INTRODUCTION

Sanborn Regional School District will have a **five-day a week, in-person schedule** for the 2021-2022 school year. All students will need to attend school in person. The district will not be offering a remote learning option for the 2021-2022 school year. Families wishing to have students attend remote school will need to enroll their children in VLACS or homeschool them.

While we are planning to have school look as “normal” as possible, there are still some practices we will be following to ensure health and safety for all students, staff and families.

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| **Student & Family Social-Emotional Needs** | We recognize that the return to learning in the building is apt to bring a variety of emotions for students and faculty. In addition, we acknowledge how long it takes to establish a sense of safety and ‘normalcy’ will be different for everyone. In order to support the needs of our students and faculty, the schools will be implementing these strategies:  
- Students will continue to have morning meeting, advisory or other check-ins regularly in order to develop relationships with teachers and other students that are not academically focused  
- School counselors will continue to work with students individually as well as in small groups  
- School counselors will work with staff to deliver a social emotional curriculum that address a variety of needs and skills including social awareness, relationship skills, self-management, responsible decision-making and self-awareness  
- School counselors will work with staff to identify and support students who might be affected by trauma and grief as well as students who might be at risk for more significant mental health issues  
- Faculty will continue to receive professional development and other wellness activities as established with the district nursing and counseling staff |
| **Visitors** | Parents and visitors will be permitted in the building and are required to wear masks. |
| **Outside Organizations & Events** | Building use by outside groups will be limited. In-school group events, such as assemblies, performances, school-wide parent meetings or other large gatherings will only take place in-person if social distancing requirements can be met. Field trips will be limited. |
| **Classrooms and Instructional Spaces** | Classrooms will be arranged to accommodate social distancing of 3-6 feet. Students will have assigned seating. Where possible, rugs and upholstered furniture will be removed from classrooms and replaced with surfaces that can be easily cleaned. Markings will be applied on floors to indicate assigned seating areas, traffic patterns in the hallways, and appropriate spacing. Arrival/dismissal routes will be clearly marked to limit two-way traffic and maintain social distancing through high travel times. Adequate supplies will be provided to minimize sharing of high touch materials to the extent possible (e.g., assigning each student their own art supplies, equipment) or limit use of supplies and equipment by one group of students at a time and disinfect them between
use. Procedures for checking out library resources will be modified according to CDC guidelines.

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<th>Special Education</th>
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<td>Given the dynamic nature of programming for students with disabilities, Sanborn’s in-school restrictions and safety guidelines may look different for students with IEPs and/or 504 plans. These decisions will be made on a case-by-case basis by the student’s IEP/504 team and proposed by the district. Recognizing that new information and guidance is being provided from the Governor's office and Department of Education at a rapid pace, if further guidance is issued regarding interaction/social distancing restrictions and safety precautions, we will review such as it applies to our district's circumstances. It is our strong desire to continue to provide quality services with the health and safety of students and staff in mind.</td>
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<th>Athletics &amp; After School Activities</th>
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<td>The Athletic Director will be updating participating students and their families on a regular basis with regards to plans around athletics at Sanborn. After-school activities will be conducted by building in accordance with any guidance from NH DHHS or the CDC.</td>
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**Responding to Positive COVID Tests**

If the District learns of a student or staff member who has tested positive for COVID-19, the District will work with local health officials who will support the District in notifications and contact tracing. In accordance with state and local laws and regulations, the District will notify other appropriate staff while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA) and Health Insurance Portability and Accountability Act of 1996 (HIPPA).

**Students or staff who have tested positive for COVID-19** can be allowed to return to school when the following conditions are met:

1. At least 10 days have passed since symptom onset and
2. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications and
3. Other symptoms have improved.

**Decisions regarding Potential School Closure**

Decisions regarding potential closure of individual school buildings will be based on the level of risk determined by district administration in consultation with health officials. If the school is closed due to COVID-19, remote learning will be initiated. If a closure is needed for intensive cleaning, communication will be provided.
Sanborn Regional School District does not permit bandanas, gaiters, or masks with exhalation valves to be worn by students, staff members or visitors at our schools.
Appendix B: Staying Healthy During COVID-19

COVID-19 Symptoms

COVID-19 affects different people in different ways. Infected people have had a wide range of symptoms reported – from mild symptoms to severe illness. These symptoms are defined by the CDC and referenced in the NHDOE plan.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever (measured 100°F), feeling feverish, or chills;
- Respiratory symptoms such as runny nose, nasal congestion, sore throat, cough, or shortness of breath;
- General body symptoms such as muscle aches, chills, and severe fatigue;
- Gastrointestinal symptoms such as nausea, vomiting, or diarrhea, and
- Changes in a person’s sense of taste or smell

Look for emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

Call your medical provider for any other symptoms that are severe or concerning to you.

Monitoring Health and Wellness

COVID-19 is most commonly spread through respiratory droplets when an infected person talks, coughs, sneezes or sings. As a school community we ask for your support to take the following precaution to prevent the spread of the disease:

1. Keep sick children home and report their illness to the school nurse if your child has a fever or is not feeling well.

2. If your student develops any of the symptoms listed above during the school day, and you have given permission for them to receive a BinaxNOW Antigen test, the school nurse will administer the test provided the District has test available. A positive result, or inability to conduct a test at school, will require parents/guardians to come school to pick up their child. Students with symptoms or a positive test result will be quarantined under supervision of the nurse and will not be allowed to take school transportation home.

3. Know the symptoms of COVID-19 as listed above.

4. Prior to arriving to school, please screen your student for:
   - Any **new or unexplained symptoms of COVID-19 (listed above)**; this includes even mild symptoms.
   - Close contact with someone who has confirmed to have COVID-19 in the prior 14 days.

5. Any person with new or unexplained symptoms of COVID-19 **will be excluded from school**, and instructed to isolate at home and contact their primary care provider for COVID-19 testing.

**Students or staff who have tested positive for COVID-19** can be allowed to return to school when the following conditions are met:

1. At least 10 days have passed since symptom onset and
2. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications and
3. Other symptoms have improved.

6. If a student has close contact with someone confirmed to have COVID-19 or has a travel-related risk, they are required to complete self-quarantine at home for 10 days from the last known exposure.
Preventative Strategies to Stay Healthy

Together, with you, we will teach and promote all students to:

- Frequently wash their hands. Hand washing for 20 seconds with soap and water, or using hand sanitizer that contains at least 60% alcohol, is the best way to reduce the spread of germs.
- Cover coughs and sneezes with a tissue or their elbow. And to wash their hands or use hand sanitizer once they discard of the tissue.
- Not to share personal items such as drinks, food or water bottles.
- Practice social distancing by maintaining at least 3-6 feet between people when outside their home.
- Properly wear a cloth face covering that covers their mouth and nose to protect others when in public areas.
- Avoid touching their eyes, nose, or mouth with unwashed hands.