## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12 .
a. 0 course
b. 1 course
c. 2 courses
d. 3 courses

| High Schools |  |  |  | Middle Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $95 \%$ <br> Confidence <br> Interval | N |  | Percent | $95 \%$ <br> Confidence <br> Interval |  |
| Percent | N |  |  |  |  |  |
| 1.0 | $1.0-1.1$ | 94 | 14.9 | $14.8-14.9$ | 141 |  |
| 60.2 | $60.1-60.3$ | 94 | 17.7 | $17.7-17.8$ | 141 |  |
| 23.6 | $23.5-23.7$ | 94 | 17.0 | $17.0-17.1$ | 141 |  |
| 5.3 | $5.3-5.3$ | 94 | 38.3 | $38.2-38.4$ | 141 |  |
| 9.8 | $9.8-9.9$ | 94 | 12.1 | $12.0-12.1$ | 141 |  |


| Junior/Senior High <br> Schools <br> 95\% |  |  |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent | Confidence <br> Interval | N | Percent | $95 \%$ <br> Confidence <br> Interval | N |  |  |
| - | - | 0 | 9.3 | $9.3-9.3$ | 235 |  |  |
| - | - | 0 | 34.9 | $34.9-35.0$ | 235 |  |  |
| - | - | 0 | 19.7 | $19.6-19.7$ | 235 |  |  |
| - | - | 0 | 24.9 | $24.9-25.0$ | 235 |  |  |
| - | - | 0 | 11.2 | $11.1-11.2$ | 235 |  |  |

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results

1N. Percentage of schools that require students to take two or more health education courses.

|  | h Schools |  |  | dle Schools |  | Junior | ior High S |  |  | All Schools |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
|  | Confidence |  |  | Confidence |  |  | Confidence |  |  | Confidence |  |
| Percent | Interval | N | Percent | Interval | N | Percen | Interval | N | Percent | Interval | N |
| 38.7 | 38.7-38.8 | 94 | 67.4 | 67.3-67.4 | 141 |  |  | 0 | 55.8 | 55.7-55.8 | 235 |

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results
2. Percentage of schools that taught a required health education course in each of the following grades.*

*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.
§ Grade is not applicable for type of school
$\mathrm{N}=$ Unweighted number of observations


## NEW HAMPSHIRE

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results
3. Percentage of schools in which those who teach health education are provided with each of the following materials.*

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | $95 \%$ <br> Confidence Interval | N | Percent | $95 \%$ <br> Confidence Interval | N | Percent | $95 \%$ <br> Confidence Interval | N | Percent | $95 \%$ <br> Confidence Interval | N |
| a. Goals, objectives, and expected outcomes for health education | 91.3 | 91.2-91.3 | 91 | 86.3 | 86.2-86.3 | 131 | - | - | 0 | 88.3 | 88.3-88.4 | 222 |
| b. A chart describing the annual scope and sequence of instruction for health education | 79.8 | 79.8-79.9 | 91 | 71.8 | 71.7-71.8 | 131 | - | - | 0 | 75.1 | 75.1-75.2 | 222 |
| c. Plans for how to assess student performance in health education | 80.4 | 80.4-80.5 | 91 | 76.3 | 76.3-76.4 | 131 | - | - | 0 | 78.0 | 78.0-78.1 | 222 |
| d. A written health education curriculum | 83.7 | 83.6-83.7 | 91 | 69.2 | 69.2-69.3 | 130 | - | - | 0 | 75.2 | 75.2-75.3 | 221 |
| e. Written instructional competencies for health education teachers (i.e., the essential knowledge and skills teachers need to be effective educators) | 90.2 | 90.1-90.2 | 91 | 75.2 | 75.1-75.3 | 129 | - | - | 0 | 81.5 | 81.4-81.5 | 220 |

[^0]
## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results4. Percentage of schools in which the health education curriculum addresses each of the following skills.


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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results5. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.*

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N |
| a. An approved health education scope and sequence that includes learning objectives, outcomes, and content to guide sexual health education instruction | 81.8 | 81.8-81.9 | 88 | 72.5 | 72.4-72.6 | 120 | - | - | 0 | 76.5 | 76.4-76.5 | 208 |
| b. A written health education curriculum that includes objectives and content addressing sexual health education | 81.7 | 81.7-81.8 | 87 | 74.6 | 74.5-74.6 | 118 | - | - | 0 | 77.6 | 77.6-77.7 | 205 |
| c. Teacher pacing guides for sexual health education (i.e., schedules that regulate a teacher's pace of the unit or curriculum) | 59.0 | 58.9-59.1 | 88 | 55.8 | 55.8-55.9 | 120 | - | - | 0 | 57.2 | 57.1-57.2 | 208 |
| d. Teaching resources (e.g., lesson plans, handouts) to support sexual health education instruction | 80.8 | 80.7-80.8 | 88 | 72.5 | 72.4-72.6 | 120 | - | - | 0 | 76.0 | 76.0-76.1 | 208 |
| e. Strategies that are age-appropriate, relevant, and actively engage students in learning | 79.4 | 79.3-79.4 | 87 | 78.2 | 78.1-78.2 | 119 | - | - | 0 | 78.7 | 78.6-78.7 | 206 |
| f. Methods to assess student knowledge and skills related to sexual health education | 80.8 | 80.8-80.9 | 88 | 75.0 | 74.9-75.1 | 120 | - | - | 0 | 77.5 | 77.4-77.5 | 208 |

[^1]
## NEW HAMPSHIRE

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results
6. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12 .

| High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percen | Confidence Interval | N | Percent | Confidence Interval | N |
| 100.0 | $\dagger$ | 94 | 85.8 | 85.8-85.9 | 141 |  | - | 0 | 91.6 | 91.5-91.6 | 235 |

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N |
| a. Alcohol- or other drug-use prevention | 99.0 | 98.9-99.0 | 94 | 89.8 | 89.8-89.8 | 147 | - | - | 0 | 93.4 | 93.4-93.4 | 241 |
| b. Asthma | 40.9 | 40.8-41.0 | 94 | 37.4 | 37.4-37.5 | 147 | - | - | 0 | 38.8 | 38.7-38.8 | 241 |
| c. Chronic disease prevention (e.g., diabetes, obesity prevention) | 95.5 | 95.5-95.6 | 94 | 81.9 | 81.8-81.9 | 149 | - | - | 0 | 87.2 | 87.2-87.3 | 243 |
| d. Epilepsy or seizure disorder | 40.0 | 39.9-40.1 | 94 | 25.5 | 25.4-25.6 | 149 | - | - | 0 | 31.2 | 31.1-31.2 | 243 |
| e. Food allergies | 78.9 | 78.9-79.0 | 95 | 65.5 | 65.5-65.6 | 148 | - | - | 0 | 70.8 | 70.8-70.9 | 243 |
| f. Foodborne illness prevention | 75.4 | 75.3-75.5 | 94 | 62.2 | 62.1-62.2 | 148 | - | - | 0 | 67.4 | 67.3-67.4 | 242 |
| g. Human immunodeficiency virus (HIV) prevention | 95.8 | 95.8-95.8 | 93 | 68.1 | 68.1-68.2 | 138 | - | - | 0 | 79.4 | 79.3-79.4 | 231 |
| h. Human sexuality | 96.9 | 96.8-96.9 | 94 | 78.3 | 78.2-78.3 | 138 | - | - | 0 | 85.9 | 85.9-85.9 | 232 |
| i. Infectious disease prevention (e.g., influenza [flu] or COVID-19 prevention) | 95.8 | 95.8-95.8 | 95 | 85.9 | 85.9-86.0 | 149 | - | - | 0 | 89.8 | 89.8-89.8 | 244 |
| j. Injury prevention and safety | 89.6 | 89.6-89.7 | 95 | 81.2 | 81.2-81.3 | 149 | - | - | 0 | 84.5 | 84.5-84.6 | 244 |
| k. Mental and emotional health | 99.0 | 99.0-99.0 | 95 | 91.7 | 91.7-91.8 | 145 | - | - | 0 | 94.6 | 94.6-94.7 | 240 |
| 1. Nutrition and dietary behavior | 99.0 | 98.9-99.0 | 94 | 90.1 | 90.1-90.2 | 142 | - | - | 0 | 93.7 | 93.7-93.7 | 236 |

[^2]$\mathrm{N}=$ Unweighted number of observations

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.
m. Physical activity and fitness
n. Pregnancy prevention
o. Sexually transmitted disease (STD) prevention
p. Sleep health (e.g., how much sleep students need, good sleeping habits)
q. Suicide prevention
r. Tobacco-use prevention or cessation
s. Violence prevention (e.g., bullying, fighting, dating violence prevention)

| High Schools |  |  |
| :---: | :---: | :---: |
|  | $95 \%$ <br> Confidence <br> Interval | N |
| Percent | 98.9-99.0 | 93 |
| 98.9 | 93 |  |
| 95.8 | $95.8-95.9$ | 94 |
| 96.8 | $96.8-96.9$ | 93 |
| 92.4 | $92.3-92.4$ | 94 |
| 99.0 | $98.9-99.0$ | 94 |
| 99.0 | $98.9-99.0$ | 94 |
| 98.9 | $98.9-98.9$ | 91 |


| Middle Schools |  |  |
| :---: | :---: | :---: |
|  | $95 \%$ <br> Confidence <br> Interval | N |
| Percent |  |  |
| 94.6 | $94.5-94.6$ | 147 |
| 71.0 | $71.0-71.1$ | 138 |
| 73.9 | $73.9-74.0$ | 138 |
| 85.2 | $85.2-85.3$ | 149 |
|  |  |  |
| 81.2 | $81.2-81.3$ | 149 |
| 87.6 | $87.5-87.6$ | 145 |
| 91.6 | $91.6-91.6$ | 143 |


| Junior/Senior High <br> Schools <br> 95\% |  |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent | Confidence <br> Interval | N | Percent | $95 \%$ <br> Confidence <br> Interval | N |  |
| - | - | 0 | 96.3 | $96.3-96.3$ | 240 |  |
| - | - | 0 | 81.2 | $81.2-81.2$ | 232 |  |
| - | - | 0 | 83.3 | $83.2-83.3$ | 231 |  |
| - | - | 0 | 88.0 | $88.0-88.1$ | 243 |  |
| - | - | 0 | 88.2 | $88.1-88.2$ | 243 |  |
| - | - | 0 | 92.1 | $92.1-92.1$ | 239 |  |
| - | - | 0 | 94.5 | $94.5-94.5$ | 234 |  |

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results8. Percentage of schools in which teachers taught each of the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year.

|  |  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N |
|  | Identifying tobacco products and the harmful substances they contain | 95.8 | 95.8-95.9 | 95 | 82.9 | 82.8-82.9 | 146 | - | - | 0 | 88.0 | 88.0-88.1 | 241 |
|  | Identifying short- and long-term health consequences of tobacco product use | 97.8 | 97.8-97.9 | 92 | 82.8 | 82.7-82.8 | 145 | - | - | 0 | 88.7 | 88.7-88.7 | 237 |
|  | Identifying social, economic, and cosmetic consequences of tobacco product use | 92.7 | 92.6-92.7 | 95 | 80.3 | 80.2-80.3 | 147 | - | - | 0 | 85.2 | 85.2-85.2 | 242 |
| d. | Understanding the addictive nature of nicotine | 96.6 | 96.6-96.6 | 95 | 82.2 | 82.1-82.2 | 146 | - | - | 0 | 87.9 | 87.9-88.0 | 241 |
| e. | Effects of nicotine on the adolescent brain | 96.6 | 96.6-96.6 | 95 | 78.9 | 78.9-79.0 | 147 | - | - | 0 | 85.9 | 85.9-86.0 | 242 |
|  | Effects of tobacco product use on athletic performance | 92.4 | 92.4-92.5 | 95 | 78.8 | 78.7-78.8 | 146 | - | - | 0 | 84.2 | 84.2-84.3 | 241 |
| g. | Effects of second-hand smoke and benefits of a smoke-free environment | 92.4 | 92.4-92.5 | 95 | 78.2 | 78.2-78.3 | 147 | - | - | 0 | 83.9 | 83.8-83.9 | 242 |
|  | Understanding the social influences on tobacco product use, including media, family, peers, and culture | 93.5 | 93.4-93.5 | 95 | 80.8 | 80.8-80.9 | 146 | - | - | 0 | 85.9 | 85.8-85.9 | 241 |
| i. | Identifying reasons why students do and do not use tobacco products | 93.4 | 93.4-93.5 | 95 | 80.1 | 80.1-80.2 | 146 | - | - | 0 | 85.4 | 85.4-85.5 | 241 |
|  | Making accurate assessments of how many peers use tobacco products | 79.9 | 79.8-80.0 | 95 | 69.6 | 69.5-69.7 | 148 | - | - | 0 | 73.7 | 73.6-73.7 | 243 |

[^3]$\mathrm{N}=$ Unweighted number of observations

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results8. Percentage of schools in which teachers taught each of the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year.

|  |  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | 95\% <br> Confidence Interval | N |
|  | Using interpersonal communication skills to avoid tobacco product use (e.g., refusal skills, assertiveness) | 95.8 | 95.8-95.9 | 95 | 81.3 | 81.2-81.3 | 144 | - | - | 0 | 87.1 | 87.1-87.2 | 239 |
|  | Using goal-setting and decision-making skills related to not using tobacco products | 91.6 | 91.6-91.7 | 95 | 78.8 | 78.7-78.8 | 146 | - | - | 0 | 83.9 | 83.9-83.9 | 241 |
|  | Finding valid information and services related to tobacco-use prevention and cessation | 90.2 | 90.1-90.2 | 94 | 71.8 | 71.8-71.9 | 149 | - | - | 0 | 79.0 | 79.0-79.1 | 243 |
|  | Supporting others who abstain from or want to quit using tobacco products | 89.3 | 89.3-89.4 | 95 | 74.8 | 74.8-74.9 | 147 | - | - | 0 | 80.6 | 80.5-80.6 | 242 |
|  | Identifying harmful effects of tobacco product use on fetal development | 89.2 | 89.2-89.3 | 94 | 68.2 | 68.2-68.3 | 148 | - | - | 0 | 76.5 | 76.5-76.5 | 242 |
|  | Relationship between using tobacco products and alcohol or other drugs | 93.5 | 93.4-93.5 | 95 | 76.0 | 76.0-76.1 | 146 | - | - | 0 | 83.0 | 83.0-83.0 | 241 |
|  | How addiction to tobacco products can be treated | 96.8 | 96.8-96.9 | 95 | 73.6 | 73.6-73.7 | 148 | - | - | 0 | 82.8 | 82.8-82.9 | 243 |
|  | Understanding school policies and community laws related to the sale and use of tobacco products | 92.7 | 92.6-92.7 | 95 | 77.1 | 77.0-77.1 | 144 | - | - | 0 | 83.4 | 83.3-83.4 | 239 |
|  | Benefits of tobacco product cessation programs | 86.0 | 86.0-86.1 | 94 | 61.6 | 61.6-61.7 | 146 | - | - | 0 | 71.3 | 71.3-71.4 | 240 |

[^4]$\mathrm{N}=$ Unweighted number of observations

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results

8N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.*

| High Schools |  |
| :---: | :---: |
|  | 95\% |
|  | Confidence |
| Percent | Interval |
| 71.8 | 71.7-71.8 |


| Middle Schools |  |  |
| :---: | :---: | :---: |
| 95\% |  |  |
| Percent |  | Interval <br> Infidence |
| 50.7 | $50.6-50.8$ | 14 |


| Junior/Senior High Schools |  |  |
| :---: | :---: | :---: |
|  | $95 \%$ <br> Confidence |  |
| Percent | Interval | N |

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results9. Percentage of schools in which teachers taught about the following tobacco products in a required course for students in any of grades 6 through 12 during the current school year.

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |  |
|  | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
| a. Cigarettes | 96.9 | 96.8-96.9 | 95 | 81.2 | 81.2-81.3 | 149 | - | - | 0 | 87.4 | 87.3-87.4 | 244 |
| b. Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco) | 93.7 | 93.7-93.7 | 94 | 77.2 | 77.1-77.2 | 149 | - | - | 0 | 83.7 | 83.6-83.7 | 243 |
| c. Cigars, little cigars, or cigarillos | 80.8 | 80.7-80.9 | 95 | 69.8 | 69.7-69.9 | 149 | - | - | 0 | 74.1 | 74.1-74.2 | 244 |
| d. Pipes | 78.0 | 77.9-78.0 | 95 | 65.1 | 65.0-65.2 | 149 | - | - | 0 | 70.2 | 70.1-70.2 | 244 |
| e. Electronic vapor products (e.g., e-cigarettes, vapes, vape pens, e-hookahs, mods, or brands such as JUUL) | 99.0 | 99.0-99.0 | 95 | 82.6 | 82.5-82.6 | 149 | - | - | 0 | 89.0 | 89.0-89.1 | 244 |

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results10. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

|  |  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N |
|  | Differences between proper use and abuse of over-the-counter medicines and prescription medicines | 94.8 | 94.8-94.8 | 95 | 78.9 | 78.9-79.0 | 147 | - | - | 0 | 85.2 | 85.2-85.3 | 242 |
|  | Harmful short- and long-term physical, psychological, and social effects of using alcohol and other drugs | 97.9 | 97.9-97.9 | 95 | 84.4 | 84.3-84.4 | 147 | - | - | 0 | 89.7 | 89.7-89.8 | 242 |
| c. | Situations that lead to the use of alcohol and other drugs | 97.9 | 97.9-97.9 | 95 | 83.7 | 83.6-83.7 | 147 | - | - | 0 | 89.3 | 89.3-89.4 | 242 |
|  | Alcohol and other drug use as an unhealthy way to manage weight | 73.7 | 73.6-73.8 | 95 | 63.1 | 63.0-63.2 | 149 | - | - | 0 | 67.3 | 67.2-67.3 | 244 |
|  | Identifying reasons why individuals choose to use or not to use alcohol and other drugs | 96.9 | 96.8-96.9 | 95 | 85.1 | 85.1-85.2 | 148 | - | - | 0 | 89.8 | 89.7-89.8 | 243 |
|  | Using interpersonal communication skills to avoid alcohol and other drug use (e.g., refusal skills, assertiveness) | 96.8 | 96.8-96.9 | 94 | 84.9 | 84.9-85.0 | 146 | - | - | 0 | 89.7 | 89.6-89.7 | 240 |
| g. | Supporting others who abstain from or want to quit using alcohol and other drugs | 93.7 | 93.7-93.8 | 95 | 77.9 | 77.8-77.9 | 149 | - | - | 0 | 84.1 | 84.1-84.2 | 244 |
|  | Understanding the social influences on alcohol and other drug use, including media, family, peers, and culture | 97.9 | 97.9-97.9 | 95 | 84.4 | 84.3-84.4 | 147 | - | - | 0 | 89.7 | 89.7-89.8 | 242 |
|  | How to persuade and support others to be alcohol and other drug free | 90.3 | 90.3-90.4 | 95 | 79.9 | 79.8-79.9 | 149 | - | - | 0 | 84.0 | 84.0-84.0 | 244 |

[^5]$\mathrm{N}=$ Unweighted number of observations

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6 , 7 , or 8 during the current school year
a. How HIV and other STDs are transmitted
b. Health consequences of HIV, other STDs, and pregnancy
c. The benefits of being sexually abstinent
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors
f. Communication and negotiation skills related to § § eliminating or reducing risk for HIV, other STDs, and pregnancy
g. Goal-setting and decision-making skills related to § §

| High Schools |  |  | Middle Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |
|  | Confidence |  |  | Confidence |  |
| Percent | Interval | N | Percent | Interval | N |
| § | § | § | 65.3 | 65.2-65.4 | 121 |
| $\bigcirc$ | § | § | 63.9 | 63.9-64.0 | 122 |
| § | § | § | 70.2 | 70.2-70.3 | 121 |
| § | § | § | 65.3 | 65.2-65.4 | 121 |


| Junior/Senior High |  |  |
| :---: | :---: | :---: |
| Schools |  |  |
| 95\% |  |  |
| Percent | Confidence <br> Interval | N |
| - | - | 0 |
| - | - | 0 |


| All Schools |  |  |
| :---: | :---: | :---: |
| Percent | $95 \%$ <br> Confidence <br> Interval | N |
| 65.3 | $65.2-65.4$ | 121 |
| 63.9 | $63.9-64.0$ | 122 |
| 70.2 | $70.2-70.3$ | 121 |
| 65.3 | $65.2-65.4$ | 121 | eliminating or reducing risk for HIV, other STDs, and pregnancy

h. Influencing and supporting others to avoid or reduce § § sexual risk behaviors
i. Efficacy of condoms, that is, how well condoms work § § and do not work
65.3

2-65.4 12
1

[^6]
## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6,7 , or 8 during the current school year.

|  |  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Percent | 95\% <br> Confidence Interval | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $95 \%$ Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N |
|  | The importance of using condoms consistently and correctly | § | § | § | 51.6 | 51.5-51.7 | 124 | - | - | 0 | 51.6 | 51.5-51.7 | 124 |
| k. | How to obtain condoms | § | § | § | 35.5 | 35.4-35.6 | 124 | - | - | 0 | 35.5 | 35.4-35.6 | 124 |
| 1. | How to correctly use a condom | § | § | § | 28.2 | 28.2-28.3 | 124 | - | - | 0 | 28.2 | 28.2-28.3 | 124 |
| m. | Methods of contraception other than condoms | § | § | § | 50.8 | 50.7-50.9 | 124 | - | - | 0 | 50.8 | 50.7-50.9 | 124 |
|  | The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy | § | § | § | 48.4 | 48.3-48.5 | 124 | - | - | 0 | 48.4 | 48.3-48.5 | 124 |
|  | How to create and sustain healthy and respectful relationships | § | § | § | 72.5 | 72.4-72.6 | 120 | - | - | 0 | 72.5 | 72.4-72.6 | 120 |
|  | The importance of limiting the number of sexual partners | § | § | § | 57.7 | 57.7-57.8 | 123 | - | - | 0 | 57.7 | 57.7-57.8 | 123 |
| q. | Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health | § | § | § | 54.1 | 54.0-54.2 | 122 | - | - | 0 | 54.1 | 54.0-54.2 | 122 |
| r. | How to communicate sexual consent between partners | § | § | § | 59.8 | 59.8-59.9 | 122 | - | - | 0 | 59.8 | 59.8-59.9 | 122 |
|  | Recognizing and responding to sexual victimization and violence | § | $\S$ | § | 50.8 | 50.7-50.9 | 122 | - | - | 0 | 50.8 | 50.7-50.9 | 122 |

[^7]
## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades 6 , 7 , or 8 during the current school year

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | $95 \%$ Confidence Interval | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $95 \%$ <br> Confidenc Interval | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N |
| t. Diversity of sexual orientations and gender identities | s | § | § | 51.2 | 51.1-51.3 | 123 | - | - | 0 | 51.2 | 51.1-51.3 | 123 |
| u. How gender roles and stereotypes affect goals, decision making, and relationships | § | § | § | 48.7 | 48.7-48.8 | 119 | - | - | 0 | 48.7 | 48.7-48.8 | 119 |
| v. The relationship between alcohol and other drug use and sexual risk behaviors | § | § | § | 63.6 | 63.6-63.7 | 121 | - | - | 0 | 63.6 | 63.6-63.7 | 121 |

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades $9,10,11$, or 12 during the current school year.

|  |  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence <br> Interval | N | Percent | 95\% <br> Confidence <br> Interval | N |
| a. | How HIV and other STDs are transmitted | 97.7 | 97.7-97.7 | 87 | § | § | § | - | - | 0 | 97.7 | 97.7-97.7 | 87 |
|  | Health consequences of HIV, other STDs, and pregnancy | 97.7 | 97.7-97.7 | 87 | § | § | § | - | - | 0 | 97.7 | 97.7-97.7 | 87 |
|  | The benefits of being sexually abstinent | 97.7 | 97.7-97.8 | 86 | § | § | § | - | - | 0 | 97.7 | 97.7-97.8 | 86 |
|  | How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy | 97.7 | 97.7-97.8 | 86 | § | § | § | - | - | 0 | 97.7 | 97.7-97.8 | 86 |
|  | The influences of family, peers, media, technology and other factors on sexual risk behaviors | 97.7 | 97.7-97.8 | 86 | § | § | § | - | - | 0 | 97.7 | 97.7-97.8 | 86 |
|  | Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy | 96.6 | 96.6-96.6 | 86 | § | § | § | - | - | 0 | 96.6 | 96.6-96.6 | 86 |
|  | Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy | 93.1 | 93.1-93.2 | 86 | § | § | § | - | - | 0 | 93.1 | 93.1-93.2 | 86 |
|  | Influencing and supporting others to avoid or reduce sexual risk behaviors | 95.2 | 95.1-95.2 | 86 | § | § | § | - | - | 0 | 95.2 | 95.1-95.2 | 86 |
|  | Efficacy of condoms, that is, how well condoms work and do not work | 95.4 | 95.4-95.4 | 87 | § | § | § | - | - | 0 | 95.4 | 95.4-95.4 | 87 |

[^8]
## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades $9,10,11$, or 12 during the current school year.

[^9]
## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results11. Percentage of schools in which teachers taught each of the following sexual health topics in a required course for students in any of grades $9,10,11$, or 12 during the current school year.


## NEW HAMPSHIRE

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results

11N_1. Percentage of schools that taught all 22 sexual health topics in any of grades 6,7 , or 8 during the current school year.*

| High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percen | Confidence Interval | N | Percent | Confidence Interval | N |
|  |  |  |  |  |  |  |  |  |  |  |  |
| § | § | § | 19.4 | 19.3-19.4 | 124 |  | - | 0 | 19.4 | 19.3-19.4 | 124 |

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results

11N_2. Percentage of schools that taught all 22 sexual health topics in any of grades $9,10,11$, or 12 during the current school year.*

| High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percen | Confidence Interval | N | Percent | Confidence Interval | N |
| 70.9 | 70.8-70.9 | 82 | § | § | § | - | - | 0 | 70.9 | 70.8-70.9 | 82 |

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6,7 , or 8 during the current school year.

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N |
| a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy | § | § | § | 61.3 | 61.2-61.4 | 124 | - | - | 0 | 61.3 | 61.2-61.4 | 124 |
| b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors | § | § | § | 60.5 | 60.4-60.6 | 124 | - | - | 0 | 60.5 | 60.4-60.6 | 124 |
| c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy | § | § | § | 58.9 | 58.8-58.9 | 124 | - | - | 0 | 58.9 | 58.8-58.9 | 124 |
| d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors | § | § | § | 61.0 | 60.9-61.0 | 123 | - | - | 0 | 61.0 | 60.9-61.0 | 123 |
| e. Use decision-making skills to prevent HIV, other STDs, and pregnancy | § | § | § | 62.9 | 62.8-63.0 | 124 | - | - | 0 | 62.9 | 62.8-63.0 | 124 |
| f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them | § | § | § | 69.4 | 69.3-69.4 | 124 | - | - | 0 | 69.4 | 69.3-69.4 | 124 |
| g. Influence and support others to avoid or reduce sexual risk behaviors | § | § | § | 53.7 | 53.6-53.7 | 123 | - | - | 0 | 53.7 | 53.6-53.7 | 123 |

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades $9,10,11$, or 12 during the current school year.

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $95 \%$ Confidence Interval | N | Percent | 95\% <br> Confidence <br> Interval | N |
| a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy | 98.9 | 98.8-98.9 | 85 | § | § | § | - | - | 0 | 98.9 | 98.8-98.9 | 85 |
| b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors | 96.5 | 96.5-96.5 | 84 | § | § | § | - | - | 0 | 96.5 | 96.5-96.5 | 84 |
| c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy | 97.7 | 97.7-97.7 | 86 | § | § | § | - | - | 0 | 97.7 | 97.7-97.7 | 86 |
| d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors | 94.3 | 94.2-94.3 | 86 | § | § | § | - | - | 0 | 94.3 | 94.2-94.3 | 86 |
| e. Use decision-making skills to prevent HIV, other STDs, and pregnancy | 97.7 | 97.7-97.8 | 86 | § | § | § | - | - | 0 | 97.7 | 97.7-97.8 | 86 |
| f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them | 94.3 | 94.2-94.3 | 86 | § | § | § | - | - | 0 | 94.3 | 94.2-94.3 | 86 |
| g. Influence and support others to avoid or reduce sexual risk behaviors | 87.2 | 87.1-87.2 | 86 | § | § | § | - | - | 0 | 87.2 | 87.1-87.2 | 86 |

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results13. Percentage of schools in which teachers provided students with the opportunity to practice the following skills in a required course for students in any of grades 6 through 12 during the current school year.

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
|  | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percent | Confidence Interval | N |
| a. Communication, decision-making, goal-setting, or refusal skills related to sexual health (e.g., through role playing) | 89.6 | 89.6-89.7 | 95 | 61.2 | 61.2-61.3 | 147 | - | - | 0 | 72.5 | 72.5-72.6 | 242 |
| b. Analyzing the influence of family, peers, culture, media, or technology on sexual health | 92.8 | 92.7-92.8 | 95 | 66.2 | 66.2-66.3 | 148 | - | - | 0 | 76.7 | 76.7-76.8 | 243 |
| c. Accessing valid sexual health information, products, and services | 93.7 | 93.6-93.7 | 94 | 57.4 | 57.4-57.5 | 148 | - | - | 0 | 71.7 | 71.6-71.7 | 242 | and services

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

## Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers implemented the following inclusive practices when providing sexual health education in a required course for students in grades 6 through 12 during the current school year.*
a. Encouraged use of gender-neutral pronouns such as

High Schools
Middle Schools

|  | $95 \%$ <br> Confidence <br> Percent <br> Interval | N |
| :---: | :---: | :---: |
| 85.5 | $85.5-85.6$ | 83 |

"they/them" during instruction to recognize gender diversity among students
b. Provided positive examples of lesbian, gay, bisexual, or transgender (LGBT) people and same-sex or gender relationships (e.g., family, peer, or romantic)
c. Encouraged students to respect others' sexual and gender identities
d. Provided students with information about LGBT resources within the school (e.g., counseling services, student support groups like Gay/Straight Alliances or Genders and Sexualities Alliances)



95\%
Confidence
Percent
Interval N
70.0
69.9-70.1

120
$79.2 \quad 79.2-79.3 \quad 83$
61.3
61.3-61.4

119
$100.0 \quad \dagger \quad 82$
$88.0 \quad 87.9-88.1 \quad 83$ community or online

[^10]
## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results15. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.


[^11]$\mathrm{N}=$ Unweighted number of observations

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results15. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

|  |  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | 95\% Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N |
| 1. | Choosing foods, snacks, and beverages that are low in added sugars | 97.9 | 97.9-98.0 | 95 | 85.4 | 85.4-85.5 | 144 | - | - | 0 | 90.5 | 90.4-90.5 | 239 |
| m. | Choosing foods and snacks that are low in sodium | 94.8 | 94.8-94.8 | 95 | 82.2 | 82.1-82.2 | 146 | - | - | 0 | 87.2 | 87.2-87.3 | 241 |
| n. | Eating a variety of foods that are high in calcium | 92.7 | 92.7-92.8 | 95 | 80.1 | 80.1-80.2 | 146 | - | - | 0 | 85.2 | 85.1-85.2 | 241 |
| o. | Eating a variety of foods that are high in iron | 88.3 | 88.2-88.3 | 95 | 76.7 | 76.7-76.8 | 146 | - | - | 0 | 81.3 | 81.3-81.4 | 241 |
| p. | Food safety | 86.4 | 86.4-86.5 | 95 | 73.1 | 73.0-73.2 | 145 | - | - | 0 | 78.4 | 78.4-78.5 | 240 |
| q. | Preparing healthy meals and snacks | 89.6 | 89.5-89.6 | 95 | 77.9 | 77.9-78.0 | 145 | - | - | 0 | 82.6 | 82.6-82.6 | 240 |
| r. | Risks of unhealthy weight control practices | 93.7 | 93.7-93.7 | 94 | 74.3 | 74.2-74.4 | 144 | - | - | 0 | 82.1 | 82.0-82.1 | 238 |
| s. | Accepting body size differences | 94.8 | 94.7-94.8 | 94 | 80.6 | 80.5-80.6 | 144 | - | - | 0 | 86.2 | 86.2-86.3 | 238 |
| t. | Signs, symptoms, and treatment for eating disorders | 92.6 | 92.6-92.7 | 94 | 66.7 | 66.6-66.7 | 144 | - | - | 0 | 77.1 | 77.0-77.1 | 238 |
| u. | Relationship between diet and chronic diseases | 92.7 | 92.7-92.7 | 95 | 79.3 | 79.3-79.4 | 145 | - | - | 0 | 84.7 | 84.6-84.7 | 240 |
| v. | Finding valid information about nutrition (e.g., differentiating between advertising and factual information) | 97.9 | 97.9-98.0 | 95 | 78.8 | 78.7-78.8 | 146 | - | - | 0 | 86.4 | 86.4-86.5 | 241 |
|  | Food production, including how food is grown, harvested, processed, packaged, and transported | 78.9 | 78.9-79.0 | 94 | 65.7 | 65.7-65.8 | 143 | - | - | 0 | 71.0 | 71.0-71.1 | 237 |

[^12]$\mathrm{N}=$ Unweighted number of observations

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results

15N. Percentage of schools that taught all 23 nutrition and dietary behavior topics during the current school year.*


## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results16. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

|  |  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $95 \%$ Confidence Interval | N | Percent | 95\% <br> Confidence <br> Interval | N |
|  | Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease | 96.8 | 96.8-96.9 | 93 | 91.8 | 91.7-91.8 | 146 | - | - | 0 | 93.8 | 93.7-93.8 | 239 |
| b. | Mental and social benefits of physical activity | 96.8 | 96.8-96.9 | 93 | 91.8 | 91.7-91.8 | 146 | - | - | 0 | 93.8 | 93.7-93.8 | 239 |
|  | Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition) | 95.8 | 95.8-95.8 | 93 | 90.4 | 90.4-90.4 | 146 | - | - | 0 | 92.5 | 92.5-92.6 | 239 |
| d. | Phases of a workout (i.e., warm-up, workout, and cool down) | 90.5 | 90.5-90.6 | 93 | 85.7 | 85.7-85.8 | 147 | - | - | 0 | 87.6 | 87.6-87.6 | 240 |
|  | Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity | 90.5 | 90.5-90.6 | 93 | 87.0 | 86.9-87.0 | 146 | - | - | 0 | 88.4 | 88.3-88.4 | 239 |
| f. | Decreasing sedentary activities (e.g., television viewing, using video games) | 94.7 | 94.7-94.8 | 93 | 91.1 | 91.1-91.1 | 146 | - | - | 0 | 92.5 | 92.5-92.6 | 239 |
| g. | Preventing injury during physical activity | 94.7 | 94.6-94.7 | 92 | 85.0 | 85.0-85.1 | 147 | - | - | 0 | 88.8 | 88.8-88.8 | 239 |
|  | Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active) | 89.4 | 89.4-89.5 | 93 | 79.1 | 79.0-79.1 | 148 | - | - | 0 | 83.1 | 83.1-83.1 | 241 |
|  | Dangers of using performance-enhancing drugs (e.g., steroids) | 86.0 | 85.9-86.1 | 93 | 77.6 | 77.5-77.6 | 147 | - | - | 0 | 80.9 | 80.8-80.9 | 240 |

[^13]$\mathrm{N}=$ Unweighted number of observations

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results
16. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.
j. Increasing daily physical activity
k. Incorporating physical activity into daily life (without

| High Schools |  |  |
| :---: | :---: | :---: |
|  | $95 \%$ <br> Confidence <br> Interval | N |
| Percent |  |  |
| 96.8 | $96.8-96.9$ | 93 |
| 95.7 | $95.7-95.7$ | 91 |
| 88.2 | $88.1-88.2$ | 94 |
| 96.8 | $96.8-96.9$ | 93 |


| Middle Schools |  |  |
| :---: | :---: | :---: |
|  | $95 \%$ <br> Confidence <br> Interval | N |
| Percent |  |  |
| 91.7 | $91.7-91.8$ | 145 |
| 89.8 | $89.8-89.8$ | 147 |
|  |  |  |
| 83.1 | $83.1-83.2$ | 148 |
| 91.1 | $91.1-91.1$ | 146 |


| Junior/Senior High <br> Schools <br> 95\% |  |  |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent | Confidence <br> Interval | N | Percent | $95 \%$ <br> Confidence <br> Interval | N |  |  |
| - | - | 0 | 93.7 | $93.7-93.8$ | 238 |  |  |
| - | - | 0 | 92.1 | $92.0-92.1$ | 238 |  |  |
|  |  |  |  |  |  |  |  |
| - | - | 0 | 85.1 | $85.1-85.1$ | 242 |  |  |
| - | - | 0 | 93.4 | $93.3-93.4$ | 239 |  |  |

Benefits of drink
physical activity

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results

16N. Percentage of schools that taught all 13 physical activity topics during the current school year.*

| High Schools |  |  |
| :---: | :---: | :---: |
|  |  |  |
| 95\% |  |  |
| Confidence |  |  |
| Percent |  |  |
| Interval | N |  |
| 75.2 | $75.1-75.2$ | 93 |


| Middle Schools |  |  |
| :---: | :---: | :---: |
|  |  |  |
| 95\% |  |  |
| Confidence |  |  |
| Percent |  |  |
| Interval | N |  |
| 63.9 | $63.9-64.0$ | 147 |


| Junior/Senior High Schools |  |  |
| :---: | :---: | :---: |
| 95\% |  |  |
| Confidence |  |  |
| Percent | Interval | N |


| All Schools |  |
| :---: | :---: |
|  | $95 \%$ |
| Percent | Confidence |
| Interval |  |

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results17. Percentage of schools in which teachers taught each of the following mental and emotional health topics in a required course for students in any of grades 6 through 12 during the current school year.
a. Identifying and labeling emotions
b. How to express feelings in a healthy way
c. The importance of engaging in activities that are

| High Schools |  |  |
| :---: | :---: | :---: |
|  | $95 \%$ <br> Confidence <br> Interval | N |
| Percent |  |  |
| 92.7 | $92.7-92.7$ | 95 |
| 97.9 | $97.9-98.0$ | 95 |
| 97.9 | $97.9-97.9$ | 95 |


| Middle Schools |  |  |
| :---: | :---: | :---: |
|  | 95\% |  |
| Percent | Confidence Interval | N |
| 87.5 | 87.5-87.5 | 144 |
| 90.3 | 90.2-90.3 | 144 |
| 90.3 | 90.2-90.3 | 144 |
| 89.6 | 89.5-89.6 | 144 |
| 90.2 | 90.2-90.2 | 143 |
| 86.9 | 86.9-86.9 | 145 |
| 89.6 | 89.5-89.6 | 144 |
| 85.4 | 85.4-85.5 | 144 |
| 89.6 | 89.5-89.6 | 144 |
| 91.5 | 91.5-91.6 | 142 |


| Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |
|  | Confidence |  |  | Confidence |  |
| Percent | Interval | N | Percent | Interval | N |
| - | - | 0 | 89.6 | 89.6-89.6 | 239 |
| - | - | 0 | 93.4 | 93.3-93.4 | 239 |
| - | - | 0 | 93.3 | 93.3-93.4 | 239 |
| - | - | 0 | 92.5 | 92.5-92.5 | 239 |
| - | - | 0 | 93.3 | 93.3-93.3 | 238 |
| - | - | 0 | 90.5 | 90.4-90.5 | 240 |
| - | - | 0 | 92.9 | 92.9-93.0 | 239 |
| - | - | 0 | 89.2 | 89.2-89.2 | 239 |
| - | - | 0 | 92.9 | 92.9-93.0 | 239 |
| - | - | 0 | 94.5 | 94.5-94.6 | 236 | Importance of habits (e.g., exercise, healthy e

meditation, mindfulness) that promote mental well-being

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results18. Percentage of schools in which teachers taught each of the following violence prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $95 \%$ Confidence Interval | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N |
| a. Building empathy (e.g., identification with and understanding of another person's feelings) | 94.8 | 94.8-94.8 | 94 | 84.8 | 84.8-84.9 | 145 | - | - | 0 | 88.8 | 88.8-88.8 | 239 |
| b. Perspective taking (e.g., taking another person's point of view) | 94.7 | 94.7-94.8 | 93 | 85.3 | 85.3-85.4 | 143 | - | - | 0 | 89.1 | 89.0-89.1 | 236 |
| c. Strategies for being a positive bystander (e.g., safely de-escalating, preventing, or stopping bullying and harassment) | 90.6 | 90.6-90.7 | 95 | 86.2 | 86.2-86.3 | 145 | - | - | 0 | 88.0 | 87.9-88.0 | 240 |
| d. Describing how stigma, bias, and prejudice can lead to stereotypes, discrimination, and violence | 93.7 | 93.7-93.7 | 94 | 78.8 | 78.7-78.8 | 146 | - | - | 0 | 84.7 | 84.7-84.7 | 240 |
| e. Identifying the signs and symptoms of when someone may be thinking of hurting themselves | 96.8 | 96.8-96.9 | 94 | 76.9 | 76.9-77.0 | 143 | - | - | 0 | 84.9 | 84.9-85.0 | 237 |
| f. Getting help to prevent or stop violence (including inappropriate touching, harassment, abuse, bullying, hazing, fighting, and hate crimes) | 96.8 | 96.8-96.9 | 94 | 86.1 | 86.1-86.2 | 144 | - | - | 0 | 90.4 | 90.4-90.4 | 238 |
| g. Getting help for self or others who are in danger of hurting themselves | 97.8 | 97.8-97.9 | 92 | 78.9 | 78.8-78.9 | 142 | - | - | 0 | 86.4 | 86.4-86.5 | 234 |

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results19. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.
a. Alcohol- or other drug-use prevention
b. Asthma
c. Chronic disease prevention (e.g., diabetes, obesity prevention)
d. Food allergies
e. HIV, other STD, or pregnancy prevention
f. Nutrition and healthy eating
g. Physical activity
h. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)
i. Tobacco-use prevention or cessation

| High Schools |  |  |
| :---: | :---: | :---: |
|  | 95\% |  |
| Percent | Confidence Interval | N |
| 53.7 | 53.6-53.8 | 95 |
| 15.9 | 15.8-15.9 | 95 |
| 29.8 | 29.8-29.9 | 94 |
| 27.4 | 27.3-27.5 | 95 |
| 31.9 | 31.8-31.9 | 95 |
| 45.4 | 45.3-45.5 | 95 |
| 40.1 | 40.1-40.2 | 95 |
| 53.6 | 53.5-53.7 | 95 |
| 42.1 | 42.0-42.2 | 93 |


| Middle Schools |  |  |
| :---: | :---: | :---: |
| Percent | $95 \%$ <br> Confidence <br> Interval | N |
| 38.9 | $38.9-39.0$ | 149 |
| 20.8 | $20.8-20.9$ | 149 |
| 26.8 | $26.8-26.9$ | 149 |
| 28.2 | $28.1-28.2$ | 149 |
| 24.8 | $24.8-24.9$ | 149 |
| 47.7 | $47.6-47.7$ | 149 |
| 47.3 | $47.2-47.4$ | 148 |
| 61.7 | $61.7-61.8$ | 149 |
| 35.2 | $35.1-35.2$ | 145 |


| Junior/Senior High <br> All Schools Schools |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |
|  | Confidence |  |  | Confidence |  |
| Percent | Interval | N | Percent | Interval | N |
| - | - | 0 | 44.7 | 44.7-44.8 | 244 |
| - | - | 0 | 18.9 | 18.8-18.9 | 244 |
| - | - | 0 | 28.0 | 28.0-28.1 | 243 |
| - | - | 0 | 27.9 | 27.8-27.9 | 244 |
| - | - | 0 | 27.6 | 27.6-27.6 | 244 |
| - | - | 0 | 46.8 | 46.7-46.8 | 244 |
| - | - | 0 | 44.5 | 44.4-44.5 | 243 |
| - | - | 0 | 58.5 | 58.5-58.6 | 244 |
| - | - | 0 | 37.9 | 37.9-38.0 | 238 |

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results
20. Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year.

|  | High Schools |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 95\% |  |  | 95\% |  |  | 95\% |  |  | 95\% |  |
| Percent | Confidence Interval | N | Percent | Confidence Interval | N | Percen | Confidence Interval | N | Percent | Confidence Interval | N |
| 56.5 | 56.4-56.6 | 94 | 43.0 | 42.9-43.0 | 149 |  | - | 0 | 48.3 | 48.2-48.3 | 243 |

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results21. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | 95\% <br> Confidence Interval | N | Percent | $95 \%$ Confidence Interval | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N |
| a. Alcohol- or other drug-use prevention | 59.5 | 59.4-59.5 | 95 | 55.0 | 55.0-55.1 | 149 | - | - | 0 | 56.8 | 56.7-56.8 | 244 |
| b. Asthma | 20.0 | 19.9-20.0 | 94 | 24.2 | 24.1-24.2 | 149 | - | - | 0 | 22.5 | 22.5-22.6 | 243 |
| c. Chronic disease prevention (e.g., diabetes, obesity prevention) | 43.3 | 43.2-43.4 | 94 | 38.9 | 38.9-39.0 | 149 | - | - | 0 | 40.6 | 40.6-40.7 | 243 |
| d. Epilepsy or seizure disorder | 32.3 | 32.2-32.4 | 95 | 31.5 | 31.5-31.6 | 149 | - | - | 0 | 31.8 | 31.8-31.9 | 244 |
| e. Food allergies | 31.6 | 31.5-31.6 | 95 | 37.2 | 37.1-37.2 | 148 | - | - | 0 | 34.9 | 34.9-35.0 | 243 |
| f. Foodborne illness prevention | 26.3 | 26.2-26.4 | 95 | 30.2 | 30.1-30.3 | 149 | - | - | 0 | 28.7 | 28.6-28.7 | 244 |
| g. Human immunodeficiency virus (HIV) prevention | 37.3 | 37.2-37.4 | 95 | 37.6 | 37.5-37.6 | 149 | - | - | 0 | 37.5 | 37.4-37.5 | 244 |
| h. Human sexuality | 50.9 | 50.8-51.0 | 95 | 50.0 | 49.9-50.1 | 148 | - | - | 0 | 50.4 | 50.3-50.4 | 243 |
| i. Infectious disease prevention (e.g., influenza [flu] or COVID-19 prevention) | 84.0 | 84.0-84.1 | 94 | 70.9 | 70.9-71.0 | 148 | - | - | 0 | 76.1 | 76.1-76.1 | 242 |
| j. Injury prevention and safety | 61.2 | 61.1-61.3 | 95 | 61.7 | 61.7-61.8 | 149 | - | - | 0 | 61.5 | 61.5-61.6 | 244 |
| k. Mental and emotional health | 91.7 | 91.6-91.7 | 95 | 84.6 | 84.5-84.6 | 149 | - | - | 0 | 87.4 | 87.3-87.4 | 244 |
| 1. Nutrition and dietary behavior | 49.4 | 49.3-49.5 | 95 | 48.3 | 48.3-48.4 | 149 | - | - | 0 | 48.8 | 48.7-48.8 | 244 |
| m. Physical activity and fitness | 66.3 | 66.2-66.4 | 95 | 63.1 | 63.0-63.2 | 149 | - | - | 0 | 64.3 | 64.3-64.4 | 244 |

[^14]$\mathrm{N}=$ Unweighted number of observations

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results
21. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | 95\% <br> Confidence <br> Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence Interval | N | Percent | 95\% <br> Confidence <br> Interval | N |
| n. Pregnancy prevention | 37.1 | 37.0-37.1 | 95 | 27.2 | 27.2-27.3 | 147 | - | - | 0 | 31.1 | 31.1-31.2 | 242 |
| o. Sexually transmitted disease (STD) prevention | 41.9 | 41.8-42.0 | 94 | 34.5 | 34.4-34.5 | 148 | - | - | 0 | 37.4 | 37.3-37.4 | 242 |
| p. Sleep health (e.g., how much sleep students need, good sleeping habits) | 37.2 | 37.1-37.3 | 94 | 39.9 | 39.8-39.9 | 148 | - | - | 0 | 38.8 | 38.8-38.9 | 242 |
| q. Suicide prevention | 89.5 | 89.5-89.6 | 95 | 85.1 | 85.1-85.2 | 148 | - | - | 0 | 86.9 | 86.8-86.9 | 243 |
| r. Tobacco-use prevention or cessation | 46.4 | 46.3-46.5 | 95 | 48.6 | 48.6-48.7 | 148 | - | - | 0 | 47.8 | 47.7-47.8 | 243 |
| s. Violence prevention (e.g., bullying, fighting, dating violence prevention) | 70.6 | 70.5-70.7 | 94 | 71.6 | 71.6-71.7 | 148 | - | - | 0 | 71.2 | 71.2-71.3 | 242 |

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.


[^15]$\mathrm{N}=$ Unweighted number of observations

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results23. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.


[^16]$\mathrm{N}=$ Unweighted number of observations

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results24. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.
a. Alcohol- or other drug-use prevention
b. Asthma
c. Chronic disease prevention (e.g., diabetes, obesity prevention)
d. Epilepsy or seizure disorder
e. Food allergies
f. Foodborne illness prevention
g. Human immunodeficiency virus (HIV) prevention
h. Human sexuality
i. Infectious disease prevention (e.g., influenza [flu] or COVID-19 prevention)
j. Injury prevention and safety
k. Mental and emotional health
25. Nutrition and dietary behavior
m . Physical activity and fitness

| High Schools |  |  |
| :---: | :---: | :---: |
| Percent | $95 \%$ <br> Confidence <br> Interval | N |
| 71.4 | $71.4-71.5$ | 95 |
| 42.3 | $42.2-42.4$ | 94 |
| 55.8 | $55.7-55.9$ | 95 |
|  |  |  |
| 46.3 | $46.2-46.4$ | 95 |
| 46.2 | $46.2-46.3$ | 95 |
| 36.8 | $36.8-36.9$ | 95 |
| 52.4 | $52.3-52.5$ | 95 |
| 72.7 | $72.6-72.8$ | 95 |
| 57.5 | $57.5-57.6$ | 95 |
| 47.5 | $47.4-47.6$ | 95 |
| 77.6 | $77.6-77.7$ | 95 |
| 58.9 | $58.8-59.0$ | 95 |
| 52.6 | $52.6-52.7$ | 95 |


| Middle Schools |  |  |
| :---: | :---: | :---: |
| Percent | $95 \%$ <br> Confidence <br> Interval | N |
| 71.1 | $71.1-71.2$ | 149 |
| 38.3 | $38.2-38.3$ | 149 |
| 62.4 | $62.4-62.5$ | 149 |
| 43.6 | $43.6-43.7$ | 149 |
| 43.9 | $43.9-44.0$ | 148 |
| 42.3 | $42.2-42.3$ | 149 |
| 54.4 | $54.3-54.4$ | 149 |
| 74.5 | $74.4-74.6$ | 149 |
| 56.1 | $56.0-56.1$ | 148 |
| 54.4 | $54.3-54.4$ | 149 |
| 83.2 | $83.2-83.3$ | 149 |
| 66.4 | $66.4-66.5$ | 149 |
| 57.7 | $57.7-57.8$ | 149 |


| Junior/Senior High Schools |  |  |
| :---: | :---: | :---: |
|  | 95\% |  |
|  | Confidence |  |
| Percent | Interval | N |
| - | - | 0 |
| - | - | 0 |
| - | - | 0 |
| - | - | 0 |
| - | - | 0 |
| - | - | 0 |
| - | - | 0 |
| - | - | 0 |
| - | - | 0 |
| - | - | 0 |
| - | - | 0 |
| - | - | 0 |
| - | - | 0 |


| All Schools |  |  |
| :---: | :---: | :---: |
| Percent$95 \%$ <br> Confidence <br> Interval | N |  |
| 71.3 | $71.2-71.3$ | 244 |
| 39.8 | $39.8-39.9$ | 243 |
| 59.8 | $59.7-59.8$ | 244 |
|  |  |  |
| 44.7 | $44.6-44.7$ | 244 |
| 44.8 | $44.8-44.9$ | 243 |
| 40.1 | $40.1-40.2$ | 244 |
| 53.6 | $53.5-53.6$ | 244 |
| 73.8 | $73.7-73.8$ | 244 |
| 56.7 | $56.6-56.7$ | 243 |
| 51.7 | $51.6-51.7$ | 244 |
| 81.0 | $81.0-81.1$ | 244 |
| 63.5 | $63.4-63.5$ | 244 |
| 55.7 | $55.7-55.8$ | 244 |

[^17]$\mathrm{N}=$ Unweighted number of observations

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results24. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.
n. Pregnancy prevention
o. Sexually transmitted disease (STD) prevention
p. Sleep health (e.g., how much sleep students need, good sleep habits)
q. Suicide prevention
r. Tobacco-use prevention or cessation
s. Violence prevention (e.g., bullying, fighting, dating violence prevention)

| High Schools |  |  |  | Middle Schools |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $95 \%$ <br> Confidence <br> Interval | N | Percent | 95\% <br> Confidence <br> Interval | N |  |  |
| Percent |  |  |  |  |  |  |  |
| 59.6 | $59.5-59.7$ | 94 | 57.0 | $57.0-57.1$ | 149 |  |  |
| 58.7 | $58.7-58.8$ | 95 | 59.5 | $59.4-59.5$ | 148 |  |  |
| 59.9 | $59.9-60.0$ | 95 | 65.1 | $65.0-65.2$ | 149 |  |  |
| 64.2 | $64.1-64.3$ | 95 | 72.3 | $72.2-72.4$ | 148 |  |  |
| 54.4 | $54.4-54.5$ | 95 | 59.1 | $59.0-59.1$ | 149 |  |  |
| 69.3 | $69.2-69.4$ | 95 | 77.2 | $77.2-77.3$ | 145 |  |  |


| Junior/Senior High <br> Schools <br> 95\% |  | All Schools |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Percent | Confidence <br> Interval | N | Percent | Interval <br> Confidence | N |
| - | - | 0 | 58.0 | $58.0-58.1$ | 243 |
| - | - | 0 | 59.2 | $59.1-59.2$ | 243 |
| - | - | 0 | 63.1 | $63.0-63.1$ | 244 |
| - | - | 0 | 69.1 | $69.1-69.1$ | 243 |
| - | - | 0 | 57.2 | $57.2-57.3$ | 244 |
| - | - | 0 | 74.1 | $74.0-74.1$ | 240 |

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## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \end{gathered}$ Interval | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | 95\% <br> Confidence Interval | N |
| a. Teaching students with physical, medical, or cognitive disabilities | 65.9 | 65.8-65.9 | 94 | 77.2 | 77.1-77.2 | 149 | - | - | 0 | 72.7 | 72.7-72.8 | 243 |
| b. Teaching students of various racial/ethnic and cultural backgrounds | 63.4 | 63.3-63.5 | 94 | 67.6 | 67.5-67.6 | 148 | - | - | 0 | 65.9 | 65.9-66.0 | 242 |
| c. Teaching English language learners (ELL) | 48.7 | 48.6-48.8 | 94 | 53.0 | 53.0-53.1 | 149 | - | - | 0 | 51.3 | 51.3-51.4 | 243 |
| d. How to support lesbian, gay, bisexual, and transgender students (e.g., bystander intervention skills, implementing safe spaces, use of inclusive language, providing students with information about LGBT resources within the school) | 73.3 | 73.2-73.4 | 94 | 79.2 | 79.1-79.2 | 149 | - | - | 0 | 76.9 | 76.8-76.9 | 243 |
| e. Using interactive teaching methods (e.g., role plays, cooperative group activities) | 70.9 | 70.9-71.0 | 94 | 75.8 | 75.8-75.9 | 149 | - | - | 0 | 73.9 | 73.9-74.0 | 243 |
| f. Encouraging family or community involvement | 75.4 | 75.3-75.5 | 94 | 77.2 | 77.1-77.2 | 149 | - | - | 0 | 76.5 | 76.4-76.5 | 243 |
| g. Teaching skills for behavior change | 68.8 | 68.7-68.8 | 94 | 77.2 | 77.1-77.2 | 149 | - | - | 0 | 73.9 | 73.8-73.9 | 243 |
| h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management) | 60.4 | 60.3-60.5 | 94 | 71.1 | 71.1-71.2 | 149 | - | - | 0 | 66.9 | 66.9-67.0 | 243 |
| i. Assessing student performance in health education | 68.8 | 68.8-68.9 | 94 | 73.8 | 73.8-73.9 | 149 | - | - | 0 | 71.9 | 71.8-71.9 | 243 |

[^18]$\mathrm{N}=$ Unweighted number of observations

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results26. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.


[^19]$\mathrm{N}=$ Unweighted number of observations

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

 Weighted Lead Health Education Teacher Survey Results27. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

|  | High Schools |  |  | Middle Schools |  |  | Junior/Senior High Schools |  |  | All Schools |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N | Percent | $95 \%$ Confidence Interval | N | Percent | $\begin{gathered} 95 \% \\ \text { Confidence } \\ \text { Interval } \end{gathered}$ | N |
| Health and physical education combined | 46.8 | 46.8-46.9 | 95 | 30.2 | 30.1-30.3 | 149 | - | - | 0 | 36.8 | 36.7-36.8 | 244 |
| Health education | 21.1 | 21.1-21.2 | 95 | 22.1 | 22.1-22.2 | 149 | - | - | 0 | 21.7 | 21.7-21.8 | 244 |
| Physical education | 5.3 | 5.3-5.4 | 95 | 10.1 | 10.0-10.1 | 149 | - | - | 0 | 8.2 | 8.2-8.2 | 244 |
| Other education degree | 3.1 | 3.1-3.2 | 95 | 5.4 | 5.3-5.4 | 149 | - | - | 0 | 4.5 | 4.5-4.5 | 244 |
| Kinesiology, exercise science, or exercise physiology | 1.3 | 1.3-1.3 | 95 | 5.4 | 5.3-5.4 | 149 | - | - | 0 | 3.8 | 3.7-3.8 | 244 |
| Home economics or family and consumer science | 5.2 | 5.1-5.2 | 95 | 3.4 | 3.3-3.4 | 149 | - | - | 0 | 4.1 | 4.0-4.1 | 244 |
| Biology or other science | 4.2 | 4.1-4.2 | 95 | 2.7 | 2.7-2.7 | 149 | - | - | 0 | 3.3 | 3.3-3.3 | 244 |
| Nursing | 5.5 | 5.4-5.5 | 95 | 8.1 | 8.0-8.1 | 149 | - | - | 0 | 7.0 | 7.0-7.1 | 244 |
| Counseling | 4.4 | 4.4-4.5 | 95 | 3.4 | 3.3-3.4 | 149 | - | - | 0 | 3.8 | 3.8-3.8 | 244 |
| Public health | 1.0 | 1.0-1.0 | 95 | 2.0 | 2.0-2.0 | 149 | - | - | 0 | 1.6 | 1.6-1.6 | 244 |
| Nutrition | 0.0 | $\dagger$ | 95 | 1.3 | 1.3-1.4 | 149 | - | - | 0 | 0.8 | 0.8-0.8 | 244 |
| Other | 2.1 | 2.0-2.1 | 95 | 6.0 | 6.0-6.1 | 149 | - | - | 0 | 4.5 | 4.5-4.5 | 244 |

## NEW HAMPSHIRE

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results
28. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.


## NEW HAMPSHIRE

## 2022 School Health Profiles Report

Weighted Lead Health Education Teacher Survey Results
29. Percentage of schools in which the lead health education teacher had the following number of years of experience teaching health education courses or topics.
a. 1 year
b. 2 to 5 years
c. 6 to 9 years
d. 10 to 14 years
e. 15 years or more

| High Schools |  |  |
| :---: | :---: | :---: |
|  | $95 \%$ <br> Confidence <br> Interval | N |
| Percent |  |  |
| 10.5 | $10.4-10.5$ | 95 |
| 19.5 | $19.4-19.5$ | 95 |
| 17.9 | $17.9-18.0$ | 95 |
| 12.6 | $12.5-12.6$ | 95 |
| 39.5 | $39.5-39.6$ | 95 |


| Middle Schools |  |  |
| :---: | :---: | :---: |
| Percent | 95\% <br> Confidence <br> Interval | N |
| 15.0 | $14.9-15.0$ | 147 |
| 24.5 | $24.4-24.5$ | 147 |
| 12.9 | $12.9-13.0$ | 147 |
| 13.6 | $13.6-13.7$ | 147 |
| 34.0 | $34.0-34.1$ | 147 |


| Junior/Senior High <br> Schools <br> $95 \%$ <br> Confidence <br> Interval |  | N |
| :---: | :---: | :---: |
| - | - | 0 |
| - | - | 0 |
| - | - | 0 |
| - | - | 0 |
| - | - | 0 |


| All Schools |  |  |
| :---: | :---: | :---: |
| Percent | $95 \%$ <br> Confidence <br> Interval | N |
| 13.2 | $13.1-13.2$ | 242 |
| 22.5 | $22.4-22.5$ | 242 |
| 14.9 | $14.9-15.0$ | 242 |
| 13.2 | $13.2-13.2$ | 242 |
| 36.2 | $36.2-36.3$ | 242 |


[^0]:    *Among schools that teach health education. Respondents that answered "NA" are excluded.

    - Results are suppressed due to insufficient number of respondents in subgroup.
    $\mathrm{N}=$ Unweighted number of observations

[^1]:    *Among schools that teach sexual health education.

    - Results are suppressed due to insufficient number of respondents in subgroup.
    $\mathrm{N}=$ Unweighted number of observations

[^2]:    - Results are suppressed due to insufficient number of respondents in subgroup

[^3]:    - Results are suppressed due to insufficient number of respondents in subgroup

[^4]:    - Results are suppressed due to insufficient number of respondents in subgroup

[^5]:    - Results are suppressed due to insufficient number of respondents in subgroup

[^6]:    § Grade is not applicable for type of school
    $\mathrm{N}=$ Unweighted number of observations

[^7]:    - Results are suppressed due to insufficient number of respondents in subgroup.
    § Grade is not applicable for type of school.
    $\mathrm{N}=$ Unweighted number of observations

[^8]:    - Results are suppressed due to insufficient number of respondents in subgroup.
    § Grade is not applicable for type of school.
    $\mathrm{N}=$ Unweighted number of observations

[^9]:    - Results are suppressed due to insufficient number of respondents in subgroup.
    § Grade is not applicable for type of school.
    $\mathrm{N}=$ Unweighted number of observations

[^10]:    *Among schools that teach sexual health education.

    - Results are suppressed due to insufficient number of respondents in subgroup.
    $\dagger$ Confidence intervals not applicable for 0 percent or 100 percent.
    $\mathrm{N}=$ Unweighted number of observations

[^11]:    - Results are suppressed due to insufficient number of respondents in subgroup.

[^12]:    - Results are suppressed due to insufficient number of respondents in subgroup.

[^13]:    - Results are suppressed due to insufficient number of respondents in subgroup.

[^14]:    - Results are suppressed due to insufficient number of respondents in subgroup.

[^15]:    - Results are suppressed due to insufficient number of respondents in subgroup

[^16]:    - Results are suppressed due to insufficient number of respondents in subgroup.

[^17]:    - Results are suppressed due to insufficient number of respondents in subgroup.

[^18]:    - Results are suppressed due to insufficient number of respondents in subgroup.

[^19]:    - Results are suppressed due to insufficient number of respondents in subgroup

