	Linear Change*	Quadratic Change*	Change from 2015-2017 †		
2007	2009	2011	2013	2015	2017	-		
	or them to have of		that their parents s of an alcoholic					
			76.2	80.3	81.9	No linear change	Not available§	No change
	entage of studen or them to smoke		that their parents	feel it would be	e wrong or			
			71.7	75.0	72.1	No linear change	Not available	No change
very wrong fo	r them to take a	prescription dru	that their parents g without a doctorall, Ritalin, or X	or's prescription				
			80.7	87.1	86.7	No linear change	Not available	No change
	entage of studen	ts who think it w	ould be very eas	y for them to ge	t some			
			58.7	44.9	40.4	Decreased, 2013-2017	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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	Healt	th Risk Behavio	r and Percentag	ges	Linear Change*	Quadratic Change*	Change from 2015-2017 [†]	
2007	2009	2011	2013	2015	2017			
		nts who think it w		sy for them to ge	et some			
			47.5	42.1	39.4	No linear change	Not available§	No change
	entage of studen hey wanted to	nts who think it w	yould be very eas	sy for them to ge	et some 55.0	No linear change	Not available	No change
Marijuana if the QN125: Perceprescription d	hey wanted to entage of studen	nts who think it was the who think it was the who think it was the cotor's prescription described the was the	58.9 vould be very eason if they wanted	50.4 sy for them to ge	55.0 et some	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.