

NEW HAMPSHIRE
2020 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. 0 courses	0.0	†	61	11.3	10.2 - 12.6	107	-	-	0	7.1	6.4 - 7.9	168
b. 1 course	67.3	64.9 - 69.5	61	22.6	21.1 - 24.2	107	-	-	0	39.4	37.9 - 40.9	168
c. 2 courses	23.0	21.0 - 25.1	61	13.9	12.7 - 15.3	107	-	-	0	17.3	16.2 - 18.5	168
d. 3 courses	6.5	5.4 - 7.8	61	38.3	36.5 - 40.2	107	-	-	0	26.4	25.1 - 27.7	168
e. 4 or more courses	3.2	2.5 - 4.2	61	13.8	12.6 - 15.2	107	-	-	0	9.8	9.0 - 10.8	168

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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1N. Percentage of all schools that require students to take two or more health education courses.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
32.7	30.5 - 35.1	61	66.1	64.3 - 67.8	107	-	-	0	53.5	52.0 - 55.0	168

- Results are suppressed due to insufficient number of respondents in subgroup.
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2. Percentage of schools that taught a required health education course in each of the following grades.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Sixth grade	§	§	§	78.4	76.7 - 80.1	88	-	-	0	78.4	76.7 - 80.1	88
b. Seventh grade	§	§	§	79.4	77.8 - 80.9	98	-	-	0	79.4	77.8 - 80.9	98
c. Eighth grade	§	§	§	78.3	76.7 - 79.9	97	-	-	0	78.3	76.7 - 79.9	97
d. Ninth grade	68.5	66.1 - 70.8	57	-	-	0	-	-	0	68.5	66.1 - 70.8	57
e. Tenth grade	59.5	56.8 - 62.1	52	§	§	§	-	-	0	59.5	56.8 - 62.1	52
f. Eleventh grade	26.0	23.7 - 28.5	50	§	§	§	-	-	0	26.0	23.7 - 28.5	50
g. Twelfth grade	22.4	20.2 - 24.8	49	§	§	§	-	-	0	22.4	20.2 - 24.8	49

*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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3. Percentage of schools that require students who fail a required health education course to repeat it.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
100.0	†	60	12.9	11.7 - 14.3	94	-	-	0	48.0	46.4 - 49.6	154

*Among schools in which students take one or more required health education courses in any of grades 6 through 12.

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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4. Percentage of schools in which those who teach health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Goals, objectives, and expected outcomes for health education	96.7	95.7 - 97.5	60	82.8	81.3 - 84.2	105	-	-	0	88.0	87.0 - 89.0	165
b. A chart describing the annual scope and sequence of instruction for health education	83.3	81.4 - 85.1	60	69.4	67.6 - 71.1	105	-	-	0	74.6	73.3 - 75.9	165
c. Plans for how to assess student performance in health education	83.4	81.4 - 85.1	60	64.7	62.9 - 66.5	105	-	-	0	71.7	70.4 - 73.1	165
d. A written health education curriculum	91.8	90.3 - 93.1	60	75.3	73.6 - 76.8	105	-	-	0	81.5	80.3 - 82.6	165

*Among schools that teach health education. Respondents that answered “NA” are excluded.

- Results are suppressed due to insufficient number of respondents in subgroup.

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5. Percentage of schools in which the health education curriculum addresses each of the following skills.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Comprehending concepts related to health promotion and disease prevention to enhance health	100.0	†	62	94.6	93.7 - 95.4	110	-	-	0	96.6	96.0 - 97.1	172
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	100.0	†	62	96.3	95.6 - 97.0	110	-	-	0	97.7	97.2 - 98.1	172
c. Accessing valid information and products and services to enhance health	100.0	†	62	91.8	90.7 - 92.7	109	-	-	0	94.9	94.2 - 95.5	171
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks	100.0	†	62	95.4	94.6 - 96.1	110	-	-	0	97.1	96.6 - 97.6	172
e. Using decision-making skills to enhance health	100.0	†	62	96.3	95.6 - 97.0	110	-	-	0	97.7	97.2 - 98.1	172
f. Using goal-setting skills to enhance health	100.0	†	62	94.5	93.6 - 95.3	110	-	-	0	96.6	96.0 - 97.1	172
g. Practicing health-enhancing behaviors to avoid or reduce risks	100.0	†	62	94.5	93.6 - 95.3	110	-	-	0	96.5	96.0 - 97.0	172
h. Advocating for personal, family, and community health	96.7	95.7 - 97.5	61	94.5	93.6 - 95.3	110	-	-	0	95.3	94.6 - 95.9	171

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† Confidence intervals not applicable for 0 percent or 100 percent.

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6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. An approved health education scope and sequence that includes learning objectives, outcomes, and content to guide sexual health education instruction	87.2	85.5 - 88.8	62	66.8	64.9 - 68.6	93	-	-	0	75.2	73.9 - 76.5	155
b. A written health education curriculum that includes objectives and content addressing sexual health education	95.2	94.1 - 96.2	62	68.8	66.9 - 70.6	93	-	-	0	79.7	78.5 - 80.9	155
c. Teacher pacing guides for sexual health education (i.e., schedules that regulate a teacher's pace of the unit or curriculum)	48.4	46.0 - 50.9	62	42.6	40.6 - 44.5	94	-	-	0	45.0	43.4 - 46.5	156
d. Teaching resources (e.g., lesson plans, handouts) to support sexual health education instruction	90.4	88.8 - 91.7	62	73.4	71.6 - 75.2	94	-	-	0	80.4	79.1 - 81.6	156
e. Strategies that are age-appropriate, relevant, and actively engage students in learning	87.1	85.4 - 88.7	62	72.3	70.5 - 74.1	94	-	-	0	78.4	77.1 - 79.6	156
f. Methods to assess student knowledge and skills related to sexual health education	84.0	82.1 - 85.7	62	64.6	62.6 - 66.5	93	-	-	0	72.6	71.2 - 73.9	155

*Among schools that teach sexual health education.

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7. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
75.5	73.3 - 77.6	61	49.6	47.7 - 51.5	107	-	-	0	59.3	57.9 - 60.8	168

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8. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
100.0	†	63	97.1	96.4 - 97.7	106	-	-	0	98.2	97.8 - 98.6	169

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	100.0	†	62	99.1	98.6 - 99.4	108	-	-	0	99.4	99.1 - 99.6	170
b. Asthma	54.0	51.6 - 56.4	63	52.0	50.1 - 53.8	110	-	-	0	52.7	51.3 - 54.2	173
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	96.9	95.9 - 97.6	63	89.9	88.8 - 91.0	110	-	-	0	92.6	91.8 - 93.3	173
d. Emotional and mental health	96.8	95.8 - 97.5	62	97.3	96.6 - 97.8	109	-	-	0	97.1	96.5 - 97.5	171
e. Epilepsy or seizure disorder	39.7	37.3 - 42.1	63	28.5	26.9 - 30.2	109	-	-	0	32.7	31.4 - 34.1	172
f. Food allergies	71.4	69.2 - 73.6	63	79.1	77.6 - 80.6	110	-	-	0	76.2	74.9 - 77.5	173
g. Foodborne illness prevention	77.8	75.7 - 79.8	63	69.1	67.4 - 70.8	110	-	-	0	72.4	71.1 - 73.7	173
h. Human immunodeficiency virus (HIV) prevention	96.7	95.7 - 97.5	61	80.6	79.1 - 82.1	103	-	-	0	86.8	85.8 - 87.8	164
i. Human sexuality	98.3	97.6 - 98.9	61	84.7	83.2 - 86.0	103	-	-	0	89.9	89.0 - 90.8	164

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
j. Infectious disease prevention (e.g., influenza [flu] prevention)	87.3	85.6 - 88.8	63	88.3	87.1 - 89.4	110	-	-	0	87.9	86.9 - 88.8	173
k. Injury prevention and safety	85.8	84.1 - 87.4	63	90.8	89.7 - 91.8	110	-	-	0	88.9	88.0 - 89.8	173
l. Nutrition and dietary behavior	100.0	†	61	100.0	†	108	-	-	0	100.0	†	169
m. Physical activity and fitness	96.8	95.8 - 97.5	62	100.0	†	106	-	-	0	98.8	98.4 - 99.1	168
n. Pregnancy prevention	98.3	97.6 - 98.9	61	74.8	73.1 - 76.4	103	-	-	0	83.9	82.7 - 84.9	164
o. Sexually transmitted disease (STD) prevention	98.3	97.6 - 98.9	61	80.6	79.0 - 82.0	103	-	-	0	87.4	86.4 - 88.4	164
p. Suicide prevention	92.0	90.5 - 93.2	63	84.3	82.9 - 85.6	109	-	-	0	87.2	86.2 - 88.1	172
q. Tobacco-use prevention	98.4	97.6 - 98.9	60	99.1	98.6 - 99.4	108	-	-	0	98.8	98.4 - 99.1	168
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	96.9	95.9 - 97.6	63	97.2	96.6 - 97.8	108	-	-	0	97.1	96.6 - 97.6	171

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† Confidence intervals not applicable for 0 percent or 100 percent.

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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Identifying tobacco products and the harmful substances they contain	98.4	97.6 - 98.9	61	97.2	96.6 - 97.8	110	-	-	0	97.7	97.2 - 98.1	171
b. Identifying short- and long-term health consequences of tobacco product use	98.4	97.6 - 98.9	61	98.2	97.6 - 98.6	110	-	-	0	98.2	97.8 - 98.6	171
c. Identifying social, economic, and cosmetic consequences of tobacco product use	93.7	92.4 - 94.7	62	94.5	93.6 - 95.3	110	-	-	0	94.2	93.5 - 94.9	172
d. Understanding the addictive nature of nicotine	98.4	97.6 - 98.9	61	97.2	96.6 - 97.8	110	-	-	0	97.7	97.2 - 98.1	171
e. Effects of nicotine on the adolescent brain	96.8	95.8 - 97.5	61	94.5	93.6 - 95.3	110	-	-	0	95.4	94.7 - 95.9	171
f. Effects of tobacco product use on athletic performance	93.4	92.1 - 94.6	61	91.8	90.7 - 92.8	110	-	-	0	92.4	91.6 - 93.2	171
g. Effects of second-hand smoke and benefits of a smoke-free environment	93.4	92.1 - 94.6	61	95.4	94.5 - 96.1	110	-	-	0	94.7	93.9 - 95.3	171
h. Understanding the social influences on tobacco product use, including media, family, peers, and culture	93.4	92.1 - 94.6	61	96.4	95.6 - 97.0	110	-	-	0	95.3	94.6 - 95.9	171
i. Identifying reasons why students do and do not use tobacco products	95.1	93.9 - 96.1	61	96.4	95.6 - 97.0	110	-	-	0	95.9	95.3 - 96.4	171
j. Making accurate assessments of how many peers use tobacco products	81.0	79.0 - 82.8	63	81.9	80.4 - 83.2	110	-	-	0	81.5	80.4 - 82.6	173

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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
k. Using interpersonal communication skills to avoid tobacco product use (e.g., refusal skills, assertiveness)	95.2	94.0 - 96.1	61	97.2	96.6 - 97.8	110	-	-	0	96.5	95.9 - 97.0	171
l. Using goal-setting and decision-making skills related to not using tobacco products	88.8	87.2 - 90.3	62	94.5	93.6 - 95.3	109	-	-	0	92.4	91.6 - 93.1	171
m. Finding valid information and services related to tobacco-use prevention and cessation	93.6	92.2 - 94.7	61	85.4	84.0 - 86.6	110	-	-	0	88.4	87.4 - 89.3	171
n. Supporting others who abstain from or want to quit using tobacco products	93.5	92.2 - 94.6	61	84.5	83.2 - 85.8	110	-	-	0	87.8	86.8 - 88.8	171
o. Identifying harmful effects of tobacco product use on fetal development	88.5	86.8 - 90.0	61	76.3	74.7 - 77.8	110	-	-	0	80.8	79.6 - 81.9	171
p. Relationship between using tobacco products and alcohol or other drugs	91.8	90.4 - 93.1	61	92.7	91.6 - 93.6	109	-	-	0	92.4	91.5 - 93.1	170
q. How addiction to tobacco products can be treated	88.5	86.9 - 90.0	61	81.5	80.0 - 82.9	109	-	-	0	84.1	83.0 - 85.2	170
r. Understanding school policies and community laws related to the sale and use of tobacco products	90.4	88.9 - 91.8	62	90.8	89.7 - 91.9	110	-	-	0	90.7	89.8 - 91.5	172
s. Benefits of tobacco product cessation programs	84.5	82.6 - 86.3	58	68.9	67.1 - 70.5	109	-	-	0	74.5	73.2 - 75.8	167

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10N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
	Interval	N		Interval	N		Interval	N		Interval	N
62.9	60.5 - 65.3	62	59.6	57.8 - 61.4	109	-	-	0	60.9	59.4 - 62.3	171

*Responses to question 10 a through s all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught about the following tobacco products in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	
a. Cigarettes	100.0	†	63	91.8	90.7 - 92.8	110	-	-	0	94.9	94.2 - 95.5	173
b. Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco)	100.0	†	63	89.0	87.8 - 90.1	109	-	-	0	93.2	92.4 - 93.9	172
c. Cigars, little cigars, or cigarillos	90.5	88.9 - 91.8	63	77.3	75.8 - 78.8	110	-	-	0	82.3	81.1 - 83.4	173
d. Pipes	85.8	84.0 - 87.4	63	72.7	71.0 - 74.3	110	-	-	0	77.6	76.4 - 78.8	173
e. Electronic vapor products (e.g., e-cigarettes, vapes, vape pens, e-hookahs, mods, or brands such as JUUL)	100.0	†	62	92.7	91.7 - 93.6	110	-	-	0	95.4	94.8 - 96.0	172

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

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12. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Differences between proper use and abuse of over-the-counter medicines and prescription medicines	98.4	97.6 - 98.9	62	89.1	87.9 - 90.2	110	-	-	0	92.5	91.7 - 93.3	172
b. Harmful short- and long-term physical, psychological, and social effects of using alcohol and other drugs	98.4	97.6 - 98.9	62	92.8	91.7 - 93.7	109	-	-	0	94.9	94.2 - 95.5	171
c. Situations that lead to the use of alcohol and other drugs	98.4	97.7 - 98.9	62	93.6	92.6 - 94.4	108	-	-	0	95.4	94.8 - 96.0	170
d. Alcohol and other drug use as an unhealthy way to manage weight	81.0	79.1 - 82.9	63	62.8	61.0 - 64.6	110	-	-	0	69.7	68.3 - 71.0	173
e. Identifying reasons why individuals choose to use or not to use alcohol and other drugs	96.7	95.7 - 97.5	61	93.6	92.6 - 94.4	108	-	-	0	94.7	94.0 - 95.4	169
f. Using interpersonal communication skills to avoid alcohol and other drug use (e.g., refusal skills, assertiveness)	100.0	†	61	94.5	93.5 - 95.2	108	-	-	0	96.5	95.9 - 97.0	169
g. Supporting others who abstain from or want to quit using alcohol and other drugs	90.3	88.8 - 91.7	62	86.3	85.0 - 87.5	109	-	-	0	87.8	86.8 - 88.7	171

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12. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
h. Understanding the social influences on alcohol and other drug use, including media, family, peers, and culture	96.7	95.7 - 97.5	62	93.6	92.6 - 94.4	108	-	-	0	94.8	94.1 - 95.4	170
i. How to persuade and support others to be alcohol and other drug free	92.1	90.6 - 93.3	62	88.9	87.6 - 90.0	108	-	-	0	90.1	89.2 - 90.9	170

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. How HIV and other STDs are transmitted	§	§	§	75.6	73.8 - 77.2	95	-	-	0	75.6	73.8 - 77.2	95
b. Health consequences of HIV, other STDs, and pregnancy	§	§	§	72.4	70.6 - 74.2	95	-	-	0	72.4	70.6 - 74.2	95
c. The benefits of being sexually abstinent	§	§	§	75.1	73.3 - 76.8	93	-	-	0	75.1	73.3 - 76.8	93
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	71.9	70.0 - 73.6	93	-	-	0	71.9	70.0 - 73.6	93
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	71.1	69.3 - 72.9	94	-	-	0	71.1	69.3 - 72.9	94
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	69.3	67.4 - 71.1	95	-	-	0	69.3	67.4 - 71.1	95
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	67.1	65.2 - 68.9	95	-	-	0	67.1	65.2 - 68.9	95
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	63.9	62.0 - 65.8	95	-	-	0	63.9	62.0 - 65.8	95

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
i. Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	52.9	50.9 - 54.8	96	-	-	0	52.9	50.9 - 54.8	96
j. The importance of using condoms consistently and correctly	§	§	§	47.8	45.9 - 49.8	96	-	-	0	47.8	45.9 - 49.8	96
k. How to obtain condoms	§	§	§	37.6	35.7 - 39.5	96	-	-	0	37.6	35.7 - 39.5	96
l. How to correctly use a condom	§	§	§	28.1	26.4 - 29.9	96	-	-	0	28.1	26.4 - 29.9	96
m. Methods of contraception other than condoms	§	§	§	49.7	47.7 - 51.7	92	-	-	0	49.7	47.7 - 51.7	92
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	48.2	46.3 - 50.2	95	-	-	0	48.2	46.3 - 50.2	95
o. How to create and sustain healthy and respectful relationships	§	§	§	83.6	82.0 - 85.0	92	-	-	0	83.6	82.0 - 85.0	92
p. The importance of limiting the number of sexual partners	§	§	§	58.7	56.7 - 60.6	95	-	-	0	58.7	56.7 - 60.6	95
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	56.1	54.1 - 58.0	96	-	-	0	56.1	54.1 - 58.0	96

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
r. How to communicate sexual consent between partners	§	§	§	58.2	56.2 - 60.1	94	-	-	0	58.2	56.2 - 60.1	94
s. Recognizing and responding to sexual victimization and violence	§	§	§	53.7	51.7 - 55.7	93	-	-	0	53.7	51.7 - 55.7	93
t. Diversity of sexual orientations and gender identities	§	§	§	54.2	52.2 - 56.2	94	-	-	0	54.2	52.2 - 56.2	94
u. How gender roles and stereotypes affect goals, decision making, and relationships	§	§	§	59.2	57.2 - 61.2	91	-	-	0	59.2	57.2 - 61.2	91
v. The relationship between alcohol and other drug use and sexual risk behaviors	§	§	§	67.0	65.1 - 68.9	92	-	-	0	67.0	65.1 - 68.9	92

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. How HIV and other STDs are transmitted	98.2	97.4 - 98.8	56	§	§	§	-	-	0	98.2	97.4 - 98.8	56
b. Health consequences of HIV, other STDs, and pregnancy	94.6	93.3 - 95.7	56	§	§	§	-	-	0	94.6	93.3 - 95.7	56
c. The benefits of being sexually abstinent	98.2	97.3 - 98.7	55	§	§	§	-	-	0	98.2	97.3 - 98.7	55
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	92.9	91.4 - 94.1	56	§	§	§	-	-	0	92.9	91.4 - 94.1	56
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	96.4	95.3 - 97.3	56	§	§	§	-	-	0	96.4	95.3 - 97.3	56
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	94.6	93.3 - 95.7	56	§	§	§	-	-	0	94.6	93.3 - 95.7	56
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	92.8	91.3 - 94.0	56	§	§	§	-	-	0	92.8	91.3 - 94.0	56
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	94.6	93.3 - 95.7	56	§	§	§	-	-	0	94.6	93.3 - 95.7	56

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
i. Efficacy of condoms, that is, how well condoms work and do not work	92.9	91.4 - 94.1	56	§	§	§	-	-	0	92.9	91.4 - 94.1	56
j. The importance of using condoms consistently and correctly	92.9	91.4 - 94.1	56	§	§	§	-	-	0	92.9	91.4 - 94.1	56
k. How to obtain condoms	89.3	87.7 - 90.8	56	§	§	§	-	-	0	89.3	87.7 - 90.8	56
l. How to correctly use a condom	89.5	87.9 - 91.0	57	§	§	§	-	-	0	89.5	87.9 - 91.0	57
m. Methods of contraception other than condoms	92.7	91.2 - 94.0	55	§	§	§	-	-	0	92.7	91.2 - 94.0	55
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	92.9	91.4 - 94.1	56	§	§	§	-	-	0	92.9	91.4 - 94.1	56
o. How to create and sustain healthy and respectful relationships	100.0	†	56	§	§	§	-	-	0	100.0	†	56
p. The importance of limiting the number of sexual partners	92.8	91.3 - 94.0	56	§	§	§	-	-	0	92.8	91.3 - 94.0	56
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	96.4	95.3 - 97.2	56	§	§	§	-	-	0	96.4	95.3 - 97.2	56

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
r. How to communicate sexual consent between partners	94.5	93.2 - 95.6	56	§	§	§	-	-	0	94.5	93.2 - 95.6	56
s. Recognizing and responding to sexual victimization and violence	92.9	91.4 - 94.1	56	§	§	§	-	-	0	92.9	91.4 - 94.1	56
t. Diversity of sexual orientations and gender identities	84.0	82.0 - 85.8	56	§	§	§	-	-	0	84.0	82.0 - 85.8	56
u. How gender roles and stereotypes affect goals, decision making, and relationships	79.4	77.3 - 81.4	58	§	§	§	-	-	0	79.4	77.3 - 81.4	58
v. The relationship between alcohol and other drug use and sexual risk behaviors	98.2	97.4 - 98.8	56	§	§	§	-	-	0	98.2	97.4 - 98.8	56

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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13N_1. Percentage of schools that taught all 22 sexual health topics in any of grades 6, 7, or 8 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
§	§	§	15.7	14.3 - 17.1	96	-	-	0	15.7	14.3 - 17.1	96

*Responses to question 13 a through v all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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13N_2. Percentage of schools that taught all 22 sexual health topics in any of grades 9, 10, 11, or 12 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
63.2	60.7 - 65.6	57	§	§	§	-	-	0	63.2	60.7 - 65.6	57

*Responses to question 13 a through v all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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14. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	63.5	61.6 - 65.4	96	-	-	0	63.5	61.6 - 65.4	96
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	66.8	64.9 - 68.6	96	-	-	0	66.8	64.9 - 68.6	96
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	57.3	55.3 - 59.2	96	-	-	0	57.3	55.3 - 59.2	96
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	65.5	63.6 - 67.3	96	-	-	0	65.5	63.6 - 67.3	96
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	68.6	66.8 - 70.4	96	-	-	0	68.6	66.8 - 70.4	96
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	67.7	65.8 - 69.5	96	-	-	0	67.7	65.8 - 69.5	96
g. Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	58.3	56.4 - 60.3	96	-	-	0	58.3	56.4 - 60.3	96

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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14. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	94.9	93.7 - 95.9	59	§	§	§	-	-	0	94.9	93.7 - 95.9	59
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	94.9	93.7 - 95.9	59	§	§	§	-	-	0	94.9	93.7 - 95.9	59
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	90.0	88.4 - 91.4	60	§	§	§	-	-	0	90.0	88.4 - 91.4	60
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	96.7	95.6 - 97.5	60	§	§	§	-	-	0	96.7	95.6 - 97.5	60
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	95.0	93.7 - 96.0	60	§	§	§	-	-	0	95.0	93.7 - 96.0	60
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	91.7	90.2 - 93.0	60	§	§	§	-	-	0	91.7	90.2 - 93.0	60
g. Influence and support others to avoid or reduce sexual risk behaviors	88.3	86.6 - 89.8	59	§	§	§	-	-	0	88.3	86.6 - 89.8	59

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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15. Percentage of schools in which teachers provided students with the opportunity to practice the following skills in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Communication, decision-making, goal-setting, or refusal skills related to sexual health (e.g., through role playing)	93.8	92.5 - 94.8	63	59.4	57.5 - 61.2	106	-	-	0	72.6	71.3 - 73.9	169
b. Analyzing the influence of family, media, and culture on sexual health	85.7	83.9 - 87.3	63	65.9	64.1 - 67.7	106	-	-	0	73.6	72.2 - 74.9	169
c. Accessing valid sexual health information, products, and services	92.0	90.6 - 93.3	63	50.9	49.0 - 52.8	106	-	-	0	66.8	65.4 - 68.1	169

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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16. Percentage of schools in which teachers implemented the following inclusive practices when providing sexual health education in a required course for students in grades 6 through 12 during the current school year.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Encouraged use of gender-neutral pronouns such as “they/them” during instruction to recognize gender diversity among students	72.2	69.9 - 74.5	58	42.4	40.4 - 44.5	87	-	-	0	54.7	53.1 - 56.3	145
b. Provided positive examples of lesbian, gay, bisexual, or transgender (LGBT) people and same-sex relationships	70.6	68.2 - 72.9	58	49.9	47.9 - 52.0	86	-	-	0	58.5	56.9 - 60.1	144
c. Encouraged students to respect others’ sexual and gender identities	94.8	93.6 - 95.9	58	76.8	75.0 - 78.6	87	-	-	0	84.3	83.1 - 85.4	145
d. Provided students with information about LGBT resources within the school (e.g., counseling services, student support groups like Gay/Straight Alliances or Genders and Sexualities Alliances)	72.4	70.1 - 74.6	58	50.6	48.6 - 52.7	87	-	-	0	59.6	58.1 - 61.2	145
e. Identified additional LGBT resources available in the community or online	60.3	57.8 - 62.8	58	34.7	32.7 - 36.7	87	-	-	0	45.3	43.7 - 46.9	145

*Among schools that teach sexual health education.

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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17. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	
a. Benefits of healthy eating	98.4	97.7 - 98.9	62	96.2	95.4 - 96.9	108	-	-	0	97.1	96.5 - 97.5	170
b. Benefits of drinking plenty of water	98.4	97.7 - 98.9	62	96.2	95.4 - 96.9	108	-	-	0	97.1	96.5 - 97.5	170
c. Benefits of eating breakfast every day	98.4	97.6 - 98.9	61	94.5	93.6 - 95.3	108	-	-	0	95.9	95.3 - 96.5	169
d. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate)	93.8	92.5 - 94.8	63	93.5	92.5 - 94.3	108	-	-	0	93.6	92.8 - 94.3	171
e. Using food labels	95.1	93.9 - 96.1	61	89.8	88.7 - 90.9	109	-	-	0	91.8	91.0 - 92.6	170
f. Differentiating between nutritious and non-nutritious beverages	91.8	90.4 - 93.1	61	91.6	90.5 - 92.6	107	-	-	0	91.7	90.8 - 92.5	168
g. Balancing food intake and physical activity	95.2	94.0 - 96.1	62	94.4	93.5 - 95.2	108	-	-	0	94.7	94.0 - 95.3	170
h. Eating more fruits, vegetables, and whole grain products	96.8	95.8 - 97.5	62	95.3	94.4 - 96.0	107	-	-	0	95.9	95.2 - 96.4	169
i. Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	92.1	90.7 - 93.3	63	92.6	91.6 - 93.5	109	-	-	0	92.4	91.6 - 93.2	172
j. Choosing foods, snacks, and beverages that are low in added sugars	95.2	94.0 - 96.1	62	93.5	92.6 - 94.4	109	-	-	0	94.2	93.4 - 94.8	171
k. Choosing foods and snacks that are low in sodium	93.6	92.3 - 94.7	62	85.3	83.9 - 86.5	109	-	-	0	88.4	87.4 - 89.3	171

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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17. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
l. Eating a variety of foods that are high in calcium	90.5	89.0 - 91.9	63	82.6	81.1 - 83.9	109	-	-	0	85.6	84.5 - 86.6	172
m. Eating a variety of foods that are high in iron	87.3	85.6 - 88.9	63	81.7	80.2 - 83.1	109	-	-	0	83.8	82.7 - 84.9	172
n. Food safety	80.6	78.6 - 82.5	62	74.2	72.5 - 75.8	108	-	-	0	76.6	75.3 - 77.8	170
o. Preparing healthy meals and snacks	90.4	88.8 - 91.7	62	86.3	85.0 - 87.5	109	-	-	0	87.8	86.8 - 88.8	171
p. Risks of unhealthy weight control practices	95.2	94.0 - 96.1	62	87.0	85.7 - 88.2	109	-	-	0	90.1	89.2 - 90.9	171
q. Accepting body size differences	96.8	95.8 - 97.5	62	82.5	81.1 - 83.9	109	-	-	0	87.9	86.9 - 88.8	171
r. Signs, symptoms, and treatment for eating disorders	96.7	95.7 - 97.5	61	76.1	74.5 - 77.7	109	-	-	0	83.8	82.7 - 84.8	170
s. Relationship between diet and chronic diseases	92.0	90.5 - 93.2	62	88.9	87.7 - 90.0	109	-	-	0	90.1	89.1 - 90.9	171
t. Assessing body mass index (BMI)	82.5	80.6 - 84.3	63	53.2	51.3 - 55.1	107	-	-	0	64.4	63.0 - 65.8	170
u. The influence of the media on dietary behaviors	96.8	95.8 - 97.5	61	86.9	85.6 - 88.2	108	-	-	0	90.6	89.7 - 91.5	169
v. Food production, including how food is grown, harvested, processed, packaged, and transported	79.0	76.9 - 80.9	62	61.4	59.5 - 63.1	109	-	-	0	68.0	66.6 - 69.3	171

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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17N. Percentage of schools that taught all 22 nutrition and dietary behavior topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
67.6	65.3 - 69.9	62	36.8	35.0 - 38.6	109	-	-	0	48.3	46.9 - 49.8	171

*Responses to question 17 a through v all are “yes.”

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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18. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	90.3	88.8 - 91.7	62	94.4	93.4 - 95.2	107	-	-	0	92.8	92.0 - 93.6	169
b. Mental and social benefits of physical activity	95.0	93.9 - 96.0	61	96.2	95.4 - 96.8	106	-	-	0	95.7	95.1 - 96.3	167
c. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	87.0	85.3 - 88.6	62	91.8	90.7 - 92.7	108	-	-	0	90.0	89.1 - 90.8	170
d. Phases of a workout (i.e., warm-up, workout, and cool down)	80.9	78.9 - 82.8	63	86.1	84.8 - 87.4	108	-	-	0	84.2	83.0 - 85.2	171
e. Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	84.0	82.2 - 85.8	63	85.2	83.9 - 86.5	108	-	-	0	84.8	83.7 - 85.8	171
f. Decreasing sedentary activities (e.g., television viewing, using video games)	90.3	88.8 - 91.7	62	93.5	92.5 - 94.4	107	-	-	0	92.3	91.5 - 93.0	169
g. Preventing injury during physical activity	85.4	83.6 - 87.1	62	87.0	85.7 - 88.2	107	-	-	0	86.4	85.4 - 87.4	169

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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18. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
h. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	77.3	75.2 - 79.3	62	80.5	78.9 - 81.9	107	-	-	0	79.3	78.0 - 80.5	169
i. Dangers of using performance-enhancing drugs (e.g., steroids)	91.9	90.4 - 93.1	62	76.4	74.8 - 78.0	107	-	-	0	82.3	81.1 - 83.4	169
j. Increasing daily physical activity	93.5	92.2 - 94.6	62	96.2	95.4 - 96.9	105	-	-	0	95.2	94.5 - 95.8	167
k. Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	91.8	90.3 - 93.0	61	92.5	91.5 - 93.4	107	-	-	0	92.2	91.4 - 93.0	168
l. Using safety equipment for specific physical activities	80.7	78.7 - 82.6	62	82.3	80.8 - 83.7	107	-	-	0	81.7	80.5 - 82.8	169
m. Benefits of drinking water before, during, and after physical activity	93.5	92.2 - 94.6	62	95.2	94.3 - 95.9	104	-	-	0	94.6	93.8 - 95.2	166

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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18N. Percentage of schools that taught all 13 physical activity topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
66.1	63.7 - 68.3	62	58.6	56.7 - 60.4	106	-	-	0	61.4	60.0 - 62.9	168

*Responses to question 18 a through m all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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19. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Physical education staff	86.4	84.6 - 88.1	59	92.3	91.2 - 93.4	91	-	-	0	89.9	88.9 - 90.9	150
b. Health services staff (e.g., nurses)	76.4	74.2 - 78.4	59	83.4	81.9 - 84.9	89	-	-	0	80.5	79.2 - 81.8	148
c. Mental health or social services staff (e.g., psychologists, counselors, social workers)	83.0	81.1 - 84.8	59	86.6	85.2 - 87.9	90	-	-	0	85.1	84.0 - 86.2	149
d. Nutrition or food service staff	49.2	46.7 - 51.7	59	55.0	53.0 - 57.0	89	-	-	0	52.6	51.0 - 54.2	148
e. School health council, committee, or team	66.1	63.6 - 68.4	59	76.7	74.9 - 78.4	90	-	-	0	72.3	70.9 - 73.7	149

*Among schools that have health education staff.

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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20. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
a. HIV, other STD, or pregnancy prevention	39.7	37.3 - 42.1	63	26.7	25.1 - 28.4	109	-	-	0	31.6	30.2 - 33.0	172
b. Tobacco-use prevention	53.2	50.7 - 55.6	62	54.2	52.4 - 56.1	109	-	-	0	53.8	52.4 - 55.3	171
c. Alcohol- or other drug-use prevention	52.3	49.9 - 54.8	61	49.7	47.8 - 51.5	109	-	-	0	50.7	49.2 - 52.1	170
d. Physical activity	34.9	32.6 - 37.2	63	58.0	56.2 - 59.8	109	-	-	0	49.3	47.8 - 50.7	172
e. Nutrition and healthy eating	47.5	45.1 - 50.0	63	62.2	60.4 - 64.0	108	-	-	0	56.6	55.1 - 58.1	171
f. Asthma	19.3	17.4 - 21.3	62	27.6	26.0 - 29.3	109	-	-	0	24.5	23.2 - 25.8	171
g. Food allergies	30.7	28.5 - 33.0	62	49.8	48.0 - 51.7	109	-	-	0	42.7	41.2 - 44.1	171
h. Diabetes	23.6	21.6 - 25.8	63	32.5	30.8 - 34.3	108	-	-	0	29.1	27.8 - 30.5	171
i. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	63.5	61.1 - 65.8	63	75.2	73.5 - 76.7	109	-	-	0	70.8	69.4 - 72.1	172

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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21. Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
64.7	62.3 - 67.0	62	62.1	60.3 - 63.9	107	-	-	0	63.1	61.6 - 64.5	169

- Results are suppressed due to insufficient number of respondents in subgroup.
 N = Unweighted number of observations

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22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	79.3	77.2 - 81.2	63	70.3	68.5 - 71.9	108	-	-	0	73.7	72.4 - 75.0	171
b. Asthma	17.5	15.7 - 19.4	63	26.3	24.6 - 27.9	107	-	-	0	22.9	21.7 - 24.2	170
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	58.7	56.3 - 61.1	63	46.4	44.6 - 48.3	106	-	-	0	51.2	49.7 - 52.7	169
d. Emotional and mental health	93.6	92.3 - 94.7	63	90.7	89.6 - 91.8	107	-	-	0	91.8	91.0 - 92.6	170
e. Epilepsy or seizure disorder	25.7	23.6 - 27.9	62	21.5	20.0 - 23.1	107	-	-	0	23.1	21.9 - 24.4	169
f. Food allergies	39.8	37.4 - 42.2	63	43.2	41.3 - 45.0	107	-	-	0	41.9	40.4 - 43.3	170
g. Foodborne illness prevention	34.9	32.6 - 37.2	63	29.1	27.4 - 30.8	107	-	-	0	31.3	29.9 - 32.7	170
h. HIV prevention	55.4	53.0 - 57.8	63	34.5	32.7 - 36.3	107	-	-	0	42.5	41.0 - 44.0	170
i. Human sexuality	68.2	65.9 - 70.4	63	56.8	55.0 - 58.7	107	-	-	0	61.2	59.7 - 62.6	170
j. Infectious disease prevention (e.g., flu prevention)	58.7	56.3 - 61.1	63	51.2	49.3 - 53.0	108	-	-	0	54.1	52.6 - 55.5	171

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N = Unweighted number of observations

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22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
k. Injury prevention and safety	66.7	64.4 - 69.0	63	56.2	54.3 - 58.1	107	-	-	0	60.2	58.8 - 61.7	170
l. Nutrition and dietary behavior	68.2	65.8 - 70.4	63	52.9	51.0 - 54.8	108	-	-	0	58.7	57.3 - 60.2	171
m. Physical activity and fitness	76.1	74.0 - 78.1	63	67.5	65.8 - 69.3	108	-	-	0	70.8	69.4 - 72.1	171
n. Pregnancy prevention	46.0	43.5 - 48.4	63	30.8	29.1 - 32.5	107	-	-	0	36.6	35.2 - 38.0	170
o. STD prevention	49.0	46.6 - 51.5	63	29.8	28.1 - 31.5	107	-	-	0	37.2	35.7 - 38.6	170
p. Suicide prevention	85.6	83.8 - 87.2	63	69.2	67.5 - 70.9	107	-	-	0	75.5	74.2 - 76.8	170
q. Tobacco-use prevention	68.0	65.7 - 70.2	63	61.5	59.7 - 63.3	107	-	-	0	64.0	62.5 - 65.4	170
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	81.0	79.0 - 82.8	63	74.0	72.3 - 75.6	107	-	-	0	76.7	75.4 - 77.9	170

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23. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Teaching students with physical, medical, or cognitive disabilities	74.6	72.4 - 76.7	63	75.1	73.5 - 76.7	108	-	-	0	74.9	73.6 - 76.2	171
b. Teaching students of various cultural backgrounds	45.8	43.4 - 48.2	63	44.8	43.0 - 46.7	107	-	-	0	45.2	43.7 - 46.7	170
c. Teaching students with limited English proficiency	25.3	23.2 - 27.4	63	23.8	22.3 - 25.5	108	-	-	0	24.4	23.1 - 25.7	171
d. How to support lesbian, gay, bisexual, and transgender students	74.5	72.3 - 76.5	63	50.0	48.1 - 51.9	106	-	-	0	59.4	58.0 - 60.9	169
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	74.4	72.2 - 76.5	63	71.3	69.6 - 72.9	108	-	-	0	72.5	71.1 - 73.8	171
f. Encouraging family or community involvement	38.1	35.8 - 40.5	63	55.3	53.5 - 57.2	109	-	-	0	48.8	47.4 - 50.3	172
g. Teaching skills for behavior change	72.9	70.7 - 75.1	63	74.2	72.5 - 75.8	108	-	-	0	73.7	72.4 - 75.0	171
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	79.4	77.3 - 81.3	63	84.6	83.2 - 85.9	109	-	-	0	82.6	81.5 - 83.7	172
i. Assessing or evaluating students in health education	68.2	65.9 - 70.4	63	60.6	58.8 - 62.5	107	-	-	0	63.5	62.1 - 65.0	170

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24. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Aligning lessons and materials with the district scope and sequence for sexual health education	47.7	45.3 - 50.1	63	34.9	33.1 - 36.7	109	-	-	0	39.7	38.3 - 41.2	172
b. Creating a comfortable and safe learning environment for students receiving sexual health education	56.3	53.9 - 58.8	62	37.1	35.3 - 38.9	108	-	-	0	44.4	42.9 - 45.8	170
c. Connecting students to on-site or community-based sexual health services	41.2	38.8 - 43.6	63	22.1	20.6 - 23.7	109	-	-	0	29.4	28.0 - 30.7	172
d. Using a variety of effective instructional strategies to deliver sexual health education	63.4	61.0 - 65.7	63	43.0	41.2 - 44.8	109	-	-	0	50.7	49.2 - 52.2	172
e. Building student skills in HIV, other STD, and pregnancy prevention	44.4	42.0 - 46.8	63	28.6	27.0 - 30.3	108	-	-	0	34.6	33.2 - 36.1	171
f. Assessing student knowledge and skills in sexual health education	58.6	56.2 - 61.0	63	40.7	38.9 - 42.5	108	-	-	0	47.5	46.0 - 49.0	171
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	46.1	43.7 - 48.5	63	32.1	30.4 - 33.8	109	-	-	0	37.4	36.0 - 38.8	172
h. Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students	58.7	56.3 - 61.1	63	33.9	32.2 - 35.7	109	-	-	0	43.3	41.9 - 44.8	172
i. Engaging parents in sexual health education	25.4	23.4 - 27.6	63	23.2	21.6 - 24.8	108	-	-	0	24.0	22.8 - 25.3	171

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N = Unweighted number of observations

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25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	72.8	70.6 - 75.0	63	77.7	76.1 - 79.2	108	-	-	0	75.8	74.6 - 77.1	171
b. Asthma	42.8	40.4 - 45.2	63	48.5	46.7 - 50.4	107	-	-	0	46.3	44.9 - 47.8	170
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	55.4	52.9 - 57.8	63	67.6	65.8 - 69.3	108	-	-	0	62.9	61.5 - 64.4	171
d. Emotional and mental health	92.0	90.5 - 93.2	63	87.1	85.8 - 88.3	108	-	-	0	89.0	88.0 - 89.8	171
e. Epilepsy or seizure disorder	45.8	43.4 - 48.3	63	51.4	49.5 - 53.3	107	-	-	0	49.3	47.8 - 50.8	170
f. Food allergies	49.1	46.7 - 51.6	63	51.9	50.1 - 53.8	108	-	-	0	50.9	49.4 - 52.3	171
g. Foodborne illness prevention	49.0	46.6 - 51.5	63	51.0	49.1 - 52.8	108	-	-	0	50.2	48.8 - 51.7	171
h. HIV prevention	58.6	56.1 - 60.9	63	68.4	66.6 - 70.1	108	-	-	0	64.6	63.2 - 66.0	171
i. Human sexuality	85.7	83.9 - 87.3	63	84.3	82.9 - 85.6	108	-	-	0	84.8	83.7 - 85.9	171
j. Infectious disease prevention (e.g., flu prevention)	65.1	62.7 - 67.4	63	65.6	63.8 - 67.3	108	-	-	0	65.4	64.0 - 66.8	171
k. Injury prevention and safety	57.1	54.6 - 59.4	63	60.1	58.3 - 61.9	108	-	-	0	58.9	57.5 - 60.4	171

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
l. Nutrition and dietary behavior	65.0	62.7 - 67.3	63	67.6	65.8 - 69.3	108	-	-	0	66.6	65.2 - 68.0	171
m. Physical activity and fitness	60.2	57.8 - 62.5	63	61.8	60.0 - 63.6	108	-	-	0	61.2	59.8 - 62.6	171
n. Pregnancy prevention	61.6	59.2 - 64.0	63	70.2	68.5 - 71.9	108	-	-	0	66.9	65.5 - 68.3	171
o. STD prevention	63.2	60.8 - 65.5	63	72.1	70.4 - 73.7	108	-	-	0	68.7	67.3 - 70.0	171
p. Suicide prevention	85.7	83.9 - 87.3	63	84.3	82.9 - 85.6	108	-	-	0	84.8	83.7 - 85.8	171
q. Tobacco-use prevention	69.7	67.4 - 71.9	63	73.9	72.3 - 75.5	108	-	-	0	72.3	71.0 - 73.6	171
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	79.3	77.2 - 81.2	63	82.9	81.5 - 84.3	106	-	-	0	81.5	80.3 - 82.7	169

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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26. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	
a. Teaching students with physical, medical, or cognitive disabilities	74.4	72.2 - 76.5	63	78.7	77.1 - 80.2	108	-	-	0	77.1	75.8 - 78.3	171
b. Teaching students of various cultural backgrounds	76.1	74.0 - 78.1	63	66.5	64.7 - 68.2	108	-	-	0	70.2	68.8 - 71.5	171
c. Teaching students with limited English proficiency	55.4	53.0 - 57.8	63	55.3	53.4 - 57.1	106	-	-	0	55.3	53.8 - 56.8	169
d. Supporting lesbian, gay, bisexual, and transgender students	95.2	94.0 - 96.1	63	85.1	83.7 - 86.4	108	-	-	0	88.9	88.0 - 89.8	171
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	79.4	77.4 - 81.3	63	74.1	72.4 - 75.7	108	-	-	0	76.1	74.8 - 77.4	171
f. Encouraging family or community involvement	80.7	78.7 - 82.5	62	79.6	78.1 - 81.1	108	-	-	0	80.0	78.8 - 81.2	170
g. Teaching skills for behavior change	84.0	82.2 - 85.8	63	85.2	83.8 - 86.5	108	-	-	0	84.8	83.7 - 85.8	171
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	74.5	72.3 - 76.6	63	75.0	73.3 - 76.5	108	-	-	0	74.8	73.5 - 76.1	171
i. Assessing or evaluating students in health education	80.9	78.9 - 82.8	63	80.5	78.9 - 81.9	107	-	-	0	80.6	79.4 - 81.8	170

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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27. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Aligning lessons and materials with the district scope and sequence for sexual health education	63.5	61.1 - 65.8	63	77.8	76.2 - 79.3	108	-	-	0	72.3	71.0 - 73.6	171
b. Creating a comfortable and safe learning environment for students receiving sexual health education	72.9	70.7 - 75.1	63	76.6	75.0 - 78.2	107	-	-	0	75.2	73.9 - 76.5	170
c. Connecting students to on-site or community-based sexual health services	73.0	70.8 - 75.1	63	75.0	73.3 - 76.6	108	-	-	0	74.2	72.9 - 75.5	171
d. Using a variety of effective instructional strategies to deliver sexual health education	84.1	82.2 - 85.8	63	84.3	82.9 - 85.6	108	-	-	0	84.2	83.1 - 85.3	171
e. Building student skills in HIV, other STD, and pregnancy prevention	74.5	72.3 - 76.5	63	75.9	74.2 - 77.4	108	-	-	0	75.3	74.0 - 76.6	171
f. Assessing student knowledge and skills in sexual health education	71.3	69.1 - 73.5	63	77.7	76.2 - 79.3	108	-	-	0	75.3	74.0 - 76.6	171
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	61.2	58.8 - 63.6	62	74.8	73.1 - 76.4	107	-	-	0	69.6	68.3 - 71.0	169
h. Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students	77.7	75.7 - 79.7	63	81.5	80.0 - 82.9	108	-	-	0	80.0	78.8 - 81.2	171
i. Engaging parents in sexual health education	79.0	76.9 - 80.9	62	77.1	75.5 - 78.7	105	-	-	0	77.9	76.6 - 79.1	167

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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28. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Health and physical education combined	46.0	43.6 - 48.4	63	31.4	29.7 - 33.2	108	-	-	0	37.0	35.6 - 38.4	171
b. Health education	25.3	23.3 - 27.5	63	24.8	23.2 - 26.4	108	-	-	0	25.0	23.7 - 26.3	171
c. Physical education	12.7	11.1 - 14.4	63	10.2	9.2 - 11.4	108	-	-	0	11.2	10.3 - 12.1	171
d. Other education degree	1.6	1.1 - 2.4	63	7.4	6.5 - 8.5	108	-	-	0	5.2	4.6 - 5.9	171
e. Kinesiology, exercise science, or exercise physiology	0.0	†	63	4.6	3.9 - 5.5	108	-	-	0	2.9	2.4 - 3.4	171
f. Home economics or family and consumer science	4.8	3.9 - 6.0	63	1.9	1.4 - 2.5	108	-	-	0	3.0	2.5 - 3.5	171
g. Biology or other science	0.0	†	63	1.9	1.4 - 2.5	108	-	-	0	1.2	0.9 - 1.5	171
h. Nursing	1.6	1.1 - 2.4	63	9.3	8.3 - 10.4	108	-	-	0	6.4	5.7 - 7.1	171
i. Counseling	0.0	†	63	2.8	2.3 - 3.5	108	-	-	0	1.8	1.4 - 2.2	171
j. Public health	1.6	1.1 - 2.3	63	2.7	2.2 - 3.4	108	-	-	0	2.3	1.9 - 2.8	171
k. Nutrition	1.6	1.1 - 2.4	63	0.9	0.6 - 1.4	108	-	-	0	1.2	0.9 - 1.6	171
l. Other	4.8	3.9 - 6.0	63	1.9	1.4 - 2.5	108	-	-	0	3.0	2.5 - 3.5	171

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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29. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
87.2	85.5 - 88.8	63	73.6	71.9 - 75.2	107	-	-	0	78.8	77.6 - 80.0	170

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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30. Percentage of schools in which the lead health education teacher had the following number of years of experience teaching health education courses or topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. 1 year	1.6	1.1 - 2.4	62	8.5	7.5 - 9.6	106	-	-	0	5.9	5.2 - 6.6	168
b. 2 to 5 years	12.9	11.3 - 14.6	62	23.6	22.1 - 25.3	106	-	-	0	19.5	18.4 - 20.7	168
c. 6 to 9 years	19.3	17.4 - 21.3	62	15.1	13.8 - 16.5	106	-	-	0	16.7	15.6 - 17.8	168
d. 10 to 14 years	14.6	12.9 - 16.4	62	17.8	16.4 - 19.3	106	-	-	0	16.6	15.5 - 17.7	168
e. 15 years or more	51.6	49.2 - 54.1	62	35.0	33.2 - 36.8	106	-	-	0	41.4	39.9 - 42.8	168

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations