



New Hampshire

Department of Education

CHAPTER Ed 300 ADMINISTRATION OF MINIMUM STANDARDS IN PUBLIC SCHOOLS

Ed 306.41 Physical Education Program.

(a) Pursuant to Ed 306.26 and Ed 306.27, the local school board shall require that a school physical education program for grades 1-12 provides:

- (1) Physical education as provided in (b) below; and
- (2) Family and community partnerships.

(b) In the area of physical education, the local school board shall require that each school physical education program provides:

- (1) Systematic instruction in grades 1-12, designed to enable students to:
 - a. Demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activities;
 - b. Demonstrate understanding of movement concepts, principles, and performance of physical activities;
 - c. Participate regularly in physical activity;
 - d. Achieve and maintain a health enhancing level of physical fitness;
 - e. Exhibit responsible personal and social behavior that respects self and others in physical activity settings; and
 - f. Value physical activity for health, enjoyment, challenge, self expression, and social interaction;
- (2) A planned 1-12 curriculum in physical education that will provide for:

- a. A variety of motor skills that are designed to enhance the physical, mental, social, and emotional development of every child;
 - b. Fitness education and assessment to help children understand and improve or maintain their physical well-being;
 - c. Development of cognitive concepts about motor skills and fitness;
 - d. Opportunities to improve children's emerging social and cooperative skills and to gain a multicultural perspective;
 - e. Promotion of regular amounts of appropriate physical activity now and throughout life; and
 - f. Utilization of technology in attaining instruction, curricular, and assessment goals; and
- (3) Sound assessment practices in physical education that:
- a. Match goals and objectives;
 - b. Require evaluation and synthesis of knowledge and skills;
 - c. Emphasize higher-order thinking skills;
 - d. Clearly indicate what the student is asked to do;
 - e. Are at an appropriate skill level according to:
 - 1. State standards; and
 - 2. The needs of the individual;
 - f. Have criteria that are clear to students and teacher;
 - g. Are engaging and relevant to students;
 - h. Link to ongoing instruction;
 - i. Provide feedback to students;
 - j. Provide cost-effective benefits to students;
 - k. Reflect real-world situations; and
 - l. Emphasize use of available knowledge and skills in relevant problem contexts.

Source. #5546, eff 7-1-93; ss by #6366, eff 10-30-96,
EXPIRED: 10-30-04

New. #8206, INTERIM, eff 11-18-04, EXPIRED:
5-17-05

New. #8354, eff 7-1-05; ss by #10556, eff 3-27-14; ss by
#10870, EMERGENCY, eff 6-29-15, EXPIRED:
12-26-15; ss by #11020, eff 1-8-16 (See Revision Note at
part heading for Ed 306); amd by #12845, eff 8-9-19