

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Unintentional Injuries/Violence	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)	22.8 (21.4-24.2)	33.4 (31.7-35.1)	46.5 (43.6-49.5)	57.8 (52.8-62.6)	Yes
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	12.8 (11.7-14.0)	15.0 (13.8-16.2)	17.4 (15.4-19.7)	26.0 (22.0-30.5)	Yes
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	3.5 (2.7-4.4)	4.7 (3.8-5.9)	4.5 (3.0-6.5)	14.2 (9.9-19.8)	Yes
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	43.6 (40.7-46.5)	43.7 (40.8-46.6)	42.4 (38.2-46.7)	41.1 (34.7-47.8)	No
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	1.7 (1.4-2.2)	2.6 (2.1-3.2)	4.2 (3.2-5.5)	9.6 (7.2-12.6)	Yes
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	6.0 (5.3-6.8)	9.9 (9.0-11.0)	12.6 (10.7-14.8)	25.5 (21.6-30.0)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Unintentional Injuries/Violence	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	3.8 (3.3-4.4)	6.9 (6.1-7.8)	9.8 (8.2-11.7)	19.8 (16.2-24.1)	Yes
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	9.8 (8.8-10.8)	17.8 (16.6-19.2)	26.4 (24.0-28.9)	36.9 (32.5-41.6)	Yes
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	2.4 (2.0-2.9)	4.7 (4.1-5.5)	8.2 (6.7-10.0)	14.3 (11.3-17.9)	Yes
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood	10.9 (10.0-11.9)	18.1 (16.8-19.5)	23.8 (21.5-26.3)	35.6 (31.2-40.3)	Yes
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	5.9 (5.2-6.7)	9.4 (8.4-10.5)	11.4 (9.6-13.4)	18.3 (15.0-22.2)	Yes
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)	9.0 (8.1-10.0)	12.2 (11.0-13.4)	13.4 (11.5-15.6)	20.2 (16.3-24.7)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Unintentional Injuries/Violence	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	9.1 (7.8-10.6)	8.9 (7.6-10.4)	10.8 (8.6-13.4)	12.2 (8.6-17.0)	Yes
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	6.3 (5.3-7.4)	8.8 (7.6-10.2)	10.6 (8.5-13.1)	17.9 (13.7-23.0)	Yes
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	15.3 (14.2-16.4)	20.8 (19.4-22.2)	23.6 (21.3-26.1)	35.9 (31.4-40.6)	Yes
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	16.8 (15.7-18.0)	23.0 (21.5-24.6)	27.1 (24.7-29.6)	36.3 (31.7-41.3)	Yes
QN25: Percentage of students who felt sad or hopeless (almost every day for ≥ 2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	36.7 (35.1-38.4)	45.1 (43.3-46.9)	54.0 (51.0-57.0)	70.2 (65.6-74.4)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Unintentional Injuries/Violence Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	17.8 (16.5-19.1)	25.1 (23.6-26.7)	32.7 (29.9-35.6)	46.3 (41.5-51.2)	Yes
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	13.9 (12.8-15.0)	19.5 (18.2-21.0)	26.7 (24.2-29.5)	38.4 (34.0-43.0)	Yes
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	5.0 (4.3-5.7)	10.4 (9.3-11.5)	15.2 (13.1-17.6)	25.7 (21.4-30.6)	Yes
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	1.1 (0.9-1.5)	2.7 (2.1-3.3)	5.0 (3.8-6.5)	9.7 (7.0-13.5)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])	21.6 (20.1-23.2)	32.9 (31.1-34.8)	45.3 (42.4-48.2)	57.2 (52.0-62.2)	Yes
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	9.5 (8.4-10.6)	17.0 (15.6-18.6)	26.7 (24.1-29.6)	39.4 (34.6-44.4)	Yes
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	3.0 (2.5-3.6)	7.5 (6.6-8.6)	13.2 (11.3-15.4)	22.6 (18.7-27.0)	Yes
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	2.0 (1.6-2.5)	5.3 (4.6-6.2)	10.3 (8.6-12.4)	18.0 (14.4-22.2)	Yes
QN36: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)	5.2 (3.3-8.1)	6.6 (4.5-9.5)	4.5 (2.5-8.0)	3.9 (2.0-7.4)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN39: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	47.9 (43.5-52.3)	51.0 (47.2-54.8)	49.2 (44.1-54.2)	46.0 (39.1-53.1)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Alcohol/Other Drug Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	6.4 (5.7-7.2)	10.0 (9.0-11.1)	13.6 (11.7-15.8)	25.2 (21.4-29.5)	Yes
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	18.4 (16.7-20.1)	22.0 (20.4-23.7)	25.5 (22.7-28.4)	35.5 (30.8-40.4)	Yes
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	9.9 (8.7-11.2)	11.5 (10.4-12.7)	11.7 (9.9-13.8)	21.1 (17.7-25.1)	Yes
QN44: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)	45.5 (41.7-49.3)	41.0 (37.3-44.8)	34.1 (28.7-40.0)	33.5 (25.4-42.7)	No
QN46: Percentage of students who tried marijuana for the first time before age 13 years	1.8 (1.5-2.3)	3.8 (3.2-4.5)	6.9 (5.5-8.5)	18.4 (15.0-22.2)	Yes
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	11.0 (9.9-12.2)	19.0 (17.5-20.6)	26.4 (23.8-29.2)	40.8 (36.1-45.7)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Alcohol/Other Drug Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)	6.6 (5.7-7.5)	10.4 (9.4-11.5)	14.2 (12.2-16.5)	25.0 (21.0-29.5)	Yes
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	6.7 (6.0-7.6)	10.4 (9.4-11.5)	13.1 (11.2-15.3)	22.2 (18.5-26.5)	Yes
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	0.9 (0.6-1.4)	1.0 (0.7-1.4)	0.9 (0.5-1.7)	6.7 (4.7-9.4)	Yes
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	1.2 (0.9-1.7)	1.2 (0.9-1.6)	1.3 (0.7-2.3)	6.9 (4.9-9.6)	Yes
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)	1.5 (1.1-1.9)	2.3 (1.8-2.9)	2.4 (1.7-3.4)	10.3 (7.6-13.8)	Yes
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	13.2 (12.1-14.3)	16.4 (15.2-17.7)	19.3 (17.2-21.7)	27.9 (23.8-32.3)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

**Total
Sexual Behaviors**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN57: Percentage of students who ever had sexual intercourse	22.4 (20.7-24.3)	31.5 (29.6-33.4)	39.3 (36.2-42.5)	50.0 (45.0-54.9)	Yes
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	1.2 (0.9-1.5)	2.2 (1.8-2.8)	2.9 (2.1-3.9)	8.5 (6.3-11.4)	Yes
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	2.5 (2.0-3.0)	5.5 (4.7-6.5)	7.7 (6.3-9.5)	14.6 (11.2-18.6)	Yes
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	16.9 (15.4-18.4)	23.0 (21.3-24.8)	27.6 (24.9-30.5)	36.5 (31.5-41.7)	Yes
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	13.1 (10.7-15.8)	19.1 (16.3-22.2)	21.5 (17.1-26.7)	34.5 (26.9-43.0)	Yes
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)	57.1 (53.0-61.0)	49.8 (46.2-53.5)	53.0 (47.4-58.5)	35.3 (27.2-44.4)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

**Total
Sexual Behaviors**

**Percentage of students who engaged in each risk behavior, by
type of grades mostly earned in school**

Health Risk Behavior	A's	B's	C's	D's/F's	Significant Association*
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)	4.7 (4.0-5.5)	5.5 (4.6-6.4)	6.8 (5.4-8.4)	11.2 (8.3-15.1)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Birth Control	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN63: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)	36.3 (31.7-41.2)	27.5 (24.3-30.9)	23.8 (19.0-29.3)	27.7 (19.7-37.4)	No
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	11.4 (9.2-14.0)	12.8 (10.6-15.4)	11.7 (8.7-15.7)	12.5 (6.7-22.1)	No
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	49.7 (45.2-54.2)	43.9 (40.2-47.7)	40.7 (35.1-46.6)	43.2 (33.8-53.1)	No
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	20.1 (16.7-24.0)	12.6 (10.4-15.2)	15.1 (11.2-20.0)	8.0 (3.9-15.6)	Yes
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	4.2 (2.8-6.1)	7.9 (5.9-10.4)	10.0 (7.2-13.8)	17.5 (11.4-25.9)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNOBESE: Percentage of students who had obesity (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]	9.3 (8.5-10.3)	12.9 (11.7-14.1)	21.8 (19.3-24.5)	22.3 (18.3-26.8)	Yes
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]	11.8 (10.8-12.9)	14.4 (13.1-15.7)	16.1 (13.9-18.5)	15.9 (12.4-20.2)	Yes
QN66: Percentage of students who described themselves as slightly or very overweight	25.2 (23.8-26.6)	30.7 (29.2-32.2)	37.0 (34.2-39.9)	42.7 (37.9-47.6)	Yes
QN67: Percentage of students who were trying to lose weight	39.7 (38.2-41.2)	43.7 (42.0-45.5)	45.5 (42.5-48.6)	50.4 (45.4-55.4)	Yes
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)	48.7 (47.0-50.3)	36.1 (34.5-37.8)	30.3 (27.8-33.0)	25.8 (21.7-30.4)	Yes
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	4.8 (4.2-5.6)	9.1 (8.2-10.2)	15.4 (13.4-17.6)	23.7 (19.8-28.0)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

§ Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	2.6 (2.1-3.2)	5.6 (4.9-6.4)	9.6 (7.9-11.6)	17.2 (13.9-21.0)	Yes
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)	12.7 (11.6-13.9)	18.7 (17.4-20.1)	24.5 (22.1-27.1)	34.1 (29.9-38.5)	Yes
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	36.3 (34.7-37.9)	26.4 (24.8-28.1)	17.2 (14.9-19.7)	10.4 (7.7-13.8)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Physical Activity	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	50.1 (48.5-51.8)	47.0 (45.3-48.9)	39.1 (36.3-42.0)	32.4 (28.2-36.9)	Yes
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	10.4 (9.4-11.4)	12.5 (11.3-13.8)	16.5 (14.2-19.0)	21.9 (18.3-26.1)	Yes
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	23.6 (22.3-24.9)	23.9 (22.4-25.5)	20.0 (17.8-22.4)	17.8 (14.4-21.7)	Yes
QN78: Percentage of students who spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	76.7 (75.3-78.0)	79.4 (78.0-80.8)	82.5 (80.2-84.5)	85.0 (80.6-88.6)	Yes
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	9.9 (9.0-10.9)	13.1 (12.0-14.4)	13.3 (11.4-15.5)	20.9 (17.4-24.9)	Yes
QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)	27.0 (25.5-28.6)	22.2 (20.7-23.8)	18.4 (16.3-20.7)	14.0 (11.0-17.8)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Other	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	85.9 (84.7-87.0)	77.8 (76.3-79.2)	70.7 (68.0-73.3)	65.4 (60.9-69.7)	Yes
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	0.8 (0.6-1.1)	1.5 (1.1-2.0)	1.0 (0.6-1.8)	3.8 (2.4-6.0)	Yes
QN87: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	1.0 (0.7-1.4)	1.2 (0.9-1.7)	2.2 (1.5-3.2)	6.0 (4.3-8.5)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN89: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)	44.3 (42.3-46.4)	62.2 (60.0-64.3)	74.1 (71.0-77.0)	83.2 (78.3-87.3)	Yes
QN90: Percentage of students who did not always wear a seat belt when driving (among students who drive a car)	8.3 (7.2-9.5)	14.3 (12.7-16.0)	23.7 (20.5-27.3)	34.5 (28.7-40.9)	Yes
QN91: Percentage of students who carried a weapon (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	10.2 (9.3-11.2)	16.0 (14.7-17.3)	22.6 (20.3-25.1)	30.9 (26.7-35.3)	Yes
QN92: Percentage of students who reported that an adult or person at least 5 years older than them made them do sexual things they did not want to do (counting such things as kissing, touching, or being made to have sexual intercourse)	5.9 (5.2-6.7)	8.0 (7.1-9.0)	9.1 (7.5-11.1)	18.2 (14.7-22.3)	Yes
QN93: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	26.8 (24.8-29.0)	32.7 (30.4-34.9)	37.3 (33.7-41.1)	45.4 (39.9-51.1)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN94: Percentage of students who have experienced an unwanted sexual advance because of another student's drinking (one or more times during the 12 months before the survey)	4.2 (3.5-5.0)	4.9 (4.1-5.8)	4.8 (3.7-6.3)	9.9 (7.4-13.2)	Yes
QN95: Percentage of students who forced someone they were dating or going out with to do sexual things that they did not want to do (counting such things as kissing, touching, or physically forcing them to have sexual intercourse, among students who dated or went out with someone during the 12 months before the survey)	2.3 (1.8-3.0)	2.3 (1.7-3.1)	2.8 (1.9-4.2)	7.7 (5.2-11.3)	Yes
QN96: Percentage of students who reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down (during their life)	11.3 (10.3-12.4)	16.0 (14.8-17.3)	23.0 (20.7-25.4)	34.3 (30.3-38.5)	Yes
QN97: Percentage of students who reported that a parent or other adult in their home most of the time or always hit, beat, kicked, or physically hurt them in any way (during their life)	1.1 (0.9-1.5)	1.9 (1.5-2.4)	4.1 (2.9-5.6)	6.9 (4.9-9.5)	Yes
QN98: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	0.9 (0.7-1.2)	1.4 (1.1-1.9)	2.9 (2.1-4.0)	6.5 (4.5-9.5)	Yes
QN99: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)	26.0 (24.5-27.5)	19.9 (18.3-21.5)	15.0 (12.9-17.3)	15.6 (12.4-19.5)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN100: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)	2.5 (2.1-3.1)	4.3 (3.7-5.1)	6.5 (5.2-8.1)	13.1 (10.2-16.7)	Yes
QN101: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)	67.0 (65.3-68.7)	56.8 (54.9-58.6)	54.5 (51.5-57.5)	49.4 (44.7-54.1)	Yes
QN102: Percentage of students who did not drink a bottle or glass of plain water (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	2.4 (2.0-3.0)	3.7 (3.1-4.4)	3.9 (2.9-5.2)	8.3 (6.1-11.1)	Yes
QN103: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not counting soda or pop, one or more times per day during the 7 days before the survey)	15.1 (13.9-16.3)	18.7 (17.3-20.1)	22.6 (20.0-25.4)	25.2 (21.4-29.4)	Yes
QN104: Percentage of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey)	82.6 (81.4-83.8)	78.2 (76.8-79.6)	71.6 (69.0-74.1)	67.8 (63.0-72.2)	Yes
QN105: Percentage of students who have ever been told by a doctor or a nurse that they have asthma	18.6 (17.4-19.9)	19.3 (18.0-20.7)	20.5 (18.2-22.9)	26.1 (22.0-30.7)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN106: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	1.8 (1.4-2.2)	3.0 (2.5-3.6)	4.8 (3.7-6.1)	12.8 (9.8-16.6)	Yes
QN107: Percentage of students who reported that an adult in their household most of the time or always tried hard to make sure their basic needs were met (such as looking after their safety and making sure they had clean clothes and enough to eat, during their life)	92.8 (91.9-93.6)	88.7 (87.5-89.8)	85.0 (82.6-87.0)	80.9 (76.8-84.4)	Yes
QN108: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	1.1 (0.8-1.4)	2.0 (1.5-2.6)	2.6 (1.8-3.7)	5.0 (3.3-7.4)	Yes
QN109: Percentage of students who were injured on the job badly enough that they needed to go to a nurse, doctor, or hospital (among students who worked for pay during the 12 months before the survey)	2.9 (2.3-3.6)	5.8 (4.8-6.9)	7.3 (5.5-9.6)	17.6 (13.3-22.9)	Yes
QN110: Percentage of students who reported that either of their parents or other adults in their family are serving on active duty in the military	6.2 (5.5-7.0)	9.4 (8.5-10.5)	11.4 (9.7-13.4)	12.8 (10.1-16.1)	Yes
QN111: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use	24.8 (23.3-26.4)	31.2 (29.6-32.8)	42.9 (39.9-45.8)	51.9 (46.9-56.8)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN112: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal	36.6 (35.0-38.2)	39.9 (38.0-41.8)	48.9 (46.2-51.7)	59.4 (54.5-64.0)	Yes
QN113: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	6.4 (5.7-7.2)	10.3 (9.3-11.4)	15.7 (13.7-18.0)	25.1 (21.1-29.5)	Yes
QN114: Percentage of students who most of the time or always feel that they are able to talk to an adult in their family or another caring adult about their feelings (during their life)	52.9 (51.3-54.4)	45.5 (43.8-47.2)	35.6 (32.6-38.8)	27.1 (22.7-31.9)	Yes
QN115: Percentage of students who have ever seen pornography, also called porn, either on purpose or by accident (counting any porn that they saw, including pictures, on TV, phones, computers, or iPads or other tablets, in books, magazines, or movie theaters)	72.1 (70.4-73.7)	76.7 (75.1-78.1)	81.1 (78.9-83.2)	81.7 (77.4-85.3)	Yes
QN116: Percentage of students who have ever been forced to work or do something illegal by someone who got money or something of value for what they did	2.7 (2.1-3.3)	3.6 (3.0-4.3)	6.1 (4.9-7.6)	9.7 (7.0-13.2)	Yes
QN117: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	56.5 (54.9-58.2)	46.3 (44.5-48.0)	40.7 (37.7-43.9)	41.7 (36.9-46.6)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN118: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)	71.3 (69.6-72.8)	60.6 (59.0-62.3)	53.8 (50.6-56.9)	41.3 (36.3-46.4)	Yes
QN119: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana	51.7 (49.5-53.8)	44.4 (42.4-46.5)	38.0 (34.6-41.5)	25.9 (21.9-30.4)	Yes
QN120: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	86.3 (85.2-87.4)	80.1 (78.7-81.4)	76.0 (73.3-78.5)	71.0 (66.2-75.3)	Yes
QN121: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)	2.9 (2.4-3.5)	5.0 (4.3-5.9)	8.5 (7.0-10.3)	10.6 (8.0-14.0)	Yes
QN122: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)	91.8 (90.9-92.7)	87.6 (86.4-88.8)	83.9 (81.6-85.9)	79.0 (74.7-82.7)	Yes
QN123: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana	85.5 (84.3-86.6)	78.8 (77.1-80.4)	74.3 (71.6-76.8)	61.2 (56.2-66.0)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN124: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	95.7 (95.0-96.3)	92.5 (91.5-93.4)	91.3 (89.6-92.8)	87.3 (83.7-90.1)	Yes
QN125: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)	24.5 (23.0-26.1)	24.4 (22.9-26.1)	26.7 (24.0-29.6)	30.6 (26.0-35.6)	Yes
QN126: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to	18.4 (17.0-19.9)	24.7 (23.1-26.4)	33.8 (30.8-37.0)	43.7 (38.8-48.7)	Yes
QN127: Percentage of students who think it would be very easy for them to get a prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	4.7 (4.1-5.5)	6.0 (5.3-6.9)	8.6 (6.8-10.8)	11.7 (8.6-15.5)	Yes
QN128: Percentage of students who disagree or strongly disagree that students help decide what goes on in their school	21.3 (19.9-22.7)	24.1 (22.5-25.8)	25.4 (22.8-28.2)	32.8 (28.0-38.1)	Yes
QNWATER1: Percentage of students who drank a bottle or glass of plain water one or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	85.0 (83.8-86.1)	77.5 (76.0-79.0)	73.1 (70.4-75.6)	66.3 (61.6-70.7)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNWATER2: Percentage of students who drank a bottle or glass of plain water two or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	77.5 (76.2-78.9)	70.3 (68.7-71.8)	66.1 (63.1-68.9)	58.3 (53.4-63.0)	Yes
QNWATER3: Percentage of students who drank a bottle or glass of plain water three or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	59.2 (57.6-60.8)	52.8 (51.1-54.6)	51.7 (48.7-54.6)	44.6 (40.0-49.3)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Total Mental Health	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN85: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	32.2 (30.7-33.8)	35.6 (33.9-37.4)	41.1 (38.1-44.2)	55.1 (50.2-59.9)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)	20.5 (18.5-22.6)	29.5 (27.4-31.6)	44.7 (40.9-48.6)	57.2 (50.7-63.5)	Yes
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	10.4 (8.9-12.1)	12.5 (11.0-14.1)	14.7 (12.4-17.5)	25.8 (20.7-31.7)	Yes
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	4.0 (2.9-5.7)	4.1 (3.0-5.6)	4.6 (2.8-7.6)	17.4 (11.5-25.3)	Yes
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	39.5 (35.8-43.3)	40.9 (37.1-44.7)	39.5 (34.5-44.7)	45.7 (37.4-54.2)	No
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	2.2 (1.6-3.0)	3.3 (2.5-4.2)	4.2 (3.0-5.8)	11.0 (7.7-15.5)	Yes
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	4.1 (3.3-5.1)	6.6 (5.5-7.8)	8.7 (6.8-11.1)	20.6 (16.1-26.1)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	4.0 (3.2-5.1)	6.5 (5.5-7.7)	8.5 (6.7-10.8)	19.0 (14.5-24.3)	Yes
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	14.3 (12.6-16.1)	21.1 (19.3-22.9)	29.7 (26.6-33.0)	42.4 (36.4-48.6)	Yes
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	4.1 (3.2-5.1)	6.2 (5.2-7.4)	10.0 (7.8-12.8)	18.0 (13.7-23.4)	Yes
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood	10.5 (9.2-12.0)	16.6 (14.8-18.5)	22.4 (19.5-25.7)	32.4 (27.1-38.3)	Yes
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	3.1 (2.3-4.1)	3.2 (2.5-4.2)	3.8 (2.5-5.8)	8.6 (5.8-12.5)	Yes
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)	4.2 (3.2-5.3)	4.5 (3.6-5.6)	6.4 (4.8-8.6)	11.2 (7.9-15.7)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	3.0 (1.9-4.7)	2.3 (1.5-3.6)	3.2 (1.8-5.7)	8.0 (4.6-13.6)	Yes
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	3.6 (2.5-5.3)	6.1 (4.8-7.9)	5.0 (3.3-7.4)	16.1 (11.0-22.9)	Yes
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	12.3 (10.8-14.0)	15.7 (14.0-17.5)	18.3 (15.6-21.3)	29.2 (23.9-35.2)	Yes
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	10.4 (9.0-12.0)	15.1 (13.5-16.9)	18.2 (15.5-21.3)	29.1 (23.6-35.3)	Yes
QN25: Percentage of students who felt sad or hopeless (almost every day for ≥ 2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	22.0 (20.0-24.2)	30.1 (27.9-32.3)	39.8 (36.2-43.6)	57.0 (50.9-63.0)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	10.7 (9.3-12.4)	17.1 (15.3-19.0)	20.3 (17.4-23.6)	35.1 (29.1-41.7)	Yes
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	8.9 (7.5-10.6)	14.1 (12.5-15.9)	17.4 (14.7-20.5)	28.0 (22.5-34.1)	Yes
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	2.4 (1.8-3.1)	6.2 (5.1-7.6)	8.8 (6.8-11.2)	18.0 (13.3-24.0)	Yes
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	0.3 (0.2-0.6)	1.4 (1.0-2.2)	2.4 (1.4-4.0)	7.2 (4.5-11.3)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])	17.3 (15.4-19.4)	27.6 (25.3-30.0)	39.6 (36.1-43.2)	55.0 (48.3-61.5)	Yes
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	6.4 (5.3-7.8)	13.4 (11.7-15.4)	22.2 (19.2-25.6)	35.5 (29.5-42.0)	Yes
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	2.0 (1.4-2.9)	5.6 (4.5-7.0)	9.7 (7.7-12.2)	22.6 (17.7-28.3)	Yes
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	1.5 (1.0-2.4)	4.0 (3.1-5.1)	7.4 (5.6-9.6)	19.1 (14.4-24.8)	Yes
QN36: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)	8.2 (3.9-16.3)	9.9 (6.1-15.6)	4.1 (1.9-8.9)	4.7 (2.0-10.7)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male Tobacco Use		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QN39: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	44.4 (36.9-52.1)	45.8 (40.7-51.1)	48.0 (40.9-55.2)	43.7 (34.1-53.8)	No	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male

Alcohol/Other Drug Use

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	6.2 (5.1-7.5)	9.5 (8.0-11.1)	11.1 (9.0-13.6)	24.5 (19.6-30.1)	Yes
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	14.6 (12.8-16.7)	17.7 (15.9-19.7)	20.6 (17.4-24.2)	34.4 (28.7-40.6)	Yes
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	9.3 (7.8-11.1)	10.3 (8.9-11.8)	9.8 (7.8-12.3)	22.8 (18.2-28.2)	Yes
QN44: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)	40.8 (34.3-47.6)	35.6 (30.5-41.2)	34.8 (27.2-43.2)	31.0 (21.0-43.1)	No
QN46: Percentage of students who tried marijuana for the first time before age 13 years	1.9 (1.4-2.7)	3.4 (2.6-4.3)	6.3 (4.7-8.5)	17.5 (13.3-22.7)	Yes
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	10.1 (8.7-11.8)	16.9 (15.1-19.0)	23.8 (20.5-27.3)	37.7 (32.0-43.9)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male

Alcohol/Other Drug Use

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)	5.2 (4.2-6.5)	7.7 (6.5-9.2)	12.9 (10.5-15.9)	22.5 (17.6-28.2)	Yes
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	5.6 (4.5-6.9)	7.9 (6.7-9.3)	9.2 (7.2-11.8)	18.4 (14.1-23.8)	Yes
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	1.4 (0.9-2.3)	1.3 (0.9-2.0)	1.1 (0.5-2.4)	7.8 (5.1-11.7)	Yes
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	1.5 (1.0-2.2)	1.4 (0.9-2.1)	1.2 (0.5-2.7)	8.2 (5.6-11.9)	Yes
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)	1.7 (1.2-2.6)	2.4 (1.8-3.2)	2.4 (1.5-3.8)	10.9 (7.7-15.2)	Yes
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	12.2 (10.6-14.0)	14.8 (13.3-16.6)	17.8 (15.2-20.8)	27.6 (22.5-33.3)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male
Sexual Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN57: Percentage of students who ever had sexual intercourse	20.2 (18.0-22.4)	29.0 (26.6-31.5)	35.4 (31.5-39.6)	50.7 (44.0-57.3)	Yes
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	1.3 (0.9-1.9)	1.9 (1.3-2.6)	2.7 (1.8-4.0)	10.6 (7.3-15.1)	Yes
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	2.5 (1.9-3.4)	4.9 (3.9-6.0)	6.4 (4.7-8.6)	17.0 (12.5-22.8)	Yes
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	13.8 (12.1-15.8)	20.4 (18.4-22.6)	24.0 (20.6-27.8)	38.8 (32.4-45.6)	Yes
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	13.5 (9.3-19.2)	18.2 (14.4-22.8)	18.5 (13.0-25.5)	33.4 (23.6-44.9)	Yes
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)	65.0 (58.2-71.2)	56.7 (51.0-62.2)	57.4 (49.7-64.7)	39.6 (28.7-51.7)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey
Risk Behaviors and Academic Achievement Report

Male
Sexual Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)	2.7 (2.0-3.6)	3.2 (2.5-4.1)	6.0 (4.4-8.0)	9.5 (6.3-14.1)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male

Birth Control

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN63: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)	29.3 (22.9-36.6)	22.5 (18.5-27.1)	20.4 (14.3-28.1)	26.4 (16.2-40.1)	No
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	9.1 (6.1-13.4)	9.1 (6.4-12.6)	10.3 (6.5-16.0)	8.2 (3.0-20.6)	No
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	39.0 (32.0-46.4)	35.5 (30.5-40.9)	35.5 (28.2-43.6)	36.3 (24.4-50.0)	No
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	15.6 (10.4-22.6)	11.6 (8.7-15.4)	11.9 (7.2-19.0)	8.5 (3.3-20.2)	No
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	4.5 (2.5-8.1)	4.8 (2.7-8.3)	9.7 (6.1-15.0)	18.9 (11.4-29.8)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male

Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QNOBESE: Percentage of students who had obesity (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]	12.2 (10.7-13.9)	14.8 (13.2-16.6)	24.0 (20.7-27.6)	25.4 (20.2-31.5)	Yes
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]	11.5 (10.0-13.3)	13.2 (11.7-14.9)	13.9 (11.6-16.6)	16.9 (12.5-22.3)	No
QN66: Percentage of students who described themselves as slightly or very overweight	22.1 (20.2-24.2)	26.0 (24.1-28.1)	33.0 (29.6-36.6)	38.0 (32.0-44.4)	Yes
QN67: Percentage of students who were trying to lose weight	25.5 (23.4-27.6)	30.6 (28.4-32.8)	35.1 (31.6-38.8)	39.1 (32.6-46.0)	Yes
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)	43.2 (40.7-45.8)	32.6 (30.4-34.8)	27.0 (23.8-30.4)	23.5 (18.5-29.3)	Yes
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	6.0 (4.9-7.4)	11.2 (9.8-12.7)	17.7 (14.9-20.9)	27.9 (22.7-33.9)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

§ Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male

Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	3.7 (2.9-4.8)	7.1 (6.0-8.4)	11.9 (9.6-14.7)	22.3 (17.6-27.9)	Yes
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)	10.5 (8.9-12.3)	15.2 (13.5-17.0)	21.3 (18.3-24.8)	32.9 (27.1-39.2)	Yes
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	46.2 (43.6-48.9)	34.2 (31.9-36.6)	23.3 (20.1-26.9)	11.5 (7.9-16.3)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male
Physical Activity

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	58.7 (56.2-61.2)	57.8 (55.3-60.2)	45.9 (42.0-49.8)	41.2 (35.5-47.2)	Yes
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	8.2 (6.8-9.7)	9.7 (8.4-11.2)	11.2 (8.8-14.1)	15.6 (11.6-20.6)	Yes
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	33.0 (30.7-35.3)	32.2 (30.0-34.6)	25.7 (22.5-29.1)	24.2 (19.1-30.2)	Yes
QN78: Percentage of students who spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	76.0 (73.8-78.1)	77.6 (75.5-79.5)	79.1 (76.0-81.9)	83.8 (78.1-88.3)	Yes
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	10.6 (9.2-12.1)	14.4 (12.9-16.1)	14.5 (11.8-17.8)	22.5 (17.8-28.1)	Yes
QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)	31.7 (29.5-34.1)	25.8 (23.5-28.1)	20.0 (17.1-23.2)	12.8 (9.3-17.5)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey
Risk Behaviors and Academic Achievement Report

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	85.3 (83.5-87.0)	78.4 (76.5-80.2)	71.2 (67.5-74.7)	60.8 (54.5-66.9)	Yes
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.1 (0.7-1.7)	2.0 (1.4-2.7)	0.9 (0.4-1.9)	5.3 (3.1-9.0)	Yes
QN87: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	1.4 (0.9-2.2)	1.0 (0.6-1.6)	2.2 (1.3-3.7)	8.6 (5.8-12.6)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male
Site-Added

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN89: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)	42.0 (39.1-44.9)	59.1 (56.1-62.0)	73.7 (69.6-77.4)	85.7 (79.4-90.3)	Yes
QN90: Percentage of students who did not always wear a seat belt when driving (among students who drive a car)	9.6 (7.9-11.7)	15.6 (13.4-18.2)	26.0 (21.8-30.8)	39.0 (31.8-46.7)	Yes
QN91: Percentage of students who carried a weapon (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	14.6 (13.0-16.5)	20.6 (18.7-22.8)	27.4 (24.3-30.8)	36.1 (30.4-42.2)	Yes
QN92: Percentage of students who reported that an adult or person at least 5 years older than them made them do sexual things they did not want to do (counting such things as kissing, touching, or being made to have sexual intercourse)	2.6 (1.8-3.5)	3.1 (2.4-4.0)	4.1 (2.8-6.0)	8.7 (5.8-12.8)	Yes
QN93: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	16.7 (14.2-19.5)	21.8 (19.2-24.6)	26.4 (22.3-30.9)	36.4 (28.7-44.8)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN94: Percentage of students who have experienced an unwanted sexual advance because of another student's drinking (one or more times during the 12 months before the survey)	2.2 (1.5-3.1)	2.7 (2.0-3.6)	2.3 (1.4-3.7)	9.9 (6.8-14.1)	Yes
QN95: Percentage of students who forced someone they were dating or going out with to do sexual things that they did not want to do (counting such things as kissing, touching, or physically forcing them to have sexual intercourse, among students who dated or went out with someone during the 12 months before the survey)	3.2 (2.2-4.7)	3.1 (2.1-4.4)	2.8 (1.7-4.7)	10.5 (6.7-16.2)	Yes
QN96: Percentage of students who reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down (during their life)	5.9 (4.9-7.1)	9.2 (8.0-10.5)	15.5 (13.1-18.3)	23.2 (18.5-28.8)	Yes
QN97: Percentage of students who reported that a parent or other adult in their home most of the time or always hit, beat, kicked, or physically hurt them in any way (during their life)	1.1 (0.7-1.7)	1.6 (1.1-2.3)	2.6 (1.5-4.5)	6.5 (4.1-10.1)	Yes
QN98: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	0.7 (0.4-1.2)	0.8 (0.5-1.4)	1.7 (0.9-3.1)	5.2 (3.0-8.8)	Yes
QN99: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)	31.4 (28.7-34.2)	24.0 (21.7-26.5)	16.6 (13.5-20.3)	16.9 (12.4-22.5)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN100: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)	2.3 (1.7-3.2)	3.6 (2.9-4.6)	4.9 (3.5-6.7)	13.3 (9.5-18.2)	Yes
QN101: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)	65.8 (63.2-68.3)	56.3 (53.8-58.8)	52.2 (48.1-56.2)	47.3 (41.4-53.4)	Yes
QN102: Percentage of students who did not drink a bottle or glass of plain water (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	3.0 (2.3-4.0)	3.6 (2.9-4.6)	3.5 (2.3-5.2)	9.0 (6.2-12.9)	Yes
QN103: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not counting soda or pop, one or more times per day during the 7 days before the survey)	14.0 (12.3-15.8)	19.7 (17.7-21.8)	21.8 (18.7-25.3)	24.9 (20.0-30.5)	Yes
QN104: Percentage of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey)	82.3 (80.2-84.2)	77.9 (75.9-79.9)	71.8 (68.2-75.1)	65.9 (59.8-71.6)	Yes
QN105: Percentage of students who have ever been told by a doctor or a nurse that they have asthma	18.4 (16.5-20.6)	18.1 (16.3-20.0)	21.0 (18.1-24.3)	26.8 (21.3-33.1)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male
Site-Added

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN106: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	1.7 (1.1-2.4)	2.4 (1.8-3.2)	3.6 (2.4-5.3)	13.4 (9.4-18.7)	Yes
QN107: Percentage of students who reported that an adult in their household most of the time or always tried hard to make sure their basic needs were met (such as looking after their safety and making sure they had clean clothes and enough to eat, during their life)	92.8 (91.4-94.0)	90.4 (88.9-91.8)	87.4 (84.5-89.9)	84.1 (78.9-88.2)	Yes
QN108: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	1.1 (0.7-1.7)	1.7 (1.2-2.4)	1.8 (1.1-3.0)	6.3 (3.8-10.2)	Yes
QN109: Percentage of students who were injured on the job badly enough that they needed to go to a nurse, doctor, or hospital (among students who worked for pay during the 12 months before the survey)	3.6 (2.6-5.0)	6.5 (5.2-8.0)	7.8 (5.5-10.8)	21.0 (14.9-28.7)	Yes
QN110: Percentage of students who reported that either of their parents or other adults in their family are serving on active duty in the military	5.8 (4.8-7.0)	9.6 (8.3-11.1)	11.3 (9.0-14.0)	14.9 (11.3-19.3)	Yes
QN111: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use	18.8 (17.0-20.8)	25.6 (23.7-27.7)	37.9 (34.3-41.6)	46.7 (40.4-53.2)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN112: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal	26.4 (24.1-28.9)	29.7 (27.4-32.1)	41.2 (37.8-44.7)	48.4 (42.3-54.6)	Yes
QN113: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	5.5 (4.5-6.8)	8.4 (7.2-9.7)	13.3 (11.0-16.0)	20.6 (16.0-26.1)	Yes
QN114: Percentage of students who most of the time or always feel that they are able to talk to an adult in their family or another caring adult about their feelings (during their life)	58.0 (55.5-60.4)	51.9 (49.6-54.2)	42.0 (38.2-46.0)	33.7 (27.4-40.6)	Yes
QN115: Percentage of students who have ever seen pornography, also called porn, either on purpose or by accident (counting any porn that they saw, including pictures, on TV, phones, computers, or iPads or other tablets, in books, magazines, or movie theaters)	82.5 (80.4-84.4)	82.3 (80.2-84.2)	81.8 (79.0-84.3)	85.9 (81.1-89.7)	No
QN116: Percentage of students who have ever been forced to work or do something illegal by someone who got money or something of value for what they did	3.3 (2.4-4.4)	3.2 (2.5-4.2)	6.3 (4.6-8.4)	10.4 (7.1-15.1)	Yes
QN117: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	53.9 (51.3-56.6)	44.6 (42.1-47.1)	40.6 (36.7-44.6)	42.3 (35.9-49.0)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN118: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)	69.6 (67.1-72.0)	60.7 (58.4-63.0)	55.2 (51.2-59.1)	40.4 (34.1-46.9)	Yes
QN119: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana	53.4 (50.3-56.5)	47.4 (44.6-50.2)	40.5 (36.5-44.7)	26.3 (21.2-32.2)	Yes
QN120: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	85.1 (83.2-86.8)	78.9 (77.0-80.7)	77.1 (73.5-80.3)	72.1 (65.9-77.6)	Yes
QN121: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)	3.4 (2.6-4.4)	5.0 (4.1-6.1)	9.3 (7.4-11.6)	10.7 (7.4-15.2)	Yes
QN122: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)	91.3 (89.7-92.6)	87.6 (85.8-89.1)	83.7 (80.8-86.3)	76.8 (71.1-81.6)	Yes
QN123: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana	85.6 (83.6-87.4)	79.5 (77.2-81.7)	76.7 (73.2-79.8)	61.8 (55.5-67.8)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN124: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	95.8 (94.7-96.6)	92.8 (91.5-94.0)	92.9 (90.8-94.6)	86.3 (81.2-90.2)	Yes
QN125: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)	23.3 (21.2-25.5)	24.3 (22.2-26.6)	25.0 (21.5-28.9)	32.6 (26.9-38.8)	Yes
QN126: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to	18.3 (16.3-20.4)	23.2 (21.1-25.5)	31.0 (27.4-34.9)	42.1 (35.4-49.1)	Yes
QN127: Percentage of students who think it would be very easy for them to get a prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	4.0 (3.1-5.2)	6.0 (5.0-7.1)	6.2 (4.6-8.2)	14.3 (10.0-20.0)	Yes
QN128: Percentage of students who disagree or strongly disagree that students help decide what goes on in their school	22.9 (20.8-25.1)	24.3 (22.1-26.6)	26.1 (22.7-29.7)	30.3 (24.5-36.8)	No
QNWATER1: Percentage of students who drank a bottle or glass of plain water one or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	85.6 (83.6-87.4)	80.2 (78.2-82.0)	74.6 (71.1-77.8)	69.3 (63.0-74.9)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNWATER2: Percentage of students who drank a bottle or glass of plain water two or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	79.0 (76.8-81.1)	73.1 (71.0-75.2)	68.1 (64.3-71.6)	62.4 (55.9-68.6)	Yes
QNWATER3: Percentage of students who drank a bottle or glass of plain water three or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	63.4 (60.8-65.9)	56.9 (54.6-59.3)	53.9 (50.1-57.8)	48.7 (42.3-55.2)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Male Mental Health Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN85: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	17.0 (15.2-19.0)	20.5 (18.5-22.6)	26.3 (22.9-30.1)	41.5 (35.3-48.0)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)	24.5 (22.6-26.4)	38.3 (35.7-41.0)	49.2 (44.7-53.6)	58.4 (50.4-65.9)	Yes
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	14.6 (13.2-16.1)	18.1 (16.2-20.3)	21.4 (17.8-25.4)	25.7 (19.3-33.4)	Yes
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	3.0 (2.2-4.1)	5.5 (4.0-7.5)	4.1 (2.2-7.5)	7.0 (3.0-15.5)	Yes
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	46.5 (43.0-50.0)	47.3 (43.4-51.3)	47.9 (40.7-55.1)	33.1 (23.3-44.7)	No
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	1.4 (1.0-1.9)	1.8 (1.2-2.6)	4.3 (2.6-7.0)	5.9 (3.2-10.8)	Yes
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	7.4 (6.4-8.6)	14.0 (12.3-15.9)	18.4 (15.1-22.2)	31.0 (24.3-38.5)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	3.6 (2.9-4.4)	7.4 (6.2-8.8)	11.8 (9.1-15.2)	21.0 (15.3-28.1)	Yes
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	6.3 (5.4-7.4)	13.5 (11.9-15.3)	20.9 (17.7-24.6)	29.8 (23.7-36.8)	Yes
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	1.2 (0.8-1.6)	2.8 (2.1-3.8)	5.4 (3.7-7.9)	8.6 (5.4-13.3)	Yes
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood	11.0 (9.8-12.3)	19.8 (17.7-22.2)	26.4 (22.8-30.3)	39.2 (32.1-46.9)	Yes
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	7.9 (6.9-9.1)	17.0 (15.2-19.0)	23.5 (19.8-27.6)	32.3 (25.4-40.0)	Yes
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)	12.3 (10.9-13.9)	22.2 (19.9-24.6)	25.2 (21.2-29.7)	31.8 (24.2-40.4)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Unintentional Injuries/Violence		A's	B's	C's	D's/F's	
Health Risk Behavior		% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)		13.1 (11.2-15.2)	15.9 (13.5-18.7)	21.0 (16.5-26.4)	17.9 (11.3-27.3)	Yes
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)		8.0 (6.5-9.7)	11.7 (9.7-14.1)	17.7 (13.8-22.4)	19.3 (12.9-27.8)	Yes
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)		17.3 (15.9-18.9)	26.7 (24.4-29.1)	32.0 (27.9-36.3)	43.6 (36.2-51.4)	Yes
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)		21.2 (19.5-23.0)	33.3 (30.8-36.0)	41.1 (37.0-45.5)	45.4 (37.6-53.5)	Yes
QN25: Percentage of students who felt sad or hopeless (almost every day for ≥ 2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)		46.8 (44.7-49.0)	63.4 (61.0-65.8)	77.2 (73.0-80.9)	87.7 (82.3-91.7)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	22.2 (20.4-24.1)	34.8 (32.3-37.4)	52.5 (47.8-57.1)	60.2 (52.8-67.1)	Yes
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	17.2 (15.7-18.7)	26.4 (24.2-28.8)	41.7 (37.0-46.7)	51.7 (44.1-59.2)	Yes
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	6.5 (5.5-7.8)	15.3 (13.4-17.3)	25.2 (20.8-30.1)	36.6 (29.3-44.6)	Yes
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	1.7 (1.3-2.3)	4.3 (3.3-5.5)	9.3 (6.7-12.7)	12.1 (7.7-18.6)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female Tobacco Use		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])	24.6 (22.6-26.7)	40.2 (37.5-42.9)	54.8 (50.2-59.4)	60.3 (52.3-67.7)	Yes	
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	11.7 (10.3-13.3)	22.2 (19.9-24.6)	33.9 (29.2-39.0)	46.2 (38.3-54.3)	Yes	
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	3.5 (2.8-4.4)	10.1 (8.5-12.0)	19.2 (15.5-23.5)	23.8 (17.6-31.4)	Yes	
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	2.3 (1.7-3.0)	7.2 (5.9-8.8)	15.5 (12.1-19.7)	17.1 (11.9-24.1)	Yes	
QN36: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)	3.8 (2.0-7.0)	4.0 (2.2-7.4)	5.0 (2.1-11.4)	3.2 (1.1-9.4)	No	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female Tobacco Use		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QN39: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	49.4 (44.1-54.8)	55.3 (50.2-60.3)	50.4 (43.2-57.6)	46.4 (35.3-57.8)	No	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female

Alcohol/Other Drug Use

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	6.5 (5.6-7.5)	10.8 (9.2-12.6)	17.8 (14.2-21.9)	24.7 (18.5-32.1)	Yes
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	21.2 (19.0-23.6)	28.0 (25.5-30.6)	33.4 (29.2-38.0)	37.3 (29.6-45.7)	Yes
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	10.3 (8.8-12.1)	13.3 (11.5-15.4)	14.9 (11.9-18.4)	19.2 (13.7-26.2)	Yes
QN44: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)	48.3 (43.6-53.0)	45.1 (39.9-50.3)	34.2 (26.5-42.9)	35.0 (22.9-49.4)	No
QN46: Percentage of students who tried marijuana for the first time before age 13 years	1.7 (1.2-2.2)	4.3 (3.4-5.5)	7.9 (5.8-10.6)	19.9 (14.7-26.4)	Yes
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	11.6 (10.1-13.2)	21.9 (19.6-24.3)	31.1 (26.9-35.6)	46.2 (38.5-54.1)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female

Alcohol/Other Drug Use

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)	7.6 (6.5-8.8)	13.9 (12.1-15.8)	16.7 (13.5-20.4)	27.8 (20.9-35.8)	Yes
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	7.5 (6.5-8.6)	13.3 (11.6-15.2)	19.2 (15.5-23.4)	25.7 (19.2-33.5)	Yes
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	0.5 (0.3-1.0)	0.6 (0.3-1.2)	0.7 (0.2-1.9)	4.2 (1.9-9.2)	Yes
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	1.0 (0.6-1.6)	0.8 (0.5-1.5)	1.5 (0.7-3.1)	4.3 (1.9-9.2)	Yes
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)	1.3 (0.9-1.8)	2.1 (1.5-3.1)	2.5 (1.5-4.1)	9.2 (5.1-15.9)	Yes
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	13.8 (12.4-15.3)	18.1 (16.2-20.1)	22.0 (18.3-26.3)	29.3 (22.4-37.4)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female Sexual Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN57: Percentage of students who ever had sexual intercourse	24.1 (21.8-26.4)	34.8 (32.0-37.6)	45.1 (40.2-50.0)	50.8 (42.7-58.8)	Yes
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	1.0 (0.7-1.4)	2.6 (1.8-3.7)	3.2 (2.0-5.2)	5.6 (3.2-9.5)	Yes
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	2.4 (1.8-3.2)	6.5 (5.1-8.1)	9.9 (7.4-13.1)	11.5 (7.4-17.4)	Yes
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	19.0 (17.1-21.1)	26.8 (24.2-29.6)	33.2 (28.7-38.1)	34.4 (26.9-42.8)	Yes
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	12.4 (9.6-15.9)	20.1 (16.3-24.5)	25.1 (18.5-33.2)	34.9 (22.2-50.2)	Yes
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)	53.3 (48.6-58.0)	43.1 (38.2-48.2)	48.5 (39.9-57.2)	30.2 (18.9-44.6)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey
Risk Behaviors and Academic Achievement Report

Female
Sexual Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)	6.1 (5.1-7.3)	8.4 (6.9-10.3)	8.2 (6.1-11.0)	15.0 (10.1-21.8)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female Birth Control		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QN63: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)	40.4 (34.8-46.3)	32.4 (27.5-37.7)	28.6 (21.7-36.7)	30.9 (18.0-47.6)	No	
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	12.7 (9.9-16.1)	16.5 (13.2-20.4)	13.7 (9.2-20.0)	16.0 (7.5-30.8)	No	
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	55.9 (50.7-61.1)	52.1 (46.8-57.3)	48.2 (39.9-56.7)	52.0 (37.3-66.5)	No	
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	22.8 (18.6-27.6)	13.6 (10.4-17.6)	19.3 (13.4-27.0)	7.6 (2.9-18.8)	Yes	
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	3.6 (2.1-6.1)	11.1 (8.0-15.1)	10.4 (6.3-16.6)	14.6 (7.2-27.5)	Yes	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§	7.2 (6.2-8.3)	10.2 (8.7-12.0)	18.2 (14.7-22.2)	17.5 (12.3-24.2)	Yes
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§	12.0 (10.8-13.4)	15.9 (14.0-18.0)	19.6 (15.7-24.2)	14.6 (9.3-22.0)	Yes
QN66: Percentage of students who described themselves as slightly or very overweight	27.6 (25.8-29.5)	36.3 (33.9-38.8)	43.6 (38.9-48.4)	49.7 (42.1-57.2)	Yes
QN67: Percentage of students who were trying to lose weight	50.2 (48.2-52.2)	60.7 (58.1-63.2)	62.3 (57.6-66.8)	67.0 (59.9-73.4)	Yes
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)	52.5 (50.4-54.6)	40.7 (38.2-43.3)	35.0 (31.1-39.2)	28.7 (22.0-36.5)	Yes
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	3.9 (3.2-4.8)	6.4 (5.2-7.9)	11.5 (8.9-14.6)	18.9 (13.4-25.8)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

§ Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female Dietary Behaviors		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI		
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	1.8 (1.3-2.4)	3.6 (2.7-4.7)	6.1 (4.2-8.6)	10.3 (6.6-15.8)	Yes	
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)	13.9 (12.5-15.5)	23.2 (21.0-25.5)	29.8 (25.6-34.4)	36.9 (29.9-44.6)	Yes	
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	29.3 (27.6-31.2)	16.9 (15.0-18.9)	7.1 (5.1-9.8)	8.2 (4.8-13.8)	Yes	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female Physical Activity		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	44.3 (42.3-46.3)	33.8 (31.3-36.5)	28.1 (23.8-32.9)	20.7 (15.1-27.7)	Yes	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	11.8 (10.6-13.2)	15.6 (13.7-17.8)	24.7 (20.7-29.3)	29.2 (22.7-36.7)	Yes	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	17.0 (15.5-18.6)	13.9 (12.1-15.8)	11.2 (8.7-14.4)	9.3 (6.0-14.1)	Yes	
QN78: Percentage of students who spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	77.2 (75.4-78.9)	81.9 (79.9-83.8)	88.0 (84.8-90.5)	86.7 (80.3-91.3)	Yes	
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	9.5 (8.3-10.8)	11.5 (10.0-13.2)	11.1 (8.5-14.3)	16.6 (11.7-22.9)	Yes	
QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)	23.9 (22.0-25.9)	18.0 (16.2-20.1)	16.0 (13.1-19.3)	14.3 (9.4-21.2)	Yes	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female Other	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	86.4 (85.0-87.7)	77.0 (74.6-79.1)	70.6 (66.6-74.4)	71.8 (64.8-77.9)	Yes
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	0.6 (0.4-1.0)	0.9 (0.5-1.6)	1.4 (0.6-3.0)	1.6 (0.6-3.8)	No
QN87: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	0.7 (0.4-1.1)	1.5 (1.0-2.3)	2.2 (1.2-4.0)	2.2 (1.0-4.9)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN89: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)	46.6 (43.7-49.4)	67.1 (64.0-70.1)	75.1 (69.7-79.8)	79.8 (70.0-87.0)	Yes
QN90: Percentage of students who did not always wear a seat belt when driving (among students who drive a car)	7.1 (5.8-8.6)	12.5 (10.4-15.0)	19.7 (15.3-25.1)	26.4 (18.5-36.0)	Yes
QN91: Percentage of students who carried a weapon (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	6.9 (5.9-8.0)	9.9 (8.5-11.6)	15.3 (12.0-19.3)	21.6 (16.2-28.1)	Yes
QN92: Percentage of students who reported that an adult or person at least 5 years older than them made them do sexual things they did not want to do (counting such things as kissing, touching, or being made to have sexual intercourse)	8.1 (7.0-9.2)	14.3 (12.5-16.2)	17.2 (14.0-21.0)	31.0 (24.2-38.7)	Yes
QN93: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	32.8 (30.1-35.6)	44.8 (41.6-48.0)	52.2 (46.6-57.8)	55.4 (46.5-64.0)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN94: Percentage of students who have experienced an unwanted sexual advance because of another student's drinking (one or more times during the 12 months before the survey)	5.7 (4.7-6.8)	7.9 (6.4-9.7)	8.8 (6.5-11.7)	8.9 (5.2-14.9)	Yes
QN95: Percentage of students who forced someone they were dating or going out with to do sexual things that they did not want to do (counting such things as kissing, touching, or physically forcing them to have sexual intercourse, among students who dated or went out with someone during the 12 months before the survey)	1.8 (1.2-2.6)	1.6 (0.9-2.6)	2.6 (1.3-5.1)	2.0 (0.7-5.6)	No
QN96: Percentage of students who reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down (during their life)	14.9 (13.4-16.5)	24.5 (22.4-26.9)	35.3 (30.8-40.0)	48.1 (40.2-56.0)	Yes
QN97: Percentage of students who reported that a parent or other adult in their home most of the time or always hit, beat, kicked, or physically hurt them in any way (during their life)	1.1 (0.8-1.5)	2.1 (1.5-3.0)	6.5 (4.4-9.7)	6.7 (3.8-11.5)	Yes
QN98: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	1.0 (0.7-1.5)	2.1 (1.5-3.0)	4.9 (3.3-7.3)	7.9 (4.4-14.0)	Yes
QN99: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)	23.0 (21.3-24.9)	16.1 (14.2-18.1)	13.2 (10.4-16.5)	14.1 (9.8-19.8)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN100: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)	2.7 (2.1-3.4)	5.3 (4.3-6.6)	9.3 (6.8-12.6)	12.0 (7.8-17.8)	Yes
QN101: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)	68.0 (65.9-70.0)	57.6 (54.9-60.2)	57.8 (53.5-62.0)	54.8 (47.4-62.1)	Yes
QN102: Percentage of students who did not drink a bottle or glass of plain water (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	2.1 (1.5-2.8)	3.5 (2.6-4.6)	4.7 (3.0-7.3)	5.4 (3.1-9.5)	Yes
QN103: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not counting soda or pop, one or more times per day during the 7 days before the survey)	15.9 (14.4-17.6)	17.2 (15.3-19.4)	23.8 (19.8-28.4)	25.3 (19.0-32.7)	Yes
QN104: Percentage of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey)	83.0 (81.4-84.5)	78.9 (76.7-81.0)	72.3 (67.9-76.3)	72.3 (64.6-78.8)	Yes
QN105: Percentage of students who have ever been told by a doctor or a nurse that they have asthma	18.8 (17.3-20.5)	20.7 (18.6-23.0)	19.9 (16.4-24.0)	25.4 (19.2-32.8)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

**Female
Site-Added**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN106: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	1.8 (1.3-2.4)	3.6 (2.8-4.7)	6.7 (4.7-9.3)	11.2 (7.1-17.4)	Yes
QN107: Percentage of students who reported that an adult in their household most of the time or always tried hard to make sure their basic needs were met (such as looking after their safety and making sure they had clean clothes and enough to eat, during their life)	92.9 (91.8-94.0)	86.9 (84.9-88.7)	81.2 (77.1-84.7)	76.2 (69.0-82.2)	Yes
QN108: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	1.1 (0.7-1.5)	2.3 (1.7-3.2)	3.9 (2.4-6.3)	3.2 (1.5-6.4)	Yes
QN109: Percentage of students who were injured on the job badly enough that they needed to go to a nurse, doctor, or hospital (among students who worked for pay during the 12 months before the survey)	2.3 (1.7-3.2)	4.9 (3.6-6.6)	6.4 (4.0-10.0)	8.8 (4.7-16.0)	Yes
QN110: Percentage of students who reported that either of their parents or other adults in their family are serving on active duty in the military	6.6 (5.6-7.7)	9.0 (7.8-10.5)	11.5 (8.8-14.9)	9.8 (6.3-14.9)	Yes
QN111: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use	28.8 (26.6-31.0)	37.7 (35.1-40.4)	50.4 (45.6-55.1)	59.0 (50.8-66.7)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN112: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal	43.8 (41.7-45.9)	52.0 (49.3-54.8)	61.2 (56.8-65.5)	75.3 (68.2-81.4)	Yes
QN113: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	6.9 (5.9-8.1)	12.7 (11.1-14.5)	19.5 (15.9-23.7)	33.0 (25.8-41.1)	Yes
QN114: Percentage of students who most of the time or always feel that they are able to talk to an adult in their family or another caring adult about their feelings (during their life)	49.8 (47.8-51.8)	38.0 (35.6-40.5)	25.9 (21.7-30.7)	19.0 (13.6-25.9)	Yes
QN115: Percentage of students who have ever seen pornography, also called porn, either on purpose or by accident (counting any porn that they saw, including pictures, on TV, phones, computers, or iPads or other tablets, in books, magazines, or movie theaters)	64.6 (62.3-66.8)	69.3 (66.9-71.7)	79.6 (75.8-83.0)	75.1 (67.3-81.6)	Yes
QN116: Percentage of students who have ever been forced to work or do something illegal by someone who got money or something of value for what they did	2.2 (1.7-2.9)	4.0 (3.0-5.3)	6.1 (4.3-8.6)	7.6 (4.0-13.8)	Yes
QN117: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	58.7 (56.5-60.8)	49.0 (46.4-51.5)	40.9 (36.0-45.9)	42.3 (34.2-50.9)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN118: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)	72.9 (70.9-74.9)	60.8 (58.3-63.3)	51.9 (46.9-56.9)	44.6 (36.4-53.0)	Yes
QN119: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana	50.8 (48.2-53.3)	40.8 (38.1-43.5)	33.8 (29.2-38.8)	25.9 (19.2-33.9)	Yes
QN120: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	87.6 (86.2-89.0)	82.1 (80.0-84.1)	74.2 (69.8-78.2)	70.1 (62.6-76.7)	Yes
QN121: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)	2.5 (2.0-3.3)	5.2 (4.0-6.7)	7.4 (5.2-10.4)	11.2 (7.0-17.4)	Yes
QN122: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)	92.4 (91.2-93.5)	87.8 (86.0-89.5)	84.2 (80.5-87.2)	83.3 (76.2-88.6)	Yes
QN123: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana	85.5 (83.9-86.9)	78.0 (75.5-80.3)	69.6 (65.2-73.6)	59.5 (51.3-67.1)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN124: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	95.7 (94.8-96.5)	92.2 (90.6-93.5)	88.4 (85.0-91.1)	89.7 (84.4-93.3)	Yes
QN125: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)	25.5 (23.6-27.5)	24.8 (22.7-27.0)	29.7 (25.7-33.9)	27.7 (20.9-35.6)	No
QN126: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to	18.7 (16.9-20.6)	26.6 (24.3-29.1)	38.9 (34.4-43.6)	46.9 (39.0-55.0)	Yes
QN127: Percentage of students who think it would be very easy for them to get a prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	5.1 (4.2-6.1)	6.2 (5.0-7.7)	12.8 (9.1-17.5)	8.0 (4.8-13.2)	Yes
QN128: Percentage of students who disagree or strongly disagree that students help decide what goes on in their school	20.1 (18.4-21.8)	23.6 (21.3-26.0)	24.5 (20.5-29.0)	33.3 (26.0-41.4)	Yes
QNWATER1: Percentage of students who drank a bottle or glass of plain water one or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	84.6 (83.0-86.1)	74.7 (72.4-76.9)	71.1 (66.7-75.0)	64.4 (56.3-71.7)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Female Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNWATER2: Percentage of students who drank a bottle or glass of plain water two or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	76.5 (74.6-78.3)	67.3 (64.9-69.6)	63.1 (58.6-67.3)	54.7 (46.9-62.3)	Yes
QNWATER3: Percentage of students who drank a bottle or glass of plain water three or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	56.3 (54.1-58.5)	48.2 (45.6-50.8)	47.9 (43.4-52.4)	40.9 (33.4-48.8)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey
Risk Behaviors and Academic Achievement Report

Female Mental Health		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
		A's	B's	C's	D's/F's	
Health Risk Behavior		% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN85: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)		42.7 (40.5-44.9)	53.6 (50.9-56.3)	64.5 (59.4-69.2)	73.8 (66.5-80.0)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey
Risk Behaviors and Academic Achievement Report

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)	37.2 (26.5-49.3)	51.1 (40.1-62.0)	40.0 (26.4-55.3)	-	
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	6.8 (2.8-15.8)	14.5 (8.8-22.9)	20.0 (11.2-33.2)	-	
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	3.6 (0.8-15.1)	0.0	-	-	
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	39.4 (23.7-57.6)	37.6 (23.5-54.1)	-	-	
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	0.0	2.2 (0.5-9.3)	1.7 (0.4-7.2)	-	
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	9.6 (4.7-18.6)	13.8 (8.0-22.6)	17.7 (8.1-34.4)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	2.5 (1.0-6.2)	4.8 (2.0-11.1)	2.0 (0.4-8.9)	-	
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	15.5 (8.4-26.8)	13.4 (7.9-21.9)	18.7 (9.9-32.6)	-	
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	4.0 (1.3-11.4)	2.2 (0.9-5.3)	2.3 (0.6-7.8)	-	
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood	22.4 (13.6-34.6)	27.1 (19.5-36.2)	24.9 (13.8-40.8)	-	
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	6.4 (2.5-15.7)	8.7 (4.7-15.6)	5.1 (1.4-16.7)	-	
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)	4.0 (1.0-14.5)	9.7 (5.4-16.8)	5.9 (1.9-17.2)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Unintentional Injuries/Violence	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	-	7.1 (2.2-20.8)	-	-	
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	-	12.5 (4.8-28.6)	-	-	
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	10.7 (5.5-19.9)	17.2 (10.5-26.8)	24.4 (13.7-39.7)	-	
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	9.1 (4.2-18.8)	22.3 (14.6-32.6)	27.9 (18.1-40.4)	-	
QN25: Percentage of students who felt sad or hopeless (almost every day for ≥ 2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	28.1 (18.7-39.8)	39.2 (28.9-50.5)	37.6 (25.5-51.5)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Unintentional Injuries/Violence Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	17.4 (9.9-28.8)	26.4 (17.8-37.4)	25.5 (15.3-39.2)	-	
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	7.1 (3.3-14.6)	11.4 (6.1-20.2)	20.8 (11.6-34.5)	-	
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	2.7 (0.8-8.2)	9.8 (4.8-19.0)	21.8 (12.4-35.5)	-	
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	0.5 (0.1-3.8)	1.3 (0.2-8.8)	6.0 (1.4-21.9)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])	15.3 (8.9-25.0)	28.0 (19.3-38.8)	38.3 (25.4-53.2)	-	
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	6.6 (2.7-15.4)	13.7 (7.8-23.0)	24.9 (13.8-40.6)	-	
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	2.1 (0.3-13.8)	5.9 (2.7-12.3)	5.6 (1.5-18.4)	-	
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	2.1 (0.3-13.8)	3.5 (1.2-10.0)	4.0 (0.8-17.9)	-	
QN36: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)	-	-	-	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN39: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	-	-	-	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Alcohol/Other Drug Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	3.9 (1.2-12.0)	10.1 (5.3-18.3)	22.0 (11.4-38.1)	-	
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	8.6 (4.0-17.6)	15.2 (9.0-24.6)	32.2 (19.3-48.5)	-	
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	5.4 (2.1-13.4)	6.8 (3.4-13.1)	11.1 (5.2-22.1)	-	
QN44: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)	-	-	-	-	
QN46: Percentage of students who tried marijuana for the first time before age 13 years	2.6 (0.5-12.5)	5.5 (2.5-12.0)	4.8 (1.7-12.6)	-	
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	8.3 (3.8-17.1)	15.0 (9.0-24.1)	28.0 (16.6-43.0)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Alcohol/Other Drug Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)	3.0 (1.1-7.6)	12.2 (6.7-21.2)	12.4 (5.4-26.2)	-	
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	10.1 (5.0-19.2)	10.4 (5.5-18.6)	13.6 (5.5-29.8)	-	
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	2.1 (0.3-13.5)	1.0 (0.1-6.9)	0.6 (0.1-4.0)	-	
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	2.1 (0.3-13.5)	1.0 (0.1-6.9)	1.2 (0.3-4.7)	-	
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)	2.1 (0.3-13.5)	2.7 (0.9-7.4)	0.6 (0.1-4.1)	-	
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	6.1 (2.7-13.5)	19.9 (12.8-29.8)	19.3 (9.8-34.5)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Sexual Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN57: Percentage of students who ever had sexual intercourse	15.9 (8.8-27.0)	22.4 (14.8-32.4)	26.0 (15.7-39.9)	-	
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	0.0	1.0 (0.3-3.2)	1.5 (0.2-10.3)	-	
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	2.2 (0.5-9.4)	5.5 (2.5-11.6)	6.5 (2.3-17.0)	-	
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	9.9 (5.1-18.4)	16.1 (9.8-25.3)	14.2 (7.8-24.7)	-	
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	-	-	-	-	
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)	-	-	-	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Sexual Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)	3.1 (0.8-11.2)	7.2 (3.2-15.2)	6.6 (1.9-20.3)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Birth Control	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN63: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)	-	-	-	-	
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	-	-	-	-	
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	-	-	-	-	
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	-	-	-	-	
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	-	-	-	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]	15.3 (8.1-27.1)	17.1 (9.8-28.4)	30.6 (17.1-48.6)	-	
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]	14.5 (7.4-26.3)	16.5 (9.9-26.3)	15.8 (7.5-30.3)	-	
QN66: Percentage of students who described themselves as slightly or very overweight	31.3 (20.9-44.0)	23.9 (16.3-33.7)	30.4 (18.1-46.2)	-	
QN67: Percentage of students who were trying to lose weight	39.2 (28.7-50.7)	42.1 (32.7-52.2)	45.8 (30.8-61.5)	-	
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)	42.2 (31.5-53.7)	45.4 (34.9-56.4)	27.5 (16.2-42.6)	-	
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	6.4 (2.2-17.4)	8.3 (4.0-16.3)	22.3 (11.5-38.7)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

[¶]Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Physical Activity	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	49.0 (37.3-60.8)	37.3 (27.4-48.4)	47.2 (33.7-61.2)	-	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	11.1 (5.7-20.6)	17.7 (10.3-28.8)	11.9 (5.7-23.1)	-	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	29.3 (19.3-41.7)	19.7 (13.0-28.7)	32.5 (20.5-47.3)	-	
QN78: Percentage of students who spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	74.7 (62.4-84.0)	79.0 (67.9-87.0)	75.8 (61.8-85.9)	-	
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	12.5 (5.8-24.7)	18.0 (11.7-26.8)	5.1 (2.3-11.0)	-	
QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)	29.5 (20.0-41.1)	29.5 (19.4-42.2)	19.4 (10.4-33.3)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Other	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	74.6 (64.1-82.8)	64.5 (52.5-74.9)	74.4 (59.1-85.4)	-	
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	2.3 (0.6-9.1)	3.2 (1.0-9.7)	0.0	-	
QN87: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	3.9 (1.0-14.1)	1.0 (0.1-7.1)	0.0	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN89: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)	56.3 (40.0-71.3)	77.5 (64.7-86.7)	93.0 (78.9-97.9)	-	
QN90: Percentage of students who did not always wear a seat belt when driving (among students who drive a car)	14.9 (6.4-31.0)	24.1 (14.2-37.9)	33.1 (17.8-53.2)	-	
QN91: Percentage of students who carried a weapon (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	8.9 (3.7-19.8)	8.8 (4.5-16.5)	8.3 (3.8-17.0)	-	
QN92: Percentage of students who reported that an adult or person at least 5 years older than them made them do sexual things they did not want to do (counting such things as kissing, touching, or being made to have sexual intercourse)	6.0 (2.1-15.6)	7.9 (3.9-15.3)	5.8 (2.0-15.2)	-	
QN93: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	-	27.1 (16.3-41.6)	-	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN94: Percentage of students who have experienced an unwanted sexual advance because of another student's drinking (one or more times during the 12 months before the survey)	1.4 (0.5-4.5)	0.8 (0.2-3.4)	3.6 (0.7-17.1)	-	
QN95: Percentage of students who forced someone they were dating or going out with to do sexual things that they did not want to do (counting such things as kissing, touching, or physically forcing them to have sexual intercourse, among students who dated or went out with someone during the 12 months before the survey)	-	0.0	-	-	
QN96: Percentage of students who reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down (during their life)	14.2 (8.3-23.4)	15.3 (9.3-24.1)	14.8 (7.5-27.2)	-	
QN97: Percentage of students who reported that a parent or other adult in their home most of the time or always hit, beat, kicked, or physically hurt them in any way (during their life)	2.5 (0.7-8.4)	2.8 (1.1-7.1)	10.5 (4.1-24.3)	-	
QN98: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	5.1 (1.7-14.3)	0.3 (0.0-2.4)	0.5 (0.1-3.8)	-	
QN99: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)	20.6 (11.0-35.3)	10.5 (5.2-19.8)	21.5 (10.6-38.8)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN100: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)	6.1 (2.4-14.8)	5.4 (2.3-12.2)	1.2 (0.3-4.7)	-	
QN101: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)	66.0 (54.5-76.0)	52.5 (41.2-63.5)	49.4 (34.5-64.5)	-	
QN102: Percentage of students who did not drink a bottle or glass of plain water (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	9.5 (4.1-20.5)	11.8 (5.7-22.8)	5.5 (1.2-21.7)	-	
QN103: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not counting soda or pop, one or more times per day during the 7 days before the survey)	17.1 (9.9-27.9)	23.7 (15.4-34.5)	19.9 (10.3-35.0)	-	
QN104: Percentage of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey)	74.6 (63.8-83.0)	63.9 (50.6-75.4)	62.2 (48.1-74.5)	-	
QN105: Percentage of students who have ever been told by a doctor or a nurse that they have asthma	24.5 (15.5-36.4)	26.0 (17.7-36.5)	19.8 (10.7-33.8)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN106: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	4.6 (1.5-13.5)	4.3 (1.5-11.7)	6.7 (1.7-22.7)	-	
QN107: Percentage of students who reported that an adult in their household most of the time or always tried hard to make sure their basic needs were met (such as looking after their safety and making sure they had clean clothes and enough to eat, during their life)	86.1 (75.4-92.6)	84.1 (73.1-91.2)	92.2 (77.7-97.6)	-	
QN108: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	6.0 (2.1-15.8)	2.8 (0.9-8.3)	0.6 (0.1-4.3)	-	
QN109: Percentage of students who were injured on the job badly enough that they needed to go to a nurse, doctor, or hospital (among students who worked for pay during the 12 months before the survey)	0.0	12.3 (6.0-23.8)	3.2 (1.0-9.9)	-	
QN110: Percentage of students who reported that either of their parents or other adults in their family are serving on active duty in the military	3.7 (1.4-9.3)	3.7 (1.5-8.7)	7.1 (3.0-15.9)	-	
QN111: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use	16.3 (9.2-27.2)	29.6 (21.5-39.4)	35.7 (22.5-51.6)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN112: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal	27.6 (18.4-39.3)	27.4 (19.1-37.7)	20.4 (11.6-33.5)	-	
QN113: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	3.9 (1.1-12.5)	10.7 (5.6-19.4)	16.8 (8.4-30.8)	-	
QN114: Percentage of students who most of the time or always feel that they are able to talk to an adult in their family or another caring adult about their feelings (during their life)	47.6 (36.0-59.5)	40.6 (30.5-51.5)	40.3 (26.2-56.2)	-	
QN115: Percentage of students who have ever seen pornography, also called porn, either on purpose or by accident (counting any porn that they saw, including pictures, on TV, phones, computers, or iPads or other tablets, in books, magazines, or movie theaters)	67.8 (55.5-78.0)	71.5 (60.1-80.7)	79.4 (64.0-89.3)	-	
QN116: Percentage of students who have ever been forced to work or do something illegal by someone who got money or something of value for what they did	2.7 (0.5-12.7)	0.6 (0.1-2.5)	3.2 (0.8-12.2)	-	
QN117: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	59.5 (48.2-69.9)	45.8 (35.6-56.3)	67.2 (52.0-79.4)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN118: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)	75.6 (64.3-84.2)	63.6 (52.4-73.4)	42.1 (27.2-58.6)	-	
QN119: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana	58.5 (47.0-69.1)	54.1 (43.2-64.6)	31.5 (18.6-48.1)	-	
QN120: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	84.5 (73.9-91.3)	79.4 (70.1-86.4)	76.3 (61.8-86.5)	-	
QN121: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)	5.3 (1.7-15.4)	6.8 (3.2-13.8)	9.5 (3.4-23.9)	-	
QN122: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)	93.9 (84.6-97.8)	85.6 (76.2-91.7)	83.6 (68.1-92.4)	-	
QN123: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana	90.5 (80.9-95.6)	80.2 (70.0-87.6)	81.1 (68.1-89.5)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN124: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	95.4 (87.1-98.5)	88.9 (80.9-93.7)	97.7 (92.8-99.3)	-	
QN125: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)	15.4 (9.3-24.5)	21.0 (13.7-30.7)	26.2 (14.3-43.0)	-	
QN126: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to	11.6 (6.1-20.8)	20.8 (12.5-32.5)	33.5 (20.6-49.4)	-	
QN127: Percentage of students who think it would be very easy for them to get a prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	4.5 (1.6-11.6)	6.7 (2.8-15.4)	7.2 (1.8-25.2)	-	
QN128: Percentage of students who disagree or strongly disagree that students help decide what goes on in their school	24.0 (14.9-36.3)	21.5 (13.7-32.1)	14.1 (6.4-28.2)	-	
QNWATER1: Percentage of students who drank a bottle or glass of plain water one or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	81.3 (70.2-88.9)	60.1 (48.4-70.8)	69.9 (55.3-81.3)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNWATER2: Percentage of students who drank a bottle or glass of plain water two or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	73.1 (60.1-83.1)	57.2 (45.6-68.2)	69.1 (54.5-80.6)	-	
QNWATER3: Percentage of students who drank a bottle or glass of plain water three or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	55.4 (43.7-66.5)	43.1 (32.0-54.9)	54.2 (40.2-67.6)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Black* Mental Health Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN85: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	16.8 (10.1-26.8)	23.8 (15.5-34.6)	32.9 (20.3-48.5)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey
Risk Behaviors and Academic Achievement Report

Hispanic/Latino

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)	37.4 (31.7-43.4)	44.4 (39.2-49.6)	54.4 (45.0-63.4)	65.4 (52.8-76.1)	Yes
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	18.8 (14.5-24.0)	17.1 (13.5-21.5)	16.2 (10.3-24.6)	33.8 (23.7-45.6)	Yes
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	7.5 (4.1-13.5)	5.0 (2.7-9.1)	0.0	23.7 (12.3-40.8)	Yes
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	36.7 (28.4-45.8)	44.4 (36.7-52.3)	36.6 (22.8-53.0)	42.2 (27.7-58.1)	No
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	3.5 (1.8-6.6)	2.8 (1.5-5.1)	2.2 (0.8-5.8)	11.5 (6.1-20.5)	No
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	8.1 (5.5-11.8)	13.3 (10.2-17.1)	14.8 (9.1-23.2)	32.1 (23.4-42.3)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	4.9 (2.9-8.0)	7.4 (5.0-10.8)	12.0 (6.7-20.8)	23.1 (15.0-34.0)	Yes
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	17.3 (13.4-22.1)	19.9 (15.9-24.6)	23.2 (15.9-32.5)	35.7 (25.6-47.3)	No
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	6.1 (3.8-9.6)	3.5 (2.2-5.5)	4.5 (2.2-9.0)	15.1 (8.5-25.3)	Yes
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood	23.5 (18.6-29.3)	29.1 (24.4-34.3)	33.9 (26.2-42.6)	45.1 (33.8-56.9)	Yes
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	11.3 (8.0-15.8)	11.3 (8.5-14.7)	10.8 (6.5-17.5)	23.6 (15.2-34.8)	Yes
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)	11.7 (8.6-15.7)	14.5 (10.9-19.0)	16.9 (10.9-25.4)	25.5 (16.1-37.8)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	13.9 (8.7-21.4)	8.3 (5.3-12.7)	6.9 (2.9-15.2)	19.2 (9.7-34.4)	No
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	13.8 (9.1-20.4)	10.5 (6.9-15.7)	5.3 (2.1-12.9)	20.1 (10.7-34.6)	No
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	18.3 (14.1-23.5)	15.9 (12.3-20.2)	15.7 (10.6-22.7)	31.6 (22.3-42.7)	Yes
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	21.1 (16.7-26.4)	19.8 (15.8-24.5)	17.3 (11.6-24.9)	25.5 (17.4-35.7)	No
QN25: Percentage of students who felt sad or hopeless (almost every day for ≥ 2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	45.1 (39.0-51.4)	50.0 (44.7-55.4)	54.5 (45.2-63.5)	77.0 (65.1-85.8)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	22.8 (18.1-28.3)	25.5 (21.2-30.4)	25.1 (18.1-33.7)	46.3 (33.7-59.5)	Yes
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	19.7 (15.6-24.6)	21.5 (17.5-26.0)	20.4 (14.2-28.4)	40.5 (28.6-53.7)	Yes
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	12.7 (8.9-17.7)	12.7 (9.4-17.0)	9.1 (5.2-15.5)	28.1 (17.0-42.8)	Yes
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	4.3 (2.4-7.7)	2.1 (1.1-3.9)	3.7 (1.6-8.2)	10.1 (4.6-20.5)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino Tobacco Use

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])	31.6 (26.1-37.8)	39.8 (34.7-45.1)	40.2 (31.3-49.8)	58.8 (46.3-70.2)	Yes
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	14.3 (10.3-19.6)	16.0 (12.3-20.7)	20.8 (14.3-29.3)	40.5 (28.6-53.7)	Yes
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	6.3 (4.0-9.8)	7.1 (4.7-10.5)	9.5 (5.4-16.3)	20.3 (12.4-31.5)	Yes
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	4.9 (2.9-8.1)	4.6 (2.8-7.4)	9.0 (4.9-15.8)	16.2 (9.4-26.7)	Yes
QN36: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)	10.1 (3.6-25.2)	3.1 (0.7-12.1)	10.4 (3.2-29.3)	4.8 (1.5-14.4)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino
Tobacco Use

Percentage of students who engaged in each risk behavior, by
type of grades mostly earned in school

Health Risk Behavior	A's	B's	C's	D's/F's	Significant Association*
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN39: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	34.5 (23.1-47.9)	56.0 (44.6-66.9)	39.1 (24.9-55.5)	41.6 (25.0-60.3)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino Alcohol/Other Drug Use

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	13.0 (9.6-17.4)	12.3 (9.1-16.5)	18.8 (12.5-27.3)	27.3 (18.0-39.2)	Yes
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	17.0 (13.0-21.9)	20.5 (16.4-25.2)	26.1 (18.2-35.9)	31.2 (20.9-43.7)	No
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	8.9 (6.2-12.7)	13.1 (9.9-17.2)	10.1 (5.9-16.8)	26.7 (17.3-38.9)	Yes
QN44: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)	38.4 (25.8-52.9)	42.4 (31.3-54.2)	36.4 (19.8-57.0)	-	
QN46: Percentage of students who tried marijuana for the first time before age 13 years	7.1 (4.6-10.7)	5.3 (3.2-8.6)	6.0 (3.0-11.7)	21.5 (12.8-33.8)	Yes
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	14.5 (10.9-19.0)	22.0 (17.9-26.7)	21.9 (15.1-30.6)	44.1 (32.0-56.9)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino Alcohol/Other Drug Use

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)	11.3 (8.1-15.6)	11.3 (8.4-15.0)	13.6 (8.5-21.1)	23.6 (14.8-35.5)	No
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	12.6 (9.1-17.2)	13.0 (9.7-17.4)	14.3 (8.6-22.8)	22.1 (13.4-34.3)	No
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	3.3 (1.7-6.3)	2.3 (1.1-4.8)	0.0	10.2 (5.2-19.0)	Yes
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	4.8 (2.8-8.2)	2.0 (1.0-4.0)	0.7 (0.2-2.9)	9.7 (4.8-18.5)	Yes
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)	4.8 (2.8-8.3)	3.5 (2.1-6.0)	3.5 (1.6-7.4)	13.0 (6.9-23.1)	No
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	18.9 (14.6-24.2)	18.0 (14.5-22.1)	17.8 (11.5-26.4)	24.1 (15.6-35.4)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino Sexual Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN57: Percentage of students who ever had sexual intercourse	26.6 (21.6-32.2)	35.9 (30.5-41.7)	36.0 (26.6-46.5)	53.0 (39.3-66.2)	Yes
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	4.9 (2.9-8.3)	2.1 (1.0-4.3)	3.0 (1.3-7.0)	9.7 (4.6-19.5)	Yes
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	6.2 (3.9-9.7)	5.8 (3.8-8.8)	12.0 (7.0-19.8)	15.0 (7.9-26.7)	No
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	22.5 (17.9-27.9)	24.2 (19.6-29.5)	25.7 (17.7-35.7)	31.4 (20.4-45.1)	No
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	17.3 (9.6-29.0)	21.4 (13.3-32.5)	17.6 (7.6-35.6)	-	
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)	42.5 (29.8-56.2)	52.4 (40.6-64.0)	47.5 (28.6-67.2)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Sexual Behaviors**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)	8.2 (5.4-12.2)	5.9 (4.0-8.6)	10.9 (6.5-17.8)	18.2 (10.3-30.1)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino

Birth Control

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN63: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)	25.2 (15.3-38.7)	22.8 (14.9-33.3)	17.5 (6.9-37.9)	-	
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	13.9 (6.7-26.5)	7.7 (4.0-14.2)	12.1 (4.5-28.9)	-	
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	42.7 (29.3-57.4)	35.5 (25.4-47.2)	31.8 (16.7-52.1)	-	
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	9.6 (4.2-20.5)	12.9 (6.9-22.7)	0.0	-	
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	12.1 (5.8-23.5)	10.8 (5.4-20.3)	13.3 (4.5-33.5)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QNOBESE: Percentage of students who had obesity (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§	19.2 (14.5-25.1)	18.2 (14.0-23.3)	23.2 (15.5-33.4)	13.0 (6.6-24.0)	No
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§	12.6 (8.8-17.6)	15.9 (12.4-20.3)	14.5 (8.8-23.1)	20.4 (11.1-34.4)	No
QN66: Percentage of students who described themselves as slightly or very overweight	33.5 (27.7-39.9)	34.7 (29.8-39.9)	33.7 (25.5-43.0)	38.8 (27.2-51.9)	No
QN67: Percentage of students who were trying to lose weight	47.9 (41.5-54.4)	48.8 (43.4-54.3)	44.5 (35.7-53.7)	46.6 (34.3-59.3)	No
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)	41.2 (35.2-47.5)	31.1 (26.4-36.1)	33.4 (24.9-43.1)	21.2 (12.5-33.6)	Yes
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	8.5 (5.6-12.5)	11.1 (8.1-15.1)	21.8 (14.7-31.0)	22.7 (14.6-33.6)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

§ Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Dietary Behaviors**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	5.4 (3.2-9.1)	8.2 (5.7-11.7)	16.1 (10.0-25.0)	19.3 (11.7-30.2)	Yes
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)	17.4 (12.9-23.1)	19.4 (15.5-23.9)	23.6 (16.4-32.7)	42.2 (31.4-53.8)	Yes
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	29.1 (23.8-35.1)	21.7 (17.5-26.4)	18.1 (12.0-26.3)	6.9 (3.0-15.0)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Physical Activity**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	38.9 (33.0-45.1)	45.6 (40.2-51.0)	34.6 (26.4-43.9)	28.3 (18.4-41.0)	Yes
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	20.6 (15.9-26.3)	14.4 (10.6-19.3)	17.8 (11.8-25.8)	23.3 (14.5-35.1)	No
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	17.1 (13.2-21.9)	24.9 (20.4-29.9)	19.8 (13.5-28.1)	13.7 (6.8-25.6)	No
QN78: Percentage of students who spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	79.7 (74.0-84.3)	75.5 (70.9-79.5)	72.0 (62.0-80.1)	83.1 (71.4-90.7)	No
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	15.9 (12.0-20.9)	16.1 (12.4-20.5)	10.1 (5.3-18.2)	25.6 (16.8-36.9)	No
QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)	26.6 (21.3-32.7)	20.6 (16.4-25.5)	18.0 (11.7-26.6)	16.6 (8.9-28.9)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino
Other

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	74.8 (69.4-79.5)	75.7 (71.1-79.8)	63.1 (53.6-71.8)	60.8 (49.3-71.2)	Yes
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	3.9 (2.1-7.2)	1.3 (0.5-3.1)	2.4 (0.7-8.1)	5.8 (2.6-12.5)	No
QN87: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	1.8 (0.8-4.3)	1.9 (0.9-3.8)	4.7 (1.9-11.4)	12.2 (6.3-22.4)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Site-Added**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN89: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)	68.1 (61.0-74.5)	78.5 (72.6-83.5)	88.2 (77.8-94.1)	82.6 (66.8-91.8)	Yes
QN90: Percentage of students who did not always wear a seat belt when driving (among students who drive a car)	13.2 (8.5-19.8)	14.9 (10.5-20.6)	31.4 (19.8-45.9)	42.1 (27.9-57.8)	Yes
QN91: Percentage of students who carried a weapon (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	11.5 (8.4-15.7)	11.0 (8.3-14.4)	14.1 (8.5-22.6)	18.6 (11.2-29.2)	No
QN92: Percentage of students who reported that an adult or person at least 5 years older than them made them do sexual things they did not want to do (counting such things as kissing, touching, or being made to have sexual intercourse)	14.0 (10.4-18.6)	13.3 (10.2-17.2)	16.0 (10.4-23.8)	21.6 (13.5-32.7)	No
QN93: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	42.2 (34.2-50.6)	39.0 (32.7-45.8)	26.9 (17.1-39.7)	44.9 (31.0-59.6)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Site-Added**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN94: Percentage of students who have experienced an unwanted sexual advance because of another student's drinking (one or more times during the 12 months before the survey)	6.9 (4.4-10.7)	4.9 (3.1-7.7)	8.9 (5.0-15.2)	10.4 (5.4-18.9)	No
QN95: Percentage of students who forced someone they were dating or going out with to do sexual things that they did not want to do (counting such things as kissing, touching, or physically forcing them to have sexual intercourse, among students who dated or went out with someone during the 12 months before the survey)	6.8 (3.4-13.1)	2.5 (1.2-4.9)	6.3 (2.6-14.2)	13.5 (6.5-25.8)	Yes
QN96: Percentage of students who reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down (during their life)	17.5 (13.1-22.9)	22.8 (18.7-27.5)	19.8 (13.1-28.9)	41.1 (30.7-52.4)	Yes
QN97: Percentage of students who reported that a parent or other adult in their home most of the time or always hit, beat, kicked, or physically hurt them in any way (during their life)	3.7 (2.0-6.7)	4.5 (2.6-7.5)	10.1 (5.3-18.3)	10.4 (5.3-19.4)	No
QN98: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	3.3 (1.8-5.8)	3.4 (2.0-5.6)	4.0 (1.5-10.3)	8.7 (4.1-17.5)	No
QN99: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)	22.5 (17.0-29.2)	19.1 (14.3-25.0)	16.5 (9.9-26.2)	24.1 (15.0-36.4)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Site-Added**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN100: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)	4.6 (2.8-7.4)	8.9 (6.1-12.8)	5.7 (2.8-11.3)	18.2 (10.8-29.1)	Yes
QN101: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)	58.4 (52.0-64.5)	51.0 (45.5-56.4)	53.0 (43.8-62.0)	39.3 (28.2-51.6)	No
QN102: Percentage of students who did not drink a bottle or glass of plain water (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	7.9 (5.1-12.1)	3.1 (1.7-5.4)	1.5 (0.4-5.3)	18.3 (9.9-31.5)	Yes
QN103: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not counting soda or pop, one or more times per day during the 7 days before the survey)	17.2 (13.2-22.3)	17.3 (13.9-21.5)	18.6 (12.3-27.3)	22.0 (13.9-33.0)	No
QN104: Percentage of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey)	71.4 (65.9-76.3)	81.9 (77.3-85.8)	60.9 (51.2-69.8)	57.1 (43.9-69.3)	Yes
QN105: Percentage of students who have ever been told by a doctor or a nurse that they have asthma	21.9 (17.4-27.2)	27.4 (22.4-33.0)	28.8 (21.3-37.8)	24.0 (15.3-35.5)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Site-Added**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN106: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	4.9 (2.8-8.6)	2.6 (1.5-4.5)	9.0 (4.9-15.9)	17.9 (10.0-29.8)	Yes
QN107: Percentage of students who reported that an adult in their household most of the time or always tried hard to make sure their basic needs were met (such as looking after their safety and making sure they had clean clothes and enough to eat, during their life)	84.3 (79.2-88.4)	86.7 (82.3-90.1)	79.6 (70.5-86.4)	69.7 (57.2-79.8)	Yes
QN108: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	2.6 (1.3-5.1)	2.1 (1.0-4.4)	7.9 (3.9-15.2)	10.3 (5.2-19.6)	Yes
QN109: Percentage of students who were injured on the job badly enough that they needed to go to a nurse, doctor, or hospital (among students who worked for pay during the 12 months before the survey)	4.0 (1.9-8.5)	6.8 (4.0-11.5)	9.6 (4.6-18.9)	20.9 (10.7-36.7)	Yes
QN110: Percentage of students who reported that either of their parents or other adults in their family are serving on active duty in the military	11.3 (7.7-16.2)	14.9 (11.4-19.2)	9.1 (5.0-16.2)	17.4 (9.9-28.8)	No
QN111: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use	32.7 (27.3-38.5)	33.1 (28.3-38.4)	36.9 (28.0-46.7)	45.2 (33.0-58.1)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Site-Added**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN112: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal	41.0 (34.7-47.7)	36.5 (31.4-41.8)	39.1 (30.4-48.5)	58.2 (44.9-70.4)	Yes
QN113: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	15.8 (11.9-20.7)	16.1 (12.6-20.3)	20.8 (14.4-29.1)	32.7 (22.4-44.9)	Yes
QN114: Percentage of students who most of the time or always feel that they are able to talk to an adult in their family or another caring adult about their feelings (during their life)	40.1 (33.8-46.8)	35.3 (30.3-40.6)	37.1 (28.3-46.8)	14.5 (7.8-25.2)	Yes
QN115: Percentage of students who have ever seen pornography, also called porn, either on purpose or by accident (counting any porn that they saw, including pictures, on TV, phones, computers, or iPads or other tablets, in books, magazines, or movie theaters)	72.3 (66.1-77.7)	72.5 (67.5-77.1)	71.2 (60.8-79.8)	72.9 (59.5-83.1)	No
QN116: Percentage of students who have ever been forced to work or do something illegal by someone who got money or something of value for what they did	6.2 (3.6-10.4)	3.0 (1.6-5.4)	7.1 (3.0-16.0)	13.9 (7.1-25.5)	Yes
QN117: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	49.1 (42.7-55.6)	52.6 (47.2-57.9)	36.8 (27.6-47.1)	43.7 (31.6-56.6)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Site-Added**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN118: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)	65.7 (59.6-71.2)	60.8 (54.8-66.5)	56.0 (46.2-65.4)	39.2 (27.7-52.0)	Yes
QN119: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana	50.0 (43.4-56.6)	47.5 (41.8-53.2)	48.4 (38.8-58.1)	28.1 (17.5-42.0)	No
QN120: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	80.9 (75.7-85.2)	78.8 (74.1-82.9)	81.0 (72.8-87.2)	74.2 (63.3-82.7)	No
QN121: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)	6.3 (3.9-10.1)	5.7 (3.6-8.8)	11.5 (6.1-20.9)	11.8 (5.7-22.9)	No
QN122: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)	86.6 (82.0-90.2)	85.3 (80.7-88.9)	83.5 (75.2-89.4)	77.4 (65.1-86.3)	No
QN123: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana	82.3 (77.3-86.4)	81.6 (77.1-85.3)	79.0 (70.8-85.3)	69.3 (56.6-79.6)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Site-Added**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN124: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	90.1 (85.9-93.1)	91.3 (87.1-94.2)	88.3 (80.5-93.3)	82.2 (71.5-89.5)	No
QN125: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)	27.1 (21.9-32.9)	24.3 (20.0-29.2)	27.6 (20.0-36.9)	42.1 (29.2-56.2)	No
QN126: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to	25.0 (20.3-30.4)	28.6 (24.1-33.6)	31.0 (23.2-40.1)	45.7 (34.0-57.8)	Yes
QN127: Percentage of students who think it would be very easy for them to get a prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	8.9 (6.2-12.6)	5.1 (3.3-7.9)	8.7 (4.9-15.0)	16.5 (8.5-29.7)	Yes
QN128: Percentage of students who disagree or strongly disagree that students help decide what goes on in their school	26.1 (20.8-32.1)	18.4 (14.6-23.0)	21.3 (14.5-30.1)	28.2 (18.0-41.2)	No
QNWATER1: Percentage of students who drank a bottle or glass of plain water one or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	82.1 (76.6-86.5)	78.2 (73.8-82.1)	74.2 (65.0-81.7)	50.0 (37.1-62.9)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino
Site-Added

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QNWATER2: Percentage of students who drank a bottle or glass of plain water two or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	75.0 (68.9-80.2)	73.4 (68.8-77.6)	65.8 (56.4-74.1)	47.8 (35.6-60.3)	Yes
QNWATER3: Percentage of students who drank a bottle or glass of plain water three or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	58.2 (51.7-64.5)	54.9 (49.8-60.0)	49.8 (40.6-59.1)	41.2 (29.2-54.3)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Mental Health**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN85: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	33.9 (28.0-40.4)	33.2 (28.6-38.2)	31.4 (23.8-40.1)	51.9 (39.7-64.0)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White*		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
Unintentional Injuries/Violence		A's	B's	C's	D's/F's	
Health Risk Behavior		% 95% CI[§]	% 95% CI	% 95% CI	% 95% CI	
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)		20.8 (19.4-22.4)	32.1 (30.2-33.9)	46.0 (42.7-49.4)	55.9 (50.3-61.4)	Yes
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)		12.8 (11.6-14.0)	14.7 (13.4-16.1)	17.7 (15.3-20.4)	22.8 (18.4-27.9)	Yes
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)		3.3 (2.5-4.4)	4.6 (3.6-5.8)	4.7 (3.1-7.2)	10.3 (6.4-16.3)	Yes
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)		45.0 (42.0-48.1)	44.0 (40.9-47.1)	43.2 (38.6-47.8)	40.0 (32.3-48.2)	No
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)		1.4 (1.1-1.8)	2.4 (1.9-3.1)	4.3 (3.1-5.8)	7.9 (5.3-11.6)	Yes
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)		5.9 (5.2-6.7)	9.3 (8.2-10.5)	11.8 (9.7-14.2)	22.2 (17.7-27.4)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White*		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
Unintentional Injuries/Violence		A's	B's	C's	D's/F's	
Health Risk Behavior		% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)		3.7 (3.1-4.4)	6.6 (5.7-7.6)	9.4 (7.7-11.4)	15.8 (12.0-20.6)	Yes
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)		9.1 (8.1-10.2)	17.6 (16.2-19.1)	26.6 (23.8-29.7)	34.7 (29.7-40.1)	Yes
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)		2.1 (1.6-2.6)	4.9 (4.2-5.8)	8.6 (6.7-10.8)	12.2 (9.1-16.1)	Yes
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood		9.5 (8.6-10.5)	16.6 (15.2-18.1)	22.6 (20.0-25.5)	32.5 (27.3-38.1)	Yes
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)		5.6 (4.9-6.5)	9.2 (8.1-10.5)	11.6 (9.5-14.0)	17.8 (13.8-22.5)	Yes
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)		9.1 (8.0-10.2)	12.0 (10.6-13.4)	14.1 (11.8-16.7)	19.0 (14.7-24.2)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey
Risk Behaviors and Academic Achievement Report

White* Unintentional Injuries/Violence	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	9.0 (7.6-10.6)	8.9 (7.5-10.7)	11.1 (8.7-14.1)	11.1 (7.1-16.8)	Yes
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	5.9 (4.8-7.1)	8.6 (7.3-10.2)	10.5 (8.3-13.4)	16.7 (12.1-22.7)	Yes
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	15.3 (14.1-16.6)	21.0 (19.6-22.6)	24.5 (22.0-27.3)	36.0 (30.8-41.6)	Yes
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	16.8 (15.5-18.1)	23.5 (21.8-25.3)	27.6 (24.9-30.6)	37.7 (32.0-43.8)	Yes
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	36.3 (34.5-38.2)	44.3 (42.3-46.4)	55.1 (51.7-58.5)	71.3 (65.8-76.2)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White*		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
Unintentional Injuries/Violence		A's	B's	C's	D's/F's	
Health Risk Behavior		% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)		17.5 (16.1-18.9)	24.7 (23.0-26.5)	33.8 (30.7-37.0)	46.8 (41.2-52.5)	Yes
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)		13.4 (12.3-14.7)	19.3 (17.7-21.0)	27.4 (24.6-30.5)	37.6 (32.5-43.0)	Yes
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)		4.4 (3.7-5.3)	9.9 (8.8-11.2)	16.2 (13.8-19.0)	24.0 (19.4-29.2)	Yes
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)		0.9 (0.6-1.3)	2.7 (2.2-3.5)	5.4 (4.0-7.2)	8.6 (5.7-12.8)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])	21.7 (20.1-23.5)	33.0 (31.0-35.1)	46.4 (43.1-49.8)	56.8 (50.6-62.8)	Yes
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	9.6 (8.4-10.9)	17.5 (15.8-19.3)	28.0 (25.0-31.1)	38.7 (33.1-44.5)	Yes
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	2.9 (2.4-3.6)	7.7 (6.6-8.9)	14.1 (11.9-16.7)	22.5 (18.0-27.6)	Yes
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	1.9 (1.5-2.5)	5.4 (4.6-6.4)	11.0 (9.0-13.4)	17.8 (13.7-22.9)	Yes
QN36: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)	5.1 (3.1-8.4)	6.5 (4.2-9.8)	4.4 (2.2-8.6)	3.5 (1.5-8.1)	No

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey
Risk Behaviors and Academic Achievement Report

White* Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN39: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	48.9 (44.0-53.8)	50.7 (46.5-54.9)	49.4 (43.9-55.0)	49.5 (41.4-57.6)	No

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Alcohol/Other Drug Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	6.1 (5.4-6.9)	9.6 (8.5-10.8)	13.0 (10.8-15.5)	23.4 (19.1-28.4)	Yes
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	19.3 (17.4-21.2)	22.8 (21.0-24.6)	26.2 (23.1-29.6)	36.0 (30.6-41.8)	Yes
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	10.4 (9.0-11.9)	11.9 (10.6-13.3)	12.7 (10.6-15.2)	19.8 (16.0-24.3)	Yes
QN44: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)	45.9 (41.8-50.1)	40.5 (36.5-44.7)	34.7 (28.7-41.4)	35.1 (26.2-45.3)	No
QN46: Percentage of students who tried marijuana for the first time before age 13 years	1.6 (1.2-2.0)	3.6 (2.9-4.3)	7.2 (5.7-9.1)	16.5 (13.0-20.8)	Yes
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	11.3 (10.0-12.6)	19.2 (17.5-20.9)	27.1 (24.0-30.4)	40.7 (35.2-46.5)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Alcohol/Other Drug Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)	6.6 (5.7-7.6)	10.3 (9.2-11.6)	14.4 (12.2-17.0)	23.8 (19.4-28.9)	Yes
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	6.2 (5.4-7.1)	9.9 (8.8-11.1)	13.2 (10.9-15.8)	20.5 (16.4-25.3)	Yes
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	0.7 (0.4-1.1)	0.9 (0.6-1.3)	0.9 (0.4-1.8)	4.3 (2.5-7.2)	Yes
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	0.8 (0.5-1.3)	1.1 (0.8-1.7)	1.3 (0.7-2.6)	5.1 (3.1-8.3)	Yes
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)	1.2 (0.9-1.7)	2.1 (1.6-2.8)	2.5 (1.7-3.7)	8.6 (5.8-12.5)	Yes
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	12.9 (11.7-14.2)	15.7 (14.3-17.1)	19.5 (17.0-22.3)	28.1 (23.5-33.2)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Sexual Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN57: Percentage of students who ever had sexual intercourse	23.4 (21.5-25.4)	31.9 (29.9-34.0)	40.4 (36.8-44.0)	50.3 (44.7-55.9)	Yes
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	1.0 (0.8-1.4)	2.2 (1.7-2.8)	2.6 (1.8-3.8)	7.0 (4.7-10.2)	Yes
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	2.4 (1.9-3.0)	5.6 (4.7-6.7)	7.2 (5.5-9.3)	14.0 (10.2-18.8)	Yes
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	17.5 (15.9-19.3)	23.9 (22.0-25.8)	28.5 (25.5-31.8)	37.7 (32.1-43.8)	Yes
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	12.7 (10.2-15.7)	18.2 (15.3-21.5)	21.2 (16.4-27.1)	31.8 (23.6-41.3)	Yes
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)	57.8 (53.5-62.0)	50.3 (46.5-54.2)	53.0 (46.7-59.2)	35.2 (26.1-45.5)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Sexual Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)	4.5 (3.8-5.5)	5.5 (4.5-6.6)	6.6 (5.1-8.5)	10.1 (6.9-14.5)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Birth Control	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN63: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)	38.0 (33.1-43.2)	29.0 (25.5-32.8)	25.2 (19.9-31.4)	30.7 (21.8-41.4)	No
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	11.0 (8.7-13.8)	13.8 (11.3-16.8)	12.2 (8.7-16.9)	13.5 (7.2-23.7)	No
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	51.1 (46.2-55.9)	45.9 (41.7-50.2)	42.7 (36.6-49.1)	47.5 (37.3-58.0)	No
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	21.3 (17.6-25.6)	12.9 (10.5-15.9)	16.7 (12.3-22.4)	9.6 (4.7-18.6)	Yes
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	3.4 (2.1-5.4)	6.9 (4.9-9.6)	9.6 (6.4-14.0)	14.3 (8.5-23.1)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNOBESE: Percentage of students who had obesity (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]	8.8 (7.9-9.9)	12.5 (11.2-13.8)	21.5 (18.8-24.5)	24.2 (19.4-29.6)	Yes
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]	11.8 (10.8-13.0)	14.3 (12.9-15.7)	16.5 (14.0-19.3)	13.7 (10.0-18.5)	Yes
QN66: Percentage of students who described themselves as slightly or very overweight	24.9 (23.4-26.5)	30.4 (28.7-32.1)	37.1 (33.9-40.4)	43.7 (38.0-49.6)	Yes
QN67: Percentage of students who were trying to lose weight	39.4 (37.7-41.1)	43.1 (41.1-45.1)	45.6 (42.0-49.3)	51.4 (45.6-57.1)	Yes
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)	49.0 (47.2-50.9)	35.6 (33.8-37.4)	29.5 (26.6-32.5)	25.8 (21.1-31.1)	Yes
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	4.6 (3.9-5.4)	9.2 (8.2-10.4)	14.7 (12.5-17.3)	23.8 (19.3-29.0)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

[§]Confidence interval.

[¶]Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	2.4 (1.9-3.0)	5.7 (4.8-6.6)	8.9 (7.1-11.0)	16.7 (13.1-21.1)	Yes
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)	12.5 (11.4-13.8)	18.5 (17.0-20.2)	24.8 (22.1-27.8)	30.7 (26.0-35.7)	Yes
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	36.7 (35.0-38.4)	26.5 (24.7-28.4)	16.8 (14.3-19.6)	11.1 (7.8-15.5)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Physical Activity	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	51.5 (49.7-53.2)	48.1 (46.1-50.1)	38.5 (35.1-41.9)	34.7 (29.7-40.1)	Yes
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	9.5 (8.5-10.6)	11.7 (10.5-13.1)	16.4 (13.7-19.5)	20.4 (16.2-25.3)	Yes
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	24.3 (22.9-25.8)	24.6 (22.9-26.3)	19.4 (16.9-22.3)	19.1 (15.1-23.8)	Yes
QN78: Percentage of students who spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	76.9 (75.4-78.3)	79.9 (78.3-81.4)	83.5 (81.0-85.8)	85.4 (80.4-89.4)	Yes
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	9.8 (8.9-10.9)	12.5 (11.2-13.8)	13.8 (11.5-16.3)	17.4 (13.8-21.8)	Yes
QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)	27.2 (25.6-28.8)	22.3 (20.6-24.1)	18.4 (16.0-21.1)	12.7 (9.5-16.9)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Other	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	87.4 (86.2-88.6)	78.9 (77.3-80.4)	71.2 (67.9-74.2)	66.8 (61.3-71.8)	Yes
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	0.5 (0.3-0.8)	1.2 (0.9-1.8)	0.9 (0.5-1.8)	2.6 (1.4-4.9)	Yes
QN87: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	0.8 (0.6-1.2)	1.1 (0.8-1.6)	2.2 (1.4-3.4)	4.5 (2.8-7.1)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN89: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)	42.2 (39.9-44.5)	60.2 (57.9-62.6)	72.2 (68.6-75.6)	82.5 (76.4-87.3)	Yes
QN90: Percentage of students who did not always wear a seat belt when driving (among students who drive a car)	7.5 (6.4-8.8)	14.3 (12.5-16.3)	23.1 (19.5-27.1)	31.2 (24.5-38.7)	Yes
QN91: Percentage of students who carried a weapon (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	10.1 (9.1-11.2)	16.8 (15.3-18.3)	24.3 (21.5-27.2)	31.1 (26.3-36.4)	Yes
QN92: Percentage of students who reported that an adult or person at least 5 years older than them made them do sexual things they did not want to do (counting such things as kissing, touching, or being made to have sexual intercourse)	5.3 (4.5-6.1)	7.3 (6.3-8.5)	8.6 (6.9-10.8)	16.8 (12.8-21.6)	Yes
QN93: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	26.2 (24.1-28.4)	32.4 (29.9-35.1)	37.9 (34.0-42.0)	46.5 (40.1-53.1)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN94: Percentage of students who have experienced an unwanted sexual advance because of another student's drinking (one or more times during the 12 months before the survey)	4.3 (3.5-5.2)	5.1 (4.2-6.1)	4.7 (3.5-6.4)	10.2 (7.2-14.1)	Yes
QN95: Percentage of students who forced someone they were dating or going out with to do sexual things that they did not want to do (counting such things as kissing, touching, or physically forcing them to have sexual intercourse, among students who dated or went out with someone during the 12 months before the survey)	2.0 (1.5-2.8)	2.3 (1.6-3.1)	2.3 (1.4-3.8)	4.2 (2.3-7.6)	No
QN96: Percentage of students who reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down (during their life)	10.8 (9.7-12.0)	15.1 (13.7-16.5)	23.7 (21.0-26.6)	33.0 (28.5-37.9)	Yes
QN97: Percentage of students who reported that a parent or other adult in their home most of the time or always hit, beat, kicked, or physically hurt them in any way (during their life)	0.8 (0.6-1.1)	1.4 (1.0-2.0)	3.5 (2.3-5.3)	5.6 (3.6-8.6)	Yes
QN98: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	0.6 (0.4-0.9)	1.3 (0.9-1.8)	2.9 (2.0-4.3)	4.7 (2.7-8.0)	Yes
QN99: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)	26.1 (24.5-27.8)	20.7 (19.1-22.5)	14.3 (12.0-17.0)	12.4 (9.0-16.8)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN100: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)	2.2 (1.8-2.8)	3.8 (3.1-4.5)	7.3 (5.7-9.2)	10.7 (7.7-14.8)	Yes
QN101: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)	68.0 (66.2-69.8)	57.5 (55.5-59.6)	55.7 (52.3-59.0)	52.4 (46.9-57.8)	Yes
QN102: Percentage of students who did not drink a bottle or glass of plain water (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	2.0 (1.5-2.6)	3.4 (2.8-4.2)	3.9 (2.8-5.5)	6.4 (4.4-9.2)	Yes
QN103: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not counting soda or pop, one or more times per day during the 7 days before the survey)	15.5 (14.2-16.8)	18.6 (17.1-20.3)	23.3 (20.3-26.7)	23.8 (19.5-28.7)	Yes
QN104: Percentage of students who saw a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey)	83.7 (82.3-85.0)	79.0 (77.4-80.5)	72.6 (69.6-75.5)	69.5 (64.0-74.4)	Yes
QN105: Percentage of students who have ever been told by a doctor or a nurse that they have asthma	18.5 (17.1-19.9)	18.2 (16.8-19.7)	19.1 (16.5-21.9)	26.3 (21.5-31.6)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN106: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	1.5 (1.2-2.0)	2.8 (2.3-3.5)	4.2 (3.1-5.6)	10.8 (7.7-15.1)	Yes
QN107: Percentage of students who reported that an adult in their household most of the time or always tried hard to make sure their basic needs were met (such as looking after their safety and making sure they had clean clothes and enough to eat, during their life)	93.7 (92.7-94.5)	89.2 (87.8-90.4)	84.6 (81.9-86.9)	83.0 (78.4-86.9)	Yes
QN108: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	0.9 (0.6-1.2)	1.9 (1.4-2.6)	2.3 (1.5-3.6)	3.2 (1.8-5.6)	Yes
QN109: Percentage of students who were injured on the job badly enough that they needed to go to a nurse, doctor, or hospital (among students who worked for pay during the 12 months before the survey)	2.8 (2.2-3.6)	5.6 (4.6-6.8)	7.8 (5.7-10.5)	15.8 (10.9-22.2)	Yes
QN110: Percentage of students who reported that either of their parents or other adults in their family are serving on active duty in the military	6.1 (5.3-6.9)	9.3 (8.2-10.4)	11.8 (9.8-14.1)	10.5 (7.8-14.0)	Yes
QN111: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use	25.0 (23.3-26.7)	31.4 (29.6-33.3)	44.2 (41.0-47.5)	55.4 (49.6-61.1)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN112: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal	37.2 (35.5-39.0)	40.9 (38.8-43.0)	51.3 (48.2-54.3)	60.5 (54.6-66.1)	Yes
QN113: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	6.1 (5.3-7.0)	9.9 (8.8-11.1)	15.2 (12.9-17.7)	22.2 (17.9-27.2)	Yes
QN114: Percentage of students who most of the time or always feel that they are able to talk to an adult in their family or another caring adult about their feelings (during their life)	54.1 (52.4-55.9)	47.0 (45.1-49.0)	35.3 (32.0-38.8)	28.3 (23.3-34.0)	Yes
QN115: Percentage of students who have ever seen pornography, also called porn, either on purpose or by accident (counting any porn that they saw, including pictures, on TV, phones, computers, or iPads or other tablets, in books, magazines, or movie theaters)	72.5 (70.7-74.2)	77.1 (75.4-78.7)	82.1 (79.6-84.4)	84.3 (79.5-88.2)	Yes
QN116: Percentage of students who have ever been forced to work or do something illegal by someone who got money or something of value for what they did	2.5 (2.0-3.2)	3.6 (2.9-4.4)	6.1 (4.7-7.8)	9.3 (6.2-13.6)	Yes
QN117: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	57.2 (55.4-59.0)	46.3 (44.3-48.4)	39.2 (35.7-42.8)	40.7 (35.2-46.4)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN118: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)	71.4 (69.7-73.1)	60.4 (58.5-62.2)	54.4 (50.7-58.0)	39.3 (33.5-45.4)	Yes
QN119: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana	51.2 (48.8-53.6)	43.1 (40.9-45.4)	37.8 (34.1-41.7)	24.8 (20.2-30.0)	Yes
QN120: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	87.2 (86.0-88.3)	80.4 (78.9-81.9)	75.3 (72.3-78.1)	70.3 (64.3-75.7)	Yes
QN121: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)	2.4 (2.0-3.0)	4.9 (4.1-5.9)	8.3 (6.6-10.4)	10.4 (7.4-14.4)	Yes
QN122: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)	91.9 (90.8-92.8)	88.1 (86.7-89.3)	84.1 (81.5-86.4)	80.2 (75.0-84.6)	Yes
QN123: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana	85.0 (83.6-86.2)	78.0 (76.1-79.8)	72.9 (69.9-75.8)	60.2 (54.2-65.9)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN124: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	96.2 (95.4-96.8)	93.0 (91.9-94.0)	91.1 (89.0-92.9)	89.7 (85.8-92.6)	Yes
QN125: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)	24.9 (23.2-26.6)	24.8 (23.1-26.6)	27.7 (24.5-31.2)	31.0 (25.5-37.1)	No
QN126: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to	18.8 (17.2-20.5)	24.9 (23.1-26.7)	34.2 (30.7-37.8)	42.1 (36.3-48.1)	Yes
QN127: Percentage of students who think it would be very easy for them to get a prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)	4.5 (3.8-5.3)	6.0 (5.1-7.0)	8.8 (6.8-11.3)	9.9 (6.8-14.2)	Yes
QN128: Percentage of students who disagree or strongly disagree that students help decide what goes on in their school	21.6 (20.1-23.1)	24.9 (23.1-26.8)	25.7 (22.8-28.9)	35.8 (30.0-42.0)	Yes
QNWATER1: Percentage of students who drank a bottle or glass of plain water one or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	85.3 (84.0-86.5)	78.3 (76.6-79.9)	73.7 (70.7-76.5)	69.1 (63.7-74.0)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNWATER2: Percentage of students who drank a bottle or glass of plain water two or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	77.7 (76.3-79.1)	70.6 (68.8-72.3)	66.3 (63.0-69.5)	59.9 (54.3-65.2)	Yes
QNWATER3: Percentage of students who drank a bottle or glass of plain water three or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey)	59.1 (57.3-60.9)	52.8 (50.9-54.8)	52.1 (48.7-55.6)	45.3 (40.0-50.8)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

New Hampshire High School Survey Risk Behaviors and Academic Achievement Report

White* Mental Health Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
QN85: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	32.7 (31.0-34.5)	36.0 (34.1-38.0)	42.7 (39.2-46.3)	56.1 (50.1-61.9)	Yes

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.