

While more and more recommending bodies promote outdoor settings to reduce exposure to the novel coronavirus, TimberNook stands out as an excellent option for schools.

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## DID YOU KNOW?

TimberNook is time-tested and has been used successfully in schools since 2017

TimberNook school programming offers two components:

1. Rich, outdoor curriculum designed by an occupational therapist-led team, integrating educational and therapeutic philosophies
2. Classroom extension activities that align to NAEYC, Common Core, Next Generation Science Standards

TimberNook curriculum spans ages 18 months-14 years (Pre-K through 8th grade)

Experiences are designed to address foundational skills of the mind, body and senses to promote skills such as executive functioning, problem solving, gross and fine motor, social emotional

Children are given a healthy, creative outlet while learning important skills

TimberNook provides ongoing support, and develops new curriculum each year

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## NATURAL ENVIRONMENTS PROVIDE BENEFITS THAT ARE MORE IMPORTANT NOW THAN EVER

Social distancing precautions are easier to adhere to in large, open spaces  
More movement opportunities are available outdoors than indoors with current recommendations  
Access to nature promotes mental health wellness in children (and adults)

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## WITHOUT MODIFICATION TO TIMBERNOOK CURRICULUM, RECOMMENDATIONS ARE EASILY UPHELD

Children are afforded large areas of physical space  
Children work in small groups or individually  
Due to abundance of natural materials, children are less likely to be handling the same items  
Children reap social emotional benefits while maintaining distance  
TimberNook provides a "yes" environment for children in a time full of restrictions

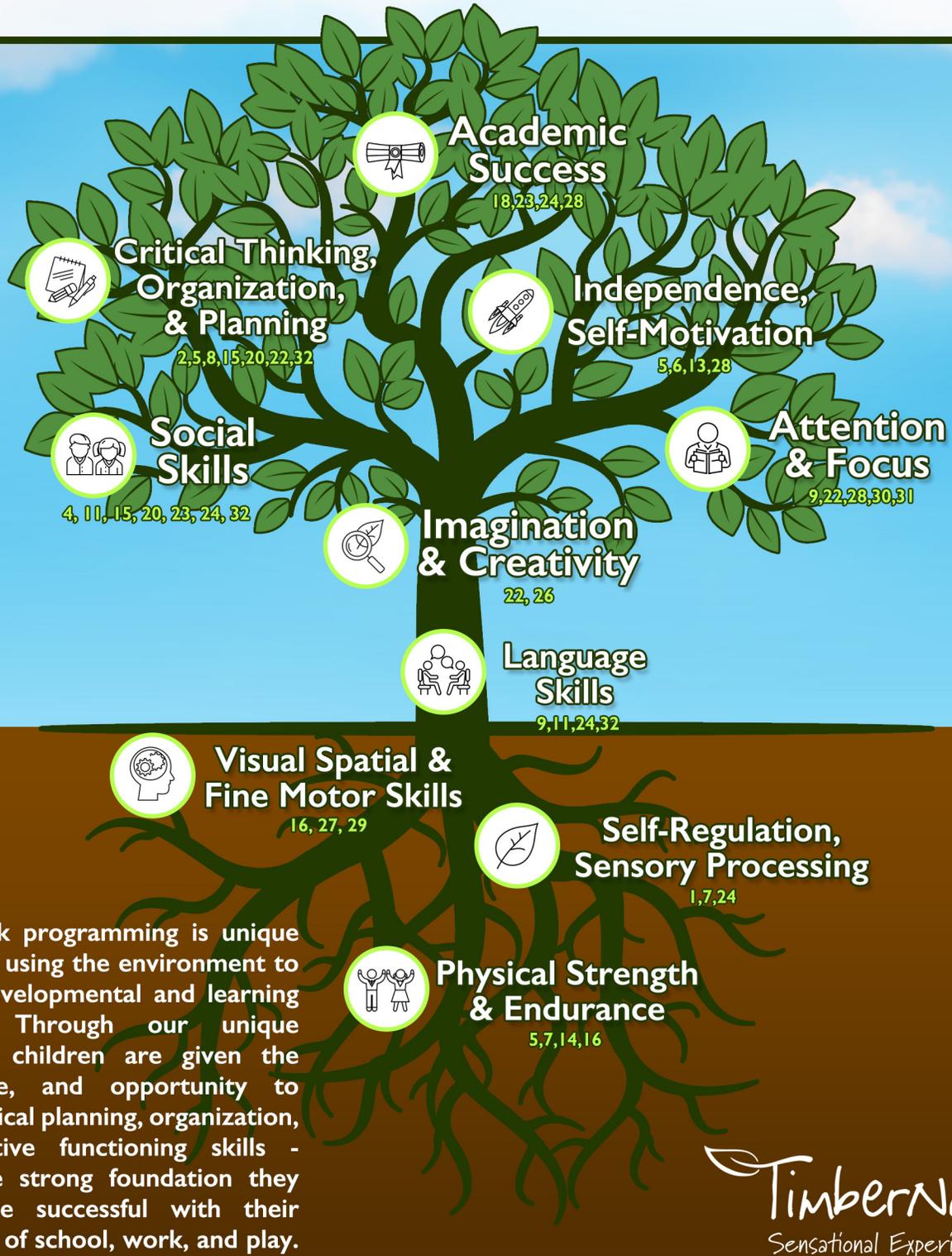
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for more information, please visit [www.timbernook.com](http://www.timbernook.com)  
or contact Angela Hanscom at [angie@timbernook.com](mailto:angie@timbernook.com)

# Outdoor Play Can Improve Academic Outcomes for Children

TimberNook curriculum is rooted in the following research:

- Time in nature is beneficial to all children (3,12,17,21)
- Play is inherently valuable (1,4)
- Children require some risk in their play in order to develop foundational motor skills (4,5)
- The complexity of the environment and experience directly impacts the depth of a child's learning (12,19,26)



TimberNook programming is unique in its design using the environment to promote developmental and learning objectives. Through our unique framework, children are given the time, space, and opportunity to practice critical planning, organization, and executive functioning skills - building the strong foundation they need to be successful with their occupations of school, work, and play.

*TimberNook*  
Sensational Experiences



## TimberNook in Schools

Meaningful Outdoor Play ▶ Learning Readiness ▶ Academic Success

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